

VHSL Group AA Outdoor Track Championships

HARRISONBURG HIGH SCHOOL *BLUE STREAK TRACK AND FIELD FACILITY*

COACHES: PLEASE REVIEW THE FOLLOWING INFORMATION, AND SHARE WITH YOUR ATHLETES

Harrisonburg High Schools Track is an 8 lane all weather track surface. **Only ¼ inch or less pyramid spikes, or flats will be allowed.**

Track Color Code:

- 4 x 100 meter relay (staggered starting line is white, - 2 turn)
exchange zones Yellow
- 4 x 200 meter relay (staggered starting line is white-red-white – 4 turn)
1st exchange: Red
2nd exchange: Blue
3rd exchange: Yellow
- 4 x 400 meter relay (staggered starting line is white-blue-white – 3 turn)
1st exchange Blue – staggered
2nd exchange Blue straight
3rd exchange Blue straight
- 4 x 800 meter relay (staggered starting line is white-green-white – 1 turn)
exchange zones Blue
- 100 meter start: White (Hurdle markings are Yellow)
- 110 meter start: White (Hurdle markings are Blue)
- 300 meter start: White (Hurdle markings are Green)
- Common finish line is WHITE

Girls Long Jump on North End nearest the Pole Vault

Boys Long Jump on South End nearest the High Jump

Take off boards on both ends are 8', 12', 24' and 32' – will paint additional boards for State meet

High Jump apron on the South End is approximately 57'

Pole Vault runway on the North End is 140+' to planting box

Shot and Discus circles are located behind the visiting bleachers and on the practice field.

Discus sector and Shot sector are both 34.92 degrees

Athletes entrances to the field events and bullpen will be a gate at the North end of the track near the 100 meter starting line and a gate on the back side of the track across from the Pole Vault – **PLEASE DO NOT JUMP FENCES.**