



Virginia High School League Sportsmanship Initiative

1642 State Farm Blvd., Charlottesville, VA 22911
434-977-8475 / 434-977-5943 (fax) / www.vhsl.org / tzimorski@vhsl.org

HIGH SCHOOL SELF-ASSESSMENT FORM

CLAUDIA DODSON VHSL SPORTSMANSHIP, ETHICS AND INTEGRITY AWARD

OBJECTIVE: Development of Citizenship and Sportsmanship is a high priority in the state of Virginia and is in the best interest of interscholastic athletics. This self-assessment is provided to assist the VHSL and member schools to foster sportsmanship behavior at all VHSL sanctioned events.

DIRECTIONS: Complete this self-assessment and submit to the VHSL by **MAY 1**. Check items your school/staff accomplished consistently during the school year. Points are awarded based on the number of categories checked. This tool is to be used as a score for the Claudia Dodson VHSL Sportsmanship Award.

I. ADMINISTRATION/ATHLETIC DIRECTOR

Our administration/athletic director does the following:

1. _____ Completes and submits this form by **MAY 1**.
2. _____ Models good citizenship/sportsmanship for coaches, students and parents.
3. _____ Provides a Sportsmanship recognition program at school.* (Attach a brief description of program)
4. _____ Stresses the importance of citizenship and sportsmanship with coaches.
5. _____ Discusses the components of Good Sportsmanship with coaches during pre-season coaches meetings.
6. _____ Request that each coach include a section addressing sportsmanship in his/her team handbook or team rules/policies.* (Attach copy)
7. _____ Encourages each coach to present a sportsmanship award at the end of the season.
8. _____ Requires all coaches to complete a self-evaluation form.* (Attach copy)
9. _____ Provides each athlete expectations regarding sportsmanship.* (Attach copy)
10. _____ Provides expectations to parents/guardians regarding sportsmanship.* (Attach copy)
11. _____ Sends a congratulatory letter to parents/guardians of student athletes who earn sportsmanship awards.
12. _____ Communicates the components of good sportsmanship with student support/performance groups each season.
13. _____ Provides a hospitable atmosphere for visiting teams and officials (e.g. clean facility, refreshments, etc.)
14. _____ Provides appropriate personnel at each interscholastic event. (Security, school administration)
15. _____ Selects and meets with public address announcers and discusses their role in a good sportsmanship program.
16. _____ Provides unbiased public address announcers at athletic contests.

*Items that must be checked and documented.

17. _____ Provides scripts and/or announcements for public address announcers that promote ideals of sportsmanship.*
18. _____ Ensures school representation at a VHSL Area Eligibility Meeting.

II. COACHES

Our coaches consistently do the following:

19. _____ Know and follow current NFHS and VHSL rules, school and league policies, school's operating and emergency procedures, and fundamentals of sportsmanship.
20. _____ Serve as positive role models for sportsmanship and set examples for controlling unsportsmanlike behavior.
21. _____ Display respect for the integrity and judgment of officials.
22. _____ Treat players, coaches, opponents and officials with respect.
23. _____ Publicly shake hands with opposing players and coaches before and after contests.
24. _____ Help student athletes develop a positive self-image and keep a health perspective of athletics in relation to the overall picture of academics and life.
25. _____ Discuss the components of good sportsmanship with student-athletes and parents during preseason meeting.
26. _____ Attend required rules clinics.

III. STUDENT ATHLETES

Our student athletes consistently do the following:

27. _____ Compete with integrity, perseverance and a sense of fair play.
28. _____ Promote a friendly and welcoming atmosphere for opposing schools.
29. _____ Treat teammates, opponents, coaches, officials and spectators with respect.
30. _____ Exercise self-control in accepting officials' decisions.
31. _____ Shake hands with opponents before and after each contest.
32. _____ Serve as positive role models to other students.

IV. CHEERLEADERS

Our cheerleaders consistently do the following:

33. _____ Know and follow all NFHS and VHSL rules governing cheerleading.
34. _____ Encourage spectators to cheer at appropriate times in a positive manner.
35. _____ Function as models for sportsmanship/citizenship/leadership.
36. _____ Promote a friendly and welcome atmosphere for opposing schools.

*Items that must be checked and documented.

- 37. _____ Respect the judgment of contest officials.
- 38. _____ Recognize outstanding performances of both teams and give encouragement to injured players.
- 39. _____ Display only signs that welcome opponents or that are positive towards our school/team.
- 40. _____ Lead only positive cheers that boost their own school spirit without antagonizing opponents or the officials.

V. STUDENT SUPPORT/PERFORMANCE GROUPS

- 41. _____ Communicate with school administration regarding seating assignments, game procedures, dressing facility arrangements and performance schedules.
- 42. _____ Treat visiting teams, coaches, spectators, officials and other performance groups with respect. Show appreciation for all performances.
- 43. _____ Maintain common courtesy and respect in the timing of spontaneous performances.
- 44. _____ Adhere to guidelines for appropriate playing times.
- 45. _____ Cooperate with and follow cheerleaders in appropriate cheers and positive support for own team.

VI. PARENTS/STUDENT SPECTATORS

Our parents/student spectators consistently do the following:

- 46. _____ Demonstrate respect for all players, opponents, coaches and officials.
- 47. _____ Give positive support and encouragement to all student athletes and performing groups.
- 48. _____ Recognize outstanding performances by either team with applause.
- 49. _____ Follow the directions from cheerleaders regarding appropriate cheers.
- 50. _____ Refrain from entering or throwing objects onto the playing area.

HIGH SCHOOL SELF-ASSESSMENT FORM
CLAUDIA DODSON VHSL SPORTSMANSHIP, ETHICS AND INTEGRITY AWARD

SCORE CALCULATION

School: _____ Group : _____

A school must score 90% or better to qualify!

Total Boxes Checked _____

No. of VHSL adjustments (-) _____
*(To be completed by VHSL
Sportsmanship Review Committee)*

FINAL SCORE (50 possible) _____

Principal's Signature: _____

Director of Student Activities' Signature: _____

VHSL Adjustment of Unsportsmanlike Behavior

Please be advised that the following adjustments will be made to the above score in the event of unsportsmanlike ejections and/or improper behavior at state championship events. Schools will be notified in writing of any deductions. **The past practice of not penalizing schools for 3 player/1 coach ejections is no longer in effect. All ejections will result in deductions.**

Student-Athlete Ejections	-2.5 points per ejection
Coach Ejections	-5 points per ejection
**Inappropriate Behavior at State Championship Events	-10 points per event

**NOTE: VHSL staff or tournament director must witness inappropriate behavior.