



4A Session 1 7:25-7:50

- Lanes 1-3 Hanover
- Lanes 4-6 Jamestown
- Lanes 7-8 Freedom
- Lanes 9-10 Lafayette
- Lanes 11-12 Grafton
- Lanes 13-14 King George
- Lanes 15 Charlottesville, Bassett
- Lane 16 E.C. Glass, Louisa County
- Lane 17 William Byrd, James Wood
- Lane 18 Deep Creek, Eastern View

4A Session 2 7:50-8:15

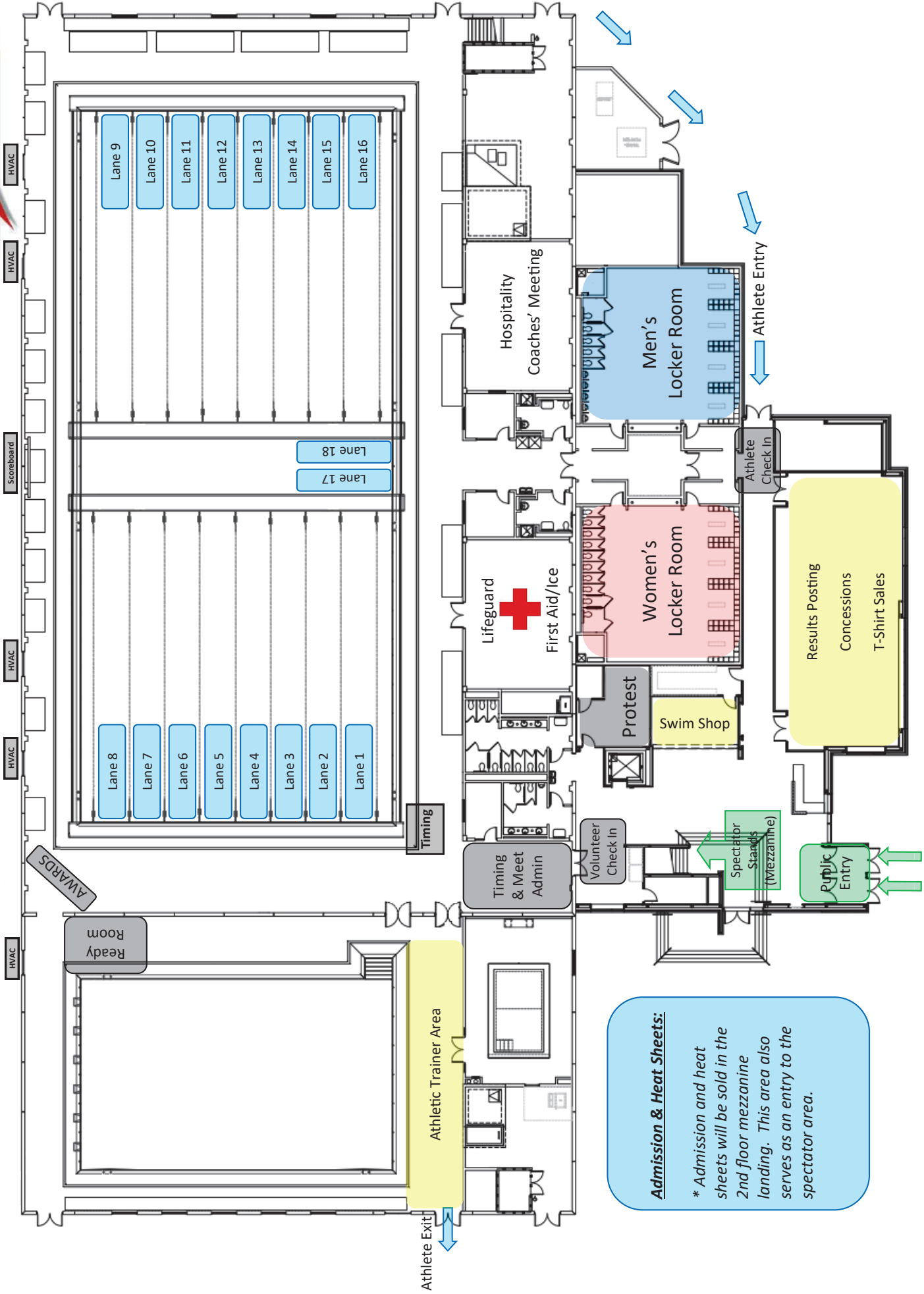
- Lanes 1-3 Jefferson Forest
- Lanes 4-6 Rock Ridge
- Lanes 7-8 Fauquier
- Lanes 9-10 John Champe
- Lanes 11-12 Dominion
- Lanes 13-14 Loudoun County
- Lanes 15-16 Woodgrove
- Lanes 17-18 Sherando

4A Session 3 8:15-8:40

- Lanes 1-2 Heritage-Leesburg
- Lanes 3-4 Salem
- Lane 5-6 Courtland
- Lane 7-8 Smithfield
- Lane 8 Rockbridge County
- Lane 9-10 Kettle Run
- Lane 11 Chancellor
- Lane 12 Loudoun Valley
- Lane 13 Great Bridge
- Lane 14 Harrisonburg
- Lane 15 Park View-Sterling
- Lane 16 Liberty Christian
- Lane 17 Powhatan
- Lane 18 Millbrook, John Handley

4A Session 4 8:40-8:50

- COMPETITION POOL-WEST COURSE
  - LANES 1-2 PUSH PACE
  - LANES 3-8 ONE-WAY DIVE STARTS
- WARMUP-EAST COURSE
  - Lanes 9-16 OPEN WARM-UP
  - Lanes 17-18 CLOSED



**Admission & Heat Sheets:**  
 \* Admission and heat sheets will be sold in the 2nd floor mezzanine landing. This area also serves as an entry to the spectator area.