

## 2017 2A State Swim and Dive Championship - 2/15/2017

## Psych Sheet

#1 Men 200 Yard Medley Relay			
2A State: 1:38.87 2015 George Mason High Sch			
M Surette, D Larsen, J Britton, J Britton			
Team	Relay	Seed Time	
1 MWGS-VA	A	1:41.96	
2 GMHS-VA	A	1:42.23	
3 CCHS-VA	A	1:45.45	
4 MSHS	A	1:48.80	
5 BHS-VA	A	1:49.22	
6 CENW	A	1:52.67	
7 RHS-ZZ	A	1:54.00	
8 GHS#-VA	A	1:57.11	
9 VHS	A	1:58.14	
10 MCHS-VA	A	1:58.94	
11 GMT-VA	A	2:00.21	
12 SHS-VA	A	2:04.47	
13 PECHS-VA	A	2:07.02	
14 GHS!-VA	A	2:07.83	
15 PH-VA	A	2:08.50	
16 MHS-VA	A	2:09.35	
17 APPO-VA	A	2:12.02	

  

#2 Women 200 Yard Medley Relay			
2A State: 1:54.05 2015 Maggie Walker Gov Sch			
G Monasterio, L Parker, E Deglau, E Bilski			
Team	Relay	Seed Time	
1 MWGS-VA	A	1:58.02	
2 CCHS-VA	A	2:02.30	
3 GMHS-VA	A	2:02.47	
4 GHS!-VA	A	2:04.59	
5 BHS-VA	A	2:05.75	
6 CENW	A	2:06.05	
7 RHS-ZZ	A	2:10.13	
8 VHS	A	2:10.71	
9 MSHS	A	2:13.29	
10 TAZ	A	2:15.30	
11 SHS-VA	A	2:15.49	
12 PECHS-VA	A	2:15.75	
13 GHS#-VA	A	2:15.75	
14 NANDU-VA	A	2:16.02	
15 GWHS-VA	A	2:18.14	
16 PH-VA	A	2:21.77	
17 GMT-VA	A	2:23.67	

  

#3 Men 200 Yard Freestyle			
2A State: 1:46.20 2016 Kyle Nickel			
Name	Yr	School	Seed Time
1 Lynch, Evan	JR	BHS-VA	1:48.13
2 Ratliff, Noah	FR	MWGS-VA	1:49.34
3 Farmer, Tory	SR	MWGS-VA	1:51.24
4 Woodwell, Dean		CENW	1:55.66
5 Gobble, Cooper	FR	VHS	1:56.19
6 Ng, Matthew	SO	GMHS-VA	1:57.16
7 Sprincis, Derek	FR	CCHS-VA	1:58.69
8 McDowell, Tate	SO	MSHS	2:00.63
9 Homer, Chris	FR	BHS-VA	2:01.59
10 Cale, Logan	SR	MSHS	2:01.82
11 Autor, Christian	JR	GMHS-VA	2:03.29
12 Wallace, Joshua	SR	CCHS-VA	2:03.81
13 Rehak, Andrew		RHS-ZZ	2:10.60
14 Brower, Commo	JR	MWGS-VA	2:13.62
15 Oakley, Conner	JR	VHS	2:14.39

  

#4 Women 200 Yard Freestyle			
2A State: 1:59.09 2014 Ellie Deglau			
Name	Yr	School	Seed Time
1 Dula, Isabella	JR	MWGS-VA	2:01.86
2 Gohn, Claudia	JR	MCHS-VA	2:02.16
3 Schuster, Jenny	SR	BHS-VA	2:04.64
4 Coley, Bre	FR	MSHS	2:04.97
5 Lundgren, Kaylie	JR	MWGS-VA	2:08.47
6 St. John, Helen	JR	ERHS	2:11.15
7 Bierly, Claire	FR	MWGS-VA	2:12.35
8 Miller, Stephanie	SO	CCHS-VA	2:12.63
9 Shelton, Sarah	JR	VHS	2:14.72
10 Kuennen, Olivia	SO	PH-VA	2:15.67
11 Graham, Logan		RHS-ZZ	2:16.19
12 Whalen, Tess	SO	CCHS-VA	2:19.43
13 Thompson, Abbi	JR	GHS!-VA	2:20.27
14 Lumpkin, Savan	JR	GMT-VA	2:26.82
15 Pruet, Sadie	SR	GWHS-VA	2:28.33
16 Austin, Lindsay	JR	APPO-VA	2:29.54
17 Mullins, Emma	SO	GHS!-VA	2:30.86
18 Bastone, Chloe	FR	VHS	2:33.53

  

#5 Men 200 Yard IM			
2A State: 1:53.35 2015 Miller Surette			
Name	Yr	School	Seed Time
1 McClure, Nichol	SR	MWGS-VA	1:57.78
2 Choo, Ethan	JR	MWGS-VA	2:04.62
3 Janicki, Adam	SO	GMHS-VA	2:06.44
4 Wood, Greyson C	SO	MCHS-VA	2:15.34
5 Juday, Eamon	SO	CCHS-VA	2:16.08
6 Bear, Cameron		RRHS-VA	2:18.14
7 Hainsworth, Joe	JR	PH-VA	2:21.19
8 DeJager, Matt	SR	BHS-VA	2:21.49
9 Harvey, Nicholas		RHS-ZZ	2:25.09
10 Ward, Tate	FR	GMHS-VA	2:26.50
11 McNamara, Dale	JR	MCHS-VA	2:27.43
12 Farmer, Corbin	JR	MSHS	2:28.96
13 Tremain, David	JR	GHS#-VA	2:29.15
14 Dishner, Tanner	JR	GWHS-VA	2:32.02
15 Harmon, Carter	SO	NANDU-VA	2:34.16
16 Datovech, Andre	JR	MWGS-VA	2:34.95
17 Miller, Brandon	JR	VHS	2:37.54
18 Van Nostrand, Ac	SR	VHS	2:38.12
19 Whitlow, Austin	SO	GHS!-VA	2:38.56
20 Kleppin, Chet		RHS-ZZ	2:42.70
21 Whittle, Ben	JR	GMT-VA	2:46.11

  

#6 Women 200 Yard IM			
2A State: 2:13.36 2015 Kara Morgan McHancey			
Name	Yr	School	Seed Time
1 Keatley, Quinn	SO	MWGS-VA	2:17.10
2 Wheeler, Madily	JR	GHS!-VA	2:21.65
3 Cullen, Adeline	FR	MWGS-VA	2:22.61
4 Johnston, Lauren	SO	CHINC-VA	2:23.45
5 Juday, Sinead	JR	CCHS-VA	2:24.27
6 Helwig, Caroline	JR	BHS-VA	2:26.57

  

#7 Men 50 Yard Freestyle			
2A State: 21.14 2015 Jared Britton			
Name	Yr	School	Seed Time
1 Britton, Justin	SR	GMHS-VA	21.38
2 Debord, Tanner	SR	MSHS	22.75
3 Roche, TJ	SO	GMHS-VA	23.17
4 Widener, Benjam	JR	MWGS-VA	23.18
5 Whalen, Kevin	JR	CCHS-VA	23.22
6 Morrow, John	JR	BHS-VA	23.46
7 Bloomer, Ty		UHS-VA	23.50
8 Reinfurt, Daniel	SR	GMHS-VA	23.66
9 Wenn, Graham		CENW	23.67
10 Nesslerodt, Dyla	SR	CCHS-VA	23.88
11 Kemmerly, Willi	SR	MWGS-VA	24.04
12 Flora, Jack		RHS-ZZ	24.04
13 Haga, Jack	JR	GMT-VA	24.08
14 Johnston, Mark		RHS-ZZ	24.22
15 Harrigal, Payton	JR	GHS#-VA	24.45
16 Graham, Gordon	SR	MWGS-VA	24.48
17 Estep, Derek	FR	ERHS	24.54
18 Oneill, Christoph		APPO-VA	25.33
19 Wohlford, Micha		RHS-ZZ	25.34
20 Garrison, Kamda	SO	MSHS	25.89
21 Thompson, Alec	SR	GHS!-VA	26.02
22 Palmer, Daulton	SR	GHS!-VA	26.29
23 White, Davis	11	MHS-VA	26.31

  

#8 Women 50 Yard Freestyle			
2A State: 24.37 2015 Beth Cashin			
Name	Yr	School	Seed Time
1 Funkhouser, Ash		CENW	25.22
2 Mortimer, Emily	SO	MWGS-VA	26.48
3 Wohlford, Grace		RHS-ZZ	26.65
4 Fairbanks, Cynth	SO	CCHS-VA	26.78
5 Griffith, Carly	SO	GHS!-VA	26.79
6 Woosley, Kirsten	JR	PH-VA	26.86
7 St. John, Helen	JR	ERHS	27.12
8 Edson, Sigrid	SO	GMHS-VA	27.22
9 Beck, Eva	SO	MWGS-VA	27.28
10 Hickey, Meredith	SR	GHS#-VA	27.52
11 Hall, Alaina	SO	MCHS-VA	27.67
12 Willis, Olivia	SO	MWGS-VA	27.72
13 Loyd, Elly	FR	GMHS-VA	27.91
14 Mettenburg, Pipe	SR	CCHS-VA	28.10
15 Thomas, Leanne		TAZ	28.20
16 Cooper, Cassie	SR	SHS-VA	28.29

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## Psych Sheet

## #8 ... (Women 50 Yard Freestyle)

Name	Yr	School	Seed Time
17 Dangerfield, Abt		RHS-ZZ	28.30
18 Carrico, Alie		APPO-VA	28.54
19 Crewey, Claudia	JR	CHS	30.00
20 Seale, Makayla		RHS-ZZ	30.38
21 Pruett, Sadie	SR	GWHS-VA	30.45
22 Glisan, Caeley	JR	MSHS	30.52

## #9 Men 1 mtr Diving

2A State: 378.05 2016 Ivan Moore			
Name	Yr	School	Seed Time
1 Dillon, Ben	JR	MCHS-VA	320.60
2 Howard, Michae	JR	VHS	275.35
3 Hansen, Jakob	SR	ERHS	240.95

## #10 Women 1 mtr Diving

2A State: 404.00 2016 Allie Bekenstein			
Name	Yr	School	Seed Time
1 Huffman, Carlee	SO	ERHS	366.40
2 Stevens, Abby	JR	VHS	256.00
3 Bekenstein, Allie	JR	MWGS-VA	NP
4 Jepson, Anna	FR	MWGS-VA	NP

## #11 Men 100 Yard Butterfly

2A State: 49.80 2014 Ben Kennedy			
Name	Yr	School	Seed Time
1 McClure, Nichol	SR	MWGS-VA	52.66
2 Ratliff, Noah	FR	MWGS-VA	54.24
3 Elliott, Cade	JR	MWGS-VA	56.16
4 Updike, Sam	JR	GMHS-VA	56.42
5 Woodwell, Dean		CENW	57.05
6 Whalen, Kevin	JR	CCHS-VA	57.99
7 Gobble, Cooper	FR	VHS	59.06
8 Juday, Eamon	SO	CCHS-VA	59.70
9 Flora, Jack		RHS-ZZ	59.74
10 Ng, Matthew	SO	GMHS-VA	1:00.05
11 Martin, Mackie	SR	CCHS-VA	1:00.28
12 Fry, Ryan	SO	GMHS-VA	1:00.59
13 Wenn, Graham		CENW	1:00.66
14 Coulson, Dylan	SR	GMT-VA	1:03.29
15 Goins, RJ		RCHS-VA	1:05.72
16 Ford, Brycen		JRHS	1:08.58
17 Kennedy, Joe		RHS-ZZ	1:10.69
18 Whittle, Ben	JR	GMT-VA	1:10.80
19 Mullins, Daniel I		TAZ	1:11.23
20 Dishner, Tanner	JR	GWHS-VA	1:12.80
21 Morison, Peter	SR	VHS	1:16.44
22 Wohlford, Willia		RHS-ZZ	1:19.18

## #12 Women 100 Yard Butterfly

2A State: 58.71 2015 Kara Morgan McHaney			
Name	Yr	School	Seed Time
1 Cusano, Ashley		UHS-VA	58.90
2 Gohn, Claudia	JR	MCHS-VA	1:00.52
3 Johnston, Lauren	SO	CHINC-VA	1:01.99
4 Cullen, Adeline	FR	MWGS-VA	1:03.71
5 Juday, Sinead	JR	CCHS-VA	1:03.79
6 Wheeler, Madily	JR	GHS!-VA	1:04.96
7 Sweet, Lindsey	SO	GWHS-VA	1:07.41
8 Mortimer, Emily	SO	MWGS-VA	1:07.53
9 Rollins, Hannah	JR	GMHS-VA	1:08.02
10 Miller, Stephanie	SO	CCHS-VA	1:08.08

11 Shelton, Sarah	JR	VHS	1:09.22
12 Dunning, Olivia		RHS-ZZ	1:10.14
13 McNeil, Emma	SO	BHS-VA	1:13.03
14 Cooper, Cassie	SR	SHS-VA	1:13.68
15 Crewey, Claudia	JR	CHS	1:18.10
16 Harosky, Madiso	FR	VHS	1:18.59
17 Smith, Sophie		TAZ	1:19.28
18 Todd, Savannah	SR	MSHS	1:19.79

## #13 Men 100 Yard Freestyle

2A State: 47.30 2015 Jared Britton			
Name	Yr	School	Seed Time
1 Walker, Bradley	SR	MSHS	49.41
2 Morrow, John	JR	BHS-VA	51.24
3 Paulson, Henry	FR	MWGS-VA	51.37
4 Roche, TJ	SO	GMHS-VA	51.51
5 David, Jacob	SR	CCHS-VA	51.81
6 Debord, Tanner	SR	MSHS	52.09
7 Farmer, Tory	SR	MWGS-VA	52.18
8 Reinfurt, Daniel	SR	GMHS-VA	52.50
9 Nesslerodt, Dylai	SR	CCHS-VA	52.65
10 Nesslerodt, Ryan	SO	CCHS-VA	52.85
11 Estep, Derek	FR	ERHS	53.02
12 Bloomer, Ty		UHS-VA	53.19
13 Widener, Benjam	JR	MWGS-VA	53.49
14 McDowell, Tate	SO	MSHS	53.91
15 Racey, Jeremy		CENW	53.95
16 Wilson, Owen	SR	VHS	54.05
17 Odum, Lakin		TAZ	57.50
18 Garrison, Kamda	SO	MSHS	58.23
19 Mitchell, Willian		RHS-ZZ	58.77
20 Wohlford, Micha		RHS-ZZ	59.38
21 Thompson, Alec	SR	GHS!-VA	59.75
22 Martin, Luke		JRHS	59.91
23 Palmer, Daulton	SR	GHS!-VA	59.91

## #14 Women 100 Yard Freestyle

2A State: 55.03 2014 Erin McFall			
Name	Yr	School	Seed Time
1 Funkhouser, Ashl		CENW	54.66
2 Wohlford, Grace		RHS-ZZ	56.78
3 Lyman, Maeve	SO	CCHS-VA	57.44
4 Ratliff, Olivia	SR	MWGS-VA	57.65
5 Lucy, MacKenzie	SR	ARCAD-VA	58.59
6 Lynch, Gina	FR	BHS-VA	59.77
7 Sweet, Lindsey	SO	GWHS-VA	59.78
8 Woosley, Kirsten	JR	PH-VA	59.78
9 Hickey, Meredith	SR	GHS#-VA	1:00.35
10 Kemmerly, Chris	SR	MWGS-VA	1:00.37
11 Loi, Mackenzie	JR	GMHS-VA	1:00.93
12 Wheeler, Cassie	SR	GHS!-VA	1:01.52
13 Jeffrey, Anna		CENW	1:02.17
14 Carrico, Alie		APPO-VA	1:04.33
15 Benson, Kristen		GHS-VA	1:06.38
16 Austin, Lindsay		APPO-VA	1:06.67
17 Brewster, Miranc		TAZ	1:06.73
18 Smith, Sophie		TAZ	1:07.84
19 Hannula, Faith	JR	MSHS	1:08.72
20 Stone, Madison		FCHS-VA	1:09.31

## #15 Men 500 Yard Freestyle

2A State: 4:37.55 2014 Andrew Drummond			
Name	Yr	School	Seed Time
1 Lynch, Evan	JR	BHS-VA	4:52.84
2 Sprincis, Derek	FR	CCHS-VA	5:12.48
3 McDowell, Row	SR	MWGS-VA	5:27.79
4 Autor, Christian	JR	GMHS-VA	5:33.74
5 Homer, Chris	FR	BHS-VA	5:36.17
6 Hershey, Nathan	SR	SHS-VA	5:47.06
7 Van Nostrand, A	FR	VHS	5:51.10
8 Goins, RJ		RCHS-VA	5:51.72
9 Surette, Noah	JR	GMHS-VA	5:53.83
10 Kemmerly, Garre	SO	GHS#-VA	5:56.41
11 Oakley, Conner	JR	VHS	5:59.25
12 Farmer, Corbin	JR	MSHS	6:06.00
13 McNamara, Dale	JR	MCHS-VA	6:08.53
14 Wilmouth, Jacob	FR	MWGS-VA	6:19.74
15 Rimel, Chase		CENW	6:20.87
16 Brinkley, Garrett	JR	GWHS-VA	6:22.30
17 Whitlow, Austin	SO	GHS!-VA	6:32.28
18 Stultz, Zach	SO	GHS!-VA	6:35.47
19 Barrett, William	SR	VHS	6:41.81
20 Richardson, Chri		APPO-VA	6:51.61

## #16 Women 500 Yard Freestyle

2A State: 5:16.88 2015 Ellie Deglau			
Name	Yr	School	Seed Time
1 Schuster, Jenny	SR	BHS-VA	5:36.41
2 Lundgren, Kaylic	JR	MWGS-VA	5:39.63
3 Sims, Sylvia	SO	MWGS-VA	5:50.55
4 Mumpower, Leal	JR	VHS	5:53.23
5 Whalen, Tess	SO	CCHS-VA	5:58.21
6 Kuennen, Olivia	SO	PH-VA	5:58.25
7 Lynch, Gina	FR	BHS-VA	5:59.07
8 Tomiak, Rosie	FR	GWHS-VA	6:00.43
9 Graham, Logan		RHS-ZZ	6:08.95
10 Bierly, Claire	FR	MWGS-VA	6:15.96
11 Suling, Lauren	JR	CCHS-VA	6:28.47
12 Edwards, Kelsey	JR	ERHS	6:38.22
13 Kegley, Paige C	JR	CHS	6:42.69
14 Callahan, Lindsa	SR	VHS	6:42.80
15 Todd, Savannah	SR	MSHS	6:43.05
16 Patton, Hannah	SO	MSHS	6:43.15
17 Bastone, Chloe	FR	VHS	6:51.82
18 Mills, Haleigh	JR	SHS-VA	6:57.71
19 Gillette, Elizabet	SR	MWGS-VA	7:01.88
20 Smith, Maddison		WCHS-VA	7:17.60

## #17 Men 200 Yard Freestyle Relay

2A State: 1:33.09 2016 Radford High School		
Team	Relay	Seed Time
1 GMHS-VA	A	1:32.86
2 MWGS-VA	A	1:34.02
3 CCHS-VA	A	1:34.89
4 CENW	A	1:38.77
5 MSHS	A	1:39.44
6 RHS-ZZ	A	1:39.54
7 BHS-VA	A	1:40.93
8 GHS#-VA	A	1:42.73
9 GMT-VA	A	1:46.58
10 NANDU-VA	A	1:46.76

## 2017 2A State Swim and Dive Championship - 2/15/2017

## Psych Sheet

## #17 ... (Men 200 Yard Freestyle Relay)

11	APPO-VA	A	1:46.85
12	GHS!-VA	A	1:49.13
13	VHS	A	1:50.39
14	PECHS-VA	A	1:51.59
15	MHS-VA	A	1:52.11
16	JRHS	A	1:52.76

## #18 Women 200 Yard Freestyle Relay

2A State: 1:43.44 2015 George Mason High Sch

E McFall, H Rollins, J Kelly, B Cashin

Team	Relay	Seed Time
1	MWGS-VA	A 1:48.25
2	BHS-VA	A 1:50.76
3	CCHS-VA	A 1:51.03
4	RHS-ZZ	A 1:51.71
5	CENW	A 1:52.55
6	GHS!-VA	A 1:53.50
7	GMHS-VA	A 1:53.57
8	GHS#-VA	A 1:57.23
9	APPO-VA	A 1:59.52
10	SHS-VA	A 2:00.95
11	GWHS-VA	A 2:01.20
12	PH-VA	A 2:02.24
13	NANDU-VA	A 2:03.83
14	CHS	A 2:07.57
15	TAZ	A 2:07.69
16	MSHS	A 2:08.21

## #19 Men 100 Yard Backstroke

2A State: 51.61 2014 Ben Kennedy

Name	Yr	School	Seed Time
1	Choo, Ethan	JR MWGS-VA	53.62
2	Britton, Justin	SR GMHS-VA	54.31
3	Elliott, Cade	JR MWGS-VA	55.28
4	Paulson, Henry	FR MWGS-VA	58.84
5	Fry, Ryan	SO GMHS-VA	59.97
6	Racey, Jeremy	CENW	1:00.30
7	Haga, Jack	JR GMT-VA	1:00.78
8	Wilson, Owen	SR VHS	1:02.26
9	Stimpert, Connor	JR PECHS-VA	1:03.35
10	Wallace, Joshua	SR CCHS-VA	1:03.37
11	Nesslerodt, Ryan	SO CCHS-VA	1:03.49
12	Hainsworth, Joe	JR PH-VA	1:03.90
13	Cale, Logan	SR MSHS	1:04.11
14	Tremain, David	JR GHS#-VA	1:04.43
15	Hershey, Nathan	SR SHS-VA	1:05.02
16	Miller, Brandon	JR VHS	1:08.16
17	Rehak, Andrew	RHS-ZZ	1:08.48
18	Cosmato, Nate	RHS-ZZ	1:14.08
19	Brown, Wesley	TAZ	1:15.54

## #20 Women 100 Yard Backstroke

2A State: 1:01.04 2016 Caroline Helwig

Name	Yr	School	Seed Time
1	Cusano, Ashley	UHS-VA	59.10
2	Dula, Isabella	JR MWGS-VA	1:02.36
3	Ratliff, Olivia	SR MWGS-VA	1:03.15
4	Helwig, Caroline	JR BHS-VA	1:04.00
5	Rollins, Hannah	JR GMHS-VA	1:06.66
6	Kemmerly, Chris	SR MWGS-VA	1:06.67
7	Jeffrey, Anna	CENW	1:07.75

8	Beck, Eva	SO MWGS-VA	1:09.42
9	Stimpert, Renee	FR PECHS-VA	1:10.00
10	Griffith, Carly	SO GHS!-VA	1:10.34
11	Thomas, Leanne	TAZ	1:11.27
12	Thompson, Abbi	JR GHS!-VA	1:12.52
13	Hiscott, Hannah	SR GMHS-VA	1:13.05
14	Tomiak, Rosie	FR GWHS-VA	1:13.16
15	Reshetar, Maken	JR CCHS-VA	1:13.61
16	Graham, Anna	SO MSHS	1:13.81
17	Dangerfield, Abb	RHS-ZZ	1:17.17
18	Callahan, Lindsa	SR VHS	1:17.25
19	Moser, Grace G	SO PH-VA	1:18.45

## #21 Men 100 Yard Breaststroke

2A State: 1:00.87 2014 Justin Edwards

Name	Yr	School	Seed Time
1	Updike, Sam	JR GMHS-VA	1:04.27
2	Walker, Bradley	SR MSHS	1:04.36
3	David, Jacob	SR CCHS-VA	1:04.86
4	Janicki, Adam	SO GMHS-VA	1:05.68
5	Ward, Tate	FR GMHS-VA	1:08.39
6	Kemmerly, Willi	SR MWGS-VA	1:08.48
7	Mistretta, Joseph	SO MWGS-VA	1:08.71
8	McDowell, Row	SR MWGS-VA	1:09.98
9	DeJager, Matt	SR BHS-VA	1:10.34
10	Coulson, Dylan	SR GMT-VA	1:10.43
11	Wood, Greyson C	SO MCHS-VA	1:10.81
12	Kemmerly, Garre	SO GHS#-VA	1:11.49
13	West, Jack	JR GMHS-VA	1:12.30
14	Kleppin, Chet	RHS-ZZ	1:13.22
15	Bear, Cameron	RRHS-VA	1:13.98
16	Croom, Cliff	CENW	1:14.77
17	Odum, Lakin	TAZ	1:17.46
18	White, Davis	11 MHS-VA	1:18.83
19	Barnes, Brayden	RHS-ZZ	1:20.50
20	Krumtum, Kaleb	SO VHS	1:21.75
21	Van Nostrand, Ac	SR VHS	1:22.82
22	Bauer, Gavin J	GHS-VA	1:22.90

## #22 Women 100 Yard Breaststroke

2A State: 1:07.77 2015 Beth Cashin

Name	Yr	School	Seed Time
1	Keatley, Quinn	SO MWGS-VA	1:12.43
2	Lyman, Maeve	SO CCHS-VA	1:13.74
3	Lucy, MacKenzie	SR ARCAD-VA	1:13.85
4	Sims, Sylvia	SO MWGS-VA	1:14.52
5	Wheeler, Cassie	SR GHS!-VA	1:14.86
6	Coley, Bre	FR MSHS	1:15.34
7	Mumpower, Leal	JR VHS	1:17.02
8	Willis, Olivia	SO MWGS-VA	1:17.32
9	Edson, Sigrid	SO GMHS-VA	1:17.84
10	Lyman, Natalie	SR CCHS-VA	1:19.10
11	Lumpkin, Savant	JR GMT-VA	1:19.61
12	Crosser, Sydney	CENW	1:20.65
13	Konefal, Thea	JR MWGS-VA	1:21.28
14	Welch, Eleanor	JR CCHS-VA	1:21.37
15	McFall, Cara	JR GMHS-VA	1:21.80
16	Benson, Kristen	GHS-VA	1:23.05
17	Brewster, Miranc	TAZ	1:25.64
18	Brown, Madison	SR GWHS-VA	1:27.21
19	Ranson, Abby	APPO-VA	1:28.46
20	Kleppin, Anna	RHS-ZZ	1:28.62

21	Mullins, Emma	SO GHS!-VA	1:31.71
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## #23 Men 400 Yard Freestyle Relay

2A State: 3:18.42 2016 George Mason High Sch

T Roche, M Surette, D Reinfurt, J Britton

Team	Relay	Seed Time
1	GMHS-VA	A 3:19.57
2	MWGS-VA	A 3:24.04
3	CCHS-VA	A 3:31.55
4	MSHS	A 3:34.13
5	CENW	A 3:39.67
6	BHS-VA	A 3:40.71
7	VHS	A 3:52.08
8	MCHS-VA	A 3:55.72
9	RHS-ZZ	A 3:56.78
10	SHS-VA	A 4:09.77
11	SJHS-VA	A 4:10.10
12	APPO-VA	A 4:11.53
13	PH-VA	A 4:14.70
14	GHS!-VA	A 4:34.39
15	CHS	A 4:40.23
16	MHS-VA	A 5:01.33

## #24 Women 400 Yard Freestyle Relay

2A State: 3:45.58 2015 Maggie Walker Gov Sch

O Ratliff, L Parker, I Dula, E Deglau

Team	Relay	Seed Time
1	MWGS-VA	A 3:55.70
2	BHS-VA	A 4:03.12
3	GMHS-VA	A 4:04.86
4	CENW	A 4:06.04
5	CCHS-VA	A 4:10.71
6	GHS!-VA	A 4:16.44
7	VHS	A 4:17.18
8	MSHS	A 4:22.36
9	RHS-ZZ	A 4:30.34
10	APPO-VA	A 4:31.02
11	ERHS	A 4:33.17
12	SHS-VA	A 4:36.90
13	MCHS-VA	A 4:40.63
14	CHS	A 4:42.97
15	GWHS-VA	A 4:47.07
16	WCHS-VA	A 4:58.37