

# Directions for taking the NF Concussion Course

Approximate time is 25 Minutes

Click here> <http://www.nfhslearn.com/> ... this will take you to the National Federation Learning Center



You will need to register before you can access the course. Go to the top and to the right of this screen on the light gray bar click on “New User? **Register**”. After you have completed your registration... go back to the home page and look to the left and you will see a box (like the one below) click on the box and it will take you to the course selection page.



At the course selection page go to the box titled “**Elective Course**” (on the upper left corner of this page) which has the information shown below...click on “**ORDER NOW**”

## ELECTIVE COURSE

### Concussion in Sports - What You Need To Know



Sports-related concussion in high school sports can be serious or even life-threatening situations if not managed correctly. National Federation of State High School Associations (NFHS) and Centers for Disease Control and Prevention (CDC) have teamed up to provide information and resources to help educate coaches, officials, parents and students on the importance of proper concussion recognition and management in high school sports. Mick Koester M.D., ATC, Chair of the NFHS Sports Medicine Advisory Committee and Director of the Slocum Sports Concussion in Eugene,

Oregon takes you through this course. In this course you will understand the impact sports-related concussion can have on your players, how to recognize a suspected concussion, the proper protocols to manage a suspected concussion, and steps to help your player return to play safely after experiencing a concussion.



On this page click to select “ **I am ordering a course for myself**”...then click “**Continue**” **THERE IS NO CHARGE -YOUR RECEIPT WILL HAVE \$0.00 balance.**

On the next screen click on save even if it shows your state as being Virginia...then click “**Checkout**” ...next screen click “**Complete Purchase**”

You will then see your receipt and on the receipt go to “**To access your course(s) please click here**”. This will take you to the course...Please call Carolyn Shifflett at 434-977-8475 if you have any questions.