

Abingdon

(ABNG)

School Phone: 276-739-3200

Athletics Office: 276-739-3217

School Fax: 276-628-1897

705 Thompson Drive / Abingdon, VA 24210-2355

Email: jking@wcs.k12.va.us / glong@wcs.k12.va.us

Principal: Jimmy King

Assistant Principal: Don Blackburn

Guidance Counselors:

Athletic/Activities Director: Gabe Long

Superintendent: Dr. Brian C. Ratliff (Washington)

Assistant AD:

Colors: Navy Blue/White

Mascot: Falcons

Students 900

Gym Cap. 1800

Stad. Cap. 6500

Group: 3A

Region: 3A West

Conference: 32

District: Southwest

Ath Trainer	Brad Bussey	Football	Darren Reed	Scholastic	Lauren Singleton
Band	Gary Holley	Forensics	Crystal Hurt	Soccer, b	Jared Foster
Baseball	Mark Francisco	Golf	Jason Delp	Soccer, g	Jordan Blackson
Basket, b	Johnathan Hubbard	Gymnast, b		Softball	Jason Delp
Basket, g	Jimmy Brown	Gymnast, g		Swim, b	Ian Dye
Cheer	Kitty McCormick	Ind Track, b	Andrew DeCoster	Swim, g	Ian Dye
Cr Writing	Crystal Hurd	Ind Track, g	Gordon Whitted	Tennis, b	David Swiney
Crew, b		Lacrosse, b		Tennis, g	Don Carbery
Crew, g		Lacrosse, g		Theatre	Not Filled
CrossC, b	Don Cumbow	Magazine	Lauren Singleton	Volley, b	
CrossC, g	Don Cumbow	Newspaper	Vanessa McCall	Volley, g	Rachel Harding
Debate	Crystal Hurd	Out Track, b	Andrew DeCoster	Wrestling	Clayton Scott
F Hockey		Out Track, g	Gordon Whitted	Yearbook	Megan Holman
Film Fest					

Albemarle

(ALBE)

School Phone: 434-975-9300

Athletics Office: 434-974-4308

School Fax: 434-974-4316

2775 Hydraulic Road / Charlottesville, VA 22901

Email: jthomas@k12albemarle.org / dtyson@k12albemarle.org

Principal: Jay Thomas

Assistant Principal: Melissa Hankins, Carl Kiehn, Megan Wood

Guidance Counselors:

Athletic/Activities Director: Deb Tyson (CAA)

Superintendent: Dr. Pamela R. Moran (Albemarle)

Assistant AD: Not Filled

Colors: Blue/Red

Mascot: Patriots

Students 1700

Gym Cap. 1600

Stad. Cap. 3500

Group: 5A

Region: 5A North

Conference: 16

District: Jefferson

Ath Trainer	Lizelle Walker	Football	Brandan Isaiah	Scholastic	Matt Clay
Band	Greg Thomas	Forensics	Fay Cunningham	Soccer, b	JB Balnave
Baseball	Jimmy Bibb	Golf	Greg Maynard	Soccer, g	Jon Hall
Basket, b	Greg Maynard	Gymnast, b		Softball	Charlie Scott
Basket, g	Rachel Proudfoot	Gymnast, g		Swim, b	Jake Shrum
Cheer	Jen Kreitzman	Ind Track, b	Brian Nagel	Swim, g	Jake Shrum
Cr Writing	Charlotte Shifflett	Ind Track, g	Brian Nagel	Tennis, b	Chip Grobmyer
Crew, b	Cathy Coffman	Lacrosse, b	David King	Tennis, g	Rich Lindsay
Crew, g	Cathy Coffman	Lacrosse, g	Lauren Thraves	Theatre	Fay Cunningham
CrossC, b	Adrian Lorenzoni	Magazine	Charlotte Shifflett	Volley, b	
CrossC, g	Cathy Coffman	Newspaper	Kim Aust	Volley, g	Mark Ragland
Debate	Not Filled	Out Track, b	Tony Franklin	Wrestling	Phillip Plowman
F Hockey	Not Filled	Out Track, g	Tony Franklin	Yearbook	Kim Aust
Film Fest	Trevor Przyuski				

Alleghany

(ALEG)

School Phone: 540-863-1700

Athletics Office:

School Fax: 540-863-1705

210 Mountaineer Drive / Covington, VA 24426-9641

Email: dross@alleghany.k12.va.us / tdobbs@alleghany.k12.va.us

Principal: Dwayne Ross

Assistant Principal: Kelly Huff, Thomas "Ty" Dobbs, April Easton

Guidance Counselors: Sonya Howell, Michelle Elmore, Amanda Burggraff, David Edwards, Michelle Arbogast

Athletic/Activities Director: Thomas "Ty" Dobbs

Superintendent: Dr. Eugene P. Kotulka (Alleghany)

Assistant AD:

Colors: Col. Blue/Red/White

Mascot: Mountaineers

Students 767

Gym Cap. 600

Stad. Cap. 3000

Group: 3A

Region: 3A West

Conference: 31

District: Blue Ridge

Ath Trainer	Corey M. Bowles	Football	Gary Burdette	Scholastic	Renee Samuelsen
Band	George Saunders	Forensics	Christina Linsin	Soccer, b	Jose Aragonese
Baseball	Gary W. Rice	Golf	Marty Wood	Soccer, g	Todd Lynn
Basket, b	Nolan Caldwell	Gymnast, b		Softball	
Basket, g	Danny Keene	Gymnast, g		Swim, b	Lee Ann Bowling-Angle
Cheer	Shannon Fogus	Ind Track, b	Bob Umstead	Swim, g	Lee Ann Bowling-Angle
Cr Writing		Ind Track, g	Bob Umstead	Tennis, b	Seth Davis
Crew, b		Lacrosse, b		Tennis, g	Jackie Almarode
Crew, g		Lacrosse, g		Theatre	Not Filled
CrossC, b	Jeremy Bartley	Magazine		Volley, b	
CrossC, g	Jeremy Bartley	Newspaper		Volley, g	Todd Lynn
Debate		Out Track, b	Bob Umstead	Wrestling	Dale Burdette
F Hockey		Out Track, g	Bob Umstead	Yearbook	Josh Hagy
Film Fest					

Altavista**(ALTA)****School Phone:** 434-369-4768

904 Bedford Avenue / Altavista, VA 24517

Athletics Office:**Email:** tgafford@campbell.k12.va.us / dhubbard@campbell.k12.va.us**School Fax:** 434-369-5191**Principal:** Tyrone W. Gafford**Assistant Principal:** Michelle McBride, Kristin John**Guidance Counselors:** Judith Hason**Athletic/Activities Director:** Dean Hubbard**Superintendent:** Dr. Robert Johnson (Campbell)**Assistant AD:** Janet Grzenda**Students** 389**Group:** 1A**Conference:** 44**Colors:** Orange/Black**Gym Cap.** 1200**Region:** 1A East**District:** Dogwood**Mascot:** Colonels**Stad. Cap.** 3500

Ath Trainer	Angela Emerson	Football	Mike Scharnus
Band	Mario Ruiz	Forensics	Sarah Maxey
Baseball	Kyle Hoehne	Golf	Louis Bryant
Basket, b	Troy Harris	Gymnast, b	
Basket, g	Deborah Spencer	Gymnast, g	
Cheer	April Hill, Jessica Gray	Ind Track, b	
Cr Writing		Ind Track, g	
Crew, b		Lacrosse, b	
Crew, g		Lacrosse, g	
CrossC, b	Darryl Smith	Magazine	
CrossC, g	Darryl Smith	Newspaper	
Debate		Out Track, b	Clifton Lee
F Hockey		Out Track, g	Clifton Lee
Film Fest			

Scholastic	Cindy Watson
Soccer, b	Not Filled
Soccer, g	John Grzenda
Softball	Not Filled
Swim, b	
Swim, g	
Tennis, b	
Tennis, g	Greg Pribble
Theatre	
Volley, b	
Volley, g	Deborah Spencer
Wrestling	
Yearbook	Betsy Brittingham

Amelia County**(AMEL)****School Phone:** 804-561-2101

8500 Otterburn Road / Amelia, VA 23002

Athletics Office:**Email:** / salley@ameliaschools.com**School Fax:** 804-561-4567**Principal:** Parcilla Salley**Assistant Principal:** Steve Hudson**Guidance Counselors:** Sherri Ferrara, Beth Garrett**Athletic/Activities Director:** Allen E. Swearengin**Superintendent:** Dr. Jack McKinley (Amelia)**Assistant AD:****Students** 580**Group:** 2A**Conference:** 34**Colors:** Green/Gold**Gym Cap.** 956**Region:** 2A East**District:** James River**Mascot:** Raiders**Stad. Cap.** 1200

Ath Trainer	Meg Thompson	Football	Justin Keeler
Band	Ryan Stahl	Forensics	
Baseball	Allen Swearengin	Golf	Ben Bowman
Basket, b	Kevin Rather	Gymnast, b	
Basket, g	Robin Gary	Gymnast, g	
Cheer	Adrienne Redd	Ind Track, b	
Cr Writing		Ind Track, g	
Crew, b		Lacrosse, b	
Crew, g		Lacrosse, g	
CrossC, b	Emily Lawlor	Magazine	
CrossC, g	Emily Lawlor	Newspaper	Not Filled
Debate		Out Track, b	Wayne Hawkins
F Hockey		Out Track, g	Wayne Hawkins
Film Fest			

Scholastic	Scott Elder
Soccer, b	Ben Bowman
Soccer, g	
Softball	Robin Gary
Swim, b	
Swim, g	
Tennis, b	
Tennis, g	
Theatre	Not Filled
Volley, b	
Volley, g	Not Filled
Wrestling	Sherri Green
Yearbook	

Amherst County**(AMHE)****School Phone:** 434-946-2898

139 Lancer Lane / Amherst, VA 24521

Athletics Office: 434-946-2898**Email:** wwells@amherst.k12.va.us / rcurd@amhest.k12.va.us**School Fax:** 434-946-2263**Principal:** William Wells**Assistant Principal:** Jennifer Crews, Chris Young, Craig Maddox**Guidance Counselors:****Athletic/Activities Director:** Robert Curd (RAA)**Superintendent:** Dr. R. Stevens Nichols (Amherst)**Assistant AD:****Students** 1460**Group:** 4A**Conference:** 23**Colors:** Maroon/Silver Gray**Gym Cap.** 1800**Region:** 4A West**District:** Seminole**Mascot:** Lancers**Stad. Cap.** 5000

Ath Trainer	Nathan Gagnon	Football	Cecil Phillips
Band	Mark Campbell	Forensics	
Baseball	Joey Crawford	Golf	Roy Prior
Basket, b	Segar Jordan	Gymnast, b	
Basket, g	Ron Carter	Gymnast, g	
Cheer	Lelia Mays	Ind Track, b	Lance Carter
Cr Writing		Ind Track, g	Lance Carter
Crew, b		Lacrosse, b	
Crew, g		Lacrosse, g	
CrossC, b	Lance Carter	Magazine	
CrossC, g	Sarah Lockhart	Newspaper	Sandy Jones
Debate		Out Track, b	Lance Carter
F Hockey		Out Track, g	Lance Carter
Film Fest			

Scholastic	Donna Ratliff
Soccer, b	Tom McBride
Soccer, g	Ronda Chandler
Softball	Christy Mays
Swim, b	Amanda Stanbery
Swim, g	Amanda Stanbery
Tennis, b	Robert Martin
Tennis, g	Bruce Bogese
Theatre	Patsy Emmert
Volley, b	
Volley, g	Bruce Bogese
Wrestling	Brandon Stanbery
Yearbook	Wanda Burley

Annandale**(ANNA)**

School Phone: 703-642-4100

4700 Medford Drive / Annandale, VA 22003-5497

Athletics Office: 703-642-4171

Email: tjthomas@fcps.edu / fdstevens@fcps.edu

School Fax: 703-642-4179

Principal: Tim Thomas

Assistant Principal: Donna Higgins, Monica Bentley, James Carayiannis, Aaron Schneider, Paula Meoli

Guidance Counselors:

Athletic/Activities Director: Frank Stevens

Superintendent: Not Filled (Fairfax)

Assistant AD: D. Sweet, A. Lipicky, M. Sco

Students 2157

Group: 6A

Conference: 7

Colors: Red/White

Gym Cap. 1800

Region: 6A North

District: Patriot

Mascot: Atoms

Stad. Cap. 4500

Ath Trainer K. Ayers, B. Osborne

Football Mike Scott

Scholastic Caylen Beight

Band Joe Witkowski

Forensics Catherine Gibson

Soccer, b Ricardo Moore

Baseball Dan Porter

Golf Brian Aldenderfer

Soccer, g Not Filled

Basket, b Matt Behne

Gymnast, b

Softball Jim Patterson

Basket, g Jimmy Brown

Gymnast, g Ellen Hagan-Bowerman

Swim, b Ryan Smith

Cheer Cragin Winkler

Ind Track, b Not Filled

Swim, g Ryan Smith

Cr Writing Fusun Sulzbach

Ind Track, g Not Filled

Tennis, b Steven Zarat

Crew, b

Lacrosse, b Bill Maglisceau

Tennis, g Hassan Mims

Crew, g

Lacrosse, g Cindy Hook

Theatre Katie Brunberg

CrossC, b Dave Ciccarelli

Magazine

Volley, b

CrossC, g Phil Harris

Newspaper Alan Weintraut

Volley, g Larry Lefbom

Debate Catherine Gibson

Out Track, b Not Filled

Wrestling Derek Sweet

F Hockey Cindy Hook

Out Track, g Not Filled

Yearbook Julia Hanneman

Film Fest Alan Weintraut

Appomattox County**(APPO)**

School Phone: 434-352-7146

198 Evergreen Avenue / Appomattox, VA 24522-9734

Athletics Office: 434-352-7146

Email: fimoreno@appomattox.k12.va.us / cmdodge@appomattox.k12.va.us

School Fax: 434-352-0822

Principal: Poldi Moreno

Assistant Principal: David Read, Julie Amos, Chris Dodge

Guidance Counselors: Tammie Hall, Alicia Valadao, Karen Richardson

Athletic/Activities Director: Chris Dodge

Superintendent: Dr. Dorinda G. Grasty (Appomattox)

Assistant AD:

Students 740

Group: 2A

Conference: 37

Colors: Navy Blue/Gray/White

Gym Cap. 1052

Region: 2A West

District: Dogwood

Mascot: Raiders

Stad. Cap. 3000

Ath Trainer Michael Shetley

Football Doug Smith

Scholastic Joe Servis

Band Bryan Allgood

Forensics

Soccer, b Travis O'Brien

Baseball Joe Caruso

Golf Doug Marshall

Soccer, g Brian Robinson

Basket, b Travis Cottrell

Gymnast, b

Softball Janet Rawes

Basket, g Tracie Hayes

Gymnast, g

Swim, b Brian Hofmann

Cheer Shannon Bryan

Ind Track, b Tony Franklin

Swim, g Brian Hofmann

Cr Writing

Ind Track, g Tony Franklin

Tennis, b Doug Marshall

Crew, b

Lacrosse, b

Tennis, g Shana Canada

Crew, g

Lacrosse, g

Theatre Renee Hounsell

CrossC, b Lisa Richardson

Magazine

Volley, b

CrossC, g Lisa Richardson

Newspaper

Volley, g David Cardwell

Debate

Out Track, b Tony Franklin

Wrestling Scott Conkwright

F Hockey

Out Track, g Tony Franklin

Yearbook Victoria Rothgeb

Film Fest

Appomattox Regional Governor's Sch (ARGS)

School Phone: 804-722-0200

512 West Washington Street / Petersburg, VA 23803

Athletics Office: Ext. 1121

Email: jvictory@args.us / rbarefoot@args.us

School Fax: 804-722-0201

Principal: James Victory

Assistant Principal: Veronica Kouassi, Larry Joyner

Guidance Counselors:

Athletic/Activities Director: Rickey Barefoot

Superintendent: Dr. Marcus J. Newsome (Petersburg)

Assistant AD:

Students 359

Group: 1A

Conference: 41

Colors: Burgundy/Green/Gold

Gym Cap. 486

Region: 1A East

District: Tri-Rivers

Mascot: Dragons

Stad. Cap. 0

Ath Trainer

Football

Scholastic

Band

Forensics

Soccer, b

Michael Cancino

Baseball

Golf Rickey Barefoot

Soccer, g

Michael Cancino

Basket, b Covian Lanier

Gymnast, b

Softball

Basket, g Eric Brower

Gymnast, g

Swim, b

Cheer Jordan Bradford

Ind Track, b

Swim, g

Cr Writing Cindy Cunningham

Ind Track, g

Tennis, b Jon Merrill

Crew, b

Lacrosse, b

Tennis, g Michael Coleman

Crew, g

Lacrosse, g

Theatre Jason Campbell

CrossC, b Jay Ruffa

Magazine

Volley, b

CrossC, g Jay Ruffa

Newspaper

Volley, g Not Filled

Debate

Out Track, b

Wrestling

F Hockey

Out Track, g

Yearbook

Film Fest

Arcadia

(ARCA)

School Phone: 757-824-5613

8210 Lankford Hwy., P. O. Box 69 / Oak Hall, VA 23416-2114

Athletics Office:

Email: rtaylor@ahs.accmack.k12.va.us / tijohnson@ahs.accmack.k12.va.us

School Fax: 757-824-0767

Principal: Rose Taylor

Assistant Principal: T.J. Johnson, Margorie Rosati

Guidance Counselors: Richard Strautz, Samantha Dobson

Athletic/Activities Director: Berdetta Colbert

Superintendent: Mr. Warren C. Holland (Accomack)

Assistant AD:		Students	580	Group:	2A	Conference:	33
Colors:	Red/Gold	Gym Cap.	1000	Region:	2A East	District:	Eastern Shore-A
Mascot:	Firebirds	Stad. Cap.	1000				

Ath Trainer		Football	Tony Nock	Scholastic	Cecilia Baker
Band	Chris Matthews	Forensics	Melanie Walker	Soccer, b	Patrick Cornwell
Baseball	Eric Volk	Golf	Brian Saulsbury	Soccer, g	
Basket, b	Alvin Justis	Gymnast, b		Softball	Terry Mohler
Basket, g	Barbara Davis	Gymnast, g		Swim, b	
Cheer	Melissa Matthews	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	Melanie Walker
CrossC, b	Fantonis Warner	Magazine		Volley, b	
CrossC, g	Kimberly Martin	Newspaper		Volley, g	Berdetta Colbert
Debate		Out Track, b	Trelle Warner	Wrestling	Joe Green
F Hockey		Out Track, g	Veronica Byrd	Yearbook	Lauren Garbazi
Film Fest					

Armstrong

(ARMS)

School Phone: 804-780-4449

2300 Cool Lane / Richmond, VA 23223-4196

Athletics Office: Ext. 509

Email: tmines3@rvaschools.net / kbrown10@rvaschools.net

School Fax: 804-780-4485

Principal: Tamara Mines

Assistant Principal: Kasaundra Blount, Kelly Carter, Lamont Trotter

Guidance Counselors: Amber Shepherd-Thompson, Valerie Henson, Monique Harris, Jasmine Jones

Athletic/Activities Director: Ksaan Brown

Superintendent: Dr. Dana Bedden (Richmond City)

Assistant AD:		Students	950	Group:	3A	Conference:	26
Colors:	Orange/Royal Blue	Gym Cap.	1000	Region:	3A East	District:	Capital
Mascot:	Wildcats	Stad. Cap.	2500				

Ath Trainer	Frances Kies	Football	McDaniel Anderson	Scholastic	
Band	Latoya Webb	Forensics		Soccer, b	Steven Armstrong
Baseball	Lawrence Day	Golf	Jennifer Powell	Soccer, g	
Basket, b	Darryl Watts	Gymnast, b		Softball	Glenn Anderson
Basket, g	Kevin Middleton	Gymnast, g		Swim, b	Michael Hodges
Cheer	Sharonda Samuels	Ind Track, b	Timothy Crossin	Swim, g	Schronda Brooks
Cr Writing		Ind Track, g	Timothy Crossin	Tennis, b	George Banks
Crew, b		Lacrosse, b		Tennis, g	Troy Horton
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Timothy Crossin	Magazine		Volley, b	Mike Wilson
CrossC, g	Timothy Crossin	Newspaper		Volley, g	Mike Wilson
Debate		Out Track, b	Timothy Crossin	Wrestling	Steven Lewia
F Hockey		Out Track, g	Timothy Crossin	Yearbook	Virgil Hockaday
Film Fest					

Atlee

(ATLE)

School Phone: 804-723-2100

9414 Atlee Station Road / Mechanicsville, VA 23116-2600

Athletics Office: 804-723-2128

Email: jwheeler@hcps.us / rmolloy@hcps.us

School Fax: 804-723-2103

Principal: John Wheeler

Assistant Principal: Glenn Gardner, Chris Martinez, Serena Campbell

Guidance Counselors: Rachel Wheeler, Karen Martin, Jenna Chenaud, Amy Couillard, Dr. Christy Hammond

Athletic/Activities Director: Ryan Molloy (RAA)

Superintendent: Dr. Michael Gill (Hanover)

Assistant AD:	Michael Kidd, Becky Levy	Students	1712	Group:	5A	Conference:	16
Colors:	Royal Blue/Black/Silver	Gym Cap.	2050	Region:	5A North	District:	Capital
Mascot:	Raiders	Stad. Cap.	3800				

Ath Trainer	Sally Marks	Football	Matt Gray	Scholastic	George Pavelis
Band	Paul Rozecki	Forensics	Brian Carr	Soccer, b	Steve Thompson
Baseball	John Corbin	Golf	Steve Thompson	Soccer, g	Bruce Lovelace
Basket, b	Phil Reynolds	Gymnast, b		Softball	Tom McIntyre
Basket, g	Michael Rawlings	Gymnast, g	Donna Koehler	Swim, b	Karen Seeber
Cheer	Anne Melton	Ind Track, b	Jim Triemplar	Swim, g	Karen Seeber
Cr Writing		Ind Track, g	Jim Triemplar	Tennis, b	Russell Campbell
Crew, b		Lacrosse, b	Fielding Crawford	Tennis, g	Steve Emerson
Crew, g		Lacrosse, g	Christina Dobson	Theatre	Charles Wax
CrossC, b	Jim Triemplar	Magazine	Erik Leise	Volley, b	Randy Jones
CrossC, g	Jim Triemplar	Newspaper	Heidi Craft	Volley, g	Curtis Carpenter
Debate	Brian Carr	Out Track, b	Jim Triemplar	Wrestling	Eric Monger
F Hockey	Alyssa Farling	Out Track, g	Jim Triemplar	Yearbook	Heidi Craft
Film Fest	Charles Wax				

Auburn**(AUBU)****School Phone:** 540-382-5160**Athletics Office:** 540-382-5160**School Fax:** 540-381-6110

1650 Auburn School Dr. / Riner, VA 24149

Email: cpauli@mcps.org / pauldominy@mcps.org**Principal:** Carl Pauli**Assistant Principal:** Mike Stanley**Guidance Counselors:** Brenda Peters**Athletic/Activities Director:** Paul Dominy**Superintendent:** Dr. Mark Mear (Montgomery)

Assistant AD:		Students	400	Group:	1A	Conference:	45
Colors:	Royal Blue/White	Gym Cap.	1000	Region:	1A West	District:	Three Rivers
Mascot:	Eagles	Stad. Cap.	1500				
Ath Trainer	Samantha Cooper	Football	Cam Akers	Scholastic		David Hurd	
Band	Bob Priest	Forensics	Paul Graham	Soccer, b		Steven Malik	
Baseball	Eric Altizer	Golf	Jeff Gandee	Soccer, g		Ashley Moreno	
Basket, b	Terry Millirons	Gymnast, b		Softball		David Hurd	
Basket, g	Eddie Maynard	Gymnast, g		Swim, b			
Cheer	Shannon McClellan	Ind Track, b	Laura Daniels	Swim, g			
Cr Writing		Ind Track, g	Laura Daniels	Tennis, b			
Crew, b		Lacrosse, b		Tennis, g		Conrad Nester	
Crew, g		Lacrosse, g		Theatre		Davina Porter	
CrossC, b	Laura Daniels	Magazine		Volley, b			
CrossC, g	Laura Daniels	Newspaper	Ariel Hylton	Volley, g		Eddie Maynard	
Debate	Paul Graham	Out Track, b	Cam Akers	Wrestling			
F Hockey		Out Track, g	Cam Akers	Yearbook		Jerry Sauter	
Film Fest							

Bassett**(BASS)****School Phone:** 276-629-1731**Athletics Office:****School Fax:** 276-629-8221

85 Riverside Drive / Bassett, VA 24055-9307

Email: jgibbs@henry.k12.va.us / eseiy@henry.k12.va.us**Principal:** John Gibbs**Assistant Principal:** Pat Walmsley, Tiffany Martin, Ron Proffitt**Guidance Counselors:** Shekila Yralux, Christine Capwell, Carrie Metzger, Elizabeth Ellis, Valerie Hughes**Athletic/Activities Director:** Eric Seiy**Superintendent:** Dr. Jared A. Cotton (Henry)

Assistant AD:		Students	1165	Group:	4A	Conference:	24
Colors:	Royal Blue/Orange/White	Gym Cap.	2500	Region:	4A West	District:	Piedmont
Mascot:	Bengals	Stad. Cap.	5000				
Ath Trainer		Football	Jay Gilbert	Scholastic		Jim Osenkowsky	
Band	Trey Harris	Forensics		Soccer, b		Larry Wylie	
Baseball	Ed Clark	Golf	Mark Jones	Soccer, g		Matthew Beaton	
Basket, b	Adam Haynes	Gymnast, b		Softball		Sheldon Mabry	
Basket, g	John Walmsley	Gymnast, g		Swim, b		Jay Joyce	
Cheer	Veronica Favero	Ind Track, b	Katrina Perry	Swim, g		Jay Joyce	
Cr Writing		Ind Track, g	Katrina Perry	Tennis, b		Brad Whiting	
Crew, b		Lacrosse, b		Tennis, g		Jennifer Wade	
Crew, g		Lacrosse, g		Theatre		Not Filled	
CrossC, b	Kevin Underwood	Magazine		Volley, b			
CrossC, g	Annette Carter	Newspaper		Volley, g		Dyan Ragsdale	
Debate		Out Track, b	Kevin Underwood	Wrestling		George Jenkins	
F Hockey		Out Track, g	Katrina Perry	Yearbook		Taylor Clark	
Film Fest							

Bath County**(BATH)****School Phone:** 540-839-2431**Athletics Office:** 540-839-2431**School Fax:** 540-839-3290

464 Charger Lane / Hot Springs, VA 24445-9602

Email: sarahro@bath.k12.va.us / dillonf@bath.k12.va.us**Principal:** Sarah Rowe**Assistant Principal:** Stephanie Hiner, Anne Clarry**Guidance Counselors:** Dillon Fry**Athletic/Activities Director:** Mrs. Sue F. Hirsh (Bath)

Assistant AD:	Not Filled	Students	206	Group:	1A	Conference:	45
Colors:	Orange/Black/White	Gym Cap.	1200	Region:	1A West	District:	Pioneer
Mascot:	Chargers	Stad. Cap.	2000				
Ath Trainer	Not Filled	Football	Larry Grubbs	Scholastic		Amber Yohe	
Band	Melinda Hooker	Forensics		Soccer, b			
Baseball	Kris Phillips	Golf	Terry Bradley	Soccer, g			
Basket, b		Gymnast, b		Softball			
Basket, g	Danny Sifford	Gymnast, g		Swim, b			
Cheer	Jane McMullen	Ind Track, b		Swim, g			
Cr Writing		Ind Track, g		Tennis, b			
Crew, b		Lacrosse, b		Tennis, g			
Crew, g		Lacrosse, g		Theatre			
CrossC, b	Lisa Hamilton	Magazine		Volley, b			
CrossC, g	Lisa Hamilton	Newspaper		Volley, g		Susan McRoberts	
Debate		Out Track, b		Wrestling			
F Hockey		Out Track, g		Yearbook			
Film Fest							

John S. Battle**(JBTL)****School Phone:** 276-642-5300

21264 Battle Hill Drive / Bristol, VA 24202-4340

Athletics Office: 276-642-5320**Email:** rpoole@wcs.k12.va.us / tsholes@wcs.k12.va.us**School Fax:** 276-645-2386**Principal:** Randy Poole**Assistant Principal:** B.J. Lasley**Guidance Counselors:** Diana Smith, Susan King**Athletic/Activities Director:** Tim Sholes (RAA)**Superintendent:** Dr. Brian C. Ratliff (Washington)**Assistant AD:****Colors:** Green/White**Mascot:** Trojans**Students** 600**Gym Cap.** 1100**Stad. Cap.** 4500**Group:** 2A**Region:** 2A West**Conference:** 40**District:** Mountain

Ath Trainer Breanna Davenport

Band Mark Collins

Baseball Keith Davis

Basket, b Jon Odum

Basket, g Jeff Adkins

Cheer Summer Matney

Cr Writing Carrie Cornett

Crew, b

Crew, g

CrossC, b Whitney Ball

CrossC, g Whitney Ball

Debate Sarah Sanders

F Hockey

Film Fest

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Ashley Odum

Out Track, b Whitney Ball

Out Track, g Tim Johnson

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b Tim Sholes (RAA)

Tennis, g

Theatre Susan Davenport

Volley, b

Volley, g Brittni Haderer

Wrestling Scott Wilson

Yearbook

Susan King

Mike Posey

Colleen Shirey

Eric Senter

Battlefield**(BTFL)****School Phone:** 571-261-4400

15000 Graduation Drive / Haymarket, VA 20169

Athletics Office: 571-261-4423**Email:** ferrers@pwcs.edu / kojhc@pwcs.edu**School Fax:** 571-261-4425**Principal:** Ryan Ferrera**Assistant Principal:** Chris Hintosh, Julia Renberg, Judith Lester, Chris McMillan**Guidance Counselors:****Athletic/Activities Director:** Jason Koch**Superintendent:** Dr. Steven L. Walts (Prince William)**Assistant AD:** Mark Cox**Colors:** Purple/Black/Silver**Mascot:** Bobcats**Students** 2400**Gym Cap.** 2200**Stad. Cap.** 5000**Group:** 6A**Region:** 6A North**Conference:** 8**District:** Cardinal

Ath Trainer Christine Nelson

Band Gregory Oaks

Baseball Jay Burkhart

Basket, b Randall Bills

Basket, g Anthony Mills

Cheer Robin Burkhart

Cr Writing

Crew, b

Crew, g

CrossC, b Jeff Michaelis

CrossC, g

Debate

F Hockey Jill Moser

Film Fest

Football

Forensics Jared Van Acker

Golf

Gymnast, b

Gymnast, g

Ind Track, b Mike Fronckel

Ind Track, g Mike Fronckel

Lacrosse, b Kevin Marsh

Lacrosse, g Mary Kugler

Magazine Andra Morton

Newspaper Not Filled

Out Track, b Mike Fronckel

Out Track, g Mike Fronckel

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

Marissa Obando

Nathan Nemerow

Kevin Hilton

Joe Schelzo

Jay Thorpe

Jay Thorpe

Steve Finch

Bill Stahr

Mackenzie Tingle

Brian Shaffer

Charlotte Peyton

Bayside**(BAYS)****School Phone:** 757-648-5200

4960 Haygood Road / Virginia Beach, VA 23455-5299

Athletics Office: 757-648-5221**Email:** lisa.corprew@vbschools.com**School Fax:** 757-473-5123**Principal:** James Miller**Assistant Principal:** Michael Nelson, Robin Reese, Terry Mejia, Kenneth Vaughan, Bermina Nickerson, Tamara Welch**Guidance Counselors:** Latonya Cicero, Tamara Gibson, Tamara Welch**Athletic/Activities Director:** Lisa Corprew (CAA)**Superintendent:** Dr. Aaron C. Spence (Virginia Beach)**Assistant AD:** Darryl Barraclough**Colors:** Scarlet/Gold**Mascot:** Marlins**Students** 1964**Gym Cap.** 1500**Stad. Cap.** 5000**Group:** 6A**Region:** 6A South**Conference:** 1**District:** Beach

Ath Trainer L. Clarke, K. Kussart

Band Jonathan Duggan

Baseball Jonathan Spears

Basket, b Martin Russ

Basket, g Ben Spady

Cheer April Patrick

Cr Writing Not Filled

Crew, b

Crew, g

CrossC, b Diana Scofield

CrossC, g Diana Scofield

Debate Latashia Bates

F Hockey Meredith Raguini

Film Fest

Football

Forensics Jonathan White

Golf Bonnie McGhee

Gymnast, b

Gymnast, g

Ind Track, b Elizabeth Sessions

Ind Track, g Thaddeous Harold

Lacrosse, b Jonathan Caldwell

Lacrosse, g

Magazine Latisha Burks

Newspaper Not Filled

Out Track, b Thaddeous Harold

Out Track, g Jonathan Caldwell

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

Bryan Vannoy

Aaron Myers

Christopher Watson

Not Filled

Douglas Cassell

Russlyn Wilkie

Annette Manley

James Blair

Not Filled

Daniel Keros

Jonathan Caldwell

Rahime Young

Not Filled

Bethel**(BETH)****School Phone:** 757-825-4400

1067 Big Bethel Road / Hampton, VA 23666

Athletics Office: 757-896-7638**Email:** rsanders@hampton.k12.va.us / wmartin@hampton.k12.va.us**School Fax:** 757-896-5746**Principal:** Ralph J. Saunders**Assistant Principal:** Greg Hopson, T. Lewellen, Dorothy Garrity, James Harris**Guidance Counselors:****Athletic/Activities Director:** Lee Martin**Superintendent:** Dr. Jeffrey Smith (Hampton)**Assistant AD:****Colors:** Forest Green/Gold**Mascot:** Bruins**Students** 1870**Gym Cap.** 1100**Stad. Cap.** 5000**Group:** 5A**Region:** 5A South**Conference:** 10**District:** Peninsula

Ath Trainer Not Filled	Football	William Beverly	Scholastic	Patrice Allen
Band Jerry Lancaster	Forensics	Not Filled	Soccer, b	Warren White
Baseball Antoine Tucker	Golf	Anthony Frederick	Soccer, g	Steve Midlik
Basket, b Craig Brehon	Gymnast, b		Softball	Maggie Wolfe
Basket, g Roy Johnson	Gymnast, g		Swim, b	Not Filled
Cheer Tamara Kirby	Ind Track, b	Nanette Solomon-Gaines	Swim, g	Not Filled
Cr Writing Tracey Rice-Weber	Ind Track, g	Eddie Williams	Tennis, b	Matt Moore
Crew, b	Lacrosse, b		Tennis, g	James Ruffin
Crew, g	Lacrosse, g		Theatre	Tracy Bourne
CrossC, b Sara Bacote	Magazine	Tracey Rice-Weber	Volley, b	Lindsey Bomba-Holcomb
CrossC, g Nanette Solomon-Gaines	Newspaper	Tracey Rice-Weber	Volley, g	Andy Pai
Debate Hillary Lane	Out Track, b	Eddie Williams	Wrestling	Tim Sawyer
F Hockey Tina Chipman	Out Track, g	Joe Strangis	Yearbook	Lydia Gross
Film Fest				

Lloyd C. Bird**(LCBD)****School Phone:** 804-768-6110

10301 Courthouse Road / Chesterfield, VA 23832

Athletics Office: Ext. 3018**Email:** laura_hebert@ccpsnet.net / stephen_dadamo@ccpsnet.net**School Fax:** 804-768-6117**Principal:** Laura B. Hebert**Assistant Principal:** Quincy Waller, Scott Fortune, Adrienne Blanton, Teresa Hathaway**Guidance Counselors:** David Bedwell, John Curia, Anise Robinson**Athletic/Activities Director:** Steve D'Adamo**Superintendent:** Dr. James F. Lane (Chesterfield)**Assistant AD:** Jessica Rogers**Colors:** Navy/Carolina/White**Mascot:** Skyhawks**Students** 1850**Gym Cap.** 1500**Stad. Cap.** 4000**Group:** 5A**Region:** 5A South**Conference:** 12**District:** Dominion

Ath Trainer Shawntessa DeJesus	Football	David Bedwell	Scholastic	
Band Emily Oyan	Forensics		Soccer, b	Juan Chavez
Baseball Kris Wheeler	Golf	Josh Dutton	Soccer, g	Ashley Seal
Basket, b Troy Manns	Gymnast, b		Softball	Lynne Gilbert
Basket, g Chevette Waller	Gymnast, g		Swim, b	
Cheer Angela Moon	Ind Track, b	Adam Canning	Swim, g	
Cr Writing	Ind Track, g	Adam Canning	Tennis, b	
Crew, b	Lacrosse, b		Tennis, g	
Crew, g	Lacrosse, g		Theatre	Rachel MacLoed
CrossC, b Adam Canning	Magazine		Volley, b	Greg Knight
CrossC, g Adam Canning	Newspaper		Volley, g	Caroline Brown
Debate Karen Richardson	Out Track, b	Adam Canning	Wrestling	Darrin Zoller
F Hockey Veronica Zuccarello	Out Track, g	Justin Snyder	Yearbook	Kara Wilson
Film Fest				

Blacksburg**(BBRG)****School Phone:** 540-951-5706

3401 Bruin Way / Blacksburg, VA 24060

Athletics Office:**Email:** bkitts@mcps.org / peterlyell@mcps.org**School Fax:** 540-951-5714**Principal:** Brian Kitts**Assistant Principal:** Chris Stewart, Meggan Marshall, Todd Lewis**Guidance Counselors:** Shelley Blumenthal, Kate Buchanan, Chad Cox**Athletic/Activities Director:** Peter Lyell**Superintendent:** Dr. Mark Mear (Montgomery)**Assistant AD:****Colors:** Blue/Gold**Mascot:** Bruins**Students** 1200**Gym Cap.** 1000**Stad. Cap.** 3000**Group:** 3A**Region:** 3A West**Conference:** 32**District:** River Ridge

Ath Trainer Ian Smith	Football	Thad Wells	Scholastic	Matthew Beeken
Band Darrell Pearman	Forensics	Shelly Ferraraccio	Soccer, b	Shelley Blumenthal
Baseball Eric Morgan	Golf	Rick Mattox	Soccer, g	Travis Eschenmann
Basket, b Doug Day	Gymnast, b		Softball	Marty McMahon
Basket, g Roger Henderson	Gymnast, g		Swim, b	Chris Reilly
Cheer Sarah Frazier	Ind Track, b	Brandon Bear	Swim, g	Chris Reilly
Cr Writing Matthew Spring	Ind Track, g	Brandon Bear	Tennis, b	Magdalena Kanska
Crew, b	Lacrosse, b		Tennis, g	Gene Hurst
Crew, g	Lacrosse, g		Theatre	Carrie Mayer
CrossC, b Brandon Bear	Magazine	Matthew Spring	Volley, b	
CrossC, g Brandon Bear	Newspaper	Felicia Spencer	Volley, g	Nicole Kessner
Debate Shelly Ferraraccio	Out Track, b	Brandon Bear	Wrestling	Jason Waelti
F Hockey	Out Track, g	Brandon Bear	Yearbook	Felicia Spencer
Film Fest Mike Kaylor				

Bland County

176 Eagles Road / Rocky Gap, VA 24366

EMail: jhopkins@bland.k12.va.us

Principal: Jill Hopkins

Assistant Principal:

Guidance Counselors: Rebecca Umbarger

Athletic/Activities Director: Not Filled

Superintendent: David Scott Meade (Bland)

Assistant AD: Kevin Pauley

Colors: Navy/Orange

Mascot: Bears

Students 287

Gym Cap. 500

Stad. Cap. 1200

(BLAN)

School Phone: 276-928-1100

Athletics Office: 276-928-1100

School Fax: 276-928-1988

Group: 1A

Region: 1A West

Conference: 46

District: Mtn. Empire

Ath Trainer		Football	Harris Hart	Scholastic	
Band	Jared Perdue	Forensics	Tiffany Carter	Soccer, b	
Baseball	Norman Dillow	Golf		Soccer, g	
Basket, b	Rich Hankins	Gymnast, b		Softball	Rich Hankins
Basket, g	Jason Lambert	Gymnast, g		Swim, b	
Cheer	Charity Crouse	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	Scott Whitehead
Crew, b		Lacrosse, b		Tennis, g	Kirby Mustard
Crew, g		Lacrosse, g		Theatre	Tiffany Carter
CrossC, b	Brian Goodman	Magazine		Volley, b	
CrossC, g	Brian Goodman	Newspaper	Kara Wikle	Volley, g	Kelly Shelton
Debate		Out Track, b	Anthony Kidd	Wrestling	
F Hockey		Out Track, g	Anthony Kidd	Yearbook	J.E. Harless
Film Fest					

Bluestone

6825 Skipwith Road / Skipwith, VA 23968-9756

EMail: pkeeton@mcpsweb.org / dpowell@mcpsweb.org

Principal: Pauline B. Keeton

Assistant Principal: Velva Kindley, Wesley Swain

Guidance Counselors: Whitney Foster, David Hale

Athletic/Activities Director: Dan Powell

Superintendent: Mr. Paul C. Nichols (Mecklenburg)

Assistant AD:

Colors: Navy/Gold

Mascot: Barons

Students 560

Gym Cap. 800

Stad. Cap. 3500

(BLUE)

School Phone: 434-372-5177

Athletics Office: Ext. 2007

School Fax: 434-372-5217

Group: 2A

Region: 2A East

Conference: 34

District: James River

Ath Trainer		Football	Waverly Jackson	Scholastic	Christina Seay
Band	Ricky Allgood	Forensics	Chasity Jones	Soccer, b	Jonathan Wells
Baseball		Golf	David Allgood	Soccer, g	Martha Bowlin
Basket, b	Ben Sizemore	Gymnast, b		Softball	
Basket, g	George B. Lancaster, Jr.	Gymnast, g		Swim, b	
Cheer	Donna Mosley	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Tyler Reese	Magazine		Volley, b	
CrossC, g	Bethany Noel	Newspaper		Volley, g	
Debate		Out Track, b	Jesse Chropka	Wrestling	
F Hockey		Out Track, g	Bethany Noel	Yearbook	
Film Fest					

Brentsville District

12109 Aden Road / Nokesville, VA 20181-2340

EMail: meintskj@pwcs.edu / camerosw@pwcs.edu

Principal: Katherine Meints

Assistant Principal: Matt Carbo

Guidance Counselors:

Athletic/Activities Director: Seth Cameron

Superintendent: Dr. Steven L. Walts (Prince William)

Assistant AD:

Colors: Orange/Black

Mascot: Tigers

Students 1100

Gym Cap. 1200

Stad. Cap. 2300

(BREN)

School Phone: 703-594-2161

Athletics Office: Ext. 232

School Fax: 703-594-2365

Group: 3A

Region: 3A East

Conference: 28

District: Evergreen

Ath Trainer	Not Filled	Football	Ryan Smith	Scholastic	Helena Thorpe
Band	Anthony Agee	Forensics		Soccer, b	Chris Greene
Baseball	Not Filled	Golf	Dave Latham	Soccer, g	Sonny Barrickman
Basket, b	Al Ford	Gymnast, b		Softball	Amy Beard
Basket, g	Tim Brown	Gymnast, g		Swim, b	Julie DeNard
Cheer	Taryn Witt	Ind Track, b	Not Filled	Swim, g	Anne-Marie Livengood
Cr Writing		Ind Track, g	Not Filled	Tennis, b	Brian Taylor
Crew, b		Lacrosse, b	Andrew Walton	Tennis, g	Josh Kline
Crew, g		Lacrosse, g	Liz Walsh	Theatre	
CrossC, b	Brian Taylor	Magazine		Volley, b	
CrossC, g	Brian Taylor	Newspaper		Volley, g	Amy Beard
Debate		Out Track, b	Not Filled	Wrestling	Jess Moore
F Hockey		Out Track, g	Not Filled	Yearbook	Marie Moss
Film Fest					

Briar Woods**(BRWD)****School Phone:** 703-957-4400

22525 Belmont Ridge Road / Ashburn, VA 20148

Athletics Office: 703-957-4408**Email:** christopher.orourke@lcps.org / jerry.carter@lcps.org**School Fax:** 703-542-5923**Principal:** Chris O'Rourke**Assistant Principal:** Martha Belote, Tammy Brock, Drew Pendleton**Guidance Counselors:****Athletic/Activities Director:** Jerry Carter, (CAA)**Superintendent:** Dr. Eric Williams (Loudoun)**Assistant AD:** Duane Colebank**Students** 1620**Group:** 5A**Conference:** 14**Colors:** Navy Blue/Burnt Orange**Gym Cap.** 1600**Region:** 5A North**District:** Potomac**Mascot:** Falcons**Stad. Cap.** 3000

Ath Trainer	Jeff Bailey	Football	Charlie Pierce	Scholastic	Steve Celio
Band	Duane Minnick	Forensics		Soccer, b	Francois Bernard
Baseball	Jason Miller	Golf	Nate Burcak	Soccer, g	Ann Vierkorn
Basket, b	Kip Shallis	Gymnast, b		Softball	Dave Morris
Basket, g	Chris Pasternak	Gymnast, g	Carolann Krische	Swim, b	Eric Bateman
Cheer	Lucia Curry	Ind Track, b		Swim, g	Eric Bateman
Cr Writing		Ind Track, g		Tennis, b	Not Filled
Crew, b		Lacrosse, b	Bruce Lipson	Tennis, g	Jeanise Rosado
Crew, g		Lacrosse, g	Robyn Freedman Schnapp	Theatre	Not Filled
CrossC, b	Darren Weaver	Magazine	Not Filled	Volley, b	
CrossC, g	Darren Weaver	Newspaper	Kelly Colebank	Volley, g	Marsha Hermes
Debate	Alex Fogelson	Out Track, b	Not Filled	Wrestling	Bill Jones
F Hockey		Out Track, g	Kelly Colebank	Yearbook	Christina Mai
Film Fest					

Broad Run**(BRRN)****School Phone:** 571-252-2300

21670 Ashburn Road / Ashburn, VA 20147-2361

Athletics Office: 571-252-2310**Email:** david.spage@lcps.org / jack.kirby@lcps.org**School Fax:** 571-252-2301**Principal:** Dave Spage**Assistant Principal:** Melissa Sargeant, Jenn Hvozdovic, Nicole Kezmarsky**Guidance Counselors:** Lauren Pasek, Vanessa Koubratoff, Monique Chavez**Athletic/Activities Director:** Jack Kirby (CAA)**Superintendent:** Dr. Eric Williams (Loudoun)**Assistant AD:** Ryan Young**Students** 1740**Group:** 5A**Conference:** 14**Colors:** Maroon/Gold**Gym Cap.** 1200**Region:** 5A North**District:** Potomac**Mascot:** Spartans**Stad. Cap.** 3000

Ath Trainer	Craig Veazie	Football	Matt Griffis	Scholastic	Stephanie Susvilla
Band	Ryan Dempsey	Forensics	Ron Richards	Soccer, b	Jonathan Hicks
Baseball	Tommy Meier	Golf	Tommy Meier	Soccer, g	Claire Collins
Basket, b	John Costello	Gymnast, b		Softball	Ed Steele
Basket, g	Chazzy Morris	Gymnast, g	Crystal Nochese	Swim, b	Not Filled
Cheer	Amy Sergi	Ind Track, b		Swim, g	Not Filled
Cr Writing		Ind Track, g		Tennis, b	Mark Blackington
Crew, b		Lacrosse, b	Sean Tate	Tennis, g	Lydia Rollins
Crew, g		Lacrosse, g	Sean Durista	Theatre	
CrossC, b	Mike Williams	Magazine		Volley, b	
CrossC, g	Mike Williams	Newspaper	Sally Toner	Volley, g	Ellen Roberts
Debate	James Dunning	Out Track, b	Fenton Hugg	Wrestling	Josh Costa
F Hockey	Meg Dudek	Out Track, g	Mike Williams	Yearbook	Lauren Sacco
Film Fest	Gary Hawke				

Broadway**(BWAY)****School Phone:** 540-896-7081

269 Gobbler Drive / Broadway, VA 22815-9475

Athletics Office: 540-896-8210**Email:** dabernathy@rockingham.k12.va.us / ritter@rockingham.k12.va.us**School Fax:** 540-896-2640**Principal:** Donna Abernathy**Assistant Principal:** Dan Sanders, Alisa Sims, Jennifer Martin**Guidance Counselors:** Matt Kinman, Jeri Denton, Mark Rexrode**Athletic/Activities Director:** Ryan Ritter**Superintendent:** Dr. Carol S. Fenn (Rockingham)**Assistant AD:****Students** 990**Group:** 3A**Conference:** 29**Colors:** Green/White**Gym Cap.** 1700**Region:** 3A West**District:** Valley**Mascot:** Gobblers**Stad. Cap.** 3500

Ath Trainer	Chuck Wenger, ATC	Football	Brad Lutz	Scholastic	Joe Ford
Band	Rebecca Ford	Forensics	Dan Horton	Soccer, b	Gerard Miniaci
Baseball	Tim Turner	Golf	Jordan Biller	Soccer, g	Bobby Mongold
Basket, b	Dwight Walton	Gymnast, b	Not Filled	Softball	Becky Cantrell
Basket, g	Bobby Mongold	Gymnast, g	Not Filled	Swim, b	Ashlee Hoover
Cheer	Dani Hess	Ind Track, b	Robert Nachtigall	Swim, g	Ashlee Hoover
Cr Writing		Ind Track, g	Robert Nachtigall	Tennis, b	Derrick Trumbo
Crew, b		Lacrosse, b		Tennis, g	Neil Summers
Crew, g		Lacrosse, g		Theatre	Claire Covington
CrossC, b	Darrell Zook	Magazine		Volley, b	
CrossC, g	Darrell Zook	Newspaper		Volley, g	Jason Ritchie
Debate	Steve O'Baugh	Out Track, b	Darrell Zook	Wrestling	Jimmy Wimer
F Hockey		Out Track, g	Robert Nachtigall	Yearbook	Not Filled
Film Fest					

Brooke Point**(BRPT)****School Phone:** 540-658-6080

1700 Courthouse Road / Stafford, VA 22554-5409

Athletics Office: 540-658-6093**Email:** thouk@staffordschools.net / piercerw@staffordschools.net**School Fax:** 540-658-6072**Principal:** Tammy Houk**Assistant Principal:** Tim Robert, Jim Ralph, Roger Pierce, Laura Sullivan**Guidance Counselors:** M. Bridges, M. Dobson, K. Stansbury, L. Jones, C. Portell, A. Calvello, B. Falk**Athletic/Activities Director:** Roger Pierce**Superintendent:** Dr. William Bruce Benson (Stafford)

Assistant AD: Karen Miller	Students 1700	Group: 5A	Conference: 15
Colors: Scarlet/Black/White	Gym Cap. 1800	Region: 5A North	District: Commonwealth
Mascot: Black Hawks	Stad. Cap. 4000		

Ath Trainer Chris Serafin	Football Tommy Buzzo	Scholastic Kristen Knott
Band Veronica Sutherland	Forensics Jennifer Burdsal	Soccer, b Aaron Plummer
Baseball Scott DelCore	Golf Eddie Hamlett	Soccer, g Emily Petersohn
Basket, b Joe Kania	Gymnast, b	Softball Dan Tarr
Basket, g Melissa Sowell	Gymnast, g Sarah Brown	Swim, b Not Filled
Cheer Tamara Leonard	Ind Track, b Joe Ocheltree	Swim, g Not Filled
Cr Writing Martha Covington	Ind Track, g Rick Butler	Tennis, b Not Filled
Crew, b	Lacrosse, b Steve Claiborne	Tennis, g Not Filled
Crew, g	Lacrosse, g Jason Liebel	Theatre Lisa Cover-Tucci
CrossC, b Lynee Pina	Magazine Martha Covington	Volley, b
CrossC, g Katherine Walker	Newspaper Not Filled	Volley, g Not Filled
Debate Erin Shybunko	Out Track, b Joe Ocheltree	Wrestling Jake Johnson
F Hockey Kaitlyn Ripley	Out Track, g Rick Butler	Yearbook Martha Covington
Film Fest		

Brookville**(BRVL)****School Phone:** 434-239-2636

100 Laxton Road / Lynchburg, VA 24502-2696

Athletics Office: 434-239-8515**Email:** tcoble@campbell.k12.va.us / lkidd@campbell.k12.va.us**School Fax:** 434-239-6706**Principal:** Tom Cole**Assistant Principal:** Christine White, Jeff Burnette**Guidance Counselors:** Traci Willie, Rebecca Melton, Kerri Bowles, Karen Carlson**Athletic/Activities Director:** Larry Kidd**Superintendent:** Dr. Robert Johnson (Campbell)

Assistant AD: Robert Beard	Students 1011	Group: 3A	Conference: 30
Colors: Maroon/Gold	Gym Cap. 2200	Region: 3A East	District: Seminole
Mascot: Bees	Stad. Cap. 3500		

Ath Trainer Brianne Piatt	Football Jonathan Meeks	Scholastic Bobby Markey
Band Matt Farley	Forensics Berkley Cardwell	Soccer, b Sean Best
Baseball Chris Glaize	Golf Kim Schamus	Soccer, g Aaron Scott
Basket, b Scott Jester	Gymnast, b	Softball Gary Ferguson
Basket, g Warner Dyke	Gymnast, g	Swim, b Lee Lewis
Cheer Connie Meeks	Ind Track, b McKinley Johnson	Swim, g Lee Lewis
Cr Writing	Ind Track, g McKinley Johnson	Tennis, b Laura Roark
Crew, b	Lacrosse, b	Tennis, g Kendra Turner
Crew, g	Lacrosse, g	Theatre Megan Emanuel
CrossC, b Cory Armes	Magazine Bret Hastie	Volley, b
CrossC, g Cory Armes	Newspaper Bret Hastie	Volley, g Ashley Wilson
Debate Bobby Markey	Out Track, b Gerry Anderson	Wrestling Warren Stewart
F Hockey	Out Track, g Gerry Anderson	Yearbook Brett Hastie
Film Fest		

Brunswick**(BRUN)****School Phone:** 434-848-2716

2171 Lawrenceville Plank Road / Lawrenceville, VA 23868-9703

Athletics Office: 434-848-1023**Email:** warren.bell@brun.k12.va.us / harold.williams@brun.k12.va.us**School Fax:** 434-848-6303**Principal:** Warren Bell**Assistant Principal:** Michael Tetto**Guidance Counselors:** Elizabeth Lambert, Velma Bruce**Athletic/Activities Director:** Harold Williams**Superintendent:** Dora G. Wynn (Brunswick)

Assistant AD:	Students 616	Group: 2A	Conference: 34
Colors: Royal Blue/Gray/White	Gym Cap. 2000	Region: 2A East	District: Tri-Rivers
Mascot: Bulldogs	Stad. Cap. 2000		

Ath Trainer	Football Harold Williams	Scholastic Not Filled
Band Allen Green	Forensics Sharon Propst	Soccer, b Brian Van Winkle
Baseball Darrick Summiel	Golf	Soccer, g
Basket, b Not Filled	Gymnast, b	Softball Chery Bowen
Basket, g Juliana Grant	Gymnast, g	Swim, b
Cheer Phyllis Walker	Ind Track, b Darrell Owens	Swim, g
Cr Writing	Ind Track, g Darrell Owens	Tennis, b
Crew, b	Lacrosse, b	Tennis, g Albert Harrison
Crew, g	Lacrosse, g	Theatre
CrossC, b	Magazine	Volley, b
CrossC, g	Newspaper Shari Mason	Volley, g Juliana Grant
Debate	Out Track, b Darrell Owens	Wrestling
F Hockey	Out Track, g Darrell Owens	Yearbook Shari Mason
Film Fest		

Bruton**(BRUT)****School Phone:** 757-220-4050**Athletics Office:** 757-220-4066**School Fax:** 757-220-4090

185 East Rochambeau Drive / Williamsburg, VA 23188-2198

E-Mail: adockery@ycsd.york.va.us / ronesty@ycsd.york.va.us**Principal:** Arletha Dockery**Assistant Principal:** Leeza Baezlie, Van Jones**Guidance Counselors:** Stacy Dabney, Lynn Smith**Athletic/Activities Director:** Richard Onesty (RAA)**Superintendent:** Dr. Victor D. Shandor (York)**Assistant AD:** Terrence Green, Jay Rada**Colors:** Forest/Gold/White**Mascot:** Panthers**Students** 585**Gym Cap.** 1050**Stad. Cap.** 2000**Group:** 2A**Region:** 2A East**Conference:** 33**District:** Bay Rivers

Ath Trainer	Chris Boop	Football	Reggie Jones
Band	Cara Townsend	Forensics	
Baseball	Feeenie Carter	Golf	James Barr
Basket, b	Brenner Carter	Gymnast, b	
Basket, g	Terrence Green	Gymnast, g	
Cheer	K. Holliday, C. Choice	Ind Track, b	Not Filled
Cr Writing		Ind Track, g	Not Filled
Crew, b		Lacrosse, b	
Crew, g		Lacrosse, g	
CrossC, b	Not Filled	Magazine	
CrossC, g	Not Filled	Newspaper	Darleen Hart
Debate	Brendan Berry	Out Track, b	Not Filled
F Hockey	Not Filled	Out Track, g	Not Filled
Film Fest	Bianqui Valledor		

Scholastic	Rebecca Houston
Soccer, b	Luke Taylor
Soccer, g	Will Spear
Softball	Kyle Cowles
Swim, b	Richard Long
Swim, g	Richard Long
Tennis, b	James Barr
Tennis, g	John Jacobson
Theatre	Ryan Doster
Volley, b	
Volley, g	Kevin Doloresco
Wrestling	Kyle Cowles
Yearbook	Maggie Hosmer

Buckingham County**(BUCK)****School Phone:** 434-969-6100**Athletics Office:** 434-969-6100**School Fax:** 434-969-3209

78 Knights Road / Buckingham, VA 23921-9655

E-Mail: roethel@bcpschools.org / jgarrett@bcpschools.org**Principal:** Kyle Bryan, Rudolph J. Roethel**Assistant Principal:** Patti Branch**Guidance Counselors:****Athletic/Activities Director:** Jeffrey S. Garrett (RAA)**Superintendent:** Dr. Cecil Snead (Buckingham)**Assistant AD:****Colors:** Forest Green/Gold**Mascot:** Knights**Students** 525**Gym Cap.** 1200**Stad. Cap.** 2000**Group:** 2A**Region:** 2A West**Conference:** 37**District:** James River

Ath Trainer		Football	Josh Wallace
Band	Danielle Neller	Forensics	
Baseball	Mike Jones	Golf	Tim Hoag
Basket, b	Russ Gowin	Gymnast, b	
Basket, g	Kelly Chambers	Gymnast, g	
Cheer	Not Filled	Ind Track, b	
Cr Writing		Ind Track, g	
Crew, b		Lacrosse, b	
Crew, g		Lacrosse, g	
CrossC, b	Kish Heslip	Magazine	
CrossC, g	Kish Heslip	Newspaper	
Debate		Out Track, b	Michael Kimble
F Hockey		Out Track, g	Linda Amos
Film Fest			

Scholastic	Ryan Peede
Soccer, b	Brett Whittington
Soccer, g	Russell Taylor
Softball	Mark Christian
Swim, b	
Swim, g	
Tennis, b	
Tennis, g	Erin Lake
Theatre	
Volley, b	
Volley, g	Alan Hershberger
Wrestling	
Yearbook	Kim Murphy

Buffalo Gap**(BGAP)****School Phone:** 540-337-6021**Athletics Office:****School Fax:** 540-337-6236

1800 Buffalo Gap Highway / Swoope, VA 24479-9722

E-Mail: marshall.ih@augusta.k12.va.us / agrove@augusta.k12.va.us**Principal:** Ian Marshall**Assistant Principal:** Jennifer Rexrode**Guidance Counselors:****Athletic/Activities Director:** Andrew Grove**Superintendent:** Dr. Eric W. Bond (Augusta)**Assistant AD:****Colors:** Gold/Black**Mascot:** Bison**Students** 600**Gym Cap.** 1200**Stad. Cap.** 2000**Group:** 2A**Region:** 2A East**Conference:** 36**District:** Shenandoah

Ath Trainer	Michelle Beery	Football	Andy Cline
Band	Sara Urry	Forensics	Christopher Cleary
Baseball	Chris Thompson	Golf	Chris Thompson
Basket, b	Chad Ward	Gymnast, b	
Basket, g	Phillip Morgan	Gymnast, g	
Cheer	Jenny Shipe	Ind Track, b	Jeff Keyser
Cr Writing		Ind Track, g	Jeff Keyser
Crew, b		Lacrosse, b	
Crew, g		Lacrosse, g	
CrossC, b	Wayne Paxton	Magazine	
CrossC, g	Amelia Coltrane	Newspaper	
Debate	Hannah Batdorf	Out Track, b	Not Filled
F Hockey		Out Track, g	Leon Cash
Film Fest			

Scholastic	Rena Collins
Soccer, b	Dustin Zickefoose
Soccer, g	Not Filled
Softball	Dawn Sheets
Swim, b	
Swim, g	
Tennis, b	Wayne Paxton
Tennis, g	Steve Anson
Theatre	Not Filled
Volley, b	
Volley, g	Elizabeth Ashby
Wrestling	Anthony Hartman
Yearbook	

John I. Burton**(JBUR)****School Phone:** 276-679-2554

109 Eleventh Street / Norton, VA 24273-2499

Athletics Office: 276-679-2554**EMail:** awilliams@nortoncityschools.org**School Fax:** 276-679-2664**Principal:** Aaron Williams**Assistant Principal:** Elijah Helton**Guidance Counselors:** Melissa Cook**Athletic/Activities Director:** Elijah Helton**Superintendent:** Dr. Keith Perrigan (Norton)**Assistant AD:****Colors:** Orange/Black/White**Mascot:** Raiders**Students** 256**Gym Cap.** 1200**Stad. Cap.** 5000**Group:** 1A**Region:** 1A West**Conference:** 48**District:** Cumberland

Ath Trainer		Football	James Adams	Scholastic	Eddie Sharpe
Band	Cassandra Butler	Forensics	Tracy Sharpe	Soccer, b	
Baseball	James Adams	Golf	Chris Smith	Soccer, g	
Basket, b	Aaron Williams	Gymnast, b		Softball	Jim Holdway
Basket, g	Jared Coffey	Gymnast, g		Swim, b	
Cheer	Melissa Wharton	Ind Track, b	Jason Dales	Swim, g	
Cr Writing	Lisa Davis	Ind Track, g	Jason Dales	Tennis, b	Sherry Beauchamp
Crew, b		Lacrosse, b		Tennis, g	Laura Potter
Crew, g		Lacrosse, g		Theatre	Lisa Davis
CrossC, b	Sherry Beauchamp	Magazine		Volley, b	
CrossC, g	Sherry Beauchamp	Newspaper		Volley, g	Laura Potter
Debate		Out Track, b	Donnie Potter	Wrestling	
F Hockey		Out Track, g	Donnie Potter	Yearbook	Stephanie Adams
Film Fest					

William Byrd**(WMBD)****School Phone:** 540-562-3900

2902 Washington Avenue / Vinton, VA 24179-1314

Athletics Office: Ext. 24020**EMail:** tnewcomb@rcs.k12.va.us / jtaylor@rcs.k12.va.us**School Fax:** 540-890-7568**Principal:** Tammy Newcomb**Assistant Principal:** Aric Palazzola, Nancy Chewning**Guidance Counselors:** Marsha House**Athletic/Activities Director:** Jason Taylor**Superintendent:** Gregory N. Killough (Roanoke)**Assistant AD:** Chris Carr**Colors:** Orange/Maroon**Mascot:** Terriers**Students** 1201**Gym Cap.** 1600**Stad. Cap.** 4000**Group:** 4A**Region:** 4A West**Conference:** 24**District:** Blue Ridge

Ath Trainer	Jessica Siler	Football	Jeff Highfill	Scholastic	Caitlin Lilley
Band	Dan Plybon	Forensics	Whitney Puckett	Soccer, b	Not Filled
Baseball	Neil Zimmerman	Golf	Kevin Tuck	Soccer, g	Tom Brown
Basket, b	Kevin Tuck	Gymnast, b		Softball	Greg Barton
Basket, g	Brad Greenway	Gymnast, g		Swim, b	Krista Martin
Cheer	Mike Bass	Ind Track, b	James Pannell	Swim, g	Krista Martin
Cr Writing		Ind Track, g	James Pannell	Tennis, b	Patrick Elwell
Crew, b		Lacrosse, b	Dean McDaniel	Tennis, g	Lauren Howell
Crew, g		Lacrosse, g	Dan Eberhardt	Theatre	Carol Webster
CrossC, b	Eric Royal	Magazine		Volley, b	
CrossC, g	Eric Royal	Newspaper	Chirs Stuart	Volley, g	Allison Thornton
Debate		Out Track, b	Eric Royal	Wrestling	Thomas Kessler
F Hockey		Out Track, g	Brian Butler	Yearbook	Kathy Renard
Film Fest	Carol Webster				

William Campbell**(WCAM)****School Phone:** 434-376-2015

474 William Campbell Dr., P.O. Box 7 / Naruna, VA 24576-0007

Athletics Office: Ext. 8905**EMail:** dhanson@campbell.k12.va.us / csmith@campbell.k12.va.us**School Fax:** 434-376-5859**Principal:** Dabney Hanson**Assistant Principal:** Ryan Yarzebinski, Allison Jordan**Guidance Counselors:** Susan Dalton, Lisa Pugh**Athletic/Activities Director:** Chris Smith**Superintendent:** Dr. Robert Johnson (Campbell)**Assistant AD:** J. Slate, E. Davis, T. Phare**Colors:** Blue/Gray**Mascot:** Generals**Students** 320**Gym Cap.** 1200**Stad. Cap.** 2500**Group:** 1A**Region:** 1A East**Conference:** 44**District:** Dogwood

Ath Trainer	Not Filled	Football	Jay Phares	Scholastic	Daniel Martin
Band	Joseph Ayers	Forensics	Lisa Haertel	Soccer, b	
Baseball	Andy Haga	Golf	Kyle Cox	Soccer, g	
Basket, b	Brandon Barksdale	Gymnast, b		Softball	Chris Smith
Basket, g	Bernie Allen	Gymnast, g		Swim, b	
Cheer	Debbie Cunningham	Ind Track, b	Todd Moats	Swim, g	
Cr Writing		Ind Track, g	Todd Moats	Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	Stacy Morris
Crew, g		Lacrosse, g		Theatre	Not Filled
CrossC, b	Clint Turner	Magazine		Volley, b	
CrossC, g	Clint Turner	Newspaper		Volley, g	Lauren Harris
Debate		Out Track, b	Todd Moats	Wrestling	
F Hockey		Out Track, g	Todd Moats	Yearbook	Chelsea McGuire
Film Fest					

Caroline**(CARO)****School Phone:** 804-633-9886

19155 Rogers-Clark Boulevard / Milford, VA 22514-2000

Athletics Office: Ext. 5121**E-Mail:** jwick@ccps.us / pheizer@ccps.us**School Fax:** 804-633-2435**Principal:** Jeff Wick**Assistant Principal:** Josh Just, Anthony McNeill, Becky Elam, Ray Hancock**Guidance Counselors:** Melicer Jones, Mallory McMullin, Jenna Drumheller, Ryan Schuyler**Athletic/Activities Director:** Paul Heizer (RAA)**Superintendent:** Dr. George Parker (Caroline)

Assistant AD: Mike Cullen	Students 1220	Group: 4A	Conference: 19
Colors: Red/White/Blue	Gym Cap. 1980	Region: 4A East	District: Battlefield
Mascot: Cavaliers	Stad. Cap. 4000		

Ath Trainer Lane Catlett	Football Antron Yates	Scholastic	Nancy Marino
Band Kevin Coleman	Forensics	Soccer, b	Brian Whyte
Baseball Frank Dow	Golf Frank Dow	Soccer, g	Darryl McConeny
Basket, b Antoine Johnson	Gymnast, b	Softball	Greg Trainum
Basket, g Salita Richardson	Gymnast, g	Swim, b	
Cheer Pat Douglas	Ind Track, b Sansberry Harvey	Swim, g	
Cr Writing	Ind Track, g Sansberry Harvey	Tennis, b	Kyle Behmlander
Crew, b	Lacrosse, b	Tennis, g	Katie Anderson
Crew, g	Lacrosse, g	Theatre	Jackie Piccariello
CrossC, b Melissa Garcia	Magazine	Volley, b	
CrossC, g Melissa Garcia	Newspaper Kristen Booth	Volley, g	Shannon Browning
Debate	Out Track, b Sansberry Harvey	Wrestling	Steve Swanton
F Hockey Greg Trainum	Out Track, g Sansberry Harvey	Yearbook	Karri Zellerino
Film Fest Jackie Piccariello			

Carroll County**(CRLI)****School Phone:** 276-728-2125

100 Cavs Lane / Hillsville, VA 24343

Athletics Office:**E-Mail:** ctthomps@ccpsd.k12.va.us / jdmatthe@ccpsd.k12.va.us**School Fax:** 276-730-9932**Principal:** Chuck Thompson**Assistant Principal:** Kristen Quesenberry, Roland Hall, Rusty Warren**Guidance Counselors:** Byron Stanberry, Tim West, Jennifer Lowe, Larissa Bainbridge, Larissa Brady, Liz Anderson**Athletic/Activities Director:** Darrin Matthews**Superintendent:** Dr. Strader E. Blankenship (Carroll)

Assistant AD:	Students 1195	Group: 4A	Conference: 24
Colors: Navy/Silver	Gym Cap. 1800	Region: 4A West	District: River Ridge
Mascot: Cavaliers	Stad. Cap. 5000		

Ath Trainer	Football Eddie Robinson	Scholastic	Stephanie Wright
Band Mike Farina	Forensics Kim Robinson	Soccer, b	Corey Williams
Baseball Joe Tompkins	Golf	Soccer, g	Wayne Edmonds
Basket, b Brad Hawks	Gymnast, b	Softball	Rick Nester
Basket, g Marc Motley	Gymnast, g	Swim, b	
Cheer Kendall Wilson	Ind Track, b	Swim, g	
Cr Writing	Ind Track, g	Tennis, b	Scott John
Crew, b	Lacrosse, b	Tennis, g	Tinsel Slate
Crew, g	Lacrosse, g	Theatre	Kay Schwink
CrossC, b Pat Sharp	Magazine Shannon Dalton	Volley, b	
CrossC, g Pat Sharp	Newspaper	Volley, g	Cindy Edwards
Debate	Out Track, b Pat Sharp	Wrestling	
F Hockey	Out Track, g Pat Sharp	Yearbook	Shannon Dalton
Film Fest Courtenay Houston			

Carver College and Career Academy (CCCA)**School Phone:** 804-768-6156

12400 Branders Bridge Road / Chester, VA 23831

Athletics Office: Ext. 5127**E-Mail:** ken_butta@ccpsnet.net**School Fax:** 804-768-6171**Principal:** Ken Butta**Assistant Principal:** Lauren Woodward**Guidance Counselors:** Lisa Ross**Athletic/Activities Director:** Not Filled**Superintendent:** Dr. James F. Lane (Chesterfield)

Assistant AD:	Students 263	Group: 1A	Conference: 42
Colors: Black/Gold	Gym Cap. 250	Region: 1A East	District: Tidewater
Mascot: Wolverines	Stad. Cap. 0		

Ath Trainer	Football	Scholastic	
Band	Forensics	Soccer, b	
Baseball	Golf	Soccer, g	
Basket, b Wayne Keysl	Gymnast, b	Softball	
Basket, g	Gymnast, g	Swim, b	
Cheer	Ind Track, b	Swim, g	
Cr Writing	Ind Track, g	Tennis, b	
Crew, b	Lacrosse, b	Tennis, g	
Crew, g	Lacrosse, g	Theatre	
CrossC, b	Magazine	Volley, b	
CrossC, g	Newspaper	Volley, g	Mya Satp
Debate	Out Track, b	Wrestling	
F Hockey	Out Track, g	Yearbook	Jennifer Gunderson
Film Fest			

Castlewood**(CAST)**

School Phone: 276-762-9449

Athletics Office: 276-762-7114

School Fax: 276-762-9418

304 Blue Devil Circle / Castlewood, VA 24224-9998

Email: ljenkins@russell.k12.va.us / tallen@russell.k12.va.us

Principal: Lila Jenkins

Assistant Principal: Not Filled

Guidance Counselors: Linda Cassell, Melissa Cook, Seth Shuler

Athletic/Activities Director: Tom Allen

Superintendent: Dr. Gregory A. Brown (Russell)

Assistant AD:		Students	452	Group:	1A	Conference:	48
Colors:	Royal Blue/White	Gym Cap.	1640	Region:	1A West	District:	Cumberland
Mascot:	Blue Devils	Stad. Cap.	2582				

Ath Trainer		Football	Darrell Taylor	Scholastic	Sherry L. Lyttle
Band	Rick Burns	Forensics	Pam Roberson	Soccer, b	
Baseball	Bill Higgins	Golf	Casey Johnson	Soccer, g	
Basket, b	Casey Johnson	Gymnast, b		Softball	Kesha Rasnake
Basket, g	Tiffany Austin	Gymnast, g		Swim, b	
Cheer	Jena Addington	Ind Track, b		Swim, g	
Cr Writing	Dominique Traverse	Out Track, g		Tennis, b	Ashley Burke
Crew, b	Locke	Lacrosse, b		Tennis, g	Ashley Bruke
Crew, g		Lacrosse, g		Theatre	Pam Roberson
CrossC, b	Connie Crabtree	Magazine		Volley, b	
CrossC, g	Connie Crabtree	Newspaper		Volley, g	Kesha Rasnake
Debate		Out Track, b	Dominique Traverse Locke	Wrestling	Ray Wright
F Hockey		Out Track, g	Dominique Traverse Locke	Yearbook	Peggy Castle
Film Fest					

Cave Spring**(CVSP)**

School Phone: 540-772-7550

Athletics Office: 540-772-7550

School Fax: 540-772-2107

3712 Chaparral Drive, SW / Roanoke, VA 24018-4839

Email: sspangler@rcs.k12.va.us / jhartness@rcs.k12.va.us

Principal: Steve Spangler

Assistant Principal: Tracey Lange

Guidance Counselors: Shawn Hughes, Lesley Swartz, Penny Williams

Athletic/Activities Director: Jon Hartness

Superintendent: Gregory N. Killough (Roanoke)

Assistant AD:		Students	980	Group:	3A	Conference:	32
Colors:	Scarlet/Black/White	Gym Cap.	1250	Region:	3A West	District:	River Ridge
Mascot:	Knights	Stad. Cap.	4500				

Ath Trainer	Luke Vance	Football	Tim Fulton	Scholastic	Tamara Carson
Band	Brian Quakenbush	Forensics	Sandy Gotschal	Soccer, b	Brad Collins
Baseball	Ricky Lonker	Golf	Not Filled	Soccer, g	Whitney Wright
Basket, b	Jacob Gruse	Gymnast, b		Softball	Nick Sharp
Basket, g	Jessica Ficcaro	Gymnast, g		Swim, b	Andy Huray
Cheer	Jennifer McDaniels	Ind Track, b	Tommy Maguire	Swim, g	Jenny Kellinger
Cr Writing		Ind Track, g	Derrick Hollins	Tennis, b	Not Filled
Crew, b		Lacrosse, b		Tennis, g	Susan Delp
Crew, g		Lacrosse, g		Theatre	Sandy Gotshal
CrossC, b	Tommy Maguire	Magazine		Volley, b	
CrossC, g	Laurence Loesel	Newspaper	Chrystal Shawn	Volley, g	Tamalyn Tanis
Debate	Bob Powers	Out Track, b	Derrick Hollins	Wrestling	Tim Ninger
F Hockey		Out Track, g	Tommy Maguire	Yearbook	Chrystal Shawn
Film Fest					

Central (Wise)**(CNWI)**

School Phone: 276-328-8015

Athletics Office: 276-328-8015

School Fax: 276-328-8316

5000 Warrior Drive / Norton, VA 24273

Email: ccollins@wisek12.org / dstanley@wisek12.org

Principal: Charles W. Collins

Assistant Principal: David Stanley

Guidance Counselors: Diana Salyers, Karen Dotson

Athletic/Activities Director: David Stanley

Superintendent: Dr. Keith Perrigan (Norton)

Assistant AD:	Debbie Sturgill	Students	650	Group:	2A	Conference:	40
Colors:	Black/Red/White/Silver	Gym Cap.	1500	Region:	2A West	District:	Mountain
Mascot:	Warriors	Stad. Cap.	2500				

Ath Trainer		Football	Luke Owens	Scholastic	Carrie Deel
Band	Ben Harding	Forensics	D. Taylor & Jan Thompson	Soccer, b	Megan Morgan
Baseball	Brian Mills	Golf	Robin Dotson	Soccer, g	Matt Mullins
Basket, b	TJ McAmis	Gymnast, b		Softball	Justin Sturgill
Basket, g	Robin Dotson	Gymnast, g		Swim, b	Not Filled
Cheer	Amber Boggs	Ind Track, b		Swim, g	Not Filled
Cr Writing		Ind Track, g		Tennis, b	Cathy South
Crew, b		Lacrosse, b		Tennis, g	Not Filled
Crew, g		Lacrosse, g		Theatre	Jan Thompson
CrossC, b	Brian Mills	Magazine		Volley, b	
CrossC, g	Brian Mills	Newspaper		Volley, g	Angie McAmis
Debate		Out Track, b	Jason Mullins	Wrestling	Not Filled
F Hockey		Out Track, g	Robin Dotson	Yearbook	
Film Fest					

Central (Woodstock)**(CENW)****School Phone:** 540-459-2161

1147 Susan Avenue / Woodstock, VA 22664-1019

Athletics Office: 540-459-7009**Email:** mdhensley@shenandoah.k12.va.us / kerinker@shenandoah.k12.va.us**School Fax:** 540-459-5932**Principal:** Missy Hensley**Assistant Principal:** Brandon Burkhart, Heath Johnston**Guidance Counselors:** Eric Schnider, Rachel Webb**Athletic/Activities Director:** Kenny Rinker (RAA)**Superintendent:** Dr. Mark Johnston (Shenandoah)**Assistant AD:** Mike Yew, Christina Saindon**Students** 800**Group:** 2A**Conference:** 35**Colors:** Blue/Gold**Gym Cap.** 1400**Region:** 2A East**District:** Bull Run**Mascot:** Falcons**Stad. Cap.** 1200

Ath Trainer Teresa Martiik

Football Mike Yew

Scholastic

Melissa Marston

Band Sarah Golden

Forensics C. EashBoyden, J.

Soccer, b

Ted Poor

Baseball Donn Foltz

Golf ~~Mike Yew~~

Soccer, g

Kim Dellinger

Basket, b Jeff Whittle

Gymnast, b

Softball

Not Filled

Basket, g Bryan Scott

Gymnast, g

Swim, b

Steve Shaffer

Cheer Mirah Brown

Ind Track, b

Swim, g

Steve Shaffer

Cr Writing

Ind Track, g

Tennis, b

Lucas Robinson

Crew, b

Lacrosse, b

Tennis, g

Matt Smith

Crew, g

Lacrosse, g

Theatre

Christopher Hartmann

CrossC, b Melissa Wright

Magazine

Volley, b

CrossC, g Melissa Wright

Newspaper

Volley, g

Alyssa Bane

Debate Eric Snyder

Out Track, b Rick Lytton

Wrestling

Michael Sanders

F Hockey

Out Track, g Rick Lytton

Yearbook

Jeff Whittle

Film Fest

Central Senior**(CENL)****School Phone:** 434-696-2137

131 K-V Road / Victoria, VA 23974-9517

Athletics Office: 434-696-1710**Email:** john.long@k12lcp.org / wallace.owen@k12lcp.org**School Fax:** 434-696-1322**Principal:** John Long**Assistant Principal:** Natalie Coronas**Guidance Counselors:** Sharon Stanislaus, Stephanie Powers, Geneva Hines**Athletic/Activities Director:** Wallace Owen**Superintendent:** Charles M. Berkley, Jr. (Lunenburg)**Assistant AD:** Not Filled**Students** 442**Group:** 1A**Conference:** 42**Colors:** Purple/Gold/White**Gym Cap.** 734**Region:** 1A East**District:** James River**Mascot:** Chargers**Stad. Cap.** 1600

Ath Trainer

Football Will Thomas

Scholastic

Mary Myers

Band Maurice Ellis

Forensics April Hawkes

Soccer, b

Baseball Mike Atkins

Golf Tom Hoefer

Soccer, g

Basket, b Mike McGrath

Gymnast, b

Softball

Karen McGrath

Basket, g Scott Wilson

Gymnast, g

Swim, b

Cheer Jean Kunath

Ind Track, b

Swim, g

Cr Writing

Ind Track, g

Tennis, b

Crew, b

Lacrosse, b

Tennis, g

Crew, g

Lacrosse, g

Theatre

Amanda Ellis

CrossC, b

Magazine

Volley, b

CrossC, g

Newspaper

Volley, g

Lisa Word

Debate

Out Track, b Wallace Owen

Wrestling

F Hockey

Out Track, g Wallace Owen

Yearbook

Cassie Duarte

Film Fest

Centreville**(CNTV)****School Phone:** 703-802-5400

6001 Union Mill Road / Clifton, VA 20124-1128

Athletics Office: 703-802-5416**Email:** dejagels@fcps.edu / jimmy.sanabria@fcps.edu**School Fax:** 703-802-5597**Principal:** Dave Jagels**Assistant Principal:** Alexis Wenzel, Brian Doyle, Mike Burch, Rob Ewing**Guidance Counselors:****Athletic/Activities Director:** Jimmy Sanabria**Superintendent:** Not Filled (Fairfax)**Assistant AD:** Chris Haddock, Tony Rozzoni**Students** 2385**Group:** 6A**Conference:** 5**Colors:** Col. Blue/Black/Silver**Gym Cap.** 2400**Region:** 6A North**District:** Concorde**Mascot:** Wildcats**Stad. Cap.** 7000

Ath Trainer Laramie Francis

Football Chris Haddock

Scholastic

Nathan Van Arsdale

Band Melissa Hall

Forensics Terry Angelotti

Soccer, b

Baseball Scott Findley

Golf Geordie Bigus

Soccer, g

Shane Kellogg

Basket, b Pat Halley

Gymnast, b

Softball

Donnie Dutton

Basket, g Tom Watson

Gymnast, g

Swim, b

Crystal Fitts

Cheer Keith Smith

Ind Track, b

Swim, g

Chrystal Fitts

Cr Writing

Ind Track, g

Tennis, b

Sherry Bellamy

Crew, b

Lacrosse, b

Tennis, g

Leslie O'Connor

Crew, g

Lacrosse, g

Theatre

Mike Hudson

CrossC, b Jean Cole-Kleitiz

Magazine

Volley, b

CrossC, g Jean Cole-Kleitiz

Newspaper

Volley, g

Ken Moser

Debate Terry Angelotti

Out Track, b

Wrestling

John Belyea

F Hockey Demby Banbury

Out Track, g

Yearbook

Melissa Rife

Film Fest

Russ Munson

John Champe

(CHAM)

School Phone: 703-722-2680

Athletics Office: 703-722-2690

School Fax: 703-722-2692

41535 Sacred Mountain Street / Aldie, VA 20105

EMail: john.gabriel@lcps.org / joseph.e.breinig@lcps.org

Principal: John Gabriel

Assistant Principal: Jen Traina, Jeff Rounsley, Sara Genetin

Guidance Counselors: Christi Campbell

Athletic/Activities Director: Joe Breinig (CAA)

Superintendent: Dr. Eric Williams (Loudoun)

Assistant AD: Anthony Royse (CAA)

Colors: Navy/Silver/White

Mascot: Knights

Students 600

Gym Cap. 2000

Stad. Cap. 4000

Group: 4A

Region: 4A West

Conference: 22

District: Dulles

Ath Trainer Dale Hotchkiss
Band Jonathon Phillip
Baseball Joe McDonald
Basket, b Bill Maher
Basket, g Zach Beebe
Cheer Shelley Canonico
Cr Writing
Crew, b
Crew, g
CrossC, b Michael Gurlea
CrossC, g Megan Baird
Debate Lori Gibson
F Hockey Caroline Fletcher
Film Fest Gary Hawke

Football Jason Dawson
Forensics Lori Gibson
Golf Michael Petrella
Gymnast, b
Gymnast, g Ashley Carter
Ind Track, b
Ind Track, g
Lacrosse, b Vik Ohri
Lacrosse, g Kathy Gonzalez
Magazine
Newspaper Cynda Douglas
Out Track, b Brandon Sanford
Out Track, g Megan Baird

Scholastic Jeff Reed
Soccer, b Dave Sbitan
Soccer, g David Madlin
Softball Kaitlin Murray
Swim, b Ryan Webb
Swim, g Ryan Webb
Tennis, b Thomas Wehner
Tennis, g Lisa Hall
Theatre
Volley, b
Volley, g Elizabeth McLane
Wrestling Greg Walker
Yearbook Melissa Matthews

Chancellor

(CHNC)

School Phone: 540-786-2606

Athletics Office: 540-548-3616

School Fax: 540-786-1176

6300 Harrison Road / Fredericksburg, VA 22407-6363

EMail: jboss@spotsylvania.k12.va.us / rcrooks@spotsylvania.k12.va.us

Principal: Jacqueline Bass-Fortune

Assistant Principal: Kim Lauderdale, Brian Gebhardt

Guidance Counselors:

Athletic/Activities Director: Rod Crooks (RAA)

Superintendent: Dr. Stephen Scott Baker (Spotsylvania)

Assistant AD:

Colors: Burgundy/Gray

Mascot: Chargers

Students 1350

Gym Cap. 1600

Stad. Cap. 4000

Group: 4A

Region: 4A East

Conference: 19

District: Battlefield

Ath Trainer Sara Whiteside
Band Ryan Adair
Baseball Mike Hundley
Basket, b Rob Reich
Basket, g William Griffin
Cheer Jessica Player
Cr Writing
Crew, b
Crew, g
CrossC, b Nate Brooks
CrossC, g Nate Brooks
Debate
F Hockey Jim Larkin
Film Fest Matthew Armentrout

Football Bob Oliver
Forensics Matthew Armentrout
Golf Brian Gaines
Gymnast, b
Gymnast, g
Ind Track, b Kristen Jones
Ind Track, g Kristen Jones
Lacrosse, b
Lacrosse, g
Magazine
Newspaper Lisa Gattie
Out Track, b Kristen Jones
Out Track, g Kristen Jones

Scholastic Scott Barber
Soccer, b Mike Webb
Soccer, g Stephen Bryant
Softball
Swim, b
Swim, g
Tennis, b DJ Webster
Tennis, g Marla Aste
Theatre Matthew Armentrout
Volley, b
Volley, g Bob Walsh
Wrestling George Holzworth
Yearbook Lisa Gattie

Chantilly

(CHNT)

School Phone: 703-222-8100

Athletics Office: 703-222-8160

School Fax: 703-222-8169

4201 Stringfellow Road / Chantilly, VA 20151-2600

EMail: cjbowerman@fcps.edu

Principal: Teresa Johnson

Assistant Principal: Michael Astudillo, Mary McDowell, Rebecca Daniels, Katie Lynch, Tim O'Reilly, Virginia Muller

Guidance Counselors:

Athletic/Activities Director: Corey Bowerman

Superintendent: Not Filled (Fairfax)

Assistant AD: B. Campbell, K. Sporkmann, B

Colors: Purple/White

Mascot: Chargers

Students 2650

Gym Cap. 2500

Stad. Cap. 6000

Group: 6A

Region: 6A North

Conference: 5

District: Concorde

Ath Trainer K. Boss, C. Cooney
Band Doug Maloney
Baseball Kevin Ford
Basket, b Jim Smith
Basket, g Kurt Sporkmann
Cheer Brett Hysinger
Cr Writing Mary Downes
Crew, b
Crew, g
CrossC, b Matt Gilchrist
CrossC, g Matt Gilchrist
Debate Barbara Clougherty
F Hockey Ralph Chapman
Film Fest

Football Mike Lalli
Forensics Barbara Clougherty
Golf Kurt Sporkmann
Gymnast, b
Gymnast, g Maureen Nauquin
Ind Track, b Matt Gilchrist
Ind Track, g Jason Franks
Lacrosse, b Kevin Broderick
Lacrosse, g Victor Chen
Magazine Claire Gartlin
Newspaper Claire Gartlin
Out Track, b Matt Gilchrist
Out Track, g Jason Franks

Scholastic Todd Whitsell
Soccer, b Brian Goche
Soccer, g Melissa Bibbee
Softball Megan Jeter
Swim, b Peter McDonough
Swim, g Peter McDonough
Tennis, b Jeremiah Shifflet
Tennis, g Karen Kegerreis
Theatre Shannon Khatchersian
Volley, b
Volley, g Charles Ezigbo
Wrestling Zack Winfrey
Yearbook Mary Downs

Charles City County**(CCTY)****School Phone:** 804-829-9249

10039 Courthouse Road / Charles City, VA 23030

Athletics Office:**EMail:** ptsigaridas@ccps.net / lmwood@ccps.net**School Fax:** 804-829-2644**Principal:** Panagiotis Tsigaridas**Assistant Principal:** Marcus Petty, Sr.**Guidance Counselors:****Athletic/Activities Director:** Lauren Wood (RAA)**Superintendent:** Dr. David W. Gaston (Charles City)

Assistant AD:		Students	285	Group:	1A	Conference:	42
Colors:	Blue/Gold	Gym Cap.	500	Region:	1A East	District:	Tidewater
Mascot:	Panthers	Stad. Cap.	1500				

Ath Trainer		Football	Steward Greene	Scholastic	
Band	Bruce Person	Forensics		Soccer, b	
Baseball	Not Filled	Golf		Soccer, g	
Basket, b	Not Filled	Gymnast, b		Softball	Lauren Wood (RAA)
Basket, g	Shaun Oley	Gymnast, g		Swim, b	
Cheer	Lauren Wood (RAA)	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	
CrossC, b		Magazine		Volley, b	
CrossC, g		Newspaper	Brenda Hawkins	Volley, g	
Debate		Out Track, b	John Christian	Wrestling	
F Hockey		Out Track, g	John Christian	Yearbook	Brenda Hawkins
Film Fest					

Charlottesville**(CVIL)****School Phone:** 434-245-2410

1400 Melbourne Road / Charlottesville, VA 22901-3199

Athletics Office: 434-245-2621**EMail:** irizare1@charlottesvilleschools.org / reddr1@charlottesvilleschools.org**School Fax:** 434-245-2610**Principal:** Eric Irizarry**Assistant Principal:** Justin Malone, Deb Cook, Tamara Mines, John Morgan**Guidance Counselors:** David Wilkerson, Lisa Elaine Hart, Kerri Avakian, Melanie Key**Athletic/Activities Director:** Rodney Redd**Superintendent:** Dr. Rosa S. Atkins (Charlottesville)

Assistant AD:	Not Filled	Students	1155	Group:	4A	Conference:	23
Colors:	Orange/Black/White	Gym Cap.	1600	Region:	4A West	District:	Jefferson
Mascot:	Black Knights	Stad. Cap.	5000				

Ath Trainer	Joella Metheny	Football	Eric Sherry	Scholastic	Suzan Hiller
Band	Jason Hackworth	Forensics	Kelly Krosse	Soccer, b	Stephan Cost
Baseball	Eric Lane	Golf	Josh O'Grady	Soccer, g	Marcelle VanYahres
Basket, b	Mitch Minor	Gymnast, b		Softball	Clay Ferneyhough
Basket, g	Jim Daly	Gymnast, g		Swim, b	Rachel Phillips
Cheer	Pam Brown	Ind Track, b	Ron Green	Swim, g	Rachel Phillips
Cr Writing	Brian Kayser	Ind Track, g	Tim Johnson	Tennis, b	John Morris
Crew, b		Lacrosse, b	Doug Gaspar	Tennis, g	Tori Kuhn
Crew, g		Lacrosse, g	Kim Parsons	Theatre	David Becker
CrossC, b	Amy Pritchard	Magazine		Volley, b	
CrossC, g	Amy Pritchard	Newspaper		Volley, g	Michael Donovan
Debate	Kelly Krosse	Out Track, b	Tim Johnson	Wrestling	David Wilkerson
F Hockey	Lindsey Clark	Out Track, g	Ron Green	Yearbook	
Film Fest	David Becker				

Chatham**(CHAT)****School Phone:** 434-432-8305

100 Cavalier Circle / Chatham, VA 24531-9644

Athletics Office: 434-203-7397**EMail:** randy.foster@pcs.k12.va.us / jessica.dalton@pcs.k12.va.us**School Fax:** 434-432-8351**Principal:** Randy Foster**Assistant Principal:** Jessica Dalton, Jason Reece**Guidance Counselors:** Jessica Gardner, Lauren Horne, Traci Gardner**Athletic/Activities Director:** Jessica Dalton**Superintendent:** Dr. Mark R. Jones (Pittsylvania)

Assistant AD:		Students	650	Group:	2A	Conference:	37
Colors:	Red/White/Black	Gym Cap.	650	Region:	2A West	District:	Dogwood
Mascot:	Cavaliers	Stad. Cap.	2800				

Ath Trainer	Aaron Taylor	Football	Matt Allen	Scholastic	
Band	Neil Harbel	Forensics		Soccer, b	Chad Byrd
Baseball	Tyler Grogan	Golf	Chad Anderson	Soccer, g	Brent Walton
Basket, b	Charles Warren	Gymnast, b		Softball	Paul Grekos
Basket, g	Lauren French	Gymnast, g		Swim, b	
Cheer	Kathy Clarke	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Not Filled	Magazine		Volley, b	
CrossC, g	Not Filled	Newspaper		Volley, g	Paige Echols
Debate		Out Track, b	Neil Clarridge	Wrestling	Brent Walton
F Hockey		Out Track, g	Roger Keaton	Yearbook	Stephanie Anderson
Film Fest					

Chilhowie

(CHIL)

School Phone: 276-646-8966

Athletics Office: 276-646-8966

School Fax: 276-646-5951

1160 E. Lee Highway, P. O. Box 2280 / Chilhowie, VA 24319

Email: mikesturgill@scsb.org / markhalsey@scsb.org

Principal: Mike Sturgill

Assistant Principal: Jeff Smarr

Guidance Counselors: Lisa Farmer

Athletic/Activities Director: Mark Halsey

Superintendent: Dr. Michael M. Robinson (Smyth)

Assistant AD:

Colors: Orange/Black

Mascot: Warriors

Students 425

Gym Cap. 1100

Stad. Cap. 5000

Group: 1A

Region: 1A West

Conference: 46

District: Hogoheegee

Ath Trainer
Band JJ Green
Baseball Jeff Robinson
Basket, b Matt Snodgrass
Basket, g Mark Halsey
Cheer S. Sturgill, T. Wilkerson
Cr Writing
Crew, b
Crew, g
CrossC, b Ron Cahill
CrossC, g Ron Cahill
Debate
F Hockey
Film Fest

Football Jeff Robinson
Forensics Jackie Clark
Golf Gary Arnold
Gymnast, b
Gymnast, g
Ind Track, b Alan Johnson
Ind Track, g Alan Johnson
Lacrosse, b
Lacrosse, g
Magazine
Newspaper Valerie Booth
Out Track, b Mike Billings
Out Track, g Ron Cahill

Scholastic
Soccer, b
Soccer, g
Softball
Swim, b
Swim, g
Tennis, b
Tennis, g
Theatre
Volley, b
Volley, g
Wrestling
Yearbook

Paula Stamper
John Sabo
Dickie Kegley
Dawn Kegley
Jackie Clark
Laura Robinson
Hunter Trivette
Pam Boswel

Chincoteague

(CHIN)

School Phone: 757-336-6166

Athletics Office:

School Fax: 757-336-1902

4586 Main Street / Chincoteague, VA 23336-2820

Email: karen.taylor@accomack.k12.va.us / charles.heath@accomack.k12.va.us

Principal: Karen Taylor

Assistant Principal: Harold Holmes

Guidance Counselors: Debra Strautz

Athletic/Activities Director: Charles Heath

Superintendent: Mr. Warren C. Holland (Accomack)

Assistant AD:

Colors: Navy Blue/Gold

Mascot: Ponies

Students 150

Gym Cap. 500

Stad. Cap. 800

Group: 1A

Region: 1A East

Conference: 41

District: Eastern Shore-A

Ath Trainer
Band Troy Outten
Baseball
Basket, b
Basket, g Kelly Fox
Cheer Harley Kolinski
Cr Writing
Crew, b
Crew, g
CrossC, b
CrossC, g
Debate
F Hockey
Film Fest

Football Nick Howard
Forensics
Golf Charles Heath
Gymnast, b
Gymnast, g
Ind Track, b
Ind Track, g
Lacrosse, b
Lacrosse, g
Magazine
Newspaper
Out Track, b
Out Track, g

Scholastic
Soccer, b
Soccer, g
Softball
Swim, b
Swim, g
Tennis, b
Tennis, g
Theatre
Volley, b
Volley, g
Wrestling
Yearbook

Melanie Orell
Charles Heath
Jimmy Bloxom
Not Filled
Kara Jeffries
Melanie Orrell

Christiansburg

(CBRG)

School Phone: 540-382-5178

Athletics Office: 540-382-5187

School Fax: 540-381-6525

100 Independence Boulevard / Christiansburg, VA 24073-1462

Email: tonydeibler@mcps.org / jameswoods@mcps.org

Principal: Tony Deibler

Assistant Principal: Amy Williams, Megan Atkinson, Tony Deibler

Guidance Counselors: CJ Kostenblatt, Sarah Ballard, Drew Barrett

Athletic/Activities Director: James Woods

Superintendent: Dr. Mark Mear (Montgomery)

Assistant AD:

Colors: Navy/Vegas Gold

Mascot: Demons

Students 1062

Gym Cap. 2000

Stad. Cap. 3500

Group: 3A

Region: 3A West

Conference: 32

District: River Ridge

Ath Trainer Julia Olson, ATC
Band David Miller
Baseball Dale Nelson
Basket, b Shawn Good
Basket, g Tim Cromer
Cheer Ginger Cromer
Cr Writing
Crew, b
Crew, g
CrossC, b Brett Sherfy, Brian Porter
CrossC, g Brett Sherfy, Brian Porter
Debate Angie Robins
F Hockey
Film Fest

Football Tim Cromer
Forensics Makala Witten
Golf Brad Powers
Gymnast, b
Gymnast, g
Ind Track, b Tommy Trotter
Ind Track, g Tommy Trotter
Lacrosse, b
Lacrosse, g
Magazine
Newspaper Kris Meller
Out Track, b Tommy Trotter
Out Track, g Tommy Trotter

Scholastic
Soccer, b
Soccer, g
Softball
Swim, b
Swim, g
Tennis, b
Tennis, g
Theatre
Volley, b
Volley, g
Wrestling
Yearbook

Jessica Fox
Brian Smith
Scott Duff
Amy Brehl
Amy Brehl
Ashleigh Beasley
Makala Witten
Kellie Brumbaugh
Sonny Close
Liz Hollie

Churchland

(CHUR)

School Phone: 757-686-2500

Athletics Office: 757-686-2500

School Fax: 757-686-2504

4301 Cedar Lane / Portsmouth, VA 23703-2074

Email: shawn.millaci@pps.k12.va.us / michael.whittington@pps.k12.va.us

Principal: Shawn Millaci

Assistant Principal: Ana-Maria Incorminias, Wayne Hylton, Sandra Knight

Guidance Counselors: Eileen Pietila, Jennifer Booney, Katrina Steele

Athletic/Activities Director: Michael Whittington

Superintendent: Dr. Elie Bracy, III (Portsmouth)

Assistant AD: Students 1320 Group: 4A Conference: 17
Colors: Black/Orange Gym Cap. 3500 Region: 4A East District: Eastern
Mascot: Truckers Stad. Cap. 3000

Ath Trainer	Megan Gallagher	Football	Alonzo Ricks Jr.	Scholastic	Meredeth Detweiler
Band	Jeffrey Warren	Forensics		Soccer, b	Ryan Baumgardner
Baseball	David Younkins	Golf	William Kline	Soccer, g	Kevin Zingraff
Basket, b	Lawrence Glover	Gymnast, b		Softball	Noble Colton
Basket, g	Sandra Rudolph	Gymnast, g		Swim, b	Donna Jemmission
Cheer	Christi Hollins	Ind Track, b	Alonzo Ricks	Swim, g	Orenda Aiken
Cr Writing		Ind Track, g	Henry Broady	Tennis, b	Andrew Ronemus
Crew, b		Lacrosse, b		Tennis, g	Mary Schutz
Crew, g		Lacrosse, g		Theatre	Jonnette Mungo
CrossC, b	Alicia Armellino	Magazine		Volley, b	Barbara Schiffer
CrossC, g	Alicia Armellino	Newspaper		Volley, g	Susan Ball
Debate		Out Track, b	Alonzo Ricks	Wrestling	Adam Wynn
F Hockey	Jennifer Lee	Out Track, g	Henry Broady	Yearbook	Patricia McEwen
Film Fest	D. Jones, M. Burke				

Clarke County

(CLRK)

School Phone: 540-955-6130

Athletics Office: Ext. 7456

School Fax: 540-955-6139

627 Mosby Boulevard / Berryville, VA 22611

Email: waringd@clarke.k12.va.us / childsc@clarke.k12.va.us

Principal: Dana Waring

Assistant Principal: JoAnne Wolfe, Tim Whipkey

Guidance Counselors: Nikki McGinley, Leslie Louthan

Athletic/Activities Director: Casey Childs

Superintendent: Dr. Chuck Bishop (Clarke)

Assistant AD: Students 702 Group: 2A Conference: 35
Colors: Orange/Navy Blue Gym Cap. 1300 Region: 2A East District: Bull Run
Mascot: Eagles Stad. Cap. 2200

Ath Trainer	Lindsay Griego	Football	Chris Parker	Scholastic	Laurie Barbagallo
Band	Mark Curry	Forensics	Christine Brewer	Soccer, b	Scott House
Baseball	Jon Novick	Golf	Jessica Hollandsworth	Soccer, g	Larry Hart
Basket, b	Brent Emmart	Gymnast, b		Softball	Susan Grubbs
Basket, g	Regina Downing	Gymnast, g		Swim, b	Carol Marshall
Cheer	Melissa Astin	Ind Track, b		Swim, g	Carol Marshall
Cr Writing		Ind Track, g		Tennis, b	Patrick Hausammann
Crew, b		Lacrosse, b		Tennis, g	Ted Schulhof
Crew, g		Lacrosse, g		Theatre	Christine Brewer
CrossC, b	Jeff Webster	Magazine		Volley, b	
CrossC, g	Jeff Webster	Newspaper		Volley, g	Seneca Sowers
Debate	David Ravenscroft	Out Track, b	Andre' Kidrick	Wrestling	John VanSice
F Hockey		Out Track, g	Andre' Kidrick	Yearbook	Kathy Campbell
Film Fest					

Clover Hill

(CLHL)

School Phone: 804-639-494

Athletics Office: 804-639-4945

School Fax: 804-739-5000

13301 Kelly Green Lane / Midlothian, VA 23112-2013

Email: deborah_marks@ccpsnet.net / christopher_zyglocke@ccpsnet.net

Principal: Deborah Marks, PhD

Assistant Principal: Sloan Burns, Julie Tatum, Shelley Herzog, Thomas Carter

Guidance Counselors: Tripp Lawson

Athletic/Activities Director: David Zyglocke

Superintendent: Dr. James F. Lane (Chesterfield)

Assistant AD: S. O'Hare, B. Mooney, C. Del Students 1859 Group: 6A Conference: 3
Colors: Green/Gold/White Gym Cap. 3000 Region: 6A South District: Dominion
Mascot: Cavaliers Stad. Cap. 4000

Ath Trainer	Thomas Cartwright	Football	John Fout	Scholastic	Rhonda Clopton
Band	Steve Conley	Forensics	Jessica Fout	Soccer, b	Blainbe Stephenson
Baseball	Brett Mooney	Golf	Casey Dellinger	Soccer, g	Ryan Taylor
Basket, b	James Wahrman	Gymnast, b		Softball	Glenn Corbin
Basket, g	Jeff Auxier	Gymnast, g		Swim, b	
Cheer	Tori Hall	Ind Track, b	Kevin Carpenter	Swim, g	
Cr Writing		Ind Track, g	Kevin Carpenter	Tennis, b	Joel Higham
Crew, b		Lacrosse, b	Patrick Kennedy	Tennis, g	Sally Lewis
Crew, g		Lacrosse, g	Rhonda Clopton	Theatre	Michelle Biby
CrossC, b	James Wahrman	Magazine		Volley, b	Clay Kilby
CrossC, g	Kevin Carpenter	Newspaper	Denise Haley	Volley, g	Clark Menger
Debate	Hunter Clark	Out Track, b	Kevin Carpenter	Wrestling	Jeremy Fox
F Hockey	Rhonda Clopton	Out Track, g	Kevin Carpenter	Yearbook	Melissa Joynson
Film Fest	Amanda Berneche				

Colgan**(COLG)****School Phone:** 571-374-6550

13833 Dumfries Road / Manassas, VA 20112

Athletics Office:**E-Mail:** huckesdj@pwcs.edu / healey@pwcs.edu**School Fax:****Principal:** Timothy Healey**Assistant Principal:** Karima Wesselhoft, Jerri Piacesi, David Parrish**Guidance Counselors:** Lien Weakland**Athletic/Activities Director:** David Huckestein**Superintendent:** Dr. Steven L. Walts (Prince William)

Assistant AD:		Students	1500	Group:	6A	Conference:	4
Colors:	Navy/Gray/Light Blue	Gym Cap.		Region:	6A South	District:	Cardinal
Mascot:	Sharks	Stad. Cap.					

Ath Trainer	Ashley Ausborn	Football	Steve Baudendistel	Scholastic	Not Filled
Band	Don Magee	Forensics	Not Filled	Soccer, b	Kristine Beckman
Baseball	Mike Colangelo	Golf	Brian Beaty	Soccer, g	Scott Kerns
Basket, b	Jason John	Gymnast, b		Softball	Jessica Cassidy
Basket, g	Fred Milbert	Gymnast, g		Swim, b	Kristen Misencik
Cheer	Nanette Pratt	Ind Track, b	Dave Davis, Bill Stearns	Swim, g	Kristen Misencik
Cr Writing	Not Filled	Ind Track, g	Dave Davis, Bill Stearns	Tennis, b	Jasen Viggiani
Crew, b	Not Filled	Lacrosse, b	Rodney Cornell	Tennis, g	Not Filled
Crew, g	Not Filled	Lacrosse, g	Danielle Vancek	Theatre	Lanny Warkentien
CrossC, b	Dave Davis, Bill Stearns	Magazine	Garrett Carlson	Volley, b	
CrossC, g	Dave Davis, Bill Stearns	Newspaper	Not Filled	Volley, g	Keith Mesa
Debate	Matthew McDonald	Out Track, b	Dave Davis, Bill Stearns	Wrestling	Doug Milburn
F Hockey	Natalie Latimer	Out Track, g	Dave Davis, Bill Stearns	Yearbook	Elizabeth Skaggs
Film Fest					

Colonial Beach**(CBEA)****School Phone:** 804-224-7166

100 First Street / Colonial Beach, VA 22443-1801

Athletics Office: 804-224-7166**E-Mail:** jgrigsby@cbschools.net / jjack@cbschools.net**School Fax:** 804-224-7465**Principal:** Jennifer Grigsby**Assistant Principal:** Michelle Wells**Guidance Counselors:** Michelle Wells**Athletic/Activities Director:** Jeremy Jack**Superintendent:** Dr. Kevin Newman (Colonial Beach)

Assistant AD:		Students	196	Group:	1A	Conference:	43
Colors:	Black/Gold	Gym Cap.	900	Region:	1A East	District:	Northern Neck
Mascot:	Drifters	Stad. Cap.	1500				

Ath Trainer		Football	Jeremy Jack	Scholastic	Veronica Reynolds
Band		Forensics		Soccer, b	
Baseball	Brent Steffey	Golf		Soccer, g	
Basket, b	Johnathan Parker	Gymnast, b		Softball	Scott Foster
Basket, g	Keith Dickerson	Gymnast, g		Swim, b	
Cheer	Crystal Scherer	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	Jennifer Haas
CrossC, b		Magazine		Volley, b	
CrossC, g		Newspaper		Volley, g	Chase Davidson
Debate		Out Track, b		Wrestling	
F Hockey		Out Track, g		Yearbook	Briana Harrold
Film Fest					

Colonial Forge**(CFRG)****School Phone:** 540-658-6115

550 Courthouse Road / Stafford, VA 22554

Athletics Office: 540-658-6128**E-Mail:** gdaniel@staffordschools.net / berryjk@staffordschools.net**School Fax:** 540-658-6120**Principal:** Greg Daniel**Assistant Principal:** Rodney Jones, Rosina Raines, Karen Mays**Guidance Counselors:** Becky Shay**Athletic/Activities Director:** Jeff Berry**Superintendent:** Dr. William Bruce Benson (Stafford)

Assistant AD:		Students	1971	Group:	6A	Conference:	4
Colors:	Forest Green/Navy/Silver	Gym Cap.	2000	Region:	6A South	District:	Commonwealth
Mascot:	Eagles	Stad. Cap.	5000				

Ath Trainer	Scott Shumanski	Football	Bill Brown	Scholastic	Shane Oldenburg
Band	Matt Nelson	Forensics	Taryn Lane	Soccer, b	Adam Spinelli
Baseball	Jake Norman	Golf	BJ Tucker	Soccer, g	David Rombough
Basket, b	Drew Miller	Gymnast, b		Softball	Erin Keenan
Basket, g	LaShaun Cook	Gymnast, g		Swim, b	Not Filled
Cheer	Courtney Mitchell	Ind Track, b	Harry Booth	Swim, g	Not Filled
Cr Writing		Ind Track, g	Harry Booth	Tennis, b	Dan Koehl
Crew, b		Lacrosse, b	Phil Fant	Tennis, g	Augusta Kiesau
Crew, g		Lacrosse, g	Shavaun Roberts	Theatre	Deborah Hansen
CrossC, b	Harry Booth	Magazine	Michael Shead	Volley, b	
CrossC, g	Harry Booth	Newspaper	Michael Shead	Volley, g	Monica VanHusen
Debate	Donna Gordon	Out Track, b	Harry Booth	Wrestling	Ian Squires
F Hockey	Julie Spinelli	Out Track, g	Harry Booth	Yearbook	Tiffany Kopcak
Film Fest					

Colonial Heights

(CHTS)

School Phone: 804-524-3405

Athletics Office: 804-524-3405

School Fax: 804-520-7222

3600 Conduit Road / Colonial Heights, VA 23834-2699

Email: Kristin_Janssen@colonialhts.net / Gerald_Carsley@colonialhts.net

Principal: Kristin Janssen

Assistant Principal: James Burnett, John Thomas, Jr.

Guidance Counselors: Mark Strickler

Athletic/Activities Director: Gerald Carsley (RAA)

Superintendent: Dr. Joseph O. Cox, Jr. (Colonial Heights)

Assistant AD: Students 925 **Group:** 3A **Conference:** 25
Colors: Red/Navy **Gym Cap.** 1400 **Region:** 3A East **District:** Central
Mascot: Colonials **Stad. Cap.** 3000

Ath Trainer	Not Filled	Football	Remus James	Scholastic	David Flickinger
Band	Kyle Flohre	Forensics		Soccer, b	J.P. McNulty
Baseball	Not Filled	Golf	Jim Crinkley	Soccer, g	Mark Lee
Basket, b	John Thomas, Jr.	Gymnast, b		Softball	Chris Martin
Basket, g	Chris Martin	Gymnast, g		Swim, b	Thomas Brandon
Cheer	Mary Vaughan	Ind Track, b	Darrell Jackson	Swim, g	Thomas Brandon
Cr Writing		Ind Track, g	Tim Ralph	Tennis, b	Mike Smielecki
Crew, b		Lacrosse, b		Tennis, g	Laura McNamara
Crew, g		Lacrosse, g		Theatre	Natalie Fehlner
CrossC, b	Tim Ralph	Magazine		Volley, b	Mark Lee
CrossC, g	Brian Cox	Newspaper	Cynthia Goforth	Volley, g	Toni Martin
Debate		Out Track, b	Darrell Jackson	Wrestling	Wade Thayer
F Hockey	Dan Pulskamp	Out Track, g	Tim Ralph	Yearbook	Dawn Hillard
Film Fest					

Cosby

(COSB)

School Phone: 804-639-8340

Athletics Office: 804-639-8345

School Fax: 804-639-8357

14300 Fox Club Parkway / Midlothian, VA 23112

Email: benjamin_snyder@ccpsnet.net / michael_swartz@ccpsnet.net

Principal: Benjamin Snyder

Assistant Principal: Katina Schoolfield, Kathryn Fial, Sid Ames, Doug Bachman

Guidance Counselors:

Athletic/Activities Director: Mick Swartz (RAA)

Superintendent: Dr. James F. Lane (Chesterfield)

Assistant AD: R. Carr, P. Mutascio, T. Nel **Students** 2100 **Group:** 6A **Conference:** 3
Colors: Columbia Blue/Silver/Black **Gym Cap.** 2000 **Region:** 6A South **District:** Dominion
Mascot: Titans **Stad. Cap.** 4000

Ath Trainer	Ed Metzger	Football	Pete Mutascio	Scholastic	Marcia Borden
Band	Dave Holley	Forensics	William Waddell	Soccer, b	Mike Anderson
Baseball	Tim Lowery	Golf	Bobby Kidder	Soccer, g	Robert Pratt
Basket, b	Ron Carr	Gymnast, b		Softball	Ray Jeter
Basket, g	Rachel Mead	Gymnast, g		Swim, b	
Cheer	Meghan Deluccia	Ind Track, b	Bryan Still	Swim, g	
Cr Writing	Not Filled	Ind Track, g	Bryan Still	Tennis, b	Noel Haig
Crew, b		Lacrosse, b		Tennis, g	Chris Hartman
Crew, g		Lacrosse, g	John Henneberry	Theatre	Rob Ellis
CrossC, b	Chris Averill	Magazine	Kate Alexander	Volley, b	Frank Jenkins
CrossC, g	Chris Averill	Newspaper		Volley, g	Amanda Lucker
Debate	Jackie Clark	Out Track, b	Bryan Still	Wrestling	Mike Stefanko
F Hockey	Rachel Mead	Out Track, g	Bryan Still	Yearbook	Ritamarie Hensley
Film Fest					

Council

(COUN)

School Phone: 276-859-7627

Athletics Office: 276-859-7558

School Fax: 276-859-7145

7802 Helen Henderson Hwy / Honaker, VA 24260-9300

Email: kwitt@buc.k12.va.us

Principal: Kathy Witt

Assistant Principal:

Guidance Counselors: Erica Owens

Athletic/Activities Director:

Superintendent: Melanie L. Hibbitts (Buchanan)

Assistant AD: Students 130 **Group:** 1A **Conference:** 47
Colors: Col. Blue/Navy/White **Gym Cap.** 1500 **Region:** 1A West **District:** Black Diamond
Mascot: Cobras **Stad. Cap.** 0

Ath Trainer		Football		Scholastic	Rhonda Musick
Band		Forensics	Melanie Stevens	Soccer, b	
Baseball		Golf	Gary Johnson	Soccer, g	
Basket, b	Jeremy Ratliff	Gymnast, b		Softball	Brian Hess
Basket, g	Brian Hess	Gymnast, g		Swim, b	
Cheer		Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	Neil Rasnake
Crew, b		Lacrosse, b		Tennis, g	Wanda Hess
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Neil Rasnake	Magazine		Volley, b	
CrossC, g	Valerie Sutherland	Newspaper		Volley, g	Tonya Thompson
Debate		Out Track, b	Jeremy Ratliff	Wrestling	
F Hockey		Out Track, g	Valerie Sutherland	Yearbook	Haley Viers
Film Fest					

Courtland**(CORT)****School Phone:** 540-898-4445

6701 Smith Station Road / Spotsylvania, VA 22553-1803

Athletics Office: 540-710-9291**Email:** cconway@hs.spotsylvania.k12.va.us / rlowman@hs.spotsylvania.k12.va.us**School Fax:** 540-898-4458**Principal:** Clifton Conway**Assistant Principal:** Brian Bartoszek, Ruth White**Guidance Counselors:****Athletic/Activities Director:** Ronnie Lowman (RAA)**Superintendent:** Dr. Stephen Scott Baker (Spotsylvania)**Assistant AD:** Laura Gast**Students** 1157**Group:** 4A**Conference:** 19**Colors:** Royal Blue/Silver**Gym Cap.** 1382**Region:** 4A East**District:** Battlefield**Mascot:** Cougars**Stad. Cap.** 5000

Ath Trainer Kevin Iagellio

Football J.C. Hall

Scholastic

Matt Hibbs

Band Don Leonard

Forensics

Soccer, b

Jack Hitchens

Baseball Tim Acors

Golf Jason Booth

Soccer, g

Dennis Berry

Basket, b Montie McMorris

Gymnast, b

Softball

Tom Wingert

Basket, g Gene Flamm

Gymnast, g

Swim, b

Not Filled

Cheer Ashley Howard

Ind Track, b Not Filled

Swim, g

Not Filled

Cr Writing

Ind Track, g Not Filled

Tennis, b

Matt Malobicky

Crew, b

Lacrosse, b

Tennis, g

Jimmie Williams

Crew, g

Lacrosse, g

Theatre

Erin Bradley

CrossC, b Faye Krause

Magazine

Volley, b

Not Filled

CrossC, g Faye Krause

Newspaper Erin Senters

Volley, g

Bob Hott

Debate Scott Miller

Out Track, b Not Filled

Wrestling

Tracy Waltman

F Hockey Laura Gast

Out Track, g Not Filled

Yearbook

Leslie Stretton

Film Fest

Covington**(COVI)****School Phone:** 540-965-1410

606 S. Lexington Avenue / Covington, VA 24426-1999

Athletics Office: 540-965-1417**Email:** dcanrell@covington.k12.va.us / gjefferson@covington.k12.va.us**School Fax:** 540-965-5870**Principal:** Derek Cantrell**Assistant Principal:** Todd Burton**Guidance Counselors:****Athletic/Activities Director:** Garland Jefferson**Superintendent:** Melinda D. Snead (Covington)**Assistant AD:****Students** 320**Group:** 1A**Conference:** 45**Colors:** Navy Blue/Vegas Gold**Gym Cap.** 440**Region:** 1A West**District:** Pioneer**Mascot:** Cougars**Stad. Cap.** 5000

Ath Trainer Charity Hale

Football Rod Tenney

Scholastic

Robert Wood

Band Matt Pangle

Forensics

Soccer, b

Not Filled

Baseball Kevin Hall

Golf Rob Bennett

Soccer, g

Not Filled

Basket, b Garland Jefferson

Gymnast, b

Softball

Tony Taylor

Basket, g Mark Pifer

Gymnast, g

Swim, b

Not Filled

Cheer Kim Holloway

Ind Track, b

Swim, g

Not Filled

Cr Writing

Ind Track, g

Tennis, b

Not Filled

Crew, b

Lacrosse, b

Tennis, g

Not Filled

Crew, g

Lacrosse, g

Theatre

Not Filled

CrossC, b Ray Sullins

Magazine

Volley, b

Not Filled

CrossC, g Ray Sullins

Newspaper

Volley, g

Mary Tyree

Debate

Out Track, b Rod Tenney

Wrestling

Ray Sullins

F Hockey

Out Track, g Rod Tenney

Yearbook

LeighAnn Woodward

Film Fest

Frank W. Cox**(FCOX)****School Phone:** 757-648-5250

2425 Shorehaven Drive / Virginia Beach, VA 23454-1749

Athletics Office: 757-648-5271**Email:** randi.riesbeck@vbschools.com / Jessica.Horning@vbschools.com**School Fax:** 757-496-6731**Principal:** Randi R. Riesbeck**Assistant Principal:** Ryan Schubart, Chris Colden, Dana Cho, Teesha Henderson**Guidance Counselors:** Susan Sigler, Casey Six, Joe Neidrick**Athletic/Activities Director:** Jessica B. Horning (CAA)**Superintendent:** Dr. Aaron C. Spence (Virginia Beach)**Assistant AD:****Students** 1900**Group:** 6A**Conference:** 1**Colors:** Green/Gold**Gym Cap.** 1800**Region:** 6A South**District:** Beach**Mascot:** Falcons**Stad. Cap.** 5000

Ath Trainer

Football William Stachelski

Scholastic

Kay Roberson

Band Mike Lane

Forensics Michelle Machay

Soccer, b

Eric Blackmore

Baseball Bill Conroy

Golf Brian Allard

Soccer, g

Michele Clark

Basket, b Bobby Wolfe

Gymnast, b

Softball

Stacey Landini

Basket, g JP Jones

Gymnast, g Not Filled

Swim, b

Bryan Rudolph

Cheer Maegan Barnes

Ind Track, b Lanny Doan

Swim, g

Jeff Kwaitkowski

Cr Writing

Ind Track, g Eliot Weinstein

Tennis, b

Jose Benjumea

Crew, b

Lacrosse, b

Tennis, g

Joanne Lee

Crew, g

Lacrosse, g

Theatre

Michelle Machay

CrossC, b Lanny Doan

Magazine Ashley Meyer

Volley, b

Not Filled

CrossC, g Leslie Harrison

Newspaper Erin Tonelson

Volley, g

Not Filled

Debate Randy Homesly

Out Track, b Lanny Doan

Wrestling

Collin Dozier

F Hockey

Out Track, g Not Filled

Yearbook

Laura Grady

Film Fest Eliot Weinstein

Craig County

(CRAI)

School Phone: 540-864-5185

Athletics Office: 540-864-5185

School Fax: 540-864-5636

25239 Craigs Creek Road / New Castle, VA 24127-9542

Email: rstump@craig.k12.va.us / chutton@craig.k12.va.us

Principal: Robert Stump

Assistant Principal: Jason Wheeler

Guidance Counselors: Marcia Barrow

Athletic/Activities Director: Carrie Hutton

Superintendent: Ms. Jeanette Day Warwick (Craig)

Assistant AD: Carrie Hutton

Colors: Blue/White

Mascot: Rockets

Students 219

Gym Cap. 600

Stad. Cap. 750

Group: 1A

Region: 1A West

Conference: 45

District: Pioneer

Ath Trainer	Band	Baseball	Basket, b	Basket, g	Cheer	Cr Writing	Crew, b	Crew, g	CrossC, b	CrossC, g	Debate	F Hockey	Film Fest	Football	Forensics	Golf	Gymnast, b	Gymnast, g	Ind Track, b	Ind Track, g	Lacrosse, b	Lacrosse, g	Magazine	Newspaper	Out Track, b	Out Track, g	Scholastic	Soccer, b	Soccer, g	Softball	Swim, b	Swim, g	Tennis, b	Tennis, g	Theatre	Volley, b	Volley, g	Wrestling	Yearbook	Lindsey Parsons	Trent Lipis	Carrie Hutton	Carrie Maness
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Culpeper County

(CULP)

School Phone: 540-825-8310

Athletics Office:

School Fax: 540-829-6615

14240 Achievement Drive / Culpeper, VA 22701

Email: jdietz@culpeperschools.org / po5472@culpeperschools.org

Principal: Jeffrey Dietz

Assistant Principal: Gwen Brown, Chuck Toler, Jodi Place

Guidance Counselors: Patricia Oliver (RAA)

Athletic/Activities Director: Patricia Oliver (RAA)

Superintendent: Dr. Anthony S. Brads (Culpeper)

Assistant AD:

Colors: Navy Blue/Gold

Mascot: Blue Devils

Students 1120

Gym Cap. 3000

Stad. Cap. 2500

Group: 3A

Region: 3A East

Conference: 28

District: Evergreen

Ath Trainer	Band	Baseball	Basket, b	Basket, g	Cheer	Cr Writing	Crew, b	Crew, g	CrossC, b	CrossC, g	Debate	F Hockey	Film Fest	Football	Forensics	Golf	Gymnast, b	Gymnast, g	Ind Track, b	Ind Track, g	Lacrosse, b	Lacrosse, g	Magazine	Newspaper	Out Track, b	Out Track, g	Scholastic	Soccer, b	Soccer, g	Softball	Swim, b	Swim, g	Tennis, b	Tennis, g	Theatre	Volley, b	Volley, g	Wrestling	Yearbook	Rachel Thayer	Scott Greene	Erick Kalenga	Earl Mills	John Trout	John Trout	Randy Smyth	Katie Shaw	Maxamie Mitchell	Mindy McCabe	Alexander Csontos	Robin Althoff
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Cumberland

(CUMB)

School Phone: 804-492-4212

Athletics Office: Ext. 4123

School Fax: 804-492-9871

15 School Road, P.O. Box 140 / Cumberland, VA 23040

Email: jscales@cupps.k12.va.us / abell@cupps.k12.va.us

Principal: Jeffrey Scales

Assistant Principal: Cora Tolliver

Guidance Counselors: Justin Wilkes, Maribeth Ewing

Athletic/Activities Director: Alfonso Bell (RAA)

Superintendent: Dr. Amy Griffin (Cumberland)

Assistant AD: Travis Gilliam

Colors: Royal Blue/Vegas Gold

Mascot: Dukes

Students 415

Gym Cap. 1302

Stad. Cap. 1500

Group: 1A

Region: 1A East

Conference: 42

District: James River

Ath Trainer	Band	Baseball	Basket, b	Basket, g	Cheer	Cr Writing	Crew, b	Crew, g	CrossC, b	CrossC, g	Debate	F Hockey	Film Fest	Football	Forensics	Golf	Gymnast, b	Gymnast, g	Ind Track, b	Ind Track, g	Lacrosse, b	Lacrosse, g	Magazine	Newspaper	Out Track, b	Out Track, g	Scholastic	Soccer, b	Soccer, g	Softball	Swim, b	Swim, g	Tennis, b	Tennis, g	Theatre	Volley, b	Volley, g	Wrestling	Yearbook	Not Filled	Heather Sutton	Stephen Bapties	Travis Gilliam	Charles Haigh	Heather Sutton	Not Filled	Charles Haigh
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Thomas Dale**(DALE)****School Phone:** 804-768-6245

3626 W. Hundred Road / Chester, VA 23831-1999

Athletics Office: Ext. 6687**Email:** Pamela_Lumsden@ccpsnet.net / Steve_Davies@ccpsnet.net**School Fax:** 804-768-6256**Principal:** Pamela Lumsden**Assistant Principal:** Heidi Taylor, Bryan Hicks, Mark Fowler, Corey McConville, Anthony McLaurin, Cherel Fitzgerald-White**Guidance Counselors:** Evelyn White, Reva Pryor**Athletic/Activities Director:** Steve Davies (RAA)**Superintendent:** Dr. James F. Lane (Chesterfield)

Assistant AD: Arianne Haywood	Students 2500	Group: 6A	Conference: 3
Colors: Maroon/Gray	Gym Cap. 1900	Region: 6A South	District: Central
Mascot: Knights	Stad. Cap. 5000		

Ath Trainer Jessica Steiniger	Football Kevin Tucker	Scholastic	Pam Hughes
Band James Minnix	Forensics	Soccer, b	Mark Fowler
Baseball Chris Marshall	Golf Dennis Zeiters	Soccer, g	John Kabler
Basket, b Mike Walker	Gymnast, b	Softball	Dennis Jones
Basket, g Leon Gholson	Gymnast, g	Swim, b	
Cheer Marcoquel Miles	Ind Track, b Jay Price	Swim, g	
Cr Writing Peter Barringer	Ind Track, g Doug Sable	Tennis, b	Andrew Boydoh
Crew, b	Lacrosse, b Paul Amos	Tennis, g	Ellen Womble
Crew, g	Lacrosse, g Logan Mason	Theatre	Sarah Roquemore
CrossC, b Richard Anthony	Magazine Robin Kiku	Volley, b	Josh Forbes
CrossC, g Doug Sable	Newspaper Justin Frashure	Volley, g	Arianne Haywood
Debate	Out Track, b Doug Sable	Wrestling	Scott McCulley
F Hockey Logan Mason	Out Track, g Jay Price	Yearbook	Kathleen Northrop
Film Fest Sonja Mix			

Dan River**(DNRV)****School Phone:** 434-822-7081

100 Dan River Wildcat Circle / Ringgold, VA 24586-9505

Athletics Office: Ext. 2303**Email:** steven.mayhew@pcs.k12.va.us / melanie.hastings@pcs.k12.va.us**School Fax:** 434-822-7347**Principal:** Steven Mayhew**Assistant Principal:** Melanie Hastings, Matthew Weatherford**Guidance Counselors:** Tiana Noble, Jacob Thompson**Athletic/Activities Director:** Melanie Hastings**Superintendent:** Dr. Mark R. Jones (Pittsylvania)

Assistant AD: Christopher Moshenk	Students 700	Group: 2A	Conference: 37
Colors: Royal Blue/Red/White	Gym Cap. 600	Region: 2A West	District: Dogwood
Mascot: Wildcats	Stad. Cap. 3500		

Ath Trainer Aaron Taylor	Football Ferrell Edmunds	Scholastic	Elizabeth Kirby
Band Maxtan Artis	Forensics	Soccer, b	Not Filled
Baseball Sammy McCormick	Golf Howard Crump	Soccer, g	Jeff Keller
Basket, b Kenny Murphy	Gymnast, b	Softball	Ryan Scolpini
Basket, g Patricia Moore	Gymnast, g	Swim, b	
Cheer Felecia Edmunds	Ind Track, b	Swim, g	
Cr Writing	Ind Track, g	Tennis, b	
Crew, b	Lacrosse, b	Tennis, g	
Crew, g	Lacrosse, g	Theatre	Merissa Ward
CrossC, b L.C. Moore	Magazine	Volley, b	
CrossC, g Not Filled	Newspaper	Volley, g	Savannah Crews
Debate	Out Track, b Howard Crump	Wrestling	Dustin Echols
F Hockey	Out Track, g Thomas Pounds	Yearbook	Joseph Birkhead
Film Fest			

Deep Creek**(DPCK)****School Phone:** 757-558-5302

2900 Margaret Booker Drive / Chesapeake, VA 23323-1902

Athletics Office: 757-494-8076**Email:** Page.Bagley@cpschools.com / Benny.Polk@cpschools.com**School Fax:** 757-558-5305**Principal:** J. Page Bagley**Assistant Principal:** Dwayne M. Godette, Jacqueline C. Milteer, Christine Spelerakis-Babb, Robert A. Bolden, II**Guidance Counselors:** Maxine Carey, Fred Barber**Athletic/Activities Director:** Benny Polk (CAA)**Superintendent:** Dr. James T. Roberts (Chesapeake)

Assistant AD:	Students 1500	Group: 4A	Conference: 17
Colors: Purple/White	Gym Cap. 1400	Region: 4A East	District: Southeastern
Mascot: Hornets	Stad. Cap. 9000		

Ath Trainer M. Mosciano, J. Legner	Football Calvin Copeland	Scholastic	Robin Moore
Band Debbie Beck	Forensics	Soccer, b	Eric Dellinger
Baseball Bill Partain	Golf Matt Barker	Soccer, g	Henry Lee
Basket, b Leroy Ricks	Gymnast, b	Softball	Mark Rutherford
Basket, g William Sutton	Gymnast, g	Swim, b	Maggie Lamay
Cheer Michele Maples	Ind Track, b Randy Luedeke	Swim, g	Maggie Lamay
Cr Writing	Ind Track, g Chris Brumm	Tennis, b	Reggie Epps
Crew, b	Lacrosse, b	Tennis, g	Leroy Ricks
Crew, g	Lacrosse, g	Theatre	Nikki Keegan
CrossC, b Aaron Dudley	Magazine Darlene Requizo	Volley, b	Rikki Salazar
CrossC, g Aaron Dudley	Newspaper	Volley, g	Jessica Britt
Debate	Out Track, b Randy Luedeke	Wrestling	Tony Leonard
F Hockey Chelsea Dailey	Out Track, g Chris Brumm	Yearbook	Amanda Neal
Film Fest			

Deep Run

(DPRN)

School Phone: 804-364-8000

Athletics Office: 804-364-8030

School Fax: 804-364-0887

4801 Twin Hickory Road / Glen Allen, VA 23059

Email: lpritchard@henrico.k12.va.us / cbmetzger@henrico.k12.va.us

Principal: Lenny Pritchard

Assistant Principal: Katie Niemeier, Mike Fennessey, Josh Battistone, Hope Parham

Guidance Counselors:

Athletic/Activities Director: Clyde Metzger (RAA)

Superintendent: Dr. Patrick C. Kinlaw (Henrico)

Assistant AD: Students 1524 Group: 5A Conference: 11
Colors: Black/Royal Blue Gym Cap. 1560 Region: 5A South District: Colonial
Mascot: Wildcats Stad. Cap. 2000

Ath Trainer	Debra Townsend	Football	Chad Hornik	Scholastic	Nicole Kissenger
Band	Jimmy Pennington	Forensics	Sheryl Gibson	Soccer, b	Frank Ford
Baseball	Josh Aldrich	Golf	Josh Aldrich	Soccer, g	Steve Chapman
Basket, b		Gymnast, b		Softball	Eric Ozolins
Basket, g	Tom Rawlyk	Gymnast, g		Swim, b	
Cheer	Kara Ayres	Ind Track, b	Drew Spicer	Swim, g	
Cr Writing	Emma Alcazar	Ind Track, g	Frank McCracken	Tennis, b	Phillip Buscka
Crew, b		Lacrosse, b	Steve Ceperich	Tennis, g	Maria Sorkin
Crew, g		Lacrosse, g	Rachel Whitten	Theatre	Sheryl Gibson
CrossC, b	Drew Spicer	Magazine	Emma Alcazar	Volley, b	Kevin Pond
CrossC, g	Frank McCracken	Newspaper	Carolyn Russ	Volley, g	Laura Marcusen
Debate	Kevin Eddins	Out Track, b	Drew Spicer	Wrestling	
F Hockey	Rachel Whitten	Out Track, g	Frank McCracken	Yearbook	Ashley Khimani
Film Fest					

Denbigh

(DENB)

School Phone: 757-886-7700

Athletics Office: 757-886-7700

School Fax: 757-872-6542

259 Denbigh Boulevard / Newport News, VA 23608-3399

Email: eleanor.blowe@nn.k12.va.us / bryan.weaver@nn.k12.va.us

Principal: Eleanor Blowe

Assistant Principal: Chris Colvin, Suzanna Bailey, Terry McMath, Roland Noel, Debbie Hudgins

Guidance Counselors: Robert Mompoin, Serethea Brown, Marcellus Harris

Athletic/Activities Director: Bryan Weaver

Superintendent: Dr. Ashby C. Kilgore (Newport News)

Assistant AD: Students 1340 Group: 4A Conference: 18
Colors: Red/White/Blue Gym Cap. 1000 Region: 4A East District: Peninsula
Mascot: Patriots Stad. Cap. 8000

Ath Trainer	Lewis Flanery	Football	Marcellus Harris	Scholastic	Chris Poutier
Band	Christopher Ward	Forensics		Soccer, b	Bill Dittmar
Baseball	Christopher Ochsenfeld	Golf	Chris Ochsenfeld	Soccer, g	Justin Slezak
Basket, b	Demetrius Phipps	Gymnast, b		Softball	Jim Smith
Basket, g	Tia Lewis	Gymnast, g		Swim, b	Fallon Sherwood
Cheer	Shasta Rodriguez	Ind Track, b	Marlon Hooker	Swim, g	Fallon Sherwood
Cr Writing		Ind Track, g	Marlon Hooker	Tennis, b	Chris Poutier
Crew, b		Lacrosse, b		Tennis, g	Michael Sage
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Chris Poutier	Magazine		Volley, b	Demetrius Phipps
CrossC, g	Michael Sage	Newspaper		Volley, g	Alex Gonzalez
Debate	Chris Poutier	Out Track, b	Marlon Hooker	Wrestling	Kenneth Moyler
F Hockey	Not Filled	Out Track, g	Marlon Hooker	Yearbook	
Film Fest					

Dinwiddie

(DINW)

School Phone: 804-469-4280

Athletics Office: Ext. 5

School Fax: 804-469-2093

11501 Boisseau Road / Dinwiddie, VA 23841

Email: rjohnson@dcpnsnet.org / jewalters@dcpnsnet.org

Principal: Randy Johnson

Assistant Principal: Becky Tilson, Amber Brown

Guidance Counselors: Chad Hall, Dan Rapp, Sharon Gibbs, Bobbie Jarvis

Athletic/Activities Director: Jeff Walters (CAA)

Superintendent: Mr. William David Clark (Dinwiddie)

Assistant AD: Students 1300 Group: 4A Conference: 20
Colors: Navy Blue/Red/White Gym Cap. 1200 Region: 4A East District: Central
Mascot: Generals Stad. Cap. 4000

Ath Trainer	Morgan Lauridsen	Football	Billy Mills	Scholastic	Jeanne Minetree
Band	Not Filled	Forensics	Jamie Loving	Soccer, b	Casey Dooley
Baseball	Jason Burton	Golf	Rick Beville	Soccer, g	Not Filled
Basket, b	Chip McCoull	Gymnast, b		Softball	Rick Beville
Basket, g	Luis Collins	Gymnast, g		Swim, b	
Cheer	Bobbie Jarvis	Ind Track, b	Les Young	Swim, g	
Cr Writing	A. Scott Brockwell	Ind Track, g	Sydney Gibson-Johnson	Tennis, b	Brad Atkins
Crew, b		Lacrosse, b		Tennis, g	Eric Atkins
Crew, g		Lacrosse, g		Theatre	Jamie Loving
CrossC, b	Bob Weaver	Magazine		Volley, b	David Carpenter
CrossC, g	Bob Weaver	Newspaper		Volley, g	Jennifer Wegman
Debate		Out Track, b	Les Young	Wrestling	Chad Hall
F Hockey		Out Track, g	Sydney Johnson-Gibson	Yearbook	
Film Fest					

Dominion**(DOMI)****School Phone:** 571-434-4400**Athletics Office:** 571-434-4410**School Fax:** 571-434-4401

21326 Augusta Drive / Sterling, VA 20164

E-Mail: william.raye@lcps.org / joseph.fleming@lcps.org**Principal:** William Raye (Interim)**Assistant Principal:** Jamie Braxton, Dominic Banks, Angela Rhine**Guidance Counselors:** Erica Lester, Tana Amodeo, Amanda Patel**Athletic/Activities Director:** Joseph Fleming**Superintendent:** Dr. Eric Williams (Loudoun)

Assistant AD: Anne Gasser	Students 1350	Group: 4A	Conference: 21
Colors: Black/Silver	Gym Cap. 1600	Region: 4A West	District: Dulles
Mascot: Titans	Stad. Cap. 3000		

Ath Trainer Rickie Atkins	Football Karl Buckwalter	Scholastic Janice Runge
Band Jonathan Schiffler	Forensics Sheryl Gusman	Soccer, b Lucas Cook
Baseball Jeff Berg	Golf Russell Korn	Soccer, g Mike Reles
Basket, b Sonny Green	Gymnast, b	Softball Gary Temple
Basket, g Brian McElroy	Gymnast, g	Swim, b Susan Schlemmer
Cheer Heather Colon	Ind Track, b	Swim, g Susan Schlemmer
Cr Writing	Ind Track, g	Tennis, b Jeff Biber, Ahkil Pal
Crew, b	Lacrosse, b Pete Lenotti	Tennis, g Adam Zisa
Crew, g	Lacrosse, g Diane Traynor	Theatre Amy Young
CrossC, b Jon Wesoky	Magazine	Volley, b
CrossC, g Jon Wesoky	Newspaper Mitchell Schwartz	Volley, g Andrew Ferris
Debate Sheryl Gusman	Out Track, b Jason Polaha	Wrestling Billy Young
F Hockey Karri de la Houssaye	Out Track, g Melissa Kozak	Yearbook Mitchell Schwartz
Film Fest		

East Rockingham**(EROC)****School Phone:** 540-298-7450**Athletics Office:** 540-298-7456**School Fax:** 540-298-7462

250 Eagle Rock Road / Elkton, VA 22827

E-Mail: ephillips@rockingham.k12.va.us / ebaylor@rockingham.k12.va.us**Principal:** Eric Baylor**Assistant Principal:** Adam Knicely, Brandy Strickler**Guidance Counselors:** Helen Harman**Athletic/Activities Director:** Eric Phillips (CAA)**Superintendent:** Dr. Carol S. Fenn (Rockingham)

Assistant AD:	Students 672	Group: 2A	Conference: 36
Colors: Red/Black/White	Gym Cap. 1600	Region: 2A East	District: Shenandoah
Mascot: Eagle	Stad. Cap. 5000		

Ath Trainer Matt Shifflett	Football Donnie Coleman	Scholastic Doug Ameigh
Band Brandon Alford	Forensics Not Filled	Soccer, b Al Torres
Baseball David Scott	Golf Will Gheen	Soccer, g Mary Morgan
Basket, b Carey Keyes	Gymnast, b	Softball Jody McCurdy
Basket, g Paul Comer	Gymnast, g	Swim, b Not Filled
Cheer Farren FRancis	Ind Track, b Not Filled	Swim, g Not Filled
Cr Writing Not Filled	Ind Track, g Not Filled	Tennis, b Tim Davis
Crew, b	Lacrosse, b	Tennis, g Larry Cameron
Crew, g	Lacrosse, g	Theatre Kate McDonald
CrossC, b Debbie Swartley	Magazine	Volley, b
CrossC, g Debbie Swartley	Newspaper	Volley, g Sarah Wrightgwu1992
Debate Kelly Weaver	Out Track, b Zach Mathias	Wrestling Not Filled
F Hockey	Out Track, g Lee Stover	Yearbook Jason Bauer, Reilly Belton
Film Fest		

Eastern Montgomery**(EMON)****School Phone:** 540-268-3010**Athletics Office:****School Fax:** 540-268-3012

4695 Crozier Road / Elliston, VA 24087

E-Mail: dknott@mcps.org**Principal:** Danny Knott**Assistant Principal:** Andrew Hipple**Guidance Counselors:** Kathy Wilson-Klatka**Athletic/Activities Director:** Anthony Kidd**Superintendent:** Dr. Mark Mear (Montgomery)

Assistant AD:	Students 305	Group: 1A	Conference: 45
Colors: Maroon/White/Black	Gym Cap. 1500	Region: 1A West	District: Pioneer
Mascot: Mustangs	Stad. Cap. 1500		

Ath Trainer Not Filled	Football Jordan Stewart	Scholastic Eric Tatum
Band Stanley Bragg	Forensics Jenny Williams	Soccer, b
Baseball Not Filled	Golf Tom Cerva	Soccer, g
Basket, b Josh Blevins	Gymnast, b	Softball Tim Maxwell
Basket, g Nick Cornwell	Gymnast, g	Swim, b
Cheer Brittany Rathway	Ind Track, b	Swim, g
Cr Writing	Ind Track, g	Tennis, b
Crew, b	Lacrosse, b	Tennis, g Not Filled
Crew, g	Lacrosse, g	Theatre Matt Pollard
CrossC, b KC Shrader	Magazine	Volley, b
CrossC, g KC Shrader	Newspaper	Volley, g Sarah Morris
Debate	Out Track, b Lee Hale	Wrestling
F Hockey	Out Track, g KC Shrader	Yearbook Amanda Morris
Film Fest		

Eastern View**(ENVW)****School Phone:** 540-825-0621**Athletics Office:** Ext. 2017**School Fax:** 540-825-9802

16332 Cyclone Way / Culpeper, VA 22701

Email: egradshaw@culpeperschools.org / msettle@culpeperschools.org**Principal:** E.G. Bradshaw, Jr.**Assistant Principal:** Jack Glick, Kelley Pearson, Betty Jo Wynham**Guidance Counselors:****Athletic/Activities Director:** Mark Settle (RAA)**Superintendent:** Dr. Anthony S. Brads (Culpeper)

Assistant AD:		Students	1180	Group:	4A	Conference:	19
Colors:	Columbia Blue/Black/Silver/W	Gym Cap.	1600	Region:	4A East	District:	Evergreen
Mascot:	Cyclones	Stad. Cap.	2800				

Ath Trainer	Jordan Nougaret	Football	Greg Hatfield	Scholastic	Not Filled
Band	Adam Roach	Forensics	Dana Kalagian	Soccer, b	Leo Legora
Baseball	Danny Nobbs	Golf	Patrick Thornhill	Soccer, g	Mike Garrett
Basket, b	Patrick Thornhill	Gymnast, b		Softball	Lonnie Myers
Basket, g	Mike McCombs	Gymnast, g		Swim, b	Matt Morgan
Cheer	Melissa Summerscales	Ind Track, b	Raymond Gee	Swim, g	Amy Sites
Cr Writing	Not Filled	Ind Track, g	Nic Jones	Tennis, b	Dena Smith
Crew, b		Lacrosse, b	Steve Speelman	Tennis, g	Cathy Lee
Crew, g		Lacrosse, g	Elizabeth Schumacher	Theatre	Jeff Walker
CrossC, b	Paul Lutz	Magazine		Volley, b	
CrossC, g	Paul Lutz	Newspaper		Volley, g	Gennifer Brandes
Debate		Out Track, b	Raymon Gee	Wrestling	Eric Brown
F Hockey	Peggy Allen	Out Track, g	Nic Jones	Yearbook	David Heatwole
Film Fest					

Eastside**(EASD)****School Phone:** 276-395-3389**Athletics Office:** 276-395-3389**School Fax:** 276-395-5167

P.O. Box 2036, 314 School House Hill Drive / Coeburn, VA 24230

Email: bcrutchfield@wisek12.org / pdamron@wisek12.org**Principal:** Bryan Crutchfield**Assistant Principal:** Patrick Damron**Guidance Counselors:** Emil Schenck**Athletic/Activities Director:** Patrick Damron**Superintendent:** Gregory Clark Mullins (Wise)

Assistant AD:	Barry Ruff, Emil Schenck	Students	420	Group:	1A	Conference:	48
Colors:	Green/Black/Silver/White	Gym Cap.	900	Region:	1A West	District:	Cumberland
Mascot:	Spartans	Stad. Cap.	3500				

Ath Trainer		Football	Jason Hicks	Scholastic	Lynn Ramey
Band	Chad Brooks	Forensics	Shane Burke	Soccer, b	
Baseball	Chris Clay	Golf	Tim Clay	Soccer, g	
Basket, b	Patrick Damron	Gymnast, b		Softball	Suzy Atwood
Basket, g	Barry Ruff	Gymnast, g		Swim, b	
Cheer	Davene Wyatt	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	Not Filled
Crew, b		Lacrosse, b		Tennis, g	Tilina Powers
Crew, g		Lacrosse, g		Theatre	Shane Burke
CrossC, b	Emil Schenck	Magazine		Volley, b	
CrossC, g	Emil Schenck	Newspaper		Volley, g	Brianne Bailey
Debate		Out Track, b	Tyler Courtney	Wrestling	Matt Hamilton
F Hockey		Out Track, g	Not Filled	Yearbook	Christy Kelley
Film Fest					

Thomas Edison**(EDSN)****School Phone:** 703-924-8000**Athletics Office:** 703-924-8090**School Fax:** 703-924-8195

5801 Franconia Road / Alexandria, VA 22310-2722

Email: pebrumfield@fcps.edu / gsdombrowski@fcps.edu**Principal:** Pamela Brumfield**Assistant Principal:** Belinda Williams, Greg Dombrowski, Tim Boyd, Mark Nocera, Deborah Guillen**Guidance Counselors:****Athletic/Activities Director:** Greg Dombrowski**Superintendent:** Not Filled (Fairfax)

Assistant AD:	Jim Harris	Students	1850	Group:	5A	Conference:	13
Colors:	Red/White/Navy Blue	Gym Cap.	900	Region:	5A North	District:	National
Mascot:	Eagles	Stad. Cap.	5000				

Ath Trainer	C. Horne, B. Harris	Football	Rodney Boyle	Scholastic	Jeff Pandin
Band	Charlie Mitchell	Forensics	Stacey Kiggins	Soccer, b	Scott Racek
Baseball	Adam Wells	Golf	Scott Racek	Soccer, g	Lisa Hamilton
Basket, b	Terry Henderson	Gymnast, b		Softball	John Schneeberger
Basket, g	Dianne Lewis	Gymnast, g	Pete Novgrad	Swim, b	Jeff McCormick
Cheer	Cari Craft	Ind Track, b	Ivan Chirinos	Swim, g	Jeff McCormick
Cr Writing	Ryan Nelson	Ind Track, g	Ivan Chirinos	Tennis, b	Peter Ranney
Crew, b		Lacrosse, b	Jason Jeffries	Tennis, g	Dan Root
Crew, g		Lacrosse, g	Sam Shterengarts	Theatre	Larry McCormick
CrossC, b	Bernadette Flynn	Magazine	Ryan Nelson	Volley, b	
CrossC, g	Bernadette Flynn	Newspaper	Kate McEnerney	Volley, g	Jharred Tulloch
Debate	Stacey Kiggins	Out Track, b	Ivan Chirinos	Wrestling	Scott Racek
F Hockey	Ginger White	Out Track, g	Ivan Chirinos	Yearbook	Heather Brueggen
Film Fest	Larry McCormick				

Essex**(ESSX)**

School Phone: 804-443-4301
 Athletics Office: 804-443-4355
 School Fax: 804-443-4272

833 Airport Road, P. O Box 1006 / Tappahannock, VA 22560-1006

E-Mail: ahipple@essex.k12.va.us / tjones@essex.k12.va.us

Principal: Andrew S. Hipple
 Assistant Principal: Fontella Calhoun Reynolds
 Guidance Counselors: Jo Ellen Andrews
 Athletic/Activities Director: Todd Jones

Superintendent: Dr. Scott A. Burckbuchler (Essex)

Assistant AD: Students 474 Group: 1A Conference: 43
 Colors: Purple/Gold Gym Cap. 750 Region: 1A East District: Northern Neck
 Mascot: Trojans Stad. Cap. 800

Ath Trainer		Football	John Fulks	Scholastic	V. Favazza, N. King
Band	Michael Loveless	Forensics		Soccer, b	Omentus Korlison
Baseball	Tim Beamer	Golf	James Thorne	Soccer, g	Jill Gilbert
Basket, b	James Moore	Gymnast, b		Softball	Milton Simmons
Basket, g	Salita Childs	Gymnast, g		Swim, b	
Cheer	Nicole Syster	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	Marcy Tignor
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Ann Thomas	Magazine		Volley, b	
CrossC, g	Ann Thomas	Newspaper		Volley, g	Not Filled
Debate		Out Track, b	Scott Syster	Wrestling	Kevin Barron
F Hockey		Out Track, g	Scott Syster	Yearbook	Not Filled
Film Fest					

Fairfax**(FAIR)**

School Phone: 703-219-2200
 Athletics Office: 703-219-2201
 School Fax: 703-273-2847

3501 Rebel Run / Fairfax, VA 22030-1888

E-Mail: DMGoldfarb@fcps.edu / NAMElnick@fcps.edu

Principal: David Goldfarb
 Assistant Principal: Diego Wilson, Brian Olmes, Maureen Keck, Asma Junco, Catherine Stone
 Guidance Counselors: Laura Rotella
 Athletic/Activities Director: Nancy Melnick (RAA)

Superintendent: Dr. Peter J. Noonan (Fairfax City)

Assistant AD: Mike Brown, Jim Patrick Students 2400 Group: 6A Conference: 6
 Colors: Blue/Gray Gym Cap. 4000 Region: 6A North District: Liberty
 Mascot: Rebel Pride Stad. Cap. 8000

Ath Trainer	A. Johnston, G. Brooks	Football	Jim Patrick	Scholastic	Faye Smith
Band	Jeff Lehman	Forensics	Heather Davids	Soccer, b	Dylan Forshay
Baseball	Rick Freeman	Golf	Derek Donnelly	Soccer, g	Gino Leon
Basket, b	Mike Barbee	Gymnast, b		Softball	Matt Hoffert
Basket, g	Pat Deegan	Gymnast, g	Susan Barborek	Swim, b	Maureen McCarthy
Cheer	Natalie Hanson	Ind Track, b	Hank Wilson	Swim, g	Maureen McCarthy
Cr Writing	Deidre Cutter	Ind Track, g	Hank Wilson	Tennis, b	Seth Richardson
Crew, b	Dan Martin	Lacrosse, b	Kyle Pohorely	Tennis, g	Rick Rivera
Crew, g	Dan Martin	Lacrosse, g	Mike Boyles	Theatre	Erich DiCenzo
CrossC, b	Mark Whalley	Magazine	Deirdre Cutter	Volley, b	
CrossC, g	Mark Whalley	Newspaper	Michael Hrabak	Volley, g	Not Filled
Debate	Not Filled	Out Track, b	Hank Wilson	Wrestling	Tanner Sewell
F Hockey	Amber Beaudoin	Out Track, g	Hank Wilson	Yearbook	Deidre Cutter
Film Fest					

Falls Church**(FCHU)**

School Phone: 703-207-4000
 Athletics Office: 703-207-4023
 School Fax: 703-207-4097

7521 Jaguar Trail / Falls Church, VA 22042-7597

E-Mail: /jeanne.kelly@fcps.edu

Principal: Mike Yohe
 Assistant Principal: Jorge Gonzalez, Colleen Lally, Sia Knight, Peter Lake
 Guidance Counselors: Azi Amirsadri, Evan Carter, Camillo Cardona
 Athletic/Activities Director: Jeanne Kelly (CAA)

Superintendent: Not Filled (Fairfax)

Assistant AD: Belinda Kim, Robert Krause Students 1870 Group: 5A Conference: 13
 Colors: Green/White Gym Cap. 1000 Region: 5A North District: National
 Mascot: Jaguars Stad. Cap. 5000

Ath Trainer	J. Thompson, J. Ivey	Football	Said Aziz	Scholastic	Michael Berzonsky
Band	Steve Jacoby	Forensics	Jan Napoliello	Soccer, b	Joel Harrop
Baseball	Frank Werman	Golf	Seth Richardson	Soccer, g	Jim Clark
Basket, b	Derek Gaunt	Gymnast, b		Softball	Not Filled
Basket, g	Janice Pritchett	Gymnast, g	Pete Novgrad	Swim, b	Nikki Iselin
Cheer	Jessica Brown	Ind Track, b	Bobby Krause	Swim, g	Nikki Iselin
Cr Writing	Rachel Olarinde	Ind Track, g	Bobby Krause	Tennis, b	Emarinn Oundee
Crew, b		Lacrosse, b	Carson Dye	Tennis, g	Ryan Kenna
Crew, g		Lacrosse, g	Jessica Burke	Theatre	Beth De Marco
CrossC, b	Bobby Krause	Magazine	Rachel Olarinde	Volley, b	
CrossC, g	Bobby Krause	Newspaper	Andrew Simon	Volley, g	Belinda Kim
Debate	Jan Napoliello	Out Track, b	Bobby Krause	Wrestling	Dustin Payne
F Hockey	Brooke Nicholas	Out Track, g	Bobby Krause	Yearbook	Dan O'Neil
Film Fest	Not Filled				

Fauquier**(FAUQ)****School Phone: 540-422-7300**

705 Waterloo Road / Warrenton, VA 20186

Athletics Office: 540-422-7305**E-Mail:** cburton@fcps1.org / mholmes@fcps1.org**School Fax: 540-422-7325****Principal:** Clarence Burton, III**Assistant Principal:** Donna Guzman, James Raines, Kraig Kelican**Guidance Counselors:** Mark Bjorkman, Ginger Powers, Julie Kirk, Warren Hackney, Joanna Scott**Athletic/Activities Director:** Mark Holmes (CAA)**Superintendent:** Dr. David Jeck (Fauquier)**Assistant AD:** Robert Glascock**Students** 1200**Group:** 4A**Conference:** 22**Colors:** Red/Gray**Gym Cap.** 2200**Region:** 4A West**District:** Evergreen**Mascot:** Falcons**Stad. Cap.** 5000

Ath Trainer	Bryan Grimley	Football	Joe Prince	Scholastic	Liz Monseur
Band	Andrew Paul	Forensics		Soccer, b	Juan Garcia
Baseball	Matt O'Saben	Golf	Robert Martin	Soccer, g	Rick Ashley
Basket, b	Wayne Brizzi	Gymnast, b		Softball	Mark Ott
Basket, g	Gary Croson	Gymnast, g		Swim, b	Robert Blashill
Cheer	A. Foster, B. Schaeffer	Ind Track, b	Quentin Jones	Swim, g	Robert Blashill
Cr Writing		Ind Track, g	Quentin Jones	Tennis, b	Jan Ashby
Crew, b		Lacrosse, b	Eric Morrison	Tennis, g	Robert Deavers
Crew, g		Lacrosse, g	Ken McInnis	Theatre	Emmett Bales
CrossC, b	Quentin Jones	Magazine		Volley, b	
CrossC, g	Quentin Jones	Newspaper	Phillip Nobbitt	Volley, g	Diana Story
Debate		Out Track, b	Quentin Jones	Wrestling	Doug Fisher
F Hockey	Brooke Settle	Out Track, g	Quentin Jones	Yearbook	Phillip Nobbitt
Film Fest					

First Colonial**(FCOL)****School Phone: 757-648-5300**

1272 Mill Dam Road / Virginia Beach, VA 23454-2322

Athletics Office: 757-648-5321**E-Mail:** nancyb.farrell@vbschools.com / hmgodfre@vbschools.com**School Fax: 757-496-6719****Principal:** Nancy Farrell**Assistant Principal:** David Judge, Ann Bissell, Angeliqe Phillips, Debbie Shelton**Guidance Counselors:** Talesha Wagner**Athletic/Activities Director:** Hollie Godfrey**Superintendent:** Dr. Aaron C. Spence (Virginia Beach)**Assistant AD:** Steve Butler**Students** 1950**Group:** 6A**Conference:** 1**Colors:** Blue/White/Gold**Gym Cap.** 1500**Region:** 6A South**District:** Beach**Mascot:** Patriots**Stad. Cap.** 7000

Ath Trainer	K. Hogan, C. Midkiff	Football	Sam Scarborough	Scholastic	
Band	Bryan Wills	Forensics	Susan Van Schenck	Soccer, b	Kevin Denson
Baseball	Scott Stubbe	Golf	Leo Anthony	Soccer, g	Joe Tucei
Basket, b	Mark Butts	Gymnast, b		Softball	Steve Butler
Basket, g	Billy Stokes	Gymnast, g	Alison DaValle	Swim, b	Cassondre Wilburn
Cheer	Alison DaValle	Ind Track, b	Ja'ton Hines	Swim, g	Kate Hudson
Cr Writing		Ind Track, g	Benjamin Kaminski	Tennis, b	John Devoles
Crew, b		Lacrosse, b		Tennis, g	Diane Deaton
Crew, g		Lacrosse, g		Theatre	Nancy Curtis
CrossC, b	Scott Stubbe	Magazine		Volley, b	Matt Hotaling
CrossC, g	Scott Stubbe	Newspaper		Volley, g	Edie Magula
Debate	Aaron Pratt	Out Track, b	Ja'ton Hines	Wrestling	Will Stravino
F Hockey	Beanie Schleicher	Out Track, g	Leslie Benjamin	Yearbook	Adam Roth
Film Fest	Nancy Curtis				

William Fleming**(WMFL)****School Phone: 540-853-2781**

3649 Ferncliff Avenue, NW / Roanoke, VA 24017-1499

Athletics Office: 540-853-2887**E-Mail:** afreeman@rcps.info / tshepardson@rcps.info**School Fax: 540-563-1984****Principal:** Archie Freeman, III**Assistant Principal:** Tammy Brown, Bradley Jenkins, Tim Saddler, Roland Lovelace, Ruth Claytor**Guidance Counselors:****Athletic/Activities Director:** T.J. Shepardson (CAA)**Superintendent:** Dr. Rita D. Bishop (Roanoke City)**Assistant AD:****Students** 1677**Group:** 4A**Conference:** 24**Colors:** Blue/Gold**Gym Cap.** 2500**Region:** 4A West**District:** Blue Ridge**Mascot:** Colonels**Stad. Cap.** 3000

Ath Trainer	Ken Heck	Football	Bobby Martin	Scholastic	Virginia Arnold
Band	David Stanley	Forensics		Soccer, b	Stephano Claude
Baseball	Chad Huddleston	Golf	Not Filled	Soccer, g	Courtney Croom
Basket, b	Mickey Hardy	Gymnast, b		Softball	Not Filled
Basket, g	Champ Hubbard	Gymnast, g		Swim, b	Jennifer McMains
Cheer	Taren McCoy	Ind Track, b	Robert Vineyard	Swim, g	Jennifer McMains
Cr Writing		Ind Track, g	Robert Vineyard	Tennis, b	Shawn Savage
Crew, b		Lacrosse, b	Duane Parker	Tennis, g	Andi Parker
Crew, g		Lacrosse, g	Xavier Marshall	Theatre	Larry Van Deventer
CrossC, b	Philip Hernandez	Magazine		Volley, b	
CrossC, g	Courtney Croom	Newspaper	David Spangler	Volley, g	Not Filled
Debate		Out Track, b	Robert Vineyard	Wrestling	Chad Huddleston
F Hockey		Out Track, g	Robert Vineyard	Yearbook	David Spangler
Film Fest					

Floyd County**(FLYD)****School Phone:** 540-745-9450**Athletics Office:** 540-745-9472**School Fax:** 540-745-9481

721 Baker Street / Floyd, VA 24091-2345

Email: watsons@floyd.k12.va.us / cantrellt@floyd.k12.va.us**Principal:** Scott Watson**Assistant Principal:** Barry Hollandsworth, Tim Miles**Guidance Counselors:** Brittany Quesenberry**Athletic/Activities Director:** Travis Cantrell**Superintendent:** Dr. John Wheeler (Interim) (Floyd)**Assistant AD:****Colors:** Black/Gold**Mascot:** Buffaloes**Students** 636**Gym Cap.** 1400**Stad. Cap.** 2500**Group:** 2A**Region:** 2A West**Conference:** 38**District:** Three Rivers

Ath Trainer	Alison Washburn	Football	Winfred Beale	Scholastic	
Band	Jay Durner	Forensics		Soccer, b	Casey Worley
Baseball	Daniel Quesenberry	Golf	Dustin Hollandsworth	Soccer, g	
Basket, b	Brian Harman	Gymnast, b		Softball	Scott Thompson
Basket, g	Alan Cantrell	Gymnast, g		Swim, b	
Cheer	Lisa Worley	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	Freeman Nester
Crew, b		Lacrosse, b		Tennis, g	Ross Snead
Crew, g		Lacrosse, g		Theatre	Casey Worley
CrossC, b	Andy Sayers	Magazine		Volley, b	
CrossC, g	Andy Sayers	Newspaper		Volley, g	Carrie Dalton
Debate		Out Track, b	Winfred Beale	Wrestling	
F Hockey		Out Track, g	Winfred Beale	Yearbook	
Film Fest					

Fluvanna County**(FLUV)****School Phone:** 434-589-3666**Athletics Office:** 434-510-1913**School Fax:**

1918 Thomas Jefferson Pkwy / Palmyra, VA 22963-9715

Email: jbarlow@apps.fluco.org / scmorris@apps.fluco.org**Principal:** James Barlow, Jr.**Assistant Principal:** Wanda Elliott, Jason Lee, Margo Bruce**Guidance Counselors:** Samantha Lewis, John Helbert, Stacy Hollandt**Athletic/Activities Director:** Scott Morris (CAA)**Superintendent:** Ms. Gena Keller (Fluvanna)**Assistant AD:****Colors:** Blue/Gold**Mascot:** Flying Flucos**Students** 1070**Gym Cap.** 2200**Stad. Cap.** 5000**Group:** 3A**Region:** 3A West**Conference:** 29**District:** Jefferson

Ath Trainer	Sara Miles	Football	Steve Szarmacht	Scholastic	Jimmy Small
Band	Michael Strickler	Forensics	Craig Edgerton	Soccer, b	Earl Gibson
Baseball	Mike Sheridan	Golf	Bryan Searcy	Soccer, g	Kristin Davis
Basket, b	Jason Davis	Gymnast, b		Softball	Amie McCall
Basket, g	Chad White	Gymnast, g		Swim, b	Jimmy Small
Cheer	Julie Hogue	Ind Track, b	Tom Casto	Swim, g	Feda Morton
Cr Writing		Ind Track, g	Rose Brogan	Tennis, b	Jason Barnett
Crew, b		Lacrosse, b	Steve Heritage	Tennis, g	
Crew, g		Lacrosse, g	Heath Hughes	Theatre	Craig Edgerton
CrossC, b	Tom Castol	Magazine		Volley, b	
CrossC, g	Rose Brogan	Newspaper	Elizabeth Pelicane	Volley, g	Christi Harlowe
Debate	Craig Edgerton	Out Track, b	Tom Casto	Wrestling	Michael Gore
F Hockey		Out Track, g	Steve Szarmach	Yearbook	Elizabeth Pelicane
Film Fest	David Small				

Forest Park**(FPRK)****School Phone:** 703-583-3200**Athletics Office:** 703-583-3200**School Fax:** 703-583-6867

15721 Forest Park Drive / Woodbridge, VA 22193

Email: martinri@pwcs.edu / parkebt@pwcs.edu**Principal:** Richard Martinez**Assistant Principal:** Diane Maloney, James Smith, John Geisinger, Kenyetta Wilson-Keys**Guidance Counselors:** Stephen Smith**Athletic/Activities Director:** Brian Parke**Superintendent:** Dr. Steven L. Walts (Prince William)**Assistant AD:****Colors:** Royal Blue/Kelly Green/Silver**Mascot:** Bruins**Students** 2400**Gym Cap.** 2100**Stad. Cap.** 5100**Group:** 6A**Region:** 6A South**Conference:** 4**District:** Cardinal

Ath Trainer	Jessie Shanks	Football	Daniel Bruton	Scholastic	Not Filled
Band	Rob Specketer	Forensics	Not Filled	Soccer, b	Simone Qura
Baseball	Steve Denard	Golf	Mike Wiczalkowski	Soccer, g	Ron Clark
Basket, b	Makafui Dogbatse	Gymnast, b		Softball	Not Filled
Basket, g	Not Filled	Gymnast, g	Elizabeth Thompson	Swim, b	Kim Sterling
Cheer	Ashley Stevens	Ind Track, b	Andy Tramel	Swim, g	Kim Sterling
Cr Writing	Laura Dowling	Ind Track, g	Andy Tramel	Tennis, b	Not Filled
Crew, b	Bob Rodriguez	Lacrosse, b	Not Filled	Tennis, g	Terry Heston
Crew, g	Marta Metzler	Lacrosse, g	Tom Balish	Theatre	Lori Spitzer-Wilk
CrossC, b	Andy Tramel	Magazine	Laura Dowling	Volley, b	
CrossC, g	Andy Tramel	Newspaper	Octavia McDonald	Volley, g	Anna Davila
Debate	Not Filled	Out Track, b	Andy Tramel	Wrestling	Not Filled
F Hockey	Edith Pybus	Out Track, g	Andy Tramel	Yearbook	Octavia McDonald
Film Fest					

Fort Chiswell**(FTCH)****School Phone:** 276-637-3437**Athletics Office:** 276-637-3711**School Fax:** 276-637-6316

#1 Pioneer Trail / Max Meadows, VA 24360-9515

Email: rocky.baker@wythek12.org / jmolinar@wythek12.org**Principal:** Rocky Baker**Assistant Principal:** Chris Gautier, Basil Walker**Guidance Counselors:** Kristen Williams**Athletic/Activities Director:** Jeff Molinary (RAA)**Superintendent:** Dr. Charles Jeff Perry (Wythe)

Assistant AD:		Students	507	Group:	1A	Conference:	46
Colors:	Black/Gold	Gym Cap.	1200	Region:	1A West	District:	Mtn. Empire
Mascot:	Pioneers	Stad. Cap.	2000				

Ath Trainer	Football	Todd Tiller	Scholastic	
Band	Franklin Pugh	Forensics	Beth Smith	Dewayne Belcher
Baseball	Derrick Jackson	Golf	Tadd Phipps	
Basket, b	Derrick Jackson	Gymnast, b		Wayne Viers
Basket, g	Kristen Williams	Gymnast, g		
Cheer	Rebecca Odum	Ind Track, b	Eleanor Hamm	
Cr Writing		Ind Track, g	Eleanor Hamm	Zach Bowers
Crew, b		Lacrosse, b		Sheena Marshall
Crew, g		Lacrosse, g		
CrossC, b	Patty Younger	Magazine		
CrossC, g	Patty Younger	Newspaper		
Debate		Out Track, b	Todd Tiller	Jessica Watson
F Hockey		Out Track, g	Eleanor Hamm	Brian Scott
Film Fest				Beth Smith

Fort Defiance**(FTDF)****School Phone:** 540-245-5050**Athletics Office:** 540-245-5051**School Fax:** 540-245-5054

195 Fort Defiance Road / Fort Defiance, VA 24437-0038

Email: llandes@augusta.k12.va.us / mace.pm@augusta.k12.va.us**Principal:** Larry Landes**Assistant Principal:** Lea Dean, Alan Shull, Mark Mace**Guidance Counselors:** Jeffrey Farthing, Hope Stevens, Ann McMillan**Athletic/Activities Director:** Mark Mace**Superintendent:** Dr. Eric W. Bond (Augusta)

Assistant AD:		Students	806	Group:	3A	Conference:	29
Colors:	Royal Blue/White	Gym Cap.	1565	Region:	3A West	District:	Valley
Mascot:	Indians	Stad. Cap.	2550				

Ath Trainer	Becky Anhold	Football	Dan Rolfe	Scholastic	Erik Walker
Band	Candice Flake	Forensics	Kristine Cortes	Soccer, b	Not Filled
Baseball	Damion Fink	Golf	Scott Cash	Soccer, g	Jon McClure
Basket, b	Brandon Fulk	Gymnast, b		Softball	Todd Wood
Basket, g	Patrick Hartley	Gymnast, g		Swim, b	
Cheer	Melissa Hill	Ind Track, b	Dave Stewart	Swim, g	
Cr Writing		Ind Track, g	David Stewart	Tennis, b	Tucker Gardner
Crew, b		Lacrosse, b		Tennis, g	John Edgecomb
Crew, g		Lacrosse, g		Theatre	Melissa Dull
CrossC, b	Stephen Metcalfe	Magazine		Volley, b	
CrossC, g	David Stewart	Newspaper		Volley, g	Sue Leonard
Debate	Dan Tratnack	Out Track, b	Bill Converse	Wrestling	Gary Kinzer
F Hockey		Out Track, g	David Stewart	Yearbook	Holly Wilfong
Film Fest	Not Filled				

Franklin**(FRNK)****School Phone:** 757-562-5187**Athletics Office:****School Fax:** 757-562-3656

310 Crescent Drive / Franklin, VA 23851

Email: tfelts@fcpsva.org / dlease@fcpsva.org**Principal:** Travis Felts**Assistant Principal:** Wayne Carter, Chiquita Seaborne**Guidance Counselors:** Ale Massenburg**Athletic/Activities Director:** Dave Lease**Superintendent:** Mr. Kelvin Edwards, Sr. (Franklin City)

Assistant AD:	Larry Gamble	Students	299	Group:	1A	Conference:	41
Colors:	Navy/Gold	Gym Cap.	500	Region:	1A East	District:	Tri-Rivers
Mascot:	Broncos	Stad. Cap.	3000				

Ath Trainer	Football	Darren Parker	Scholastic	Leslie Moring
Band	Donte Robinson	Forensics	Soccer, b	Jessica Brannan
Baseball	Donell Hill	Golf	Soccer, g	Chris Gorgei
Basket, b	Robby Cutchins	Gymnast, b	Softball	Not Filled
Basket, g	Mona Sumblin	Gymnast, g	Swim, b	
Cheer	Amy Cutchins	Ind Track, b	Swim, g	
Cr Writing		Ind Track, g	Tennis, b	Frank Davis
Crew, b		Lacrosse, b	Tennis, g	Calvin Sing
Crew, g		Lacrosse, g	Theatre	Teri Zurfluh
CrossC, b	Bernard Comer	Magazine	Volley, b	
CrossC, g	Bernard Comer	Newspaper	Volley, g	Shawn Denne
Debate		Out Track, b	Wrestling	Daniel Johnson
F Hockey		Out Track, g	Yearbook	Leslie Moring
Film Fest				

Franklin County**(FRCO)****School Phone:** 540-483-0221

700 Tanyard Road / Rocky Mount, VA 24151

Athletics Office: 540-483-5332**Email:** jon.crutchfield@frco.k12.va.us / crystal.worley@frco.k12.va.us**School Fax:** 540-483-3715**Principal:** Jon Crutchfield**Assistant Principal:** A. Johnson, S. Angle, R. Dooley, K. Bezy, A. Holland, W. Adkins, T. Saunders, C. Worley**Guidance Counselors:****Athletic/Activities Director:** Crystal Worley**Superintendent:** Dr. W. Mark Church (Franklin County)

Assistant AD:		Students	2300	Group:	6A	Conference:	3
Colors:	Scarlet/White	Gym Cap.	2000	Region:	6A South	District:	Piedmont
Mascot:	Eagles	Stad. Cap.	6000				

Ath Trainer	Angela White	Football	JR Edwards	Scholastic	
Band	Robert Shipp	Forensics		Soccer, b	Bradley Lang
Baseball	Barry Shelton	Golf	Stuart Jamison	Soccer, g	Moe Potter
Basket, b	Tom Hering	Gymnast, b		Softball	Bryan Forbes
Basket, g	Tony Wright	Gymnast, g		Swim, b	Suzanne Graboski
Cheer	Marsha Lopez	Ind Track, b	Not Filled	Swim, g	Suzanne Graboski
Cr Writing		Ind Track, g	Not Filled	Tennis, b	Mike Amos
Crew, b		Lacrosse, b	Guy Harbert	Tennis, g	Mike Hagan
Crew, g		Lacrosse, g	Kate Spyhalski	Theatre	Brittney Card
CrossC, b	William Carter	Magazine		Volley, b	
CrossC, g	William Carter	Newspaper	David Campbell	Volley, g	Audrey Fizer
Debate		Out Track, b	Not Filled	Wrestling	Richard Young
F Hockey		Out Track, g	Not Filled	Yearbook	Ray Cox
Film Fest	Ken Kilinski				

Freedom (South Riding)**(FREL)****School Phone:** 703-957-4300

25450 Riding Center Drive / South Riding, VA 20152

Athletics Office: 703-957-4308**Email:** douglas.fulton@lcps.org / brent.miller@lcps.org**School Fax:** 703-542-2414**Principal:** Doug Fulton**Assistant Principal:** Neelum Chaudhry, Joseph Gabalski, William LeMaster**Guidance Counselors:** Ken Christopher**Athletic/Activities Director:** Brent Miller**Superintendent:** Dr. Eric Williams (Loudoun)

Assistant AD:	Brad Bauder	Students	1700	Group:	4A	Conference:	22
Colors:	Black/Vegas Gold	Gym Cap.	1600	Region:	4A West	District:	Dulles
Mascot:	Eagles	Stad. Cap.	3000				

Ath Trainer	Andrew Lee	Football	Sean Curry	Scholastic	
Band	Joel Gallway	Forensics	Denise Johnson	Soccer, b	Brian Peters
Baseball	Mark Wrighte	Golf	Ernie Herring	Soccer, g	Chris Campbell
Basket, b	Justin Powers	Gymnast, b		Softball	Mark St. Laurent
Basket, g	Teddy Whitney	Gymnast, g	Laura Wrighte	Swim, b	Katie O'Brien
Cheer	Stacey Proccacini	Ind Track, b		Swim, g	Katie O'Brien
Cr Writing		Ind Track, g		Tennis, b	Brent Broussard
Crew, b		Lacrosse, b	Warren Danzenbaker	Tennis, g	William Davis
Crew, g		Lacrosse, g	Richard DeSomma	Theatre	Mark Rogers
CrossC, b	Karen Richardson	Magazine		Volley, b	
CrossC, g	Karen Richardson	Newspaper	Kathryn Steele	Volley, g	Ken Kramer
Debate	Denise Johnson	Out Track, b	Not Filled	Wrestling	Greg Northart
F Hockey	Michele Gibbons	Out Track, g	Karen Richardson	Yearbook	
Film Fest	Mark Rodgers				

Freedom (Woodbridge)**(FREW)****School Phone:** 703-583-1405

15201 Neabsco Mills Road / Woodbridge, VA 22191

Athletics Office: 571-589-3151**Email:** brysonsn@pwcs.edu**School Fax:** 703-580-7280**Principal:** Inez Bryant**Assistant Principal:** Jeremy Byrd, Carolyn Wedge, Robert Schraml, Candace Rogers, Christi Feemster**Guidance Counselors:** M. Deabler, E. Myer, Y. Boyd, M. Nerenberg, T. Dykes, E. Jessup, R. Rolong**Athletic/Activities Director:** Steve Bryson**Superintendent:** Dr. Steven L. Walts (Prince William)

Assistant AD:		Students	2100	Group:	6A	Conference:	4
Colors:	Black/Vegas Gold	Gym Cap.	2500	Region:	6A South	District:	Cardinal
Mascot:	Eagles	Stad. Cap.	6000				

Ath Trainer	Mary Chabolla	Football	Darryl Overton	Scholastic	
Band	Charlie DiPuma	Forensics	Albert Smith	Soccer, b	Benjamin Kimble
Baseball	Derek Taylor	Golf	Not Filled	Soccer, g	JahB Prescott
Basket, b	James West	Gymnast, b		Softball	Donald Grimes
Basket, g	Vernon Lee	Gymnast, g		Swim, b	Tim Casares
Cheer	Veronda Grimes	Ind Track, b	Leroy Worley	Swim, g	Tim Casares
Cr Writing		Ind Track, g	Leroy Worley	Tennis, b	Vernon Lee
Crew, b		Lacrosse, b	Lamar Howard, Tre Brinson	Tennis, g	Adrienne Slaughter
Crew, g		Lacrosse, g	Joyce Young	Theatre	Albert Smith
CrossC, b	Leroy Worley	Magazine		Volley, b	
CrossC, g	Leroy Worley	Newspaper	Kamilah Lawson	Volley, g	Yvette West
Debate		Out Track, b	Leroy Worley	Wrestling	Not Filled
F Hockey		Out Track, g	Leroy Worley	Yearbook	Chrystal Gates
Film Fest					

Douglas S. Freeman**(DFRE)****School Phone:** 804-673-3700

8701 Three Chopt Road / Henrico, VA 23229-4709

Athletics Office: 804-673-2380**Email:** apmey@henrico.k12.va.us / sgcriswell@henrico.k12.va.us**School Fax:** 804-673-3716**Principal:** Andrew Mey**Assistant Principal:** Queen Bailey, Laura Hollowell, John Marshall, Warren Ahrens**Guidance Counselors:** Shannon Edwards, Libbie Brown, Kevin Steel, Beth Metcalf**Athletic/Activities Director:** Suzanne Criswell (RAA)**Superintendent:** Dr. Patrick C. Kinlaw (Henrico)

Assistant AD:		Students	1655	Group:	5A	Conference:	11
Colors:	Navy Blue/Silver Gray	Gym Cap.	1200	Region:	5A South	District:	Colonial
Mascot:	Rebels	Stad. Cap.	3500				

Ath Trainer	D. Spurrier, N. Cook	Football	Mike Henderson	Scholastic	M. Scott, A. H. Pitman
Band	Rob Blankenship	Forensics	Kyle Schuster	Soccer, b	David Inman
Baseball	Ray Moore	Golf	Rob Peck	Soccer, g	Bill Baroszek
Basket, b	Larry Parpart	Gymnast, b		Softball	
Basket, g	Doug Clements	Gymnast, g	Sharon Kelly	Swim, b	
Cheer	Erin Henshaw	Ind Track, b	Brian Reuting	Swim, g	
Cr Writing	Wiley Hunnicutt	Ind Track, g	Avery McGilvary	Tennis, b	Jeff Given
Crew, b		Lacrosse, b	Jimmy Hovis	Tennis, g	Larry Parpart
Crew, g		Lacrosse, g	Samantha McLean	Theatre	Mary Spears
CrossC, b	Brian Reuting	Magazine	Wiley Hunnicutt	Volley, b	David Calvert
CrossC, g	Mark Harvey	Newspaper	Lauren Lombard	Volley, g	Drew Lovering
Debate		Out Track, b	Avery McGilvary	Wrestling	Mathew Henshaw
F Hockey	John Bennett	Out Track, g	Brian Reuting	Yearbook	Megan Corker
Film Fest					

Galax**(GALX)****School Phone:** 276-236-2991

200 Maroon Tide Drive / Galax, VA 24333-4299

Athletics Office:**Email:** justinroler@galaxschools.us / jeffcombs@galaxschools.us**School Fax:** 276-236-5930**Principal:** Justin P. Iroler**Assistant Principal:** Brian Stuart**Guidance Counselors:** Patricia Sebens**Athletic/Activities Director:** Jeff Combs**Superintendent:** Mr. William H. Sturgill (Galax)

Assistant AD:		Students	273	Group:	1A	Conference:	46
Colors:	Maroon/White	Gym Cap.	1800	Region:	1A West	District:	Mtn. Empire
Mascot:	Maroon Tide	Stad. Cap.	3500				

Ath Trainer		Football	Mark Dixon	Scholastic	David Fant
Band	Chris Sklar	Forensics	Beth Smith, Gordon Saul	Soccer, b	Troy Barkley
Baseball	Bobby Parnell	Golf	Terry Snow	Soccer, g	
Basket, b	Verl Brown	Gymnast, b		Softball	Beth Walker
Basket, g	Yerrick Stoneman	Gymnast, g		Swim, b	
Cheer	Angela Mankins	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	John Patterson
Crew, b		Lacrosse, b		Tennis, g	Franklin Jett
Crew, g		Lacrosse, g		Theatre	B.J. Carroll
CrossC, b	Tony Quesenberry	Magazine		Volley, b	
CrossC, g	Tony Quesenberry	Newspaper		Volley, g	Desiree Bradley
Debate		Out Track, b	Tony Quesenberry	Wrestling	Kevin Spurlin
F Hockey		Out Track, g	Yerrick Stoneman	Yearbook	Jillian Gravley
Film Fest					

Galileo Magnet**(GMAG)****School Phone:** 434-773-8186

230 S. Ridge Street / Danville, VA 24541

Athletics Office:**Email:** jlanecast@mail.dps.k12.va.us / jfain@mail.dps.k12.va.us**School Fax:** 434-773-8188**Principal:** Jay Lancaster**Assistant Principal:****Guidance Counselors:** Not Filled**Athletic/Activities Director:** Jonathan Fain**Superintendent:** Dr. Stanely B. Jones (Danville)

Assistant AD:		Students	250	Group:	1A	Conference:	44
Colors:	Red/White/Blue	Gym Cap.	0	Region:	1A East	District:	Dogwood
Mascot:	Falcons	Stad. Cap.	0				

Ath Trainer		Football		Scholastic	Jared Smith
Band		Forensics	Glenn Weyler	Soccer, b	Erick Vega
Baseball		Golf		Soccer, g	
Basket, b		Gymnast, b		Softball	
Basket, g		Gymnast, g		Swim, b	
Cheer		Ind Track, b		Swim, g	
Cr Writing	Leigh Walker	Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	Glenn Weyler
CrossC, b	Mark Bryant	Magazine	Leigh Walker	Volley, b	
CrossC, g	Nancy Schomer	Newspaper		Volley, g	
Debate	Glenn Weyler	Out Track, b		Wrestling	
F Hockey		Out Track, g		Yearbook	Leigh Walker
Film Fest	Glenn Weyler				

Gar-Field Senior**(GFLD)****School Phone:** 703-730-7000

14000 Smoketown Road / Woodbridge, VA 22192-4704

Athletics Office: 571-298-0047**Email:** sadkicx@pwcs.edu / payneme@pwcs.edu**School Fax:** 703-580-1228**Principal:** Cherif Sadki**Assistant Principal:** Ike Alberts, Barbara Cavalier, Jeremy Cortash, Lisamarie Kane**Guidance Counselors:** Jessica Wood**Athletic/Activities Director:** Michael Payne (CAA)**Superintendent:** Dr. Steven L. Walts (Prince William)

Assistant AD:		Students	2550	Group:	6A	Conference:	4
Colors:	Cardinal Red/Royal Blue/White	Gym Cap.	2000	Region:	6A South	District:	Cardinal
Mascot:	Indians	Stad. Cap.	7500				

Ath Trainer	Brandon Holland	Football	Chris Williams	Scholastic	Christian Knobke
Band	Not Filled	Forensics	Christian Knobke	Soccer, b	Tim Tryon
Baseball	Michael Meadows	Golf	Lance Sherrill	Soccer, g	Bethany Kent
Basket, b	Jason Bell	Gymnast, b		Softball	Katy Pellien
Basket, g	Amy Smith	Gymnast, g	Elizabeth Thompson	Swim, b	Not Filled
Cheer	Celeste Jacques	Ind Track, b	Dan Rylands	Swim, g	Not Filled
Cr Writing	Michael Petruzzi	Ind Track, g	Tom Parisi	Tennis, b	Not Filled
Crew, b	Wally Sorensen	Lacrosse, b	Zack Evans	Tennis, g	Sean Todd
Crew, g	Kris Sorensen	Lacrosse, g	Laura Cox	Theatre	Not Filled
CrossC, b	Dan Rylands	Magazine	Michael Petruzzi	Volley, b	
CrossC, g	Sara Welch	Newspaper	Michael Petruzzi	Volley, g	Not Filled
Debate	Christian Knobke	Out Track, b	Dan Rylands	Wrestling	Ronald Nunemaker
F Hockey	Ann Cavataio	Out Track, g	Tom Parisi	Yearbook	Celeste Jacques
Film Fest					

Gate City**(GCTY)****School Phone:** 276-386-7522

178 Harry Fry Drive / Gate City, VA 24251-3620

Athletics Office: 276-386-7178**Email:** mike.lane@scottsschools.com / brent.roberts@scottsschools.com**School Fax:** 276-386-2695**Principal:** Mike Lane**Assistant Principal:** Amy Sallee, Brent Roberts**Guidance Counselors:** Rebecca Baker**Athletic/Activities Director:** Brent Roberts**Superintendent:** Mr. John Ferguson (Scott)

Assistant AD:		Students	663	Group:	2A	Conference:	40
Colors:	Blue/White	Gym Cap.	2000	Region:	2A West	District:	Mountain
Mascot:	Blue Devils	Stad. Cap.	5000				

Ath Trainer		Football	Chris Akers	Scholastic	Mary Alice McClellan
Band	Rick Lake	Forensics	Jamie Perry	Soccer, b	Aaron Hillman
Baseball	Terry Fields	Golf	Jody Wolfe, Ray	Soccer, g	Mary Beth Vaughn
Basket, b	Scott Vermillion	Gymnast, b	McConnell	Softball	Cara Noe
Basket, g	Kelly Houseright	Gymnast, g		Swim, b	
Cheer	T. Hawley, L. Redwine	Ind Track, b		Swim, g	Dave Wettack
Cr Writing		Ind Track, g		Tennis, b	Steve Shockley
Crew, b		Lacrosse, b		Tennis, g	Delonda Spivey
Crew, g		Lacrosse, g		Theatre	Jamie Perry
CrossC, b	Melissa Trinkle	Magazine		Volley, b	
CrossC, g	Melissa Trinkle	Newspaper		Volley, g	Amy Reed
Debate		Out Track, b	Justin Seaver	Wrestling	
F Hockey		Out Track, g	Amy Reed	Yearbook	Pam Jones
Film Fest					

Giles**(GILE)****School Phone:** 540-921-1711

1825 Wenonah Avenue / Pearisburg, VA 24134-0706

Athletics Office: 540-921-1712**Email:** rmatney@gilesk12.net / stevev@gilesk12.net**School Fax:** 540-921-3861**Principal:** Ross Matney**Assistant Principal:** Shelly Boggess**Guidance Counselors:** Carolyn Ballard, Ken White**Athletic/Activities Director:** Steve Wilson**Superintendent:** Dr. Terry E. Arbogast, II (Giles)

Assistant AD:		Students	531	Group:	2A	Conference:	38
Colors:	Red/White/Col. Blue	Gym Cap.	1200	Region:	2A West	District:	Three Rivers
Mascot:	Spartans	Stad. Cap.	6000				

Ath Trainer	Ron Masri, Baylie Snyder	Football	Jeff Williams	Scholastic	
Band	Amberly Westermeyer	Forensics		Soccer, b	Andrew Frazier
Baseball	Lane Spigener	Golf	W.R. Johnston	Soccer, g	Eric Ruppert
Basket, b	Seth Davis	Gymnast, b		Softball	Ralph Harless
Basket, g	Don Epperley	Gymnast, g		Swim, b	
Cheer	Christina Thompson	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	Byron Hurley
Crew, b		Lacrosse, b		Tennis, g	Randy Weddle
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Colin Munsey	Magazine		Volley, b	
CrossC, g	Colin Munsey	Newspaper		Volley, g	Mindy Havens
Debate		Out Track, b	Sam Wright	Wrestling	
F Hockey		Out Track, g	Sam Wright	Yearbook	Tabitha Young
Film Fest					

E. C. Glass**(ECGL)****School Phone:** 434-515-5370

2111 Memorial Avenue / Lynchburg, VA 24501

Athletics Office: 434-515-5376**Email:** masencupec@lcsedu.net**School Fax:** 434-522-3793**Principal:** Dr. Tracy Richardson**Assistant Principal:** Rose Flaughner, Rob Quel, Lillian Guzowski, Aaron Mabery**Guidance Counselors:** Janet Reynolds**Athletic/Activities Director:** Elizabeth Masencup**Superintendent:** Dr. Scott S. Brabrand (Lynchburg)

Assistant AD:		Students	1400	Group:	4A	Conference:	23
Colors:	Royal Blue/White	Gym Cap.	2000	Region:	4A West	District:	Seminole
Mascot:	Hilltoppers	Stad. Cap.	14000				

Ath Trainer	Jen Armstrong	Football	Jeff Woody	Scholastic	Judy Burns
Band	Russ Pawlas	Forensics	Aaron Reid	Soccer, b	Randy Turille
Baseball	Not Filled	Golf	Mike Anthony	Soccer, g	Darien McClurg
Basket, b	Roy Roberson	Gymnast, b		Softball	Dion Brzycki
Basket, g	Billy Huffman	Gymnast, g		Swim, b	Patrick Frankfort
Cheer	Elizabeth Masencup	Ind Track, b	Rodney Smith	Swim, g	Patrick Frankfort
Cr Writing	Not Filled	Ind Track, g	Rodney Smith	Tennis, b	Wistar Nelligan
Crew, b		Lacrosse, b	Eddie Ranuska	Tennis, g	Kersten Morrison
Crew, g		Lacrosse, g	Karen Yates	Theatre	Tom Harris
CrossC, b	Jerry Salmon	Magazine		Volley, b	
CrossC, g	Amy Trent	Newspaper	Heather McCormick	Volley, g	Willie Wilson
Debate	Aaron Reid	Out Track, b	Rodney Smith	Wrestling	Not Filled
F Hockey		Out Track, g	Rodney Smith	Yearbook	Jaimie Wommack
Film Fest					

Glen Allen**(GNAL)****School Phone:** 804-501-3300

10700 Staples Mill Road / Glen Allen, VA 23060

Athletics Office: 804-501-3330**Email:** gemiller@henrico.k12.va.us / mmjancristo@henrico.k12.va.us**School Fax:** 804-501-3309**Principal:** Gwen Miller**Assistant Principal:** Melanie Phipps, John Marshall, Reggie Davenport, Damean Barfield**Guidance Counselors:** Abigail Allen, Jennifer Bolding**Athletic/Activities Director:** Michael Jancristoforo**Superintendent:** Dr. Patrick C. Kinlaw (Henrico)

Assistant AD:		Students	1600	Group:	5A	Conference:	11
Colors:	Teal/Black/White	Gym Cap.	2000	Region:	5A South	District:	Colonial
Mascot:	Jaguars	Stad. Cap.	3500				

Ath Trainer	Tanner Howell	Football	Sal Camp	Scholastic	Sky Boggs
Band	Allen Hall	Forensics	Tim Towslee	Soccer, b	Danny Conway
Baseball	Dave Savino	Golf	Tim Fenn	Soccer, g	Bennett Baber
Basket, b	Matt McKeag	Gymnast, b		Softball	Layne Nuckols
Basket, g	Rick Brennan	Gymnast, g	Lauren Stewart	Swim, b	Not Filled
Cheer	Kelly Jessup	Ind Track, b	Matt Walton	Swim, g	Not Filled
Cr Writing		Ind Track, g	Jenn Ennis	Tennis, b	Lee Kelley
Crew, b		Lacrosse, b	Mickey Hofmeister	Tennis, g	Caitlin Mercier
Crew, g		Lacrosse, g	Morgan Hutchison	Theatre	Allison Wilde
CrossC, b	Andrew Hall	Magazine	Jon Tolbert	Volley, b	Kevin Hoy
CrossC, g	Jenn Ennis	Newspaper	Melissa McLamb	Volley, g	Scott Newton
Debate	Zachary Zelenak	Out Track, b	Matt Walton	Wrestling	Don Ooton
F Hockey	Hannah Olnick	Out Track, g	Jenn Ennis	Yearbook	Taren Meekins
Film Fest					

Glenvar**(GLVR)****School Phone:** 540-387-6536

4549 Malus Drive / Salem, VA 24153-7921

Athletics Office:**Email:** jhafey@rcs.k12.va.us / rmcclwee@rcs.k12.va.us**School Fax:** 540-387-6347**Principal:** Joe Hafey**Assistant Principal:** Sonya Cline, Carrie Bush**Guidance Counselors:****Athletic/Activities Director:** Richard McElwee**Superintendent:** Gregory N. Killough (Roanoke)

Assistant AD:		Students	550	Group:	2A	Conference:	38
Colors:	Forest Green/Vegas Gold	Gym Cap.	1200	Region:	2A West	District:	Three Rivers
Mascot:	Highlanders	Stad. Cap.	4000				

Ath Trainer	Andy Chapman	Football	Kevin Clifford	Scholastic	Karen Hicks
Band	Zack Sweeney	Forensics		Soccer, b	
Baseball		Golf	Karlin East	Soccer, g	
Basket, b	Dave Redding	Gymnast, b		Softball	Rick Street
Basket, g	Teddy Moberg	Gymnast, g		Swim, b	Keith Gaines
Cheer	Heather Boardwine	Ind Track, b		Swim, g	Keith Gaines
Cr Writing		Ind Track, g		Tennis, b	Mark Rohrback
Crew, b		Lacrosse, b		Tennis, g	Katie Benson
Crew, g		Lacrosse, g		Theatre	Steve Franco
CrossC, b	Amanda Wade	Magazine	Tara Rowland	Volley, b	
CrossC, g	Amanda Wade	Newspaper		Volley, g	Basil Conner
Debate		Out Track, b	Neil Swanson	Wrestling	
F Hockey		Out Track, g	Neil Swanson	Yearbook	Tara Rowland
Film Fest					

Gloucester**(GLOU)****School Phone:** 804-693-2526

6680 Short Lane / Gloucester, VA 23061-4410

Athletics Office: 804-693-3866**E-Mail:** ncollins@gc.k12.va.us / khunter@gc.k12.va.us**School Fax:** 804-693-7685**Principal:** Nate Collins**Assistant Principal:** Cecil Avery, Carol Belvin, Stephanie Vermeire, Stefan Mygas**Guidance Counselors:** Matt Lord, Jennifer Banks**Athletic/Activities Director:** Kristy Hunter (RAA)**Superintendent:** Dr. Walter R. Clemons (Gloucester)**Assistant AD:****Colors:** Scarlet/White/Gold**Mascot:** Dukes**Students** 1755**Gym Cap.** 1800**Stad. Cap.** 6000**Group:** 5A**Region:** 5A South**Conference:** 10**District:** Peninsula

Ath Trainer	Football	Brandon Kelley	Scholastic	Brian McGovern
Band Tom Emory	Forensics	Audra Vasiliauskas	Soccer, b	Craig Raines
Baseball Gus Morande	Golf	Toby Calloway	Soccer, g	Bob Fisher
Basket, b Gideon Mooring	Gymnast, b		Softball	David Lindsay
Basket, g Amy O'Neil	Gymnast, g		Swim, b	Anne Wilkinson
Cheer Travis Patrick	Ind Track, b	John Perrin	Swim, g	Anne Wilkinson
Cr Writing	Ind Track, g	John Perrin	Tennis, b	Carlos Morales
Crew, b	Lacrosse, b		Tennis, g	Robie Thompson
Crew, g	Lacrosse, g		Theatre	Clint Alexander
CrossC, b John Perrin	Magazine		Volley, b	Josh Nichols
CrossC, g John Perrin	Newspaper	Mitchell Cox	Volley, g	Christine Wilson
Debate Susan Sharp	Out Track, b	John Perrin	Wrestling	Ricky Pierce
F Hockey Mike Miller	Out Track, g	John Perrin	Yearbook	Patricia Rilee
Film Fest Catrona Hill-Charity				

Mills E. Godwin**(MGOD)****School Phone:** 804-750-2600

2101 Pump Road / Richmond, VA 23238

Athletics Office:**E-Mail:** lrdunnivant@henrico.k12.va.us / tmnadeau@henrico.k12.va.us**School Fax:** 804-750-2611**Principal:** Leigh Dunnivant**Assistant Principal:** John Phillips, Cecily Gardner, Mindy Guyer, Carl Torrence**Guidance Counselors:** Meredith Holder, Amy Gravely, Juliana Schatz**Athletic/Activities Director:** Tom Nadeau**Superintendent:** Dr. Patrick C. Kinlaw (Henrico)**Assistant AD:** Don Belt**Colors:** Scarlet/White/Black**Mascot:** Eagles**Students** 1890**Gym Cap.** 1800**Stad. Cap.** 3000**Group:** 5A**Region:** 5A South**Conference:** 11**District:** Colonial

Ath Trainer Chris Brill	Football	Logan McPherson	Scholastic	Bobby Knaupp
Band Leon Auman	Forensics	Terri Moore	Soccer, b	Skip Stevens
Baseball John Fletcher	Golf	Tom Hoy	Soccer, g	Ali Toole
Basket, b Hunter Thomas	Gymnast, b		Softball	Not Filled
Basket, g Jim Bettis	Gymnast, g	Tracy Layne	Swim, b	Not Filled
Cheer Melissa Elysson	Ind Track, b	WC Winston	Swim, g	Not Filled
Cr Writing	Ind Track, g	WC Winston	Tennis, b	Michael Silver
Crew, b	Lacrosse, b	Zach Webb	Tennis, g	Mark Seidenberg
Crew, g	Lacrosse, g	Kate Desai	Theatre	Not Filled
CrossC, b Jon Lauder	Magazine	Stephen Wozney	Volley, b	Whitney Di Frischia
CrossC, g Kemper Towler	Newspaper	Chip Carter	Volley, g	Chris Wakefield
Debate Laura Rhoades	Out Track, b	WC Winston	Wrestling	Bob Harris
F Hockey Caitlin Walton	Out Track, g	WC Winston	Yearbook	Christy Maddox
Film Fest				

Goochland**(GOCH)****School Phone:** 804-556-5322

3250 River Road, West / Goochland, VA 23063

Athletics Office: 804-556-5322**E-Mail:** mnewman@gld.k12.va.us / bgordon@gld.k12.va.us**School Fax:** 804-556-6485**Principal:** Chris Collier**Assistant Principal:** Matthew Mason, Rachel Wilborn**Guidance Counselors:** rBeth Fowler, Doug Getter, Rachel Gladstone**Athletic/Activities Director:** Bryan Gordon**Superintendent:** Dr. Jeremy J. Raley (Goochland)**Assistant AD:****Colors:** Scarlet/Gold**Mascot:** Bulldogs**Students** 787**Gym Cap.** 1000**Stad. Cap.** 3000**Group:** 2A**Region:** 2A East**Conference:** 34**District:** James River

Ath Trainer Melissa Black	Football	Joe Fowler	Scholastic	Barry Smith
Band Jay Syes	Forensics	Max Payeur	Soccer, b	Not Filled
Baseball Wes Farkas	Golf	AJ Nash	Soccer, g	Tom Reid
Basket, b Preston Gordon	Gymnast, b		Softball	Amy Henneberger
Basket, g James Harris	Gymnast, g		Swim, b	Ed Boyle
Cheer Christina Thompson	Ind Track, b		Swim, g	Ed Boyle
Cr Writing	Ind Track, g		Tennis, b	Eric Schauld
Crew, b	Lacrosse, b		Tennis, g	Teresa Hood
Crew, g	Lacrosse, g		Theatre	Neil Burch
CrossC, b Henry Jones	Magazine		Volley, b	
CrossC, g Andy Meiller	Newspaper		Volley, g	Jennifer Erixon
Debate	Out Track, b	Henry Jones	Wrestling	
F Hockey	Out Track, g	Henry Jones	Yearbook	Liz Kuhns
Film Fest Neil Burch				

Grafton

(GRAF)

School Phone: 757-898-0530

Athletics Office: 757-898-0563

School Fax: 855-369-2612

403 Grafton Drive / Yorktown, VA 23692-2173

Email: rhart@ycsd.york.va.us / lsutton@ycsd.york.va.us

Principal: Royce Hart

Assistant Principal: Stephanie Hunter-Brown, Karen Fahringer

Guidance Counselors:

Athletic/Activities Director: Laura Sutton (RAA)

Superintendent: Dr. Victor D. Shandor (York)

Assistant AD: Matt Lewellen

Colors: Red/Navy/Silver

Mascot: Clippers

Students 1221

Gym Cap. 1200

Stad. Cap. 6000

Group: 4A

Region: 4A East

Conference: 18

District: Bay Rivers

Ath Trainer	Sarah Farden	Football	Matt McLeod	Scholastic	Tina Marie Hamilton
Band	Darren Kirsch	Forensics	Shakenya Chamblee	Soccer, b	Johnny Yu
Baseball	Matt Lewellen	Golf	Robbie Carmines	Soccer, g	Galen Small
Basket, b	Jeremy Jordan	Gymnast, b		Softball	Vanessa Young
Basket, g	Tommy Bayse	Gymnast, g		Swim, b	Not Filled
Cheer	Mikaela Kline	Ind Track, b	Nick Valenti	Swim, g	Not Filled
Cr Writing		Ind Track, g	Gary Haigh	Tennis, b	Bob Nealy
Crew, b		Lacrosse, b		Tennis, g	Zach Minor
Crew, g		Lacrosse, g		Theatre	Cindy Kreicar
CrossC, b	Nick Valenti	Magazine		Volley, b	
CrossC, g	Christopher Sievers	Newspaper		Volley, g	Karrisa Cumberbatch
Debate	Kristin Dilley	Out Track, b	Nick Valenti	Wrestling	Justin Cooper
F Hockey	Brooke Feiner	Out Track, g	Not Filled	Yearbook	Aaron McQuillan
Film Fest	Josie Sevilla				

Graham

(GRAM)

School Phone: 276-326-1235

Athletics Office: 276-326-1255

School Fax: 276-326-1128

210 Valleydale / Bluefield, VA 24605-9400

Email: cbeavers@tazewell.k12.va.us / gcarlockjr@tazewell.k12.va.us

Principal: Cynthia L. Beavers

Assistant Principal: Jerad Ward

Guidance Counselors:

Athletic/Activities Director: Glynn Carlock, Jr.

Superintendent: Mr. George Brown (Tazewell)

Assistant AD:

Colors: Cardinal/Gold/White

Mascot: G-Men

Students 548

Gym Cap. 2300

Stad. Cap. 10000

Group: 2A

Region: 2A West

Conference: 39

District: Mtn. Empire

Ath Trainer		Football	Tony Palmer	Scholastic	Lee Brown
Band	Allison Deel	Forensics	Elizabeth Tinsley	Soccer, b	George Aiello
Baseball	Eli Nichols	Golf	Richard Lindsey	Soccer, g	Not Filled
Basket, b	Glynn Carlock, Jr.	Gymnast, b		Softball	Mike Goins
Basket, g	Hank Furry	Gymnast, g		Swim, b	
Cheer	Debra Brewster	Ind Track, b	Not Filled	Swim, g	
Cr Writing	Debra Brewster	Ind Track, g	Not Filled	Tennis, b	Kyle Hurt
Crew, b		Lacrosse, b		Tennis, g	Kevin Bowers
Crew, g		Lacrosse, g		Theatre	Elizabeth Tinsley
CrossC, b	Albert Macnaughton	Magazine	Debra Brewster	Volley, b	
CrossC, g	Albert Macnaughton	Newspaper	Elizabeth Metcalfe	Volley, g	Andrea Oakes
Debate		Out Track, b	Tony Palmer	Wrestling	Tim Woodward
F Hockey		Out Track, g	Andrea Oakes	Yearbook	Katie Chaffin
Film Fest					

Granby

(GRAN)

School Phone: 757-451-4110

Athletics Office: 757-451-4121

School Fax: 757-451-4118

7101 Granby Street / Norfolk, VA 23505

Email: lgibson@nps.k12.va.us / tstaples@nps.k12.va.us

Principal: Dr. Lynnell Gibson

Assistant Principal: Darrick Person, Sallie Cooke, John Teal, Tori Jacobs-Sumbry, Mindy Williams

Guidance Counselors: Phyllis Patton, Florencia Miller, Mike Burnett

Athletic/Activities Director: Tommy Staples (CAA)

Superintendent: Dr. Melinda J. Boone (Norfolk)

Assistant AD:

Colors: Silver/Gold/Blue

Mascot: Comets

Students 2000

Gym Cap. 1600

Stad. Cap. 2800

Group: 6A

Region: 6A South

Conference: 2

District: Eastern

Ath Trainer	Riley Fontaine	Football	Sekou Wilson	Scholastic	Tom Martin
Band	Steve Clendenin	Forensics	Andrea Wyche	Soccer, b	Jay Freeman
Baseball	Robert Butler	Golf	Vince Zebro	Soccer, g	Stuart Jones
Basket, b	Mike Evans	Gymnast, b		Softball	Genevieve Weaver
Basket, g	Vincent Bryant	Gymnast, g		Swim, b	Not Filled
Cheer	Ashley Meeks	Ind Track, b	Jordan Crawford	Swim, g	Amanda Conley
Cr Writing		Ind Track, g	Matt Tucker	Tennis, b	Tim Maynard
Crew, b	Paul Coslick	Lacrosse, b		Tennis, g	William Lloyd
Crew, g	Paul Coslick	Lacrosse, g		Theatre	Bruce Hanson
CrossC, b	Matt Tucker	Magazine		Volley, b	Not Filled
CrossC, g	Matt Tucker	Newspaper		Volley, g	Tim Maynard
Debate		Out Track, b	Jordan Crawford	Wrestling	Eric Hariis
F Hockey	Genevieve Weaver	Out Track, g	Matt Tucker	Yearbook	Not Filled
Film Fest	Thomas Staples				

Grassfield**(GRAS)****School Phone:** 757-558-4749

2007 Grizzly Trail / Chesapeake, VA 23323

Athletics Office: 757-558-4502**Email:** michael.perez@cpschools.com / matthew.puryear@cpschools.com**School Fax:** 757-558-9240**Principal:** Michael Perez**Assistant Principal:** Kelly Kitchens, Matt Fulford, Brian Haughinberry, Sylvester Freeman, Beth Pallister**Guidance Counselors:** T. McAndrews, J. Freeman, J. Pettway, A. Thompson, L. Owens, J. Best, E. Creamer**Athletic/Activities Director:** Matthew W. Puryear (CAA)**Superintendent:** Dr. James T. Roberts (Chesapeake)

Assistant AD:		Students	2050	Group:	6A	Conference:	2
Colors:	Red/White/Navy Blue	Gym Cap.	2500	Region:	6A South	District:	Southeastern
Mascot:	Grizzlies	Stad. Cap.	7800				

Ath Trainer	Nicole Skipper	Football	Marty Asprey	Scholastic	Stephanie Craig
Band	Kevin Hall, Kate Holm	Forensics	Caroline Shea	Soccer, b	Zach Kalder
Baseball	Gary Spedden	Golf	Bret Lieberman	Soccer, g	Kevin Ellis
Basket, b	Tony Collins	Gymnast, b		Softball	Leroy Bohm
Basket, g	Kristina Jameson	Gymnast, g	Fallon Graham	Swim, b	Not Filled
Cheer	Dusti Harrell	Ind Track, b	Leroy Harper	Swim, g	Not Filled
Cr Writing		Ind Track, g	Mike Sauer	Tennis, b	Steve Cutchins
Crew, b		Lacrosse, b		Tennis, g	Allison Butler
Crew, g		Lacrosse, g		Theatre	Laura Agudelo
CrossC, b	Mike Sauer	Magazine		Volley, b	Doray McConnell
CrossC, g	Mike Sauer	Newspaper		Volley, g	Robin Smith
Debate	Christopher Hill	Out Track, b	Leroy Harper	Wrestling	Jesse Pearce
F Hockey	Kevin Ellis	Out Track, g	Michael Sauer	Yearbook	Rachel Goodman
Film Fest	Rachel Goodman				

Grayson County**(GRAY)****School Phone:** 276-773-2131

P.O. Box 828, 110 Blue Devil Drive / Independence, VA 24348

Athletics Office: 276-773-2131**Email:** robbie.patton@grayson.k12.va.us / chad.wright@grayson.k12.va.us**School Fax:** 276-773-2682**Principal:** Robbie Patton**Assistant Principal:** Temple Musser, Angie Lawson**Guidance Counselors:** Margit West**Athletic/Activities Director:** Chad Wright**Superintendent:** Kelly Wilmore (Grayson)

Assistant AD:		Students	590	Group:	2A	Conference:	39
Colors:	Blue/White/Gold	Gym Cap.	1000	Region:	2A West	District:	Mtn. Empire
Mascot:	Blue Devils	Stad. Cap.	3000				

Ath Trainer		Football	Brett McPherson	Scholastic	
Band	Ric Munsey	Forensics		Soccer, b	Brad Mawyer
Baseball	Mike Worrell	Golf	James Davis	Soccer, g	
Basket, b	John Ayers	Gymnast, b		Softball	Tim Hollingsworth
Basket, g	Fred Funk	Gymnast, g		Swim, b	
Cheer	Paige Moxley	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	Jim Carter
Crew, b		Lacrosse, b		Tennis, g	Betty Butler
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Lucas Austin	Magazine		Volley, b	
CrossC, g	Landon Testerman	Newspaper		Volley, g	Not Filled
Debate		Out Track, b	Mitchell Vaught	Wrestling	Jay Coman
F Hockey		Out Track, g	Brett McPherson	Yearbook	
Film Fest					

Great Bridge**(GRBR)****School Phone:** 757-482-5191

301 West Hanbury Road / Chesapeake, VA 23322-4228

Athletics Office: 757-482-2867**Email:** Jeffrey.Johnson@cpschools.com / Greg.Jennings@cpschools.com**School Fax:** 757-482-5559**Principal:** Jeff Johnson**Assistant Principal:** Elizabeth Haskins, Andrea Barnett, Bryan Carter, Donna Weingand**Guidance Counselors:** Ashley Miller, Kelly Lenhart**Athletic/Activities Director:** Greg Jennings (CAA)**Superintendent:** Dr. James T. Roberts (Chesapeake)

Assistant AD:		Students	1430	Group:	4A	Conference:	17
Colors:	Green/Gold	Gym Cap.	1500	Region:	4A East	District:	Southeastern
Mascot:	Wildcats	Stad. Cap.	5000				

Ath Trainer	Sharon Ivey	Football	Steve O'Neal	Scholastic	Linda Dill-Robinson
Band	Drew Ross	Forensics	Lisa Kendrick	Soccer, b	Bert Avila
Baseball	Sean Townsend	Golf	Mickey Irving	Soccer, g	Micah Moyer
Basket, b	Gary Obenour	Gymnast, b		Softball	Kirk Clayton
Basket, g	Doug Holmes	Gymnast, g	Ginny Petree	Swim, b	Manon Romash
Cheer	Ginny Brown	Ind Track, b	Devel Wilson	Swim, g	Manon Romash
Cr Writing		Ind Track, g	Bill Volkman	Tennis, b	Chris Hyatt
Crew, b	Bryan Stambaugh	Lacrosse, b		Tennis, g	Dana Brookover
Crew, g	Bryan Stambaugh	Lacrosse, g		Theatre	Shelly Nowacek
CrossC, b	Bill Volkman	Magazine		Volley, b	Keith Betts
CrossC, g	Bill Volkman	Newspaper		Volley, g	Stephanie Puett
Debate	H. Fine, J. Lewis	Out Track, b	Devel Wilson	Wrestling	Matt Small
F Hockey	Katie Duke	Out Track, g	Bill Volkman	Yearbook	Cathy Lucas
Film Fest	Joshua Brown				

Green Run**(GRRN)****School Phone:** 757-648-5350

1700 Dahlia Drive / Virginia Beach, VA 23453-2199

Athletics Office: 757-648-5371**Email:** Christopher.Tarkenton@VBSchools.com / shannon.drury@vbschools.com**School Fax:** 757-431-4153**Principal:** Todd Tarkenton**Assistant Principal:** John Cosimano, Leslie Lehner, Kellie Mason, Elizabeth Pickett**Guidance Counselors:****Athletic/Activities Director:** Shannon Drury**Superintendent:** Dr. Aaron C. Spence (Virginia Beach)**Assistant AD:** Wendy Baylor**Students** 1500**Group:** 5A**Conference:** 9**Colors:** Green/Blue/White**Gym Cap.** 978**Region:** 5A South**District:** Beach**Mascot:** Stallions**Stad. Cap.** 2000

Ath Trainer

Football Justin Conyers

Scholastic

James Wahlgren

Band David Hopson

Forensics Marc Dyer

Soccer, b

Jeffrey Warnock

Baseball Paul Shows

Golf Jeffrey Warnock

Soccer, g

Afek Taragan

Basket, b Kenneth Harris

Gymnast, b

Softball

Josh Freeman

Basket, g Alan Jones

Gymnast, g Amber Huckaby

Swim, b

Not Filled

Cheer Juanisha Evans

Ind Track, b Brandon Williams

Swim, g

Ian Williams

Cr Writing

Ind Track, g Edward Hines

Tennis, b

Bill Newcomb

Crew, b

Lacrosse, b

Tennis, g

Mary Ann Dipasupil

Crew, g

Lacrosse, g

Theatre

Marc Dyer

CrossC, b Megan Gonzales

Magazine

Volley, b

Bridgette Berthold

CrossC, g Megan Gonzales

Newspaper

Volley, g

Christine Donahue

Debate Andrew Jackson

Out Track, b Brandon Williams

Wrestling

Eric Hitch

F Hockey Ashley Heyden

Out Track, g Edward Hines

Yearbook

Dale DeSarro

Film Fest

Greensville County**(GNCO)****School Phone:** 434-634-2195

403 Harding Street / Emporia, VA 23847

Athletics Office: 434-634-6749**Email:** mburton@gcps1.com / rallen@gcps1.com**School Fax:** 434-634-8624**Principal:** Michelle Burton**Assistant Principal:** Jerry Wunningham, Lameka Harrison**Guidance Counselors:** Cindy Lamm, Helena Henson**Athletic/Activities Director:** Ruby Allen (RAA)**Superintendent:** Dr. Angela Wilson (Greensville)**Assistant AD:****Students** 732**Group:** 2A**Conference:** 34**Colors:** Forest Green/Gold**Gym Cap.** 1800**Region:** 2A East**District:** Tri-Rivers**Mascot:** Eagles**Stad. Cap.** 3000

Ath Trainer

Football Mario Walton

Scholastic

Band Shawn Batten

Forensics

Soccer, b

Baseball Mario Walton

Golf James Callahan

Soccer, g

Ruby Allen

Basket, b Antwan Walton

Gymnast, b

Softball

Basket, g Sharon Manning

Gymnast, g

Swim, b

Cheer Simone Whitaker

Ind Track, b

Swim, g

Cr Writing

Ind Track, g

Tennis, b

Crew, b

Lacrosse, b

Tennis, g

Andre' Ellis

Crew, g

Lacrosse, g

Theatre

CrossC, b

Magazine

Volley, b

CrossC, g

Newspaper

Volley, g

Ester Small

Debate

Out Track, b Martin Astrop

Wrestling

F Hockey

Out Track, g Martin Astrop

Yearbook

Gretna**(GRET)****School Phone:** 434-656-2246

100 Gretna Hawk Circle, P.O. Box 398 / Gretna, VA 24557-0398

Athletics Office:**Email:** stacey.oakes@pcs.k12.va.us / chad.scruggs@pcs.k12.va.us**School Fax:** 434-656-3045**Principal:** Stacey H. Oakes**Assistant Principal:** Chad A. Scruggs, Anastasia Broomell**Guidance Counselors:****Athletic/Activities Director:** Chad A. Scruggs**Superintendent:** Dr. Mark R. Jones (Pittsylvania)**Assistant AD:** Janice Spinella**Students** 550**Group:** 2A**Conference:** 37**Colors:** Blue and Gold**Gym Cap.** 1000**Region:** 2A West**District:** Dogwood**Mascot:** Hawks**Stad. Cap.** 2500

Ath Trainer

Football J. Cole Simpson

Scholastic

Zach Deel, Denton Ireson

Band Tara Harris

Forensics

Soccer, b

Baseball Braxton Blackstock

Golf Michael Jefferson

Soccer, g

Basket, b Brian Chitwood

Gymnast, b

Softball

Ketina Wright

Basket, g Herbert Daniel

Gymnast, g

Swim, b

Cheer S. Clark, M. Oakes

Ind Track, b

Swim, g

Cr Writing

Ind Track, g

Tennis, b

Crew, b

Lacrosse, b

Tennis, g

Crew, g

Lacrosse, g

Theatre

Mark dePaulo

CrossC, b Jason Short

Magazine

Volley, b

CrossC, g Jason Short

Newspaper Andrew Bowler

Volley, g

Danielle Colbert

Debate

Out Track, b Jason Short

Wrestling

F Hockey

Out Track, g Sherrell Clark

Yearbook

Ellen Moorefield

Film Fest

Grundy

(GRDY)

School Phone: 276-935-2106

Athletics Office: 276-971-7850

School Fax: 276-935-8602

1300 Golden Wave Drive / Grundy, VA 24614

Email: leslie.horne@buchanancountyschools.com / craig.plymal@buchanancountyschool

Principal: Leslie K. Horne

Assistant Principal:

Guidance Counselors: Amy Vanover

Athletic/Activities Director: Craig Plymal

Superintendent: Melanie L. Hibbitts (Buchanan)

Assistant AD: Students 442 **Group:** 2A **Conference:** 39
Colors: Blue/Gold **Gym Cap.** 628 **Region:** 2A West **District:** Black Diamond
Mascot: Golden Wave **Stad. Cap.** 6500

Ath Trainer	Football	Craig Plymal	Scholastic	Debbie Raines
Band	Forensics		Soccer, b	Josh Yates
Baseball	Golf	Preston Hibbitts	Soccer, g	Angie Mutter
Basket, b	Gymnast, b		Softball	Whitney Compton
Basket, g	Gymnast, g		Swim, b	
Cheer	Ind Track, b		Swim, g	
Cr Writing	Ind Track, g		Tennis, b	
Crew, b	Lacrosse, b		Tennis, g	
Crew, g	Lacrosse, g		Theatre	
CrossC, b	Magazine		Volley, b	
CrossC, g	Newspaper		Volley, g	
Debate	Out Track, b	Jack Compton	Wrestling	Travis Fiser
F Hockey	Out Track, g	Craig Plymal	Yearbook	Elizabeth Bevins
Film Fest				

Halifax County

(HLFX)

School Phone: 434-572-4977

Athletics Office: 434-575-2011

School Fax: 434-575-1554

High School Circle, P. O. Box 310 / South Boston, VA 24592-0310

Email: mlewis@halifax.k12.va.us / alawter@halifax.k12.va.us

Principal: Michael Lewis

Assistant Principal: Kelvin Davis, James McDaniel, Frank Shealy, Martha Chandler

Guidance Counselors:

Athletic/Activities Director: Allen Lawter

Superintendent: Dr. Merle P. Herndon (Halifax)

Assistant AD: Students 1616 **Group:** 5A **Conference:** 16
Colors: Columbia Blue/White **Gym Cap.** 3500 **Region:** 5A North **District:** Piedmont
Mascot: Comets **Stad. Cap.** 2500

Ath Trainer	Football	Kenneth Day	Scholastic	
Band	Forensics		Soccer, b	Not Filled
Baseball	Golf	David Graham	Soccer, g	Sid Young
Basket, b	Gymnast, b		Softball	Not Filled
Basket, g	Gymnast, g		Swim, b	Shawn Torian
Cheer	Ind Track, b	Not Filled	Swim, g	Shawn Torian
Cr Writing	Ind Track, g	Mary Douglas	Tennis, b	David Riddle
Crew, b	Lacrosse, b		Tennis, g	Not Filled
Crew, g	Lacrosse, g		Theatre	Greg Donner
CrossC, b	Magazine		Volley, b	
CrossC, g	Newspaper		Volley, g	Tiffany Bratton
Debate	Out Track, b	Mary Douglas	Wrestling	Not Filled
F Hockey	Out Track, g	Mary Douglas	Yearbook	Stephen Woltz
Film Fest				

Hampton

(HAMP)

School Phone: 757-825-4430

Athletics Office: 757-825-4441

School Fax: 757-825-4825

1491 West Queen Street / Hampton, VA 23669-3769

Email: kdavis@hampton.k12.va.us / mtribus@hampton.k12.va.us

Principal: Kevin Davis, Tiffany Hardy

Assistant Principal: Kim Sharpe, Anthony Grimes, Oriel Robinson Taylor

Guidance Counselors: George Cunnigham

Athletic/Activities Director: Michael Tribus (CAA)

Superintendent: Dr. Jeffrey Smith (Hampton)

Assistant AD: Students 1500 **Group:** 5A **Conference:** 10
Colors: Red/White **Gym Cap.** 1600 **Region:** 5A South **District:** Peninsula
Mascot: Crabbers **Stad. Cap.** 10000

Ath Trainer	Football	Michael Smith	Scholastic	Justin Giroux
Band	Forensics	Johnny Tolliver	Soccer, b	Thomas Worrell
Baseball	Golf	David Blowe	Soccer, g	Keith Welch
Basket, b	Gymnast, b		Softball	Erik Wilson
Basket, g	Gymnast, g		Swim, b	Madolyn Kenreigh
Cheer	Ind Track, b	Not Filled	Swim, g	Madolyn Kenreigh
Cr Writing	Ind Track, g	Marques Hamilton	Tennis, b	Not Filled
Crew, b	Lacrosse, b		Tennis, g	Not Filled
Crew, g	Lacrosse, g		Theatre	Justin Giroux
CrossC, b	Magazine		Volley, b	Not Filled
CrossC, g	Newspaper		Volley, g	Percy Smith
Debate	Out Track, b	Not Filled	Wrestling	Lance Ross
F Hockey	Out Track, g	Marques Hamilton	Yearbook	Latrice Gonzalez
Film Fest				

John Handley

(HAND)

School Phone: 540-662-3471
Athletics Office: 540-662-3472
School Fax: 540-722-6722

425 Handley Boulevard / Winchester, VA 22601

Email: dufrene@wps.k12.va.us / lilly@wps.k12.va.us

Principal: Mike Dufrene

Assistant Principal: Bo Bundrick, Anne Canada, Lisa Cobb

Guidance Counselors: Amy Zimmerman

Athletic/Activities Director: Rick Lilly (CAA)

Superintendent: Dr. Jason Van Heukelum (Winchester)

Assistant AD: Kristen Darlington

Colors: Maroon/White

Mascot: Judges

Students 1250

Gym Cap. 2000

Stad. Cap. 5000

Group: 4A

Region: 4A West

Conference: 21

District: Northwestern

Ath Trainer	Bart Stewart	Football	John Davis	Scholastic	George Glossner
Band	Doug Harrison	Forensics	Adam Howells	Soccer, b	Cosmo Ballo
Baseball	Patrick Wingfield	Golf	David Scott	Soccer, g	John Lynch
Basket, b	Jason Toton	Gymnast, b		Softball	David Stokes
Basket, g	Randi Jones	Gymnast, g		Swim, b	Tag Grove
Cheer	Gena Hayes	Ind Track, b	Mike McKiernan	Swim, g	Tag Grove
Cr Writing	Star Friend	Ind Track, g	Mike McKiernan	Tennis, b	Dan Jones
Crew, b		Lacrosse, b		Tennis, g	Martha Johnson
Crew, g		Lacrosse, g		Theatre	Larry Lovelady
CrossC, b	Mark Stickley	Magazine	Star Friend	Volley, b	
CrossC, g	Emily Budnyk-Putt	Newspaper		Volley, g	Lindsay Cole
Debate	Kelly Stallard	Out Track, b	Mike McKiernan	Wrestling	David Scott
F Hockey		Out Track, g	Mike McKiernan	Yearbook	Laurel Green
Film Fest					

Hanover

(HANO)

School Phone: 804-723-3700
Athletics Office: 804-723-3750
School Fax: 804-723-3759

10307 Chamberlayne Road / Mechanicsville, VA 23116

Email: kreece@hcps.us / rbollander@hcps.us

Principal: Kristina Reece

Assistant Principal: Walt Mercer, Erica Gervais, Chandra Rhue

Guidance Counselors: Shelby Edmonds

Athletic/Activities Director: Bob Bollander

Superintendent: Dr. Michael Gill (Hanover)

Assistant AD: S. Acors, T. League

Colors: Forest Green/Col. Blue/White

Mascot: Hawks

Students 1300

Gym Cap. 3000

Stad. Cap. 4000

Group: 4A

Region: 4A East

Conference: 20

District: Capital

Ath Trainer	P. T. Solutions, J. Pack	Football	Derek Stoudt	Scholastic	Susan Glassburn
Band	Amy Birdsong	Forensics	Wendy Aschenbach	Soccer, b	Laurant Body
Baseball	Charlie Dragum	Golf	Chris Pace	Soccer, g	Not Filled
Basket, b	Darren Thornton	Gymnast, b		Softball	Stephanie Acors
Basket, g	Mike Rohr	Gymnast, g	Jessica Moore	Swim, b	Not Filled
Cheer	Virginia Baldwin	Ind Track, b	Not Filled	Swim, g	Not Filled
Cr Writing	Victoria Hutto	Ind Track, g	Not Filled	Tennis, b	Bill Wheaton
Crew, b		Lacrosse, b	Ryan Rohde	Tennis, g	Lyndsey Wyeth
Crew, g		Lacrosse, g	Bill Karn	Theatre	Elise Boyd
CrossC, b	Cameron Hopper	Magazine	Victoria Hutto	Volley, b	Hillary Cassil
CrossC, g	Not Filled	Newspaper	Michael Goodrich Stuart	Volley, g	Karl Lippa
Debate	Wendy Aschenbach	Out Track, b	Jeremy Osbourn	Wrestling	Aaron Bradley
F Hockey	Sarah Bottorff	Out Track, g	Not Filled	Yearbook	Victoria Hutto
Film Fest					

Harrisonburg

(HBRG)

School Phone: 540-433-2651
Athletics Office: 540-433-0450
School Fax: 540-433-3595

1001 Garbers Church Road / Harrisonburg, VA 22801-1999

Email: cprieto@harrisonburg.k12.va.us / dwilson@harrisonburg.k12.va.us

Principal: Cynthia Prieto

Assistant Principal: Joe Glick, Eric Miller, Mike Eye

Guidance Counselors: Amy Powers, Lisa Warren, Rachel Linden

Athletic/Activities Director: Darrell Wilson

Superintendent: Dr. Scott R. Kizner (Harrisonburg)

Assistant AD:

Colors: Navy Blue/White

Mascot: Blue Streaks

Students 1250

Gym Cap. 1900

Stad. Cap. 5000

Group: 4A

Region: 4A West

Conference: 21

District: Valley

Ath Trainer	Jennifer Glazer	Football	Chris Thurman	Scholastic	Lawson Yoder
Band	Daniel Upton	Forensics	Bradley Walton	Soccer, b	Paul Rath
Baseball	Kevin Tysinger	Golf	Mike Ruckman	Soccer, g	Amy Cerelli
Basket, b	Don Burgess	Gymnast, b		Softball	Susie Boccock
Basket, g	Durmont Perry	Gymnast, g	Michael King	Swim, b	Richard Morrell
Cheer	K. Sims, L. Thurman	Ind Track, b	Jerry Hertzler	Swim, g	Richard Morrell
Cr Writing	Richard Morrell	Ind Track, g	Tricia Comfort	Tennis, b	Danny Logan
Crew, b		Lacrosse, b		Tennis, g	Lawson Yoder
Crew, g		Lacrosse, g		Theatre	Stanley Swartz
CrossC, b	Lauren Jefferson	Magazine	Richard Morrell	Volley, b	
CrossC, g		Newspaper	Valerie Kibler	Volley, g	Andy Thompson
Debate	Aaron Cosner	Out Track, b	Jerry Hertzler	Wrestling	Kim Thwait
F Hockey		Out Track, g	Tricia Comfort	Yearbook	Mary Strickler
Film Fest					

Hayfield

(HAYF)

School Phone: 703-924-7400

Athletics Office: 703-924-7472

School Fax: 703-924-7497

7630 Telegraph Road / Alexandria, VA 22315-3898

Email: martin.grimm@fcps.edu / ewnowland@fcps.edu

Principal: Martin Grimm, Chuck Miller, Warren Carrington

Assistant Principal: Matt Mough, Cheryl Ritchie, Chris Cashman, Lukisha Barrera Gibbs, Kristen Boehme

Guidance Counselors: Erin Crowley, Corey Gilmore, Meredith Ayala

Athletic/Activities Director: E. W. Nowland, (CMAA)

Superintendent: Not Filled (Fairfax)

Assistant AD: Jeff Herbert, Chris Dux

Colors: Orange/White

Mascot: Hawks

Students 1928

Gym Cap. 4500

Stad. Cap. 6000

Group: 6A

Region: 6A North

Conference: 6

District: Liberty

Ath Trainer	Tay McCallum	Football	Eric Henderson	Scholastic	A. Schnebele, M. Klein
Band	Pat Burke	Forensics	Meghan Nugent	Soccer, b	Dan Drickey
Baseball	Mike Shore	Golf	John Terrien	Soccer, g	Ruben Bolognesi
Basket, b	Carlos Poindexter	Gymnast, b		Softball	Ron Giovannucci
Basket, g	Rudy Coffield	Gymnast, g	Michelle Pennow	Swim, b	Mollie Pearson
Cheer	Theresa Hayman	Ind Track, b	John Jones	Swim, g	Mollie Pearson
Cr Writing	Bobby Nelson	Ind Track, g	John Jones	Tennis, b	Brian Hannon
Crew, b		Lacrosse, b	James Mercer	Tennis, g	Lee Ellis
Crew, g		Lacrosse, g	Elizabeth Swenson	Theatre	Pat Mitchell
CrossC, b	Kristen Berberich	Magazine		Volley, b	
CrossC, g	Kristen Berberich	Newspaper	Brittany Eckard	Volley, g	Brad Lacey
Debate	Roland Burdett	Out Track, b	John Jones	Wrestling	Roy Hill
F Hockey	Chuck Cirino	Out Track, g	John Jones	Yearbook	Theresa Poquis
Film Fest					

Henrico

(HENR)

School Phone: 804-228-2700

Athletics Office: 804-228-2703

School Fax: 804-228-2754

302 Azalea Avenue / Richmond, VA 23227-3618

Email: kgroese@henrico.k12.va.us / twjeremi@henrico.k12.va.us

Principal: Karin Castillo-Rose

Assistant Principal: Richard Butler, LaToya Draper, Brandon Hardy, Tracey Kroll

Guidance Counselors: Erica Johnson

Athletic/Activities Director: Thomas Jeremiah

Superintendent: Dr. Patrick C. Kinlaw (Henrico)

Assistant AD:

Colors: Green/Gold/White

Mascot: Warriors

Students 1780

Gym Cap. 1400

Stad. Cap. 3500

Group: 5A

Region: 5A South

Conference: 11

District: Capital

Ath Trainer	Rob Welch	Football	Gerald Glasco	Scholastic	Carla Harrison-Lane
Band	Hosea Brower	Forensics	Keith Hollowell	Soccer, b	Scott Sherrill
Baseball	Bryan Uzzell	Golf	Wylie Schwieder	Soccer, g	Michele Nasti
Basket, b	Vance Harmon	Gymnast, b		Softball	Curtis Bryant
Basket, g	Rodney Wilson	Gymnast, g	Morgan Lubking	Swim, b	
Cheer	Shantea Swinson	Ind Track, b	Lamont Bowles	Swim, g	
Cr Writing	Not Filled	Ind Track, g	Jeff Brown	Tennis, b	Joe Allred
Crew, b		Lacrosse, b		Tennis, g	Stephanie Paul
Crew, g		Lacrosse, g		Theatre	Todd Ritter
CrossC, b	Thomas Hill	Magazine	Alice Anne Ellis	Volley, b	William Alston
CrossC, g	Lamont Bowles	Newspaper	Kristina Schools	Volley, g	Christina Lovick
Debate	Nicole Hardy	Out Track, b	Lamont Bowles	Wrestling	Ty Owens
F Hockey	Ty Owens	Out Track, g	Jeff Brown	Yearbook	Not Filled
Film Fest	Not Filled				

Patrick Henry (Ashland)

(PHAS)

School Phone: 804-365-8000

Athletics Office: 804-365-8055

School Fax: 804-365-8001

12449 West Patrick Henry Road / Ashland, VA 23005-3152

Email: mcrowder@hcps.us / esmith@hcps.us

Principal: Beth Smith

Assistant Principal: Tina Rudd, Jon Patterson, Estelle Derricott

Guidance Counselors: Josh Hurley, Jennifer Crowder, Margaret Roane, Erika Morck

Athletic/Activities Director: Matt Crowder

Superintendent: Dr. Michael Gill (Hanover)

Assistant AD: Farley Allen, Leslie Nuckols

Colors: Red/White/Navy

Mascot: Patriots

Students 1438

Gym Cap. 2000

Stad. Cap. 5000

Group: 5A

Region: 5A North

Conference: 16

District: Capital

Ath Trainer	Chris Garrett	Football	Bryan Davis	Scholastic	Not Filled
Band	Amanda Peters	Forensics	Julie Emerson	Soccer, b	Dan McGraw
Baseball	Sam Hart	Golf	Dave Hudak	Soccer, g	Wallace Farmer
Basket, b	Randy Anderson	Gymnast, b		Softball	Shelby Webb
Basket, g	Phillip Cobb	Gymnast, g	Austin Beazley	Swim, b	Bob Flanagan
Cheer	Ciera Martinez	Ind Track, b	Scott Brown	Swim, g	Bob Flanagan
Cr Writing	Not Filled	Ind Track, g	Scott Brown	Tennis, b	Jeremy Brown
Crew, b		Lacrosse, b	Brandon Hall	Tennis, g	John Bland
Crew, g		Lacrosse, g		Theatre	Rebecca Agnew
CrossC, b	Jeremy Dobinski	Magazine	Meghan Moore	Volley, b	Michael Townsend
CrossC, g	Jeremy Dobinski	Newspaper	Meghan Moore	Volley, g	Wallace Farmer
Debate	Julie Emerson	Out Track, b	Scott Brown	Wrestling	
F Hockey	Abbie Rossman	Out Track, g	Scott Brown	Yearbook	Meghan Moore
Film Fest	Not Filled				

Patrick Henry (Glade Spring) (PHGS)

31437 Hillman Highway / Glade Spring, VA 24340-5003

EMail: hockett@wcs.k12.va.us / mpalmer@wcs.k12.va.us

Principal: Andrew Hockett
Assistant Principal: Scott Cole
Guidance Counselors: Pat Farmer
Athletic/Activities Director: Mark Palmer

Superintendent: Dr. Brian C. Ratliff (Washington)

Assistant AD: Students 409 Group: 1A Conference: 47
Colors: Columbia/Navy Blue Gym Cap. 1200 Region: 1A West District: Hogoheegee
Mascot: Rebels Stad. Cap. 6000Ath Trainer Bre Davenport Football Mark Palmer Scholastic Beverly Eason
Band Peter Marcum Forensics Sonja Seymore Soccer, b Jared Oliver
Baseball Tommy Thomas Golf Jason Meyers Soccer, g
Basket, b Thomas Larimer Gymnast, b Tammy Counts
Basket, g Tommy Thomas Gymnast, g Cindy Woosley
Cheer Sonja Seymore Ind Track, b Mark Love Swim, b Cindy Woosley
Cr Writing Sonja Seymore Ind Track, g Mark Love Tennis, b
Crew, b Lacrosse, b Tennis, g
Crew, g Lacrosse, g Theatre Melissa Belcher
CrossC, b Mark Love Magazine Volley, b
CrossC, g Mark Love Newspaper Volley, g Beth Delp
Debate Out Track, b Tim Burke Wrestling Eric Hoffman
F Hockey Out Track, g Mark Love Yearbook Michelle Duncan
Film Fest

School Phone: 276-739-3700

Athletics Office: 276-739-3721

School Fax: 276-944-2125

Patrick Henry (Roanoke) (PHRO)

2102 Grandin Road, SW / Roanoke, VA 24015-3579

EMail: psheedy@rcps.info

Principal: Joe Jablonski
Assistant Principal: Christian Kish, Chris McClellan, Flossie Lomax, Elizabeth Dooley, Jason Breeding
Guidance Counselors: Kristy White
Athletic/Activities Director: Patricia Sheedy (RAA)

Superintendent: Dr. Rita D. Bishop (Roanoke City)

Assistant AD: Students 1900 Group: 5A Conference: 16
Colors: Purple/White/Gold Gym Cap. 1500 Region: 5A North District: River Ridge
Mascot: Patriots Stad. Cap. 3000Ath Trainer Jeanne Brown Football Alan Fiddler Scholastic Steve Villers
Band Alex Schmitt Forensics Mark Levy Soccer, b Chris Dowdy
Baseball Aaron Haigler Golf Terry Mills Soccer, g Carrie O'Keeffe
Basket, b Jack Esworthy Gymnast, b Elizabeth Welshonce
Basket, g Brian Bartley Gymnast, g Erik Largen
Cheer Bridget Penn Ind Track, b Chad Cox Swim, g Erik Largen
Cr Writing Ind Track, g Chad Cox Tennis, b James Hill
Crew, b Lacrosse, b Josh Wilkinson Tennis, g Katherine Smith
Crew, g Lacrosse, g Randy Polito Theatre Steve Rittenhouse
CrossC, b Chad Cox Magazine Volley, b Patricia Sheedy
CrossC, g Chad Cox Newspaper Volley, g Jesse Anderson
Debate Brandy Arnold Out Track, b Chad Cox Wrestling Michelle Andrus
F Hockey Out Track, g Chad Cox Yearbook
Film Fest Mark Levy

School Phone: 540-853-2255

Athletics Office: 540-853-1190

School Fax: 540-853-1575

Heritage (Leesburg) (HRLE)

520 Evergreen Mill Road, SE / Leesburg, VA 20175

EMail: jeffrey.adam@lcp.org / ryan.rogers@lcp.org

Principal: Jeff Adam
Assistant Principal: Adrian Powell, Ross Armstrong, Kim Turner
Guidance Counselors:
Athletic/Activities Director: Ryan Rogers

Superintendent: Dr. Eric Williams (Loudoun)

Assistant AD: Ryan Rogers Students 1200 Group: 4A Conference: 21
Colors: Red/Black Gym Cap. 1600 Region: 4A West District: Dulles
Mascot: Pride Stad. Cap. 3000Ath Trainer Marcus Owens Football Reed Prosser Scholastic Jen MacKinnon
Band George Herrmann Forensics Angela Ramacci Soccer, b Betsy Munson
Baseball Ryan Price Golf Matt Swartz Soccer, g Holly King
Basket, b Sam Carpenter Gymnast, b John Dugger
Basket, g Reggie Barnes Gymnast, g Jenny Aubel Swim, b Haley Robertson
Cheer Sema Konur Ind Track, b Swim, g Haley Robertson
Cr Writing Ind Track, g Jason Burke Tennis, b Allison Smith
Crew, b Lacrosse, b Tim Greening Tennis, g Not Filled
Crew, g Lacrosse, g Theatre Angela Ramacci
CrossC, b Doug Gilbert Magazine Volley, b Allison Smith
CrossC, g Doug Gilbert Newspaper Volley, g Mike Hill
Debate Not Filled Out Track, b Nancy Merriman Wrestling Tim York
F Hockey Out Track, g Doug Gilbert Yearbook
Film Fest

School Phone: 571-252-2800

Athletics Office: 571-252-2810

School Fax: 571-252-2801

Heritage (Lynchburg)

(HRLN)

School Phone: 434-515-5400

Athletics Office: 434-515-5411

School Fax: 434-582-1185

3020 Wards Ferry Road / Lynchburg, VA 24502-2499

Email: beattytt@lcsedu.net / knightcd@lcsedu.net

Principal: Tim Beatty

Assistant Principal: Traci Lipscomb, Kenya Ware

Guidance Counselors: Jason Jamerson, Janet Reynolds, Aisha Rodriguez, Jamie Lewis, Bernie Beckles, LaKisha Kidd

Athletic/Activities Director: Dennis Knight

Superintendent: Dr. Scott S. Brabrand (Lynchburg)

Assistant AD:

Colors: Navy/Orange

Mascot: Pioneers

Students 1111

Gym Cap. 3000

Stad. Cap. 12000

Group: 3A

Region: 3A West

Conference: 30

District: Seminole

Ath Trainer Chris Hallberg

Band Mike Hand

Baseball Joe Knowles

Basket, b Les Camm

Basket, g Annie Terry

Cheer Marquia Jackson

Cr Writing

Crew, b

Crew, g

CrossC, b Dennis Coan

CrossC, g Dennis Coan

Debate

F Hockey

Film Fest

Football Brad Bradley

Forensics Blythe Lavender

Golf Brian Green

Gymnast, b

Gymnast, g

Ind Track, b Theodore Mclvor

Ind Track, g Theodore Mclvor

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Theodore Mclvor

Out Track, g Theodore Mclvor

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

Robin Wood

Trey Padgett

Tori Dott

Daniel Ferguson

Greg Hofmann

Greg Hofmann

Robert Wilson

Not Filled

Larry Hart

Kelly Bryant

Dexter Jackson

Rich Glover

Heritage (Newport News)

(HRNN)

School Phone: 757-928-6100

Athletics Office: Ext. 17660

School Fax: 757-247-9058

5800 Marshall Avenue / Newport News, VA 23605-2420

Email: shameka.gerald@nn.k12.va.us / dwayne.peters@nn.k12.va.us

Principal: Shemeka N Gerald

Assistant Principal: Natia Smith, Diron Ford, Dean McDowell, Thomas Jackson, Lisa Egolf, Chinell Callwood

Guidance Counselors: Connie Sawyer, Lekeya Massenburg, Jason Kenner

Athletic/Activities Director: Dwayne Peters (CAA)

Superintendent: Dr. Ashby C. Kilgore (Newport News)

Assistant AD:

Colors: Maroon/Silver

Mascot: Hurricanes

Students 1291

Gym Cap. 2000

Stad. Cap. 8000

Group: 4A

Region: 4A East

Conference: 18

District: Peninsula

Ath Trainer Caron Lowe

Band Stephen Arrington

Baseball Rolando Pierce

Basket, b Michael Gardner

Basket, g Lanica Williams-Tallon

Cheer Carla Slaughter

Cr Writing

Crew, b

Crew, g

CrossC, b Ray Pollard

CrossC, g Jacqueline Bateman

Debate

F Hockey Pamula Johnson

Film Fest

Football George Massenburg

Forensics

Golf Eric Tyson

Gymnast, b

Gymnast, g

Ind Track, b Ray Pollard

Ind Track, g Jacqueline Bateman

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Ray Pollard

Out Track, g Jacqueline Bateman

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

Darnell Howard

Maurice Leeks

Raymond Malone

Katie Sarandria

Not Filled

Creighton Jones

Not Filled

Marilyn Seymour-Mays

Margaret Kowalski

Chris Pearson

Felix Boachie

Hermitage

(HERM)

School Phone: 804-756-3000

Athletics Office: 804-672-9230

School Fax: 804-672-1501

8301 Hungary Spring Road / Henrico, VA 23228-1984

Email: raturpin@henrico.k12.va.us / cdrollis@henrico.k12.va.us

Principal: Robert A. Turpin

Assistant Principal: Chris Collier, Tracie Harris-Mason, Stacy Palkovics, Cheryl Montgomery

Guidance Counselors: Sherita Dance, Denise Johnson, Jamie Conklin, Renee Zando

Athletic/Activities Director: Chris Rollison (CAA)

Superintendent: Dr. Patrick C. Kinlaw (Henrico)

Assistant AD:

Colors: Red/Blue

Mascot: Panthers

Students 1800

Gym Cap. 1800

Stad. Cap. 7000

Group: 5A

Region: 5A South

Conference: 11

District: Colonial

Ath Trainer Bobbi Southard

Band John Sarvay

Baseball Bryan Melhorn

Basket, b Earl Kinney

Basket, g Allyn Pritchard

Cheer Kecia Studevand-Howell

Cr Writing Not Filled

Crew, b

Crew, g

CrossC, b Ray Brown

CrossC, g Not Filled

Debate Devon Bixler

F Hockey Jordan Mcintire

Film Fest

Football Patrick Kane

Forensics Jen Jones

Golf Not Filled

Gymnast, b

Gymnast, g

Ind Track, b Stan Davis

Ind Track, g Stan Davis

Lacrosse, b Steve Shoul

Lacrosse, g Jordan Mcintire

Magazine Not Filled

Newspaper Not Filled

Out Track, b Stan Davis

Out Track, g Stan Davis

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

Gail Wood

Stephen Reynolds

Mary Greace Mullen

Len Orange

Joe Coulter

Ashley Moose

Will Healy

Brian Corbin

Carol Hutchings

Dalton Head

Ann Marie Hudak

Herndon

(HERN)

School Phone: 703-810-2200

700 Bennett Street / Herndon, VA 20170-3330

Athletics Office: 703-810-2275

Email: jmfrohman@fcpss.edu

School Fax: 703-810-2262

Principal: William Bates

Assistant Principal: Maria Sneed, Amanda Hudson, Krisna Taylor, Jim Hannon, Laura Waterman, Kelly Barr

Guidance Counselors:

Athletic/Activities Director: Jonathan Frohm

Superintendent: Not Filled (Fairfax)

Assistant AD: Dan Coghlan, Jeremiah Davis	Students 2200	Group: 6A	Conference: 5
Colors: Red/White/Black	Gym Cap. 1000	Region: 6A North	District: Concorde
Mascot: Fighting Hornets	Stad. Cap. 4500		

Ath Trainer L. Petrucci, K. Bishop	Football	Jeremiah Davis	Scholastic	Kim Belknap
Band Kathleen Jacoby	Forensics	Miriam Loebman	Soccer, b	Guillermo Tolaca
Baseball Not Filled	Golf	Mark Rueffert	Soccer, g	Nick Stames
Basket, b Gary Hall	Gymnast, b		Softball	Kie Anderson
Basket, g Cornelius Sneed	Gymnast, g	Maureen Naquin	Swim, b	Kathy McLaughlin
Cheer Jelaire Grillo	Ind Track, b	Pete Sherry	Swim, g	Kathy McLaughlin
Cr Writing	Ind Track, g	Patrice Humpherys	Tennis, b	Bill Wood
Crew, b	Lacrosse, b	David Baggetta	Tennis, g	Cynthia Davis
Crew, g	Lacrosse, g	Lindsey Felton	Theatre	Morganne Davies
CrossC, b Pete Sherry	Magazine	Not Filled	Volley, b	
CrossC, g Pete Sherry	Newspaper	Alex Hagerty	Volley, g	Bruce Short
Debate Miriam Loebman	Out Track, b	Pete Sherry	Wrestling	Mike Gonzales
F Hockey Mary Miller	Out Track, g	Patrice Humpherys	Yearbook	Alex Hagerty
Film Fest				

Hickory

(HKRY)

School Phone: 757-421-4295

1996 Hawk Boulevard / Chesapeake, VA 23322

Athletics Office: 757-421-0544

Email: amber.dortch@cpschools.com / patric.troia@cpschools.com

School Fax: 757-421-2190

Principal: Amber Dortch

Assistant Principal: Steven Carter, David Richels, Brian Porter, Alveria Coles

Guidance Counselors: Lisa Roland

Athletic/Activities Director: Patrick Troia

Superintendent: Dr. James T. Roberts (Chesapeake)

Assistant AD: Teal/Black/White/Gray	Students 1738	Group: 5A	Conference: 9
Colors: Hawks	Gym Cap. 1300	Region: 5A South	District: Southeastern
Mascot: Hawks	Stad. Cap. 7800		

Ath Trainer K. Gilmartin, C. Minor	Football	Jupiter Wilson	Scholastic	Linda Ford
Band David Enloe	Forensics	Larisa Rapanick	Soccer, b	Mike Gyori
Baseball Hank Kraft	Golf	John Holmes	Soccer, g	Sheldon Cohn
Basket, b Jupiter Wilson	Gymnast, b		Softball	Ryan Wieck
Basket, g Dawn Trexler	Gymnast, g	Elyse Sierra	Swim, b	Jordan Law
Cheer Chris Bokin	Ind Track, b	Not Filled	Swim, g	Jordan Law
Cr Writing Diane Cross	Ind Track, g	Melvin Queen	Tennis, b	Mark Pearman
Crew, b	Lacrosse, b		Tennis, g	Roderick Zano
Crew, g	Lacrosse, g		Theatre	Marla Wood
CrossC, b Jud Sarver	Magazine	Diane Cross	Volley, b	Not Filled
CrossC, g Jud Sarver	Newspaper	Keeley Styron	Volley, g	Mickey Wheeler
Debate Anastasia Ellis	Out Track, b	Not Filled	Wrestling	Ben Summerlin
F Hockey Kathy Mustain	Out Track, g	Melvin Queen	Yearbook	Susie Rowland
Film Fest				

Hidden Valley

(HVAL)

School Phone: 540-776-7320

5000 Titan Trail / Roanoke, VA 24018

Athletics Office: 540-562-3900

Email: lwhimbush@rcs.k12.va.us / cshepherd@rcs.k12.va.us

School Fax: 540-776-7322

Principal: Lori Whimbush

Assistant Principal: Josh Whitlow, Tina Turner

Guidance Counselors: Margo Taylor, Tony Hughes, Kelly McCall

Athletic/Activities Director: Cole Shepherd (RAA)

Superintendent: Gregory N. Killough (Roanoke)

Assistant AD: Navy Blue/Vegas Gold	Students 950	Group: 3A	Conference: 32
Colors: Titans	Gym Cap. 1000	Region: 3A West	District: River Ridge
Mascot: Titans	Stad. Cap. 4500		

Ath Trainer Laurel Haynes	Football	Scott Weaver	Scholastic	Tim Spence
Band Thomas Galyen	Forensics	Maggie Hughes-Coffey	Soccer, b	Ryan Hambright
Baseball Randy Boone	Golf	Brian Harris	Soccer, g	Matt Neale
Basket, b Kevin Burcham	Gymnast, b		Softball	Nathan Hunt
Basket, g Randy Bush	Gymnast, g		Swim, b	Danielle Dillon
Cheer Keisha Christley	Ind Track, b	Dan King	Swim, g	Danielle Dillon
Cr Writing	Ind Track, g	Dan King	Tennis, b	Ryan Teague
Crew, b	Lacrosse, b	Brad Dunn	Tennis, g	Laura Dodson
Crew, g	Lacrosse, g	Randy Polito	Theatre	Matt Neale
CrossC, b Dan King	Magazine		Volley, b	
CrossC, g Dan King	Newspaper	Matt Neale	Volley, g	Carla Poff
Debate Amy Long Ebel	Out Track, b	Dan King	Wrestling	
F Hockey	Out Track, g	Dan King	Yearbook	Carrie Honaker
Film Fest				

Highland

(HLND)

School Phone: 540-468-2129

P.O. Box 430, 244 Myers Moon Road / Monterey, VA 24465-0430

Athletics Office:

EMail: / mwarf@highland.k12.va.us

School Fax: 540-468-2106

Principal: Not Filled

Assistant Principal:

Guidance Counselors:

Athletic/Activities Director: Mike Warf

Superintendent: Dr. Thomas Schott (Highland)

Assistant AD:		Students	105	Group:	1A	Conference:	44
Colors:	Blue/Gold	Gym Cap.	500	Region:	1A East	District:	Pioneer
Mascot:	Rams	Stad. Cap.	300				

Ath Trainer		Football		Scholastic	Amanda Lotts
Band	Jason Canze	Forensics		Soccer, b	
Baseball	T.J. Honaker	Golf	Don Ferrell	Soccer, g	
Basket, b	Sherry Sullenbarger	Gymnast, b		Softball	Not Filled
Basket, g	Mike Isles	Gymnast, g		Swim, b	
Cheer	Ann Foster	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Mike Warf	Magazine		Volley, b	
CrossC, g	Mike Warf	Newspaper		Volley, g	Cindy Wood
Debate		Out Track, b	Jason Canze	Wrestling	
F Hockey		Out Track, g	Jason Canze	Yearbook	Gwen Cauley
Film Fest					

Highland Springs

(HSPR)

School Phone: 804-328-4000

15 S. Oak Avenue / Highland Springs, VA 23075-1709

Athletics Office: 804-737-5761

EMail: pbbell@henrico.k12.va.us / mlbailey1@henrico.k12.va.us

School Fax: 804-328-4013

Principal: Pamela Bell

Assistant Principal: Aimee Sobon, Jesse Chains

Guidance Counselors: Denell Gegenheimer

Athletic/Activities Director: Michael Bailey

Superintendent: Dr. Patrick C. Kinlaw (Henrico)

Assistant AD:	Kyla Zabala	Students	1800	Group:	5A	Conference:	12
Colors:	Black/Gold	Gym Cap.	2000	Region:	5A South	District:	Capital
Mascot:	Springers	Stad. Cap.	5000				

Ath Trainer	Mariam Owens	Football	Loren Johnson	Scholastic	Not Filled
Band	Davon Yonkers	Forensics	Not Filled	Soccer, b	Justin Beck
Baseball	Hunter Lindsey	Golf	Robert Stanley	Soccer, g	Tabitha Whitlow
Basket, b	George Lancaster	Gymnast, b		Softball	Tom Redford
Basket, g	Franklin Harris	Gymnast, g		Swim, b	
Cheer	Christie Tyson	Ind Track, b	Lamont Folsom	Swim, g	
Cr Writing		Ind Track, g	Kyle Bishop	Tennis, b	Eric Byers
Crew, b		Lacrosse, b		Tennis, g	Dana Franson
Crew, g		Lacrosse, g		Theatre	Kyla Zabala
CrossC, b	Lamont Folsom	Magazine		Volley, b	Not Filled
CrossC, g	Spencer Billet	Newspaper		Volley, g	Patrease Franklin
Debate	Kyla Zabala	Out Track, b	Lamont Folsom	Wrestling	Ed Gore
F Hockey	Tom Redford	Out Track, g	Kyle Bishop	Yearbook	Elizabeth Mehalko
Film Fest	Kyla Zabala				

Holston

(HLST)

School Phone: 276-739-4000

21308 Monroe Road / Damascus, VA 24236-2900

Athletics Office: 276-739-4004

EMail: khonaker@wcs.k12.va.us / tgray@wcs.k12.va.us

School Fax: 276-475-4024

Principal: Kendra Addison

Assistant Principal: Jackson Barker

Guidance Counselors: Connie Boger

Athletic/Activities Director: Travis Gray

Superintendent: Dr. Brian C. Ratliff (Washington)

Assistant AD:		Students	300	Group:	1A	Conference:	47
Colors:	Red/White	Gym Cap.	1000	Region:	1A West	District:	Hogoheegee
Mascot:	Cavaliers	Stad. Cap.	3000				

Ath Trainer	Brad Bussey	Football	Derek Patterson	Scholastic	Shirley Snead
Band	Logan Childress	Forensics	Erik Carigan	Soccer, b	
Baseball	Bryan Hughes	Golf	John Thacker	Soccer, g	
Basket, b	Jeff Austin	Gymnast, b		Softball	Lisa Blackburn
Basket, g	Mike French	Gymnast, g		Swim, b	
Cheer	Jennifer Lowe	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	Erik Carigan
CrossC, b	Sammy Campbell	Magazine		Volley, b	
CrossC, g	Sammy Campbell	Newspaper		Volley, g	Alyssa King
Debate		Out Track, b	Nathan Magstadt	Wrestling	Tyler Whitt
F Hockey		Out Track, g	Nathan Magstadt	Yearbook	Jodi Baldwin
Film Fest					

Honaker

(HONA)

School Phone: 276-873-6363

Athletics Office: 276-873-5748

School Fax: 276-873-7252

P.O. Box 764, 1795 Thompson Creek Road / Honaker, VA 24260

Email: tbush@russell.k12.va.us / tcoleman@russell.k12.va.us

Principal: Anthony Bush

Assistant Principal: Allison Steele

Guidance Counselors: Rita Honaker, Erica Bostic

Athletic/Activities Director: Trevor Coleman (CAA)

Superintendent: Dr. Gregory A. Brown (Russell)

Assistant AD: Students 395 Group: 1A Conference: 47
Colors: Orange/Black/White Gym Cap. 1600 Region: 1A West District: Black Diamond
Mascot: Tigers Stad. Cap. 4000

Ath Trainer		Football	Doug Hubbard	Scholastic	Charlie Perkins
Band	Chandler Bartz	Forensics	Lindsey Vencill	Soccer, b	Doug Hubbard
Baseball	Tom Harding	Golf	Marcus Dunham	Soccer, g	Wilburn Johnson
Basket, b	Marcus Dunham	Gymnast, b		Softball	Amy Davidson
Basket, g	Misty Davis Miller	Gymnast, g		Swim, b	
Cheer	Olienna Jackson	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	
CrossC, b	David Bostic	Magazine		Volley, b	
CrossC, g	David Bostic	Newspaper		Volley, g	Rick Hess
Debate		Out Track, b	Doug Hubbard	Wrestling	Jim Horn
F Hockey		Out Track, g	Trevor Coleman	Yearbook	
Film Fest					

Hopewell

(HPWL)

School Phone: 804-541-6402

Athletics Office: Ext. 243

School Fax: 804-541-6403

400 S. Mesa Drive / Hopewell, VA 23860-4100

Email: tpond@hopewell.k12.va.us / kgray@hopewell.k12.va.us

Principal: Thomas Pond, Jr.

Assistant Principal: Stephanie Poe, Deborah Thompson, Preston McKellar

Guidance Counselors: Kathy Hodson

Athletic/Activities Director: Kerry Gray

Superintendent: Dr. Melody Hackney (Hopewell)

Assistant AD: Students 1012 Group: 3A Conference: 26
Colors: Blue/Gold Gym Cap. 1600 Region: 3A East District: Central
Mascot: Blue Devils Stad. Cap. 6000

Ath Trainer	Not Filled	Football	Ricky Irby	Scholastic	Not Filled
Band	Andres' Pierce	Forensics	Mary Katherine Steed	Soccer, b	Brad Dalton
Baseball	Bobby Pershing	Golf	Robert Witherow	Soccer, g	Emily Michalek
Basket, b	Not Filled	Gymnast, b		Softball	Megan Holder
Basket, g	Leonard Jackson	Gymnast, g		Swim, b	
Cheer	Mindy Stout	Ind Track, b	Frank Cancino	Swim, g	
Cr Writing		Ind Track, g	Frank Cancino	Tennis, b	Michael Dalton
Crew, b		Lacrosse, b		Tennis, g	John Johnson
Crew, g		Lacrosse, g		Theatre	Derome Smith
CrossC, b	Richard Halas	Magazine		Volley, b	
CrossC, g	Richard Halas	Newspaper	Not Filled	Volley, g	
Debate		Out Track, b	Frank Cancino	Wrestling	Richard Halas
F Hockey	Lara Stables	Out Track, g	Frank Cancino	Yearbook	Patricia Scanlan
Film Fest	Derome Smith				

Huguenot

(HUGU)

School Phone: 804-320-7967

Athletics Office: 804-320-7967

School Fax: 804-560-9103

7945 Forest Hill Avenue / Richmond, VA 23225-1998

Email: rgilstra@richmond.k12.va.us / scollins3@richmond.k12.va.us

Principal: Robert Gilstrap

Assistant Principal: Sheila Hines, Johnny Mickens

Guidance Counselors: Zymora Scott, Craig Christmas, Lisa Harrison, Monique Harris

Athletic/Activities Director: Shea Collins

Superintendent: Dr. Dana Bedden (Richmond City)

Assistant AD: Students 1490 Group: 4A Conference: 20
Colors: Green/Gold Gym Cap. 1800 Region: 4A East District: Dominion
Mascot: Falcons Stad. Cap. 2500

Ath Trainer	Julie Falge, ATC	Football	Bryan Jennings	Scholastic	Not Filled
Band	Everett Gray	Forensics	Ruth Mason	Soccer, b	Huso Hasanovic
Baseball	William Stokes	Golf	Richard Farquharson	Soccer, g	Justo Vasquez
Basket, b	Bo Jones, Sr.	Gymnast, b		Softball	Keith Lorenz
Basket, g	Bo Jones, Jr.	Gymnast, g		Swim, b	
Cheer	S. Collier, K. Siedlarczyk	Ind Track, b	Michael Griffin	Swim, g	
Cr Writing		Ind Track, g	Wesley Arthur	Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	Lindsey Smith
CrossC, b	Michael Griffin	Magazine		Volley, b	John Grove
CrossC, g	Wesley Arthur	Newspaper		Volley, g	Danielle Greene
Debate		Out Track, b	Michael Griffin	Wrestling	Wayne Booker
F Hockey		Out Track, g	Wesley Arthur	Yearbook	Lindsey Smith
Film Fest					

Hurley**(HRLY)**

School Phone: 276-566-8334
 Athletics Office: 276-566-7088
 School Fax: 276-566-7127

6339 Hurley Road / Hurley, VA 24620-9519

Email: pam.tester@buchanancountyschools.com / mark.cooper@buchanancountyschools

Principal: Pam Tester**Assistant Principal:****Guidance Counselors:** Donna Blankenship**Athletic/Activities Director:** Mark Cooper (RAA)**Superintendent:** Melanie L. Hibbitts (Buchanan)**Assistant AD:****Colors:** Red/Blue/Gray**Mascot:** Rebels

Students 220
Gym Cap. 2000
Stad. Cap. 2200

Group: 1A
Region: 1A West

Conference: 47
District: Black Diamond

Ath Trainer	Band	Baseball	Basket, b	Basket, g	Cheer	Cr Writing	Crew, b	Crew, g	CrossC, b	CrossC, g	Debate	F Hockey	Film Fest	Football	Forensics	Golf	Gymnast, b	Gymnast, g	Ind Track, b	Ind Track, g	Lacrosse, b	Lacrosse, g	Magazine	Newspaper	Out Track, b	Out Track, g	Greg Tester	Greg Tester	Brian Davis	Scholastic	Soccer, b	Soccer, g	Softball	Swim, b	Swim, g	Tennis, b	Tennis, g	Theatre	Volley, b	Volley, g	Wrestling	Yearbook	Connie Cooper	Janet Crockett	Chris Stacy	Angie Rife	Brian Davis	Celisha Allen
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C. D. Hylton**(HYLT)**

School Phone: 703-580-4000
 Athletics Office: 571-298-0910
 School Fax: 703-580-4299

14051 Spriggs Road / Woodbridge, VA 22193-3605

Email: cassaddj@pwcs.edu / colangsd@pwcs.edu

Principal: David Cassady**Assistant Principal:** Betsy Campagna, Stan Jones, Tony Switzer**Guidance Counselors:****Athletic/Activities Director:** Sal Colangelo (RAA)**Superintendent:** Dr. Steven L. Walts (Prince William)**Assistant AD:****Colors:** Navy/White/Vegas Gold**Mascot:** Bulldogs

Students 2300
Gym Cap. 2200
Stad. Cap. 6000

Group: 6A
Region: 6A South

Conference: 4
District: Cardinal

Ath Trainer	Band	Baseball	Basket, b	Basket, g	Cheer	Cr Writing	Crew, b	Crew, g	CrossC, b	CrossC, g	Debate	F Hockey	Film Fest	Football	Forensics	Golf	Gymnast, b	Gymnast, g	Ind Track, b	Ind Track, g	Lacrosse, b	Lacrosse, g	Magazine	Newspaper	Out Track, b	Out Track, g	Tony Lilly	Not Filled	Joe Patonetz	Tiffany Jackson	Levi Frye	Joseph Campagna	Tony Kilgore	Brian Harvey	Eyvyn Blaher	Tiffany Jackson	Levi Frye	Scholastic	Soccer, b	Soccer, g	Softball	Swim, b	Swim, g	Tennis, b	Tennis, g	Theatre	Volley, b	Volley, g	Wrestling	Yearbook	Amy Neumann	Brandon Walker	Daniel Carrol	Andy Naples	Brittany Walman	Ginnette Cain	Melvin Smith	Not Filled	Jenna Genson	Leonard Jackson	Maria Centini
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Indian River**(INRV)**

School Phone: 757-578-7000
 Athletics Office: 757-494-8077
 School Fax: 757-578-7004

1969 Braves Trail / Chesapeake, VA 23325

Email: Freddie.Spellman@cpschools.com

Principal: Naomi Dunbar**Assistant Principal:** Derrell Joppy, Bryan Carter, Tracy Cioppa, Lisa Harding**Guidance Counselors:** Scott Cohen, Gail Hunt, Heidi Ross**Athletic/Activities Director:** Freddie Spellman (CAA)**Superintendent:** Dr. James T. Roberts (Chesapeake)**Assistant AD:****Colors:** C. Blue/N. Blue/White**Mascot:** The Fighting Braves

Students 1681
Gym Cap. 1500
Stad. Cap. 7500

Group: 5A
Region: 5A South

Conference: 9
District: Southeastern

Ath Trainer	Band	Baseball	Basket, b	Basket, g	Cheer	Cr Writing	Crew, b	Crew, g	CrossC, b	CrossC, g	Debate	F Hockey	Film Fest	Football	Forensics	Golf	Gymnast, b	Gymnast, g	Ind Track, b	Ind Track, g	Lacrosse, b	Lacrosse, g	Magazine	Newspaper	Out Track, b	Out Track, g	Glenwood Ferebee	Yardan Shabazz	Steve West	Stacy Hobbs	Shawn Vaughan	Cathy Yost	Shawn Vaughan	Shawn Vaughan	Scholastic	Soccer, b	Soccer, g	Softball	Swim, b	Swim, g	Tennis, b	Tennis, g	Theatre	Volley, b	Volley, g	Wrestling	Yearbook	Katie Ludwig	Keith Freeman	Jimmy McCabe	Ashley Carlson	Brianna Strain	Brianna Strain	Bill Ellis	Cheryl Johnson	Jeanette Schuler	Matthew Lawrence	Kirston Overton	Mike Mercado	Linda Finlay
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Stonewall Jackson (Manassas)**(SJMN)****School Phone:** 703-365-2900**Athletics Office:** 571-598-3044**School Fax:** 703-330-1233

8820 Rixlew Lane / Manassas, VA 20109

E-Mail: nicholdr@pwcs.edu / turnerkd@pwcs.edu**Principal:** Richard Nichols**Assistant Principal:** Mark Roadarmel, Rhonda Early, Cheryl Shell**Guidance Counselors:** Dara Harris**Athletic/Activities Director:** Kevin Turner**Superintendent:** Dr. Steven L. Walts (Prince William)

Assistant AD:		Students	2400	Group:	6A	Conference:	8
Colors:	Maroon/Gold/White	Gym Cap.	3000	Region:	6A North	District:	Cardinal
Mascot:	Raiders	Stad. Cap.	5500				

Ath Trainer	Kieran Loving	Football	Darryl Robinson	Scholastic	Craddock/Mrs. Freiland
Band	Tom Hiravi	Forensics		Soccer, b	Rody Vargas
Baseball	Lou Lepore	Golf	Martha Johnson	Soccer, g	Aaron Cebular
Basket, b	Marcus Lawrence	Gymnast, b		Softball	Bob Foster
Basket, g	Diana Martinez	Gymnast, g		Swim, b	
Cheer	Kimberly Boggan	Ind Track, b	Deon Taylor	Swim, g	
Cr Writing	Garrett Carlson	Ind Track, g	Anthony Bennett	Tennis, b	Cecile Boyle
Crew, b		Lacrosse, b	Adam Ward	Tennis, g	Mepes Johnson
Crew, g		Lacrosse, g	Not Filled	Theatre	
CrossC, b	Kelli MacDonald	Magazine		Volley, b	
CrossC, g	Katie Hodgson	Newspaper		Volley, g	Not Filled
Debate		Out Track, b	Deon Taylor	Wrestling	Tom Clater
F Hockey	Megan Link	Out Track, g	Anthony Bennett	Yearbook	Greg Hyde
Film Fest					

Stonewall Jackson (Quicksburg)**(SJQU)****School Phone:** 540-477-2732**Athletics Office:** 540-477-2732**School Fax:** 540-477-2098

150 Stonewall Lane / Quicksburg, VA 22847-1492

E-Mail: mjorman@shenandoah.k12.va.us / mtfannin@shenandoah.k12.va.us**Principal:** Mike Dorman**Assistant Principal:** Scott Schlentner**Guidance Counselors:****Athletic/Activities Director:** Todd Fannin**Superintendent:** Dr. Mark Johnston (Shenandoah)

Assistant AD:	Jennifer Horowitz	Students	454	Group:	1A	Conference:	44
Colors:	Red/White/Black	Gym Cap.	1400	Region:	1A East	District:	Shenandoah
Mascot:	Generals	Stad. Cap.	1500				

Ath Trainer	Dan Carroll	Football	Jay Goodel	Scholastic	Adina McInturff
Band	Robert Curry	Forensics		Soccer, b	Caleb Golladay
Baseball	Mike Lenox	Golf	Roger Wilkins	Soccer, g	Hap Kwiatkowski
Basket, b	David Fowler	Gymnast, b		Softball	Sue Rubenstein
Basket, g	Jeff Burner	Gymnast, g		Swim, b	Diane Knauff
Cheer	Jessica Armstrong	Ind Track, b		Swim, g	Diane Knauff
Cr Writing	Trish Diachenko	Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	Cindy Wilkins
Crew, g		Lacrosse, g		Theatre	Trish Diachenko
CrossC, b	Mary Clanahan	Magazine		Volley, b	
CrossC, g	Mary Clanahan	Newspaper		Volley, g	Lindsey Dinges
Debate	Sam Gesford	Out Track, b	Dick Krol	Wrestling	Jerry Franklin
F Hockey		Out Track, g	Debbie Ritchie	Yearbook	Cindy Wilkins
Film Fest					

James River (Buchanan)**(JRBU)****School Phone:** 540-254-1121**Athletics Office:** 540-473-8438**School Fax:** 540-254-2765

9906 Springwood Road / Buchanan, VA 24066

E-Mail: jtalbott@bcps.k12.va.us / sproffit@bcps.k12.va.us**Principal:** Jamie Talbott**Assistant Principal:** Mike Ketron**Guidance Counselors:** Carol Brenner, Anne Simmons**Athletic/Activities Director:** Sheila Proffit**Superintendent:** Mr. John Busher (Botetourt)

Assistant AD:		Students	540	Group:	2A	Conference:	38
Colors:	Scarlet/Black/White	Gym Cap.	1575	Region:	2A West	District:	Three Rivers
Mascot:	Knights	Stad. Cap.	1765				

Ath Trainer	Kimberley Kirk	Football	Jacob Phillips	Scholastic	Lauren Mioduszewski
Band	Kevin English	Forensics		Soccer, b	Jared Whiting
Baseball	Harry Falls	Golf	Donna Cox	Soccer, g	Bill Smith
Basket, b	Mike Goad	Gymnast, b		Softball	Steve Austin
Basket, g	Mark Eubank	Gymnast, g		Swim, b	Ashley Swandby
Cheer	Kristen Pinkard	Ind Track, b	Greg Dyer	Swim, g	Ashley Swandby
Cr Writing	Melissa Eckstein	Ind Track, g	Greg Dyer	Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	Sharon Keith
CrossC, b	Butch Lewis	Magazine	Melissa Eckstein	Volley, b	
CrossC, g	Butch Lewis	Newspaper		Volley, g	Dave McGee
Debate		Out Track, b	Bill Divers	Wrestling	Tim Jennings
F Hockey		Out Track, g	Greg Dyer	Yearbook	Sarah Dyer
Film Fest					

James River (Midlothian)

(JRMD)

School Phone: 804-378-2420

Athletics Office: 804-378-2429

School Fax: 804-379-2695

3700 James River Road / Midlothian, VA 23113-3717

Email: jennifer_coleman@ccpsnet.net / charles_boone@ccpsnet.net

Principal: Jennifer Coleman

Assistant Principal: Laura Faulcon, Jennifer Coleman, Michelle Wilder, Brandon Petrosky, Angela Karousas

Guidance Counselors: Laurie Hogan

Athletic/Activities Director: Chip Boone

Superintendent: Dr. James F. Lane (Chesterfield)

Assistant AD: Josh Thomas **Students:** 2040 **Group:** 6A **Conference:** 3
Colors: Purple/White/Dark Green **Gym Cap:** 2500 **Region:** 6A South **District:** Dominion
Mascot: Rapids **Stad. Cap:** 3500

Ath Trainer	Jessica Brady	Football	Greg DeFrancesco	Scholastic	Donna Dollings
Band	Justin Turpin	Forensics	Jessica Sanchez	Soccer, b	Forsan Radwan
Baseball	Peter Schumacher	Golf	Tim Llewellyn	Soccer, g	Ian Stowe
Basket, b	Not Filled	Gymnast, b		Softball	David Chase
Basket, g	Not Filled	Gymnast, g		Swim, b	
Cheer	Gina Morgan	Ind Track, b	Cornel Core	Swim, g	
Cr Writing	Not Filled	Ind Track, g	Cornel Core	Tennis, b	Bruce Sibley
Crew, b	Mike Makowski	Lacrosse, b	Rob Helsley	Tennis, g	Nancy Hayes
Crew, g	Matt Makowski	Lacrosse, g	Cherie Miller	Theatre	Allison Oyler
CrossC, b	Jeff Raskind	Magazine	Not Filled	Volley, b	Michael Blankenbecler
CrossC, g	Brenda Averette	Newspaper	Lauren Benere	Volley, g	Joe Sullivan
Debate	D. Cheatham, E. Morris	Out Track, b	Cornell Core	Wrestling	James Riley
F Hockey	Slade Gormus	Out Track, g	Cornell Core	Yearbook	Kinsey Sparre
Film Fest					

Jamestown

(JTWN)

School Phone: 757-259-3600

Athletics Office: 757-259-3622

School Fax: 757-259-3725

3751 John Tyler Highway / Williamsburg, VA 23185

Email: Catherine.Worley@wjccschools.org / Kenneth.Edwards2@wjccschools.org

Principal: Cathy Worley

Assistant Principal: Jeff Bond, Crystal Haskins

Guidance Counselors: Jessica Switzer, Gary Breaux, Adrienne Gonzalo

Athletic/Activities Director: Kenny Edwards (RAA)

Superintendent: Dr. Steven Constantino (Williamsburg/James City)

Assistant AD: **Students:** 1350 **Group:** 4A **Conference:** 18
Colors: Green/Black/White **Gym Cap:** 1000 **Region:** 4A East **District:** Bay Rivers
Mascot: Eagles **Stad. Cap:** 3000

Ath Trainer	Amanda Miller	Football	Donnell Brown	Scholastic	Ryan Gross
Band	Steve Turner	Forensics	Leonora Reiley	Soccer, b	Bobby O'Brien
Baseball	John Cole	Golf	Doug Meredith	Soccer, g	K. Dawson, M. Dawson
Basket, b	Donovan Bridgeforth	Gymnast, b		Softball	Not Filled
Basket, g	Mary Gilsan	Gymnast, g		Swim, b	Molly Sandling
Cheer	Samantha Young	Ind Track, b	Mark Tompkins	Swim, g	Molly Sandling
Cr Writing		Ind Track, g	Mark Tompkins	Tennis, b	Bob Artis
Crew, b		Lacrosse, b		Tennis, g	Karen Johnson
Crew, g		Lacrosse, g		Theatre	J. Harvey Stone
CrossC, b	Mark Tompkins	Magazine	Leonora Reiley	Volley, b	
CrossC, g	Mark Tompkins	Newspaper	Maeghan Christie	Volley, g	Tom Stephenson
Debate	Danon Middleton	Out Track, b	Mark Tompkins	Wrestling	Richard Pennycook
F Hockey	Jen Schrum	Out Track, g	Mark Tompkins	Yearbook	Sharon Green
Film Fest	Not Filled				

Jefferson Forest

(JFOR)

School Phone: 434-525-2674

Athletics Office:

School Fax: 434-525-0106

1 Cavalier Circle / Forest, VA 24551

Email: icalvert@bedford.k12.va.us / bmartin@bedford.k12.va.us

Principal: LeeAnn Calvert

Assistant Principal: Troy Doss, Jean Marie Johnston, Donnie Norman

Guidance Counselors: Elizabeth Newby

Athletic/Activities Director: Ben Martin (RAA)

Superintendent: Dr. Douglas R. Schuch (Bedford)

Assistant AD: **Students:** 1366 **Group:** 4A **Conference:** 23
Colors: Red/Black/White **Gym Cap:** 1800 **Region:** 4A West **District:** Seminole
Mascot: Cavaliers **Stad. Cap:** 3500

Ath Trainer	Steve MacCord	Football	Robert Christmas	Scholastic	Debra Woodson
Band	David Webb	Forensics	Bryan Munson	Soccer, b	Jed Zaring
Baseball	Ryan Gilleland	Golf	Garnett Manley	Soccer, g	Matt Newton
Basket, b	Cameron Shepherd	Gymnast, b		Softball	Gary Harris
Basket, g	Nancy McCoy	Gymnast, g		Swim, b	Marty Ponder
Cheer	Katie Wood	Ind Track, b	Matt DeLoach	Swim, g	Marty Ponder
Cr Writing		Ind Track, g	Colby Delbene	Tennis, b	Brady Taylor
Crew, b		Lacrosse, b	Jesse Bickel	Tennis, g	Tyler Johnston
Crew, g		Lacrosse, g	Ava Rupert	Theatre	Spencer White
CrossC, b	Colby Delbene	Magazine		Volley, b	
CrossC, g	Colby Delbene	Newspaper		Volley, g	Steve Mills
Debate	Bryan Munson	Out Track, b	Matt DeLoach	Wrestling	Bill Hutchinson
F Hockey		Out Track, g	Curt Irwin	Yearbook	Alicia Morgan
Film Fest	Spence White				

Thomas Jefferson (Richmond)**(TJRI)****School Phone:** 804-780-6028

4100 West Grace Street / Richmond, VA 23230-3802

Athletics Office:**EMail:** wholt@richmond.k12.va.us**School Fax:** 804-780-6295**Principal:** Darin Thompson**Assistant Principal:** Marshall Andrews, Camona Murray**Guidance Counselors:** Willie Dupree, Dr. Zeno Hines, Latoya Williams**Athletic/Activities Director:** Dr. Bill Holt**Superintendent:** Dr. Dana Bedden (Richmond City)

Assistant AD: Not Filled	Students 800	Group: 3A	Conference: 26
Colors: Red/White	Gym Cap. 500	Region: 3A East	District: Colonial
Mascot: Vikings	Stad. Cap. 800		

Ath Trainer Erin Seabrook	Football Chris Mitchell	Scholastic	
Band Eric Cousins	Forensics	Soccer, b	Jordan Smith
Baseball Harold Henry	Golf	Soccer, g	Not Filled
Basket, b Kendrick Warren	Gymnast, b	Softball	Randall Ward
Basket, g Glen Harper	Gymnast, g	Swim, b	
Cheer Latasha Perry	Ind Track, b Crystal Jordan	Swim, g	
Cr Writing	Ind Track, g Crystal Jordan	Tennis, b	Justin White
Crew, b	Lacrosse, b	Tennis, g	Not Filled
Crew, g	Lacrosse, g	Theatre	
CrossC, b Crystal Jordan	Magazine	Volley, b	Kendrick Warren
CrossC, g Crystal Jordan	Newspaper	Volley, g	Juliane Codd
Debate	Out Track, b Crystal Jordan	Wrestling	
F Hockey	Out Track, g Crystal Jordan	Yearbook	Stephanie Muller
Film Fest			

Thomas Jefferson Science & Technol (TJST)**School Phone:** 703-750-8300

6560 Braddock Road / Alexandria, VA 22312-2206

Athletics Office: 703-750-8333**EMail:** Evan.Glazer@fcps.edu**School Fax:** 703-750-5079**Principal:** Evan Glazer**Assistant Principal:** Heather Sondel, Mary Ann Bosley, Brandon Kosatka, Mary McDowell**Guidance Counselors:****Athletic/Activities Director:** Rusty Hodges**Superintendent:** Not Filled (Fairfax)

Assistant AD: David Gardziel, Rusty Hodges	Students 1804	Group: 5A	Conference: 13
Colors: Navy/White/Red	Gym Cap. 736	Region: 5A North	District: National
Mascot: Colonials	Stad. Cap. 4502		

Ath Trainer Heather Murphy	Football Ken Kincaid	Scholastic	John Laffey
Band Adam Foreman	Forensics Marie Bakke	Soccer, b	Sean Burke
Baseball David Gardziel	Golf John Myers	Soccer, g	Luis Gendive
Basket, b Mark Gray-Mendes	Gymnast, b	Softball	Michael Hrabak
Basket, g Victor Chen	Gymnast, g Pete Novgrod	Swim, b	Ian Handerhan
Cheer Melissa Rapp	Ind Track, b Jeff James	Swim, g	Ian Handerhan
Cr Writing Jennifer Seavey	Ind Track, g Jeff James	Tennis, b	John Myers
Crew, b Bill Randell	Lacrosse, b Rob Duca	Tennis, g	Simon Harrington
Crew, g Matt Schoop	Lacrosse, g Vivian Tan	Theatre	Molly Khatchernessian
CrossC, b Jeff James	Magazine Emily Orser	Volley, b	
CrossC, g Jeff James	Newspaper Jennifer Seavey	Volley, g	
Debate Jennifer Seavey	Out Track, b Jeff James	Wrestling	Clint Behling
F Hockey Amanda Kelly	Out Track, g Jeff James	Yearbook	Erinn Harris
Film Fest			

Kecoughtan**(KCTN)****School Phone:** 757-850-5000

522 Woodland Road / Hampton, VA 23669

Athletics Office: 757-850-5030**EMail:** jmordica@hampton.k12.va.us / lbrown3@hampton.k12.va.us**School Fax:** 757-848-2367**Principal:** Jeff Mordica**Assistant Principal:** Sharmaine Grove, Dwayne Lucas, Tim Cason, Kim Vick**Guidance Counselors:** Stacie Tyson**Athletic/Activities Director:** Lucas Brown (RAA)**Superintendent:** Dr. Jeffrey Smith (Hampton)

Assistant AD:	Students 1500	Group: 5A	Conference: 10
Colors: Green/White	Gym Cap. 570	Region: 5A South	District: Peninsula
Mascot: Warriors	Stad. Cap. 8000		

Ath Trainer	Football Alonzo Coley	Scholastic	Ron Lieberum
Band Nick Conty	Forensics Ron Lieberum	Soccer, b	Franklin Hughes
Baseball Ethan Carter	Golf Mark Ewell	Soccer, g	Chris Reoyo
Basket, b Willie Gause	Gymnast, b	Softball	Mike Mugler
Basket, g Maze Toomer	Gymnast, g	Swim, b	Joey Stickle
Cheer Ashley Tilbitt	Ind Track, b William Washington	Swim, g	Melissa Smith
Cr Writing	Ind Track, g William Washington	Tennis, b	Ed Rietscha
Crew, b	Lacrosse, b	Tennis, g	Patty Kalabsa
Crew, g	Lacrosse, g	Theatre	
CrossC, b Ed Rietscha	Magazine	Volley, b	Not Filled
CrossC, g Ed Rietscha	Newspaper	Volley, g	Melani Lewis
Debate	Out Track, b William Washington	Wrestling	Not Filled
F Hockey Kaylee Blinco	Out Track, g William Washington	Yearbook	
Film Fest			

Floyd E. Kellam**(KELM)****School Phone:** 757-648-5100

2665 West Neck Road / Virginia Beach, VA 23456

Athletics Office: 757-648-5121**Email:** daniel.smith@vbschools.com / jbmoxey@vbschools.com**School Fax:** 757-648-5133**Principal:** Daniel Smith**Assistant Principal:** Sherri Brooks, Chris Jones, Carrie Pierce, Richard Trumble**Guidance Counselors:** Amy Upton, Amanda Hansen**Athletic/Activities Director:** James Moxey**Superintendent:** Dr. Aaron C. Spence (Virginia Beach)

Assistant AD: Jo Blackmon	Students 1975	Group: 6A	Conference: 1
Colors: Black/Gold/White	Gym Cap. 2200	Region: 6A South	District: Beach
Mascot: Knights	Stad. Cap. 6000		

Ath Trainer M. Banks, C. Drago	Football Chris DeWitt	Scholastic Eriks Apelis
Band Cameron Baker	Forensics Angie Evans	Soccer, b Craig Powers
Baseball St. Clair Jones	Golf Jason Copeland	Soccer, g Mario Hurdle
Basket, b Norm Hassell	Gymnast, b	Softball Theresa Jones
Basket, g Theresa Jones	Gymnast, g Debi Strausbaugh	Swim, b Abbie McGee
Cheer Anthony Holub	Ind Track, b Bill Bernard	Swim, g Abbie McGee
Cr Writing Angie Evans	Ind Track, g Bill Bernard	Tennis, b Elric Claudio
Crew, b	Lacrosse, b	Tennis, g Brooke Harrison
Crew, g	Lacrosse, g	Theatre T. Smith, R. Petersen
CrossC, b Bill Bernard	Magazine Laura Peters	Volley, b John Swanson
CrossC, g Bill Bernard	Newspaper Pamela Henry	Volley, g Janice Johnson
Debate Jim Moxey	Out Track, b Bill Bernard	Wrestling Mike Benzel
F Hockey Katie Staples	Out Track, g Bill Bernard	Yearbook Stephanie Trzeciakiewicz
Film Fest Robin Petersen		

Kempville**(KEMP)****School Phone:** 757-648-5450

5194 Chief Trail / Virginia Beach, VA 23464-2796

Athletics Office: 757-648-5471**Email:** william.harris@vbschools.com / tim.wolf@vbschools.com**School Fax:** 757-474-8476**Principal:** William "Bill" Harris**Assistant Principal:** Patrick Flanagan, Donna Elliott, Melissa George**Guidance Counselors:** April Harmon**Athletic/Activities Director:** Tim Wolf (CMAA)**Superintendent:** Dr. Aaron C. Spence (Virginia Beach)

Assistant AD: R. Barlow, S. Marks, L. Lloy	Students 1540	Group: 5A	Conference: 9
Colors: Royal Blue/Red/Silver	Gym Cap. 1400	Region: 5A South	District: Beach
Mascot: Chiefs	Stad. Cap. 4000		

Ath Trainer M. Mansfield, B. Thomas	Football Nick Mygas	Scholastic Kathy Halpin
Band Amanda Marquart	Forensics Natalie DeGutis	Soccer, b Leroi Wilson
Baseball Travis Sutton	Golf Mike Polychroni	Soccer, g L. Tucei, M. Danley
Basket, b Taft Hickman	Gymnast, b	Softball Matt Brinton
Basket, g Greg Dunn	Gymnast, g Laurie Knott	Swim, b Claudia Ockert
Cheer Tiffany Nixon	Ind Track, b James Broderick	Swim, g Kristin Knott
Cr Writing Not Filled	Ind Track, g Eric N'Dri	Tennis, b Herbert Brandon
Crew, b	Lacrosse, b	Tennis, g Paul Behson
Crew, g	Lacrosse, g	Theatre Erin Mullins
CrossC, b Alan Jones	Magazine Kara Kimble	Volley, b Nico Padillo
CrossC, g Kristin Knott	Newspaper Kara Kimble	Volley, g Ashley Hudman
Debate Absalom O'Neil	Out Track, b James Broderick	Wrestling Sean Early
F Hockey Amber Jones	Out Track, g Eric N'Dri	Yearbook M. Bouhouheropoulos, C. Gr
Film Fest Not Filled		

Kettle Run**(KTRN)****School Phone:** 540-422-7330

7403 Academic Avenue / Nokesville, VA 20181

Athletics Office: 540-422-7344**Email:** pfrye@fcps1.org**School Fax:** 540-428-7018**Principal:** Major R. Warner**Assistant Principal:** Mark Malloy, Megan Brill, Linda Lee**Guidance Counselors:** Joyce Brown, Sue Harmon, Genna Hall**Athletic/Activities Director:** Paul Frye (CAA)**Superintendent:** Dr. David Jeck (Fauquier)

Assistant AD: Ellen Allen	Students 1180	Group: 4A	Conference: 22
Colors: Green/Orange/White	Gym Cap. 1800	Region: 4A West	District: Evergreen
Mascot: Cougars	Stad. Cap. 4000		

Ath Trainer Natalie Campbell	Football Charles Porterfield	Scholastic Joe Golimoskie
Band Matt Yonkey	Forensics	Soccer, b Phillip Roper
Baseball William Ty Tharpe	Golf Dale Edwards	Soccer, g Elizabeth Martin
Basket, b Troy Washington	Gymnast, b	Softball Tori Hill
Basket, g Steve Sviatko	Gymnast, g	Swim, b Cherie Addair
Cheer JoAnn Glover	Ind Track, b Ellen Allen	Swim, g Cherie Addair
Cr Writing Not Filled	Ind Track, g Ellen Allen	Tennis, b Mike Ryon
Crew, b	Lacrosse, b Scott Bagley	Tennis, g Shelly Norden
Crew, g	Lacrosse, g Joanie DeGoosh	Theatre
CrossC, b Not Filled	Magazine Shelly Norden	Volley, b
CrossC, g Not Filled	Newspaper Shelly Norden	Volley, g Bri West
Debate	Out Track, b Ellen Allen	Wrestling Mike Foy
F Hockey Elizebeth Todd	Out Track, g Ellen Allen	Yearbook Shelly Norden
Film Fest Shelly Norden		

King and Queen Central

(KGQN)

School Phone: 804-785-6102

17024 The Trail / King & Queen Courthouse, VA 23085

Athletics Office: 804-785-6102

Email: joberg@kqps.net / sgallihugh@kqps.net

School Fax: 804-785-5129

Principal: Jeffrey M. Oberg

Assistant Principal:

Guidance Counselors:

Athletic/Activities Director: Steven Gallihugh

Superintendent: Dr. Carol B. Carter (King & Queen)

Assistant AD: Students 235 Group: 1A Conference: 42
Colors: Red/White Gym Cap. 650 Region: 1A East District: Tidewater
Mascot: Royal Tigers Stad. Cap. 300

Ath Trainer		Football	Ronald Davison	Scholastic	
Band	Joseph Guardino	Forensics		Soccer, b	
Baseball	Not Filled	Golf		Soccer, g	
Basket, b	Barren Holmes	Gymnast, b		Softball	
Basket, g	Not Filled	Gymnast, g		Swim, b	
Cheer	Not Filled	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Jessica Naylor	Magazine		Volley, b	
CrossC, g	Jessica Naylor	Newspaper	Julie Carter	Volley, g	
Debate		Out Track, b	Michael Harris	Wrestling	
F Hockey		Out Track, g	Kenneth Briddell	Yearbook	
Film Fest					

King George

(KGGE)

School Phone: 540-775-3535

10100 Foxes Way / King George, VA 22485

Athletics Office: 540-775-3535

Email: jboyd@kgcs.k12.va.us / afisher@kgcs.k12.va.us

School Fax: 540-775-8426

Principal: Jesse Boyd

Assistant Principal: Kim Truslow, Shelby Latney, Brian Ritchie

Guidance Counselors:

Athletic/Activities Director: Alex Fisher (RAA)

Superintendent: Dr. Robert B. Benson (King George)

Assistant AD: Students 1264 Group: 4A Conference: 19
Colors: Royal Blue/Gold Gym Cap. 2000 Region: 4A East District: Battlefield
Mascot: Foxes Stad. Cap. 2000

Ath Trainer		Football	Jeff Smith	Scholastic	William Cowne
Band	Thomposn Daniels	Forensics	Kelly Ross	Soccer, b	Jeff Butler
Baseball	Thad Reviello	Golf	James Howard	Soccer, g	John Rollins
Basket, b	Darren Berkely	Gymnast, b		Softball	Renee Parker
Basket, g	Neil Lyburn	Gymnast, g		Swim, b	Not Filled
Cheer	Amanda Cornwell	Ind Track, b	Not Filled	Swim, g	Not Filled
Cr Writing		Ind Track, g	Not Filled	Tennis, b	Martin Wolowicz
Crew, b		Lacrosse, b		Tennis, g	Josh Gillette
Crew, g		Lacrosse, g		Theatre	Katrina Wynes
CrossC, b	Not Filled	Magazine		Volley, b	
CrossC, g	Not Filled	Newspaper		Volley, g	Jill Wine
Debate	Ashley Frederickson	Out Track, b	Not Filled	Wrestling	Jeff Kraisser
F Hockey	Not Filled	Out Track, g	Not Filled	Yearbook	Not Filled
Film Fest					

King William

(KGWM)

School Phone: 804-769-3434

80 Cavalier Drive / King William, VA 23086-9773

Athletics Office: Ext. 605

Email: cmconville@kwcps.k12.va.us / djones@kwcps.k12.va.us

School Fax: 804-769-2430

Principal: Corey McConville

Assistant Principal: Andrew Perego

Guidance Counselors: Tracey Martin, Cami Newbill

Athletic/Activities Director: Daniel K. Jones (CMAA)

Superintendent: Dr. David O. White (King William)

Assistant AD: Jeff Huffman, Chris Walker Students 620 Group: 2A Conference: 33
Colors: Black/Vegas Gold Gym Cap. 1600 Region: 2A East District: Tidewater
Mascot: Cavaliers Stad. Cap. 2500

Ath Trainer	Amber Cook	Football	Dylan DeHart	Scholastic	Michael Kimble
Band	Calvin Sorrell	Forensics	Not Filled	Soccer, b	Chris Harris
Baseball	Jay Blanton	Golf	Jay Blanton	Soccer, g	Not Filled
Basket, b	Joe Harper	Gymnast, b		Softball	Not Filled
Basket, g	Kerry Johnson	Gymnast, g		Swim, b	
Cheer	Jennifer Longest	Ind Track, b		Swim, g	
Cr Writing	Gina Allison	Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	Chadd Ownby
CrossC, b	Tommy Tupponce	Magazine		Volley, b	
CrossC, g	Tommy Tupponce	Newspaper		Volley, g	Melissa Ware
Debate		Out Track, b	Malcolm Tupponce	Wrestling	Not Filled
F Hockey		Out Track, g	Malcolm Tupponce	Yearbook	Gina Allison
Film Fest	Not Filled				

King's Fork**(KGFK)****School Phone:** 757-923-5240**Athletics Office:** 757-923-5240**School Fax:** 757-923-5242

351 King's Fork Road / Suffolk, VA 23434

E-Mail: ronleigh@spsk12.net / ranjessee@spsk12.net**Principal:** Ron Leigh**Assistant Principal:** Kimberly Warholak, Shawn Green, Elke Boone**Guidance Counselors:****Athletic/Activities Director:** Randy Jessee**Superintendent:** Dr. Deran R. Whitney (Suffolk)**Assistant AD:****Colors:** Maroon/Vegas Gold**Mascot:** Bulldogs**Students** 1500**Gym Cap.** 2200**Stad. Cap.** 5000**Group:** 4A**Region:** 4A East**Conference:** 17**District:** Southeastern

Ath Trainer	Jami Furr	Football	Scottie Littles
Band	Bernard Bradley	Forensics	
Baseball	Rob Hedrick	Golf	Calvin Mitchell
Basket, b	Joshua Worrell	Gymnast, b	
Basket, g	Maurice Fofana	Gymnast, g	
Cheer	Valerie Coston	Ind Track, b	Adrian Young
Cr Writing		Ind Track, g	Shawn Warren
Crew, b		Lacrosse, b	
Crew, g		Lacrosse, g	
CrossC, b	Adrian Young	Magazine	
CrossC, g	Shawn Warren	Newspaper	
Debate	Todd Gidley	Out Track, b	Adrian Young
F Hockey	Darcy Pinchback	Out Track, g	Shawn Warren
Film Fest			

Scholastic	Kat Byrnes
Soccer, b	Michel Bile
Soccer, g	Mike Marston
Softball	Richard Fromel
Swim, b	Erin Manning
Swim, g	Erin Manning
Tennis, b	Andre Riddick
Tennis, g	Calvin Mitchell
Theatre	Not Filled
Volley, b	Not Filled
Volley, g	Not Filled
Wrestling	Jason Dunaway
Yearbook	Michael Sichok

Lafayette**(Lafa)****School Phone:** 757-565-0373**Athletics Office:** 757-565-4229**School Fax:** 757-259-3735

4460 Longhill Road / Williamsburg, VA 23188

E-Mail: lillian.swinton@wjccschools.org / andrew.linn@wjccschools.org**Principal:** Anita Swinton**Assistant Principal:** Michele Newcomb, Howard Townsend**Guidance Counselors:** Patrick Moore, Suzanne Hart, Quincy Marrow, Leigh Todd**Athletic/Activities Director:** Andy Linn**Superintendent:** Dr. Steven Constantino (Williamsburg/James City)**Assistant AD:** Jackie Henry**Colors:** Navy Blue/Vagas Gold**Mascot:** Rams**Students** 1070**Gym Cap.** 1300**Stad. Cap.** 3000**Group:** 4A**Region:** 4A East**Conference:** 18**District:** Bay Rivers

Ath Trainer	Dan Gotthardt	Football	Andy Linn
Band	Jonathan Harg	Forensics	Suzan McCorry
Baseball	Richard Schenk	Golf	Pat Thompson
Basket, b	Robby Woollum	Gymnast, b	
Basket, g	Not Filled	Gymnast, g	
Cheer	Channing Wynne	Ind Track, b	Mel Jones
Cr Writing	Suzan McCorry	Ind Track, g	Mel Jones
Crew, b		Lacrosse, b	
Crew, g		Lacrosse, g	
CrossC, b	Craig Wortman	Magazine	Molly Peet
CrossC, g	Craig Wortman	Newspaper	Lisa Wathen
Debate	Jan Barrett	Out Track, b	Mel Jones
F Hockey	Chris Jones	Out Track, g	Mel Jones
Film Fest			

Scholastic	Mark Weideman
Soccer, b	Brian Sorrell
Soccer, g	Not Filled
Softball	Tim Jones
Swim, b	Harold Baker
Swim, g	Harold Baker
Tennis, b	Archie Jefferson
Tennis, g	Pat Thompson
Theatre	Suzan McCorry
Volley, b	
Volley, g	Keith Nowadly
Wrestling	Chris Wiatt
Yearbook	Dana Napier

Lake Braddock**(LKBR)****School Phone:** 703-426-1000**Athletics Office:** 703-426-1001**School Fax:** 703-426-1172

9200 Burke Lake Road / Burke, VA 22015-1682

E-Mail: dfthomas@fcps.edu / krkerns@fcps.edu**Principal:** Dave Thomas**Assistant Principal:** Tony Copeland, Lora Adams, Lance Jackson, Terri Hampton, Rob Sanders, Debbie Strayhorn**Guidance Counselors:** Alka Howard, M. Bresser, Ann Poloino, My Soos, Alka Howard, Josie Rodriguez-Walhout**Athletic/Activities Director:** Karl Kerns (CAA)**Superintendent:** Not Filled (Fairfax)**Assistant AD:** B. Hughes, M. Clark (RAA)**Colors:** Purple/Gold**Mascot:** Bruins**Students** 1850**Gym Cap.** 3000**Stad. Cap.** 6000**Group:** 6A**Region:** 6A North**Conference:** 7**District:** Patriot

Ath Trainer	Emily Huss	Football	Jim Poythress
Band	Mike Lulley	Forensics	Duane Hyland
Baseball	Jody Rutherford	Golf	Brett Garner
Basket, b	Brian Metress	Gymnast, b	
Basket, g	John Gianelli	Gymnast, g	Ellen Hagan-Bowerman
Cheer	Kayla Shane	Ind Track, b	Bob Digby
Cr Writing	Not Filled	Ind Track, g	Bob Digby
Crew, b	Gary Goddard	Lacrosse, b	Steve Price
Crew, g	Tracy Shakespeare	Lacrosse, g	Deborah Sloan
CrossC, b	Mike Mangan	Magazine	Dirk Schultz
CrossC, g	Mike Mangan	Newspaper	Kathy Helmke
Debate	Duane Hyland	Out Track, b	Bob Digby
F Hockey	Marie Bounds	Out Track, g	Bob Digby
Film Fest	Bill McCabe		

Scholastic	Jennifer Adams
Soccer, b	Joe Soos
Soccer, g	Adam Soos
Softball	George Rumore
Swim, b	Scott Darwin
Swim, g	Scott Darwin
Tennis, b	Bill Hughes
Tennis, g	Laura Wolf
Theatre	R. Mirabal
Volley, b	
Volley, g	Aubrey Eaton
Wrestling	Scott Matheny
Yearbook	Kathryn Helmke

Lake Taylor

(LKTA)

School Phone: 757-892-3200

Athletics Office: 757-892-3203

School Fax: 757-892-3210

1384 Kempsville Road / Norfolk, VA 23502-2299

Email: ljenkins@nps.k12.va.us / rpannenb@nps.k12.va.us

Principal: Latasha Wade-Jenkins

Assistant Principal: Melanie Van Liere, Jacquelynne Hall, Walter Brower

Guidance Counselors: April Harmon

Athletic/Activities Director: Bobby Pannenbacker

Superintendent: Dr. Melinda J. Boone (Norfolk)

Assistant AD: Students 1259 **Group:** 4A **Conference:** 17
Colors: Red/White **Gym Cap.** 2000 **Region:** 4A East **District:** Eastern
Mascot: Titans **Stad. Cap.** 3500

Ath Trainer	Cristin Feldvauer	Football	Hank Sawyer	Scholastic	Jeffery Timmerman
Band	Not Filled	Forensics	Jessica Johnson	Soccer, b	Greg Foote
Baseball	Steven Gray	Golf	Steven Gray	Soccer, g	Gregg Mottinger
Basket, b	Kenny Brown	Gymnast, b		Softball	Kathryn O'Connor
Basket, g	Sandra Sawyer	Gymnast, g		Swim, b	Chrystal Rosenthal
Cheer	Crystal Parker	Ind Track, b	LaShundra Carter	Swim, g	Krista Dunn
Cr Writing	Not Filled	Ind Track, g	LaShundra Carter	Tennis, b	Kenneth Brown
Crew, b		Lacrosse, b		Tennis, g	Toran Matthews
Crew, g		Lacrosse, g		Theatre	Not Filled
CrossC, b	LaShundra Carter	Magazine	Christopher Joyner	Volley, b	Not Filled
CrossC, g	LaShundra Carter	Newspaper	Not Filled	Volley, g	Kenneth Brown
Debate		Out Track, b	John Quinerly	Wrestling	Jerry Altares
F Hockey	Kim Barnes	Out Track, g	LaShundra Carter	Yearbook	Kathy Arrant
Film Fest					

Lakeland

(LAKE)

School Phone: 757-925-5790

Athletics Office: Ext. 581627

School Fax: 757-925-5599

214 Kenyon Road / Suffolk, VA 23434

Email: douglaswagoner@spk12.net

Principal: Doug Wagoner

Assistant Principal: Brenda Ingram, Kevin Monroe, Douglas Wagoner

Guidance Counselors:

Athletic/Activities Director: Greg Rountree

Superintendent: Dr. Deran R. Whitney (Suffolk)

Assistant AD: Students 1450 **Group:** 3A **Conference:** 27
Colors: Navy/Carolina Blue **Gym Cap.** 1700 **Region:** 3A East **District:** Southeastern
Mascot: Cavaliers **Stad. Cap.** 4000

Ath Trainer	Not Filled	Football	Glenwood Ferebee	Scholastic	Betty Twitty
Band	Alvin Wilson	Forensics		Soccer, b	John Christmas
Baseball	Daniel Waller	Golf	Teri Tucker	Soccer, g	Anita Fisher
Basket, b	James Jones	Gymnast, b		Softball	Steve Wood
Basket, g	Alan Jones	Gymnast, g		Swim, b	
Cheer	Sheri Davis	Ind Track, b	Greg Rountree	Swim, g	
Cr Writing		Ind Track, g	Greg Rountree	Tennis, b	Matt Boehringer
Crew, b		Lacrosse, b		Tennis, g	Randolph Holland
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Tamara Carrington	Magazine		Volley, b	Daniel Waller
CrossC, g	Tamara Carrington	Newspaper		Volley, g	Paula Neri
Debate		Out Track, b	Greg Rountree	Wrestling	Jon Bostwick
F Hockey	Tara Worley	Out Track, g	Greg Rountree	Yearbook	Latoya Floyd
Film Fest					

Lancaster

(LANC)

School Phone: 804-462-5100

Athletics Office: Ext. 4008

School Fax: 804-462-5174

P. O. Box 790, 8815 Mary Ball Road / Lancaster, VA 22503

Email: emorgan@lcs.k12.va.us / jwebb-fary@lcs.k12.va.us

Principal: Erskine E. Morgan, II

Assistant Principal: Barbara Bohannon

Guidance Counselors: Barbara Smith, Karen Hutchens, Lara Brown

Athletic/Activities Director: JoAnne Webb-Fary

Superintendent: Mr. Steven Parker (Lancaster)

Assistant AD: Students 380 **Group:** 1A **Conference:** 43
Colors: Red/White **Gym Cap.** 1500 **Region:** 1A East **District:** Northern Neck
Mascot: Red Devils **Stad. Cap.** 1500

Ath Trainer		Football	Damien Crissey	Scholastic	Alex Stickler
Band	Robert Spiers	Forensics		Soccer, b	Chris Felthouse
Baseball	Welby Saunders	Golf	Rich Ford	Soccer, g	Chris Cornwell
Basket, b	Tim Rice	Gymnast, b		Softball	Dave Zieler
Basket, g	Paula Scott	Gymnast, g		Swim, b	
Cheer	Nikee Boyd	Ind Track, b	Draper Washington	Swim, g	
Cr Writing		Ind Track, g	Jim Timm	Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	Not Filled
CrossC, b	JoAnne Webb-Fary	Magazine		Volley, b	
CrossC, g	JoAnne Webb-Fary	Newspaper		Volley, g	Dave Zieler
Debate		Out Track, b	Draper Washington	Wrestling	Craig Oren
F Hockey	Kacie Cockrell	Out Track, g	JoAnne Webb-Fary	Yearbook	Anna Patterson
Film Fest					

Landstown**(LTWN)****School Phone:** 757-648-5500

2001 Concert Drive / Virginia Beach, VA 23456

Athletics Office: 757-648-5521**Email:** cheryl.askew@vbschools.com / david.siock@vbschools.com**School Fax:** 757-468-1860**Principal:** Cheryl C. Askew**Assistant Principal:** Mike Nelson, Elizabeth Bryant, Wellinthon Munoz, Natasha Christian, Lisette Diehl, Jason Stanley**Guidance Counselors:** Melody Cariello**Athletic/Activities Director:** Dave Siock**Superintendent:** Dr. Aaron C. Spence (Virginia Beach)

Assistant AD: Tom Anderson, Tim Blum	Students 2400	Group: 6A	Conference: 1
Colors: Royal/Black/Silver/White	Gym Cap. 1800	Region: 6A South	District: Beach
Mascot: Eagles	Stad. Cap. 4500		

Ath Trainer Yuko Kimura-Koenig	Football Tommy Reamon	Scholastic	Susan Livingston
Band Elwood Gelhert	Forensics Frances Fok	Soccer, b	Jason Niehoff
Baseball Dave Hart	Golf Dave Hart	Soccer, g	Not Filled
Basket, b Dwight Robinson	Gymnast, b	Softball	Angela Tonnesen
Basket, g Vic Rosado	Gymnast, g Cynthia Bogdan	Swim, b	Not Filled
Cheer Stephanie Roldan	Ind Track, b Tom Anderson	Swim, g	Jennifer Groves
Cr Writing Frances Fok	Ind Track, g Dave Coulter	Tennis, b	Shawn Bolling
Crew, b	Lacrosse, b	Tennis, g	Wendy Zumbum
Crew, g	Lacrosse, g	Theatre	Terri Gayer
CrossC, b Dave Coulter	Magazine Frances Fok	Volley, b	Sheryl Grumney
CrossC, g Dave Coulter	Newspaper Leigh Anne Clay	Volley, g	Anthony Le
Debate Jennifer Morris	Out Track, b Tom Anderson	Wrestling	John Sendzik
F Hockey Heather Daniel	Out Track, g Dave Coulter	Yearbook	T. Still-Davis, B. Phelps
Film Fest			

Langley**(LANG)****School Phone:** 703-287-2700

6520 Georgetown Pike / McLean, VA 22101

Athletics Office: 703-287-2750**Email:** FFAmico@fcps.edu / Geoffrey.Noto@fcps.edu**School Fax:** 703-287-2764**Principal:** Fred Amico**Assistant Principal:** Jessica Statz, Mary Landis, Jim Robertson, Sonya Williams, Mark Penn**Guidance Counselors:****Athletic/Activities Director:** Geoff Noto (RAA)**Superintendent:** Not Filled (Fairfax)

Assistant AD: Brian Lamb, Sue Shifflett	Students 2050	Group: 6A	Conference: 6
Colors: Dark Green/Gold	Gym Cap. 1300	Region: 6A North	District: Liberty
Mascot: Saxons	Stad. Cap. 3000		

Ath Trainer H. Stone, J. Hunter	Football John Howerton	Scholastic	Matt Kissling
Band Doug Martin	Forensics Gifford Krivak	Soccer, b	Anthony Amato
Baseball Kevin Healy	Golf Al Berg	Soccer, g	Kristin Reagan
Basket, b Scott Newman	Gymnast, b	Softball	Jessica Roche
Basket, g Amanda Bates	Gymnast, g Mike Comini	Swim, b	
Cheer Marc Brooks	Ind Track, b Andrew Diller	Swim, g	
Cr Writing Anna Cohen	Ind Track, g Andrew Diller	Tennis, b	Jack Porter
Crew, b	Lacrosse, b William Ingalsbe	Tennis, g	Jan Dabroski
Crew, g	Lacrosse, g Maggie Kovacs	Theatre	Valerie Karasek
CrossC, b Gifford Krivak	Magazine	Volley, b	
CrossC, g Gifford Krivak	Newspaper Christina Mitro	Volley, g	Sue Shifflett
Debate Gifford Krivak	Out Track, b Andrew Diller	Wrestling	Jeff Mye
F Hockey Jennifer Robb	Out Track, g Andrew Diller	Yearbook	Kelly Mulligan
Film Fest			

Lebanon**(LEBA)****School Phone:** 276-889-6539

P.O. Box 217, Pioneer Drive / Lebanon, VA 24266-0217

Athletics Office: 276-889-6540**Email:** jlong@russell.k12.va.us / sadams@russell.k12.va.us**School Fax:** 276-889-0622**Principal:** Joey Long**Assistant Principal:** Randy Garrett**Guidance Counselors:** Debi Campbell, Stefanie Rasnake, Reece Henry, Letina Miller**Athletic/Activities Director:** Shelia Adams (RAA)**Superintendent:** Dr. Gregory A. Brown (Russell)

Assistant AD:	Students 520	Group: 2A	Conference: 40
Colors: Red/White	Gym Cap. 2400	Region: 2A West	District: Southwest
Mascot: Pioneers	Stad. Cap. 4000		

Ath Trainer	Football Phillip Henley	Scholastic	
Band	Forensics Sarah Stoots	Soccer, b	Jason Wilson
Baseball	Golf Thad Lambert	Soccer, g	Ryan Potts
Basket, b Thad Lambert	Gymnast, b	Softball	Shelia Adams
Basket, g Rex Parker	Gymnast, g	Swim, b	
Cheer Megan Brown	Ind Track, b	Swim, g	
Cr Writing	Ind Track, g	Tennis, b	William Perkins
Crew, b	Lacrosse, b	Tennis, g	Jani Purtee
Crew, g	Lacrosse, g	Theatre	Not Filled
CrossC, b Travis Hooker	Magazine	Volley, b	
CrossC, g Travis Hooker	Newspaper	Volley, g	Dennis Price
Debate	Out Track, b Travis Hooker	Wrestling	Michael Webb
F Hockey	Out Track, g Travis Hooker	Yearbook	Angie Amos
Film Fest Sarah Stoots			

Lee-Davis**(LDAV)**

School Phone: 804-723-2200
 Athletics Office: 804-723-2203
 School Fax: 804-723-2202

7052 Mechanicsville Turnpike / Mechanicsville, VA 23111-6453

EMail: cestevens@hcps.us / cmetzger@hcps.us

Principal: Charles Stevens

Assistant Principal: Brian Canady, Jamie Hutchinson, Kimberly Williams

Guidance Counselors: Jessica Vogt, Karen Cole, Allie Smith, Amy Couillard, Stephanie McGuire, Cathy Sims

Athletic/Activities Director: Tripp Metzger (RAA)

Superintendent: Dr. Michael Gill (Hanover)

Assistant AD: Jackie Davis, Brandon Farrar Students 1556 Group: 5A Conference: 11
 Colors: Navy Blue/ Orange/ Grey Gym Cap. 1750 Region: 5A South District: Capital
 Mascot: Confederates Stad. Cap. 3500

Ath Trainer	S. Salvato, B. Simon	Football	Ryan Turnage	Scholastic	Steven Salvato
Band	Austin Nicholas	Forensics	Sara Anton	Soccer, b	
Baseball	Tyler Johnson	Golf	Kenny Lewis	Soccer, g	Casey Paul
Basket, b	Chad Bishop	Gymnast, b		Softball	Jackie Davis
Basket, g	Alvin Puller	Gymnast, g	Cy Witherow	Swim, b	Natalie Potter
Cheer	Jordan Kerr	Ind Track, b	Neil Mathews	Swim, g	Natalie Potter
Cr Writing		Ind Track, g	Neil Mathews	Tennis, b	Jason Butler
Crew, b		Lacrosse, b	Phil Feigenbaum	Tennis, g	Nancy Sheridan
Crew, g		Lacrosse, g	Merridee Gibson	Theatre	
CrossC, b	Neil Mathews	Magazine	Rebecca Weimer	Volley, b	Nick Brown
CrossC, g	Neil Mathews	Newspaper	Rebecca Weimer	Volley, g	Sharon Gaston
Debate	Steven Salvato	Out Track, b	Neil Mathews	Wrestling	Craig Spruill
F Hockey	Merridee Gibson	Out Track, g	Neil Mathews	Yearbook	Rebecca Weimer
Film Fest	Linda Dull				

Liberty (Bealeton)**(LBEA)**

School Phone: 540-422-7360
 Athletics Office: 540-422-7369
 School Fax: 540-422-7389

6300 Independence Avenue / Bealeton, VA 22712-6843

EMail: scox@fcps1.org / dspahr@fcps1.org

Principal: Sam Cox

Assistant Principal: Nick Napolitano, Christy Crocker, Lauren Milburn

Guidance Counselors:

Athletic/Activities Director: Dean Spahr

Superintendent: Dr. David Jeck (Fauquier)

Assistant AD: Mike Potts Students 1172 Group: 4A Conference: 22
 Colors: Navy/Red/White Gym Cap. 2000 Region: 4A West District: Evergreen
 Mascot: Eagles Stad. Cap. 4000

Ath Trainer	Amanda Carter, ATC	Football	Sean Finnerty	Scholastic	Lori Kissell
Band	Pat Neidich	Forensics		Soccer, b	Greg McLeod
Baseball	Jeff Crane	Golf	Kyle McGlotten	Soccer, g	Miranda Locuratolo
Basket, b	Pat Frazer	Gymnast, b		Softball	Ryan Washington
Basket, g	Ryan Washington	Gymnast, g		Swim, b	Kathy Maskell
Cheer	A. Richards, K. Harvey	Ind Track, b	Helene Lehr	Swim, g	Kathy Maskell
Cr Writing		Ind Track, g	Helene Lehr	Tennis, b	Open
Crew, b		Lacrosse, b	Shawn Otte	Tennis, g	Joan Sinnott
Crew, g		Lacrosse, g	Kat Tines	Theatre	Timothy Bambara
CrossC, b	Doron White	Magazine	Not Filled	Volley, b	
CrossC, g	Doron White	Newspaper	Lisa Miller	Volley, g	Lauren Luttrell
Debate		Out Track, b	Helene Lehr	Wrestling	Wes Hawkins
F Hockey	Katie Norman	Out Track, g	Helene Lehr	Yearbook	Lisa Miller
Film Fest					

Liberty (Bedford)**(LBED)**

School Phone: 540-586-2541
 Athletics Office: 540-586-2541
 School Fax: 540-586-7720

100 Liberty Minutemen Drive / Bedford, VA 24523

EMail: lmattson@bedford.k12.va.us

Principal: Dr. Kathleen Skelding-Dills

Assistant Principal: Kelly Miller, Brian Wilson

Guidance Counselors: Robin Whorley, Erik Olson, Eileen Nealy

Athletic/Activities Director: Lori Mattson

Superintendent: Dr. Douglas R. Schuch (Bedford)

Assistant AD: Students 944 Group: 3A Conference: 30
 Colors: Red/White/Blue Gym Cap. 1100 Region: 3A West District: Seminole
 Mascot: Minutemen Stad. Cap. 2000

Ath Trainer	Brian Sennett	Football	Chris Watts	Scholastic	
Band	William Satterwhite	Forensics	Mickey VanDerwerker	Soccer, b	Eric Seckman
Baseball	Mitch House	Golf	Clayton Carver	Soccer, g	Jeff Steele
Basket, b	Randy Dunton	Gymnast, b		Softball	Sherry Catron
Basket, g	Emilee Dunton	Gymnast, g		Swim, b	Elizabeth Creasy
Cheer	Cassidy Hall	Ind Track, b	Ben Wiese	Swim, g	Elizabeth Creasy
Cr Writing		Ind Track, g	Ben Wiese	Tennis, b	David Harlow
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Catheryn Padgett	Magazine		Volley, b	
CrossC, g	Catheryn Padgett	Newspaper		Volley, g	Alyssa Kidd
Debate		Out Track, b	Ben Wiese	Wrestling	Ethan Lucas
F Hockey		Out Track, g	Ben Wiese	Yearbook	Kris Wingfield
Film Fest					

Liberty Christian**(LCAS)****School Phone:** 434-832-2000**Athletics Office:** 434-832-2024**School Fax:** 434-832-2054

100 Mountain View Road / Lynchburg, VA 24502

Email: admin@cabulldogs.com**Principal:** Timothy Hahn**Assistant Principal:** Dawn Thomas, Matthew Hildebrand**Guidance Counselors:** Ralph Hagner, Amanda Harris**Athletic/Activities Director:** Frank Rocco (CAA)**Superintendent:** John Patterson (Liberty Christian)**Assistant AD:** Doulgas Burks**Colors:** Red, White, Navy**Mascot:** Bulldogs**Students** 776**Gym Cap.** 1000**Stad. Cap.** 20000**Group:** 4A**Region:** 4A West**Conference:** 23**District:** Seminole

Ath Trainer Lauren Tressler	Football	Chris Rocco
Band	Forensics	
Baseball Randy Tomlin	Golf	Mike Morris
Basket, b Wade Mawdesley	Gymnast, b	
Basket, g Paul Redgate	Gymnast, g	
Cheer Susan Hunter	Ind Track, b	Ramsey Moore
Cr Writing	Ind Track, g	Ramsey Moore
Crew, b	Lacrosse, b	David Ahrens
Crew, g	Lacrosse, g	
CrossC, b Halle Paauw	Magazine	
CrossC, g Halle Paauw	Newspaper	
Debate	Out Track, b	Ramsey Moore
F Hockey	Out Track, g	Ramsey Moore
Film Fest		

Scholastic	
Soccer, b	Steve Moon
Soccer, g	John Caudill
Softball	Morgan Pate
Swim, b	Karen Kappler
Swim, g	Karen Kappler
Tennis, b	Steve Yates
Tennis, g	Sidney Beyer
Theatre	
Volley, b	
Volley, g	Amy Perry
Wrestling	Danny Smith
Yearbook	

Lord Botetourt**(LDBT)****School Phone:** 540-992-1261**Athletics Office:** 540-992-5170**School Fax:** 540-992-8381

1435 Roanoke Road / Daleville, VA 24083

Email: adewease@bcps.k12.va.us / cpound@bcps.k12.va.us**Principal:** Andy Dewease**Assistant Principal:** Amanda Collins, Rob Campbell**Guidance Counselors:** Meredith Galazka, Alison Chester, Heather Garnett**Athletic/Activities Director:** Chuck Pound (RAA)**Superintendent:** Mr. John Busher (Botetourt)**Assistant AD:****Colors:** Scarlet/Silver**Mascot:** Cavaliers**Students** 1050**Gym Cap.** 1626**Stad. Cap.** 3500**Group:** 3A**Region:** 3A West**Conference:** 31**District:** Blue Ridge

Ath Trainer Tracey Driscoll	Football	Jamie Harless
Band Chris Caldwell	Forensics	
Baseball Todd Smith	Golf	Todd Smith
Basket, b Chad Conner	Gymnast, b	
Basket, g Chuck Pound (RAA)	Gymnast, g	
Cheer Morgan Nichols	Ind Track, b	Chris Caldwell
Cr Writing	Ind Track, g	Chris Caldwell
Crew, b	Lacrosse, b	
Crew, g	Lacrosse, g	
CrossC, b Peter Walton	Magazine	
CrossC, g Peter Walton	Newspaper	
Debate	Out Track, b	Chris Caldwell
F Hockey	Out Track, g	Brittany Cornett
Film Fest		

Scholastic	Brian Hill
Soccer, b	Tim Wright
Soccer, g	Giuseppe D'Arpa
Softball	Cheryl Shockley
Swim, b	Ashley Safrif
Swim, g	Ashley Safrif
Tennis, b	Peter Walton
Tennis, g	Not Filled
Theatre	Kelly Shearer
Volley, b	
Volley, g	Julie Conner
Wrestling	Chuck Burton
Yearbook	Jessica Curulla

Loudoun County**(LOUD)****School Phone:** 571-252-2000**Athletics Office:** 571-252-2010**School Fax:** 571-252-2001

415 Dry Mill Road, SW / Leesburg, VA 20175

Email: bruce.sheppard@lcps.org**Principal:** Michelle Lutrell**Assistant Principal:** Mark Patterson, Rick Brown, Muriel Heanue**Guidance Counselors:** Dan Croyle**Athletic/Activities Director:** Bruce Sheppard (CAA)**Superintendent:** Dr. Eric Williams (Loudoun)**Assistant AD:** Kate Cassidy (CAA)**Colors:** Navy Blue/Lt. Gold**Mascot:** Raiders**Students** 1350**Gym Cap.** 1350**Stad. Cap.** 3500**Group:** 4A**Region:** 4A West**Conference:** 21**District:** Dulles

Ath Trainer Megan Santos	Football	Tony Rayburn
Band Darron Young	Forensics	Maureen Landes
Baseball Nick Price	Golf	Brad Bauder
Basket, b Mark Alexander	Gymnast, b	
Basket, g Derek Fisher	Gymnast, g	Jenny Aubel
Cheer Not Filled	Ind Track, b	
Cr Writing	Ind Track, g	
Crew, b Tim Ostland	Lacrosse, b	Dave Colangelo
Crew, g Tim Ostland	Lacrosse, g	Katie Bowers
CrossC, b Courtney Campbell	Magazine	
CrossC, g Courtney Campbell	Newspaper	
Debate Toni Rader	Out Track, b	Courtney Campbell
F Hockey Kaitlin Fleischmann	Out Track, g	Trip Wilhelm
Film Fest		

Scholastic	Mel Vahsen
Soccer, b	Mike Alvarado
Soccer, g	Kirk Smith
Softball	Richard Sullivan
Swim, b	Bryan Gallo
Swim, g	Kristin Moats
Tennis, b	Randy Hanger
Tennis, g	Tammy Bullock
Theatre	John Wells
Volley, b	Kristin Moats
Volley, g	Sherilyn Hanna
Wrestling	Not Filled
Yearbook	Taylor Kane

Loudoun Valley

(LVLY)

School Phone: 540-751-2400

Athletics Office: 540-751-2410

School Fax: 540-751-2412

340 N. Maple Avenue / Purcellville, VA 20132-3199

Email: Susan.Ross@lcps.org / Kristopher.Kelican@lcps.org

Principal: Sue Ross

Assistant Principal: Antonio Dibari, Nicole Herndon, Sam Gross

Guidance Counselors: Jeanine Cummings

Athletic/Activities Director: Kris Kelican

Superintendent: Dr. Eric Williams (Loudoun)

Assistant AD: Ryan Barden **Students** 1350 **Group:** 4A **Conference:** 21
Colors: Green/White/Gold **Gym Cap.** 1650 **Region:** 4A West **District:** Dulles
Mascot: Vikings **Stad. Cap.** 3500

Ath Trainer	Andy Gordon	Football	Anthony Long	Scholastic	Erin Wissler
Band	Richard Reaves	Forensics	Russ Staggs	Soccer, b	Sean Welge
Baseball	Wayne Todd	Golf	Troy Mezzatesta	Soccer, g	Kerry Davidson
Basket, b	Chad Dawson	Gymnast, b		Softball	Kristin Thurston
Basket, g	Kenyamo McFarlane	Gymnast, g	Jennifer Cooper-Barlow	Swim, b	Cynthia Sweatte
Cheer	Jenna Stickman	Ind Track, b	Marc Hunter	Swim, g	Cynthia Sweatte
Cr Writing	Julie Hilbold	Ind Track, g	Paul Hall	Tennis, b	Joy Cobb
Crew, b		Lacrosse, b	Alex Inman	Tennis, g	William Schoeb
Crew, g		Lacrosse, g	Amy Rollins	Theatre	Russ Staggs
CrossC, b	Marc Hunter	Magazine	Julie Hilbold	Volley, b	
CrossC, g	Marc Hunter	Newspaper	Paige Cox	Volley, g	Laird Johnson
Debate	Julie Hilbold	Out Track, b	Paul Hall	Wrestling	Troy Mezzatesta
F Hockey	Jesse Coil	Out Track, g	Joan Hunter	Yearbook	Martha Akers
Film Fest	Russ Staggs				

Louisa County

(LUIS)

School Phone: 540-894-5436

Athletics Office: 540-894-5436

School Fax: 540-894-0534

757 Davis Highway / Mineral, VA 23117-9328

Email: downeylc@lcps.k12.va.us / stanlega@lcps.k12.va.us

Principal: Lee Downey

Assistant Principal: Ayanna Jones, David Blanchard, Shaun Woody, Robert Morgan

Guidance Counselors: Todd Ryan

Athletic/Activities Director: George Stanley

Superintendent: Dr. Deborah D. Pettit (Louisa)

Assistant AD: Terry Marks **Students** 1300 **Group:** 4A **Conference:** 19
Colors: Forest Green/Vegas Gold **Gym Cap.** 1500 **Region:** 4A East **District:** Jefferson
Mascot: Lions **Stad. Cap.** 3500

Ath Trainer	Charles Carter	Football	Mark Fischer	Scholastic	Tom Jordan
Band	William Lamb	Forensics	Donna Love	Soccer, b	Patrick Miller
Baseball	Kevin Fisher	Golf	Neal Moubray	Soccer, g	Nicole Hankinson
Basket, b	Robert Shelton	Gymnast, b		Softball	Jen Falin
Basket, g	Nick Schreck	Gymnast, g		Swim, b	Deb Bickley
Cheer	Sarah Boyer	Ind Track, b	Jerry Cutright	Swim, g	Deb Bickley
Cr Writing		Ind Track, g	Jerry Cutright	Tennis, b	Greg Palmer
Crew, b		Lacrosse, b		Tennis, g	Chris Miller
Crew, g		Lacrosse, g		Theatre	Jelita Hopkins
CrossC, b	Jerry Cutright	Magazine		Volley, b	
CrossC, g	Pat Janovick	Newspaper	Carrie Hicks	Volley, g	Rachel Green
Debate	Donna Love	Out Track, b	Jerry Cutright	Wrestling	Trevor Gallo
F Hockey	Meredith Marconi	Out Track, g	Jerry Cutright	Yearbook	Stacy Wildman
Film Fest					

Luray

(LRAY)

School Phone: 540-743-3800

Athletics Office: 540-843-2651

School Fax: 540-743-5524

243 Bulldog Drive / Luray, VA 22835-1396

Email: crunyan@pagecounty.k12.va.us / dehlrs@pagecounty.k12.va.us

Principal: Clinton W. Runyan

Assistant Principal: Leigh Ann Pettit

Guidance Counselors: Sandra Warren, Sherry Grogg-Mathews, Sarah Lam

Athletic/Activities Director: Don Ehlers

Superintendent: Mrs. Donna Whitley-Smith (Page)

Assistant AD: Chris Mercer **Students** 468 **Group:** 1A **Conference:** 44
Colors: Maroon/White **Gym Cap.** 1200 **Region:** 1A East **District:** Shenandoah
Mascot: Bulldogs **Stad. Cap.** 2000

Ath Trainer	Daniel Evans	Football	Nolan Jeffries	Scholastic	Jamie Coleman
Band	Jake Schupner	Forensics		Soccer, b	Eric Jones
Baseball	Zach Leake	Golf	Reise Painter	Soccer, g	Amy Weakley
Basket, b	Tyler Cassett	Gymnast, b		Softball	Charlie Turner
Basket, g	Chris Ponn	Gymnast, g		Swim, b	
Cheer	Kayla McPherson	Ind Track, b	Tommy Pitts	Swim, g	
Cr Writing		Ind Track, g	Tommy Pitts	Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Tommy Pitts	Magazine		Volley, b	
CrossC, g	Tara Meadows	Newspaper		Volley, g	Julie Moore
Debate		Out Track, b	Lynn Hamilton	Wrestling	
F Hockey		Out Track, g	Tara Meadows	Yearbook	Jamie Coleman
Film Fest					

Madison County

(MADC)

School Phone: 540-948-3785

68 Mountaineer Lane / Madison, VA 22727-9705

Athletics Office: 540-948-3789

EMail: gwintersgill@madisonschools.k12.va.us / pwarren@madisonschools.k12.va.us

School Fax: 540-948-4425

Principal: Gary Wintersgill

Assistant Principal: Jeanette Alexander, Jason Allison

Guidance Counselors:

Athletic/Activities Director: Phil Warren

Superintendent: Dr. Matthew J. Eberhardt (Madison)

Assistant AD: Students 545 **Group:** 2A **Conference:** 35
Colors: Royal Blue/White **Gym Cap.** 1600 **Region:** 2A East **District:** Bull Run
Mascot: Mountaineers **Stad. Cap.** 2000

Ath Trainer	Hannah Lawrence	Football	Stuart Dean	Scholastic	
Band	Mike Allen	Forensics	Emily Everard	Soccer, b	Frank Herrman
Baseball	David Londrey	Golf	Tyler Woodward	Soccer, g	Bruce Parker
Basket, b	Ben Breeden	Gymnast, b		Softball	Jesse Yowell
Basket, g	Dwight Brill	Gymnast, g		Swim, b	Helen Dixon
Cheer	Kendall Fears	Ind Track, b		Swim, g	Helen Dixon
Cr Writing	Not Filled	Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	Geoff Morrell
CrossC, b	Devin Milbourne	Magazine	Kane Kashouty	Volley, b	
CrossC, g	Devin Milbourne	Newspaper	Kane Kashouty	Volley, g	Carrie Brown
Debate	Emily Everard	Out Track, b	Maurice Weaver	Wrestling	Michael Sacra
F Hockey		Out Track, g	Maurice Weaver	Yearbook	Kane Kashouty
Film Fest	Thomas Bennis				

James Madison

(JMAD)

School Phone: 703-319-2300

2500 James Madison Drive / Vienna, VA 22181-5599

Athletics Office: 703-319-2360

EMail: gshood@fcps.edu / mpfoley@fcps.edu

School Fax: 703-319-2458

Principal: Greg Hood

Assistant Principal: John Kenny, Susan Robeson, Steve Plunkett, Liz Calvert, Amy Coleman

Guidance Counselors:

Athletic/Activities Director: Meghan Foley (CAA)

Superintendent: Not Filled (Fairfax)

Assistant AD: Chris Kuhblank **Students** 2125 **Group:** 6A **Conference:** 6
Colors: Red/White/Black **Gym Cap.** 1500 **Region:** 6A North **District:** Liberty
Mascot: Warhawks **Stad. Cap.** 6000

Ath Trainer	Derrick Rauenzahn	Football	Lenny Schultz	Scholastic	Marc Lebendig
Band	Michael Hackbarth	Forensics	Carol Dembicki	Soccer, b	Matthew Griep
Baseball	Mark Gjormand	Golf	Tommy Smith	Soccer, g	Devon Dowell
Basket, b	Kevin Roller	Gymnast, b		Softball	Jim Adkins
Basket, g	Kirsten Stone	Gymnast, g	Morgan Perpall	Swim, b	Andrew Foos
Cheer	Heather Allen	Ind Track, b	Craig Chasse	Swim, g	Andrew Foos
Cr Writing	Fred Marmorstein	Ind Track, g	Craig Chasse	Tennis, b	Glenn Adams
Crew, b	Paul Allbright	Lacrosse, b	Alex Gorman	Tennis, g	Stacey Reynolds
Crew, g	Paul Allbright	Lacrosse, g	Not Filled	Theatre	Marshall Henderson
CrossC, b	Craig Chasse	Magazine	Fred Marmorstein	Volley, b	
CrossC, g	Craig Chasse	Newspaper	Cathalijne Adams	Volley, g	Carrie Hall
Debate	Jodi Fink	Out Track, b	Craig Chasse	Wrestling	Shawn Hutchison
F Hockey	Lizzie McManus	Out Track, g	Craig Chasse	Yearbook	Francesca Branson
Film Fest					

Magna Vista

(MGVS)

School Phone: 276-956-3147

701 Magna Vista School Road / Ridgeway, VA 24148

Athletics Office:

EMail: jmblack@henry.k12.va.us / cbyrd@henry.k12.va.us

School Fax: 267-956-5888

Principal: D. JaMese Black

Assistant Principal: Charles Byrd, Katrina Perry, Michael Weber

Guidance Counselors: Carolyn Hodges, Richard Obenshain, Vicky Hayes

Athletic/Activities Director: Charles Byrd

Superintendent: Dr. Jared A. Cotton (Henry)

Assistant AD: Students 1051 **Group:** 3A **Conference:** 31
Colors: Navy/Silver/Red **Gym Cap.** 3000 **Region:** 3A West **District:** Piedmont
Mascot: Warriors **Stad. Cap.** 5000

Ath Trainer		Football	Joe Favero	Scholastic	George Martin
Band	Timothy Loman	Forensics	Brian Dunn	Soccer, b	John Athey
Baseball	Ricky Ramey	Golf	Scott Gardner	Soccer, g	Roy Crews
Basket, b	Clay Henson	Gymnast, b		Softball	Brian Brinegar
Basket, g	Vicky Hayes	Gymnast, g		Swim, b	John Brown
Cheer	Candace Boyd	Ind Track, b	Jherime Watkins	Swim, g	John Brown
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	Stephanie Wade
Crew, g		Lacrosse, g		Theatre	Brian Dunn
CrossC, b	Robert Ashby	Magazine		Volley, b	
CrossC, g	Frances Lash	Newspaper		Volley, g	Lee Orr
Debate		Out Track, b	Jherime Watkins	Wrestling	Zeke Ca'stle
F Hockey		Out Track, g	Jackie Dalton	Yearbook	Brenda Radford
Film Fest	Bryan Dunn				

Manassas Park

(MNPK)

School Phone: 703-361-9131

8200 Euclid Avenue / Manassas Park, VA 20111-2394

Athletics Office: 703-361-9359

Email: daniel.forgas@mpark.net / debbie.bergeron@mpark.net

School Fax: 703-330-1218

Principal: Deborah Bergeron

Assistant Principal: Charles Forrest, Matt Sieloff

Guidance Counselors: Cindy Watson, Stephanie Church

Athletic/Activities Director: Dan Forgas (CAA)

Superintendent: Dr. C. Bruce McDade (Manassas Park)

Assistant AD: Students 900 **Group:** 3A **Conference:** 28
Colors: Black/Vegas Gold **Gym Cap.** 1100 **Region:** 3A East **District:** Evergreen
Mascot: Cougars **Stad. Cap.** 2500

Ath Trainer	Erica Dunkelberger	Football	Jeff Florio	Scholastic	Andrew Casanova
Band	Claude Legrande	Forensics		Soccer, b	Tom Famularo
Baseball	Jamie Brogdon	Golf	Gerry Campbell	Soccer, g	Christie Graff
Basket, b	Not Filled	Gymnast, b		Softball	Not Filled
Basket, g	Dexter Haskins	Gymnast, g		Swim, b	Sam Olbes
Cheer	Bonnie White	Ind Track, b		Swim, g	Sam Olbes
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	Sarah Ignatius
CrossC, b	Kateri Zeigler	Magazine		Volley, b	
CrossC, g	Kateri Zeigler	Newspaper		Volley, g	Kate Darlington
Debate		Out Track, b	Kateri Zeigler	Wrestling	Dave Phipps
F Hockey		Out Track, g	Kateri Zeigler	Yearbook	Jim Mahjoubian
Film Fest					

Manchester

(MANC)

School Phone: 804-739-6275

12601 Bailey Bridge Road / Midlothian, VA 23112-1805

Athletics Office: 804-739-6283

Email: peter_koste@ccpsnet.net / roger_cassem@ccpsnet.net

School Fax: 804-739-6340

Principal: Christin Ellis

Assistant Principal: Don Gallier, Pam Lundy, Louis Millhouse

Guidance Counselors: Cammie Nicely

Athletic/Activities Director: Roger Cassem (CAA)

Superintendent: Dr. James F. Lane (Chesterfield)

Assistant AD: P. Dennis, M. Ekers, G. Wood **Students** 2027 **Group:** 6A **Conference:** 3
Colors: Blue/Orange **Gym Cap.** 2200 **Region:** 6A South **District:** Dominion
Mascot: Lancers **Stad. Cap.** 3500

Ath Trainer	Ariel Ayres	Football	Tom Hall	Scholastic	
Band	Chris Fens	Forensics	Eric Pioch	Soccer, b	Not Filled
Baseball	Ricky Saunders	Golf	Jason Sipe	Soccer, g	Not Filled
Basket, b	Josh Karlson	Gymnast, b		Softball	Chris Hugate
Basket, g	Katie Goodwyn	Gymnast, g		Swim, b	
Cheer	Jessica Campbell	Ind Track, b	Gene Bowen	Swim, g	
Cr Writing	Rebecca Lynch	Ind Track, g	Allen Bayuk	Tennis, b	Tom Murray
Crew, b		Lacrosse, b	Reese Gordy	Tennis, g	Not Filled
Crew, g		Lacrosse, g	Emily Chilton	Theatre	Cary Nothnagel
CrossC, b	Paul Kline	Magazine	Rebecca Lynch	Volley, b	Charlie Krausse
CrossC, g	Colin Innes	Newspaper	Kathy Geranios	Volley, g	Josh Stillman
Debate		Out Track, b	Allen Bayuk	Wrestling	Jesse Bell
F Hockey	Stephanie Clark	Out Track, g	Gene Bowen	Yearbook	Tracy O'Brien
Film Fest	Kathy Hoof				

Marion Senior

(MARI)

School Phone: 276-783-4731

848 Stage Street / Marion, VA 24354-4004

Athletics Office: 276-783-2552

Email: mikedavidson@scsb.org / salliemoos@scsb.org

School Fax: 276-783-4117

Principal: Mike Davidson

Assistant Principal: Rick Blevins

Guidance Counselors: Kelly Hammond, Garret Amburgey, Catherine Baker, Julie Looney, Anna Spenser, Lacey Pierce

Athletic/Activities Director: Sallie Moss

Superintendent: Dr. Michael M. Robinson (Smyth)

Assistant AD: Students 660 **Group:** 2A **Conference:** 39
Colors: Scarlet/White **Gym Cap.** 2000 **Region:** 2A West **District:** Hogoheegee
Mascot: Scarlet Hurricanes **Stad. Cap.** 4000

Ath Trainer		Football	Joey Carroll	Scholastic	Todd Necessary
Band	Brandon Guffey	Forensics	Todd Necessary	Soccer, b	Randy Roe
Baseball	Jason McClure	Golf	Jason McClure	Soccer, g	Jason Shirey
Basket, b	Chad Bailey	Gymnast, b		Softball	Matthew Neese
Basket, g	Sallie Moss	Gymnast, g		Swim, b	Meg O'Donnell
Cheer	Kristen Byrd	Ind Track, b	Joey Carroll	Swim, g	Meg O'Donnell
Cr Writing		Ind Track, g	Joey Carroll	Tennis, b	Hunter Trivette
Crew, b		Lacrosse, b		Tennis, g	Nicole Clark
Crew, g		Lacrosse, g		Theatre	Todd Necessary
CrossC, b	Catherine Morlock	Magazine		Volley, b	
CrossC, g	Catherine Morlock	Newspaper		Volley, g	Amanda Hanshew
Debate		Out Track, b	Joey Carroll	Wrestling	David Hoffman
F Hockey		Out Track, g	Joey Carroll	Yearbook	Lori Cutshaw
Film Fest					

George C. Marshall**(GMAR)****School Phone:** 703-714-5400

7731 Leesburg Pike / Falls Church, VA 22043-2405

Athletics Office: 703-714-5409**EMail:** JD.Litz@fcps.edu / joe.swarm@fcps.edu**School Fax:** 703-714-5497**Principal:** Jeff Litz**Assistant Principal:** Jeff McFarland, Kim Greer, Dan Daus, Heather Sondel, Danielle Schoolcraft**Guidance Counselors:****Athletic/Activities Director:** Joe Swarm**Superintendent:** Not Filled (Fairfax)

Assistant AD: Cornell Williams	Students 2035	Group: 5A	Conference: 13
Colors: Columbia Blue/Scarlet	Gym Cap. 1100	Region: 5A North	District: National
Mascot: Statesmen	Stad. Cap. 6000		

Ath Trainer Eric Mathis	Football George Masten	Scholastic	Laura Campbell
Band Paul Vesilind	Forensics Richard Resig	Soccer, b	Patrick Ander
Baseball Aaron Tarr	Golf Ryan Christoff	Soccer, g	Ann Germain
Basket, b Dan Hale	Gymnast, b	Softball	Missy Whittington
Basket, g Mike Trivisonno	Gymnast, g Christie McCormick	Swim, b	Matt Hochstrasser
Cheer Vacant	Ind Track, b Cliff Wong	Swim, g	Matt Hochstrasser
Cr Writing Not Filled	Ind Track, g Cliff Wong	Tennis, b	James MacIndoe
Crew, b	Lacrosse, b Kevin Curtin	Tennis, g	Dorothy Brown
Crew, g	Lacrosse, g Valerie Gibbons	Theatre	Jason Tamborini
CrossC, b Darell General	Magazine	Volley, b	
CrossC, g Darell General	Newspaper Daniel Reinish	Volley, g	Ty Hart
Debate Richard Resig	Out Track, b Cliff Wong	Wrestling	Jason Planakis
F Hockey Christina Carroll	Out Track, g Cliff Wong	Yearbook	Daniel Reinish
Film Fest Pierce Bello			

John Marshall**(JMAR)****School Phone:** 804-780-6052

4225 Old Brook Road / Richmond, VA 23227

Athletics Office: 804-780-6052**EMail:** wroyal@rvaschools.net / ldavis6@rvaschools.net**School Fax:** 804-780-4491**Principal:** Dr. William Royal**Assistant Principal:** April Hawkins, Kimberly El-Amrani**Guidance Counselors:****Athletic/Activities Director:** Lamont Davis**Superintendent:** Dr. Dana Bedden (Richmond City)

Assistant AD:	Students 960	Group: 3A	Conference: 26
Colors: Blue/White	Gym Cap. 800	Region: 3A East	District: Colonial
Mascot: Justices	Stad. Cap. 1000		

Ath Trainer Not Filled	Football Marvin Bridges, Sr.	Scholastic	
Band Jeremy Cox	Forensics Laura Ramsay	Soccer, b	
Baseball Robert Hancock	Golf	Soccer, g	
Basket, b Frank Threatts, Jr.	Gymnast, b	Softball	Stevenson Fox
Basket, g Raymond Pappou	Gymnast, g	Swim, b	
Cheer Kelly Carter	Ind Track, b Kelvin Aiken	Swim, g	
Cr Writing	Ind Track, g Kelvin Aiken	Tennis, b	
Crew, b	Lacrosse, b	Tennis, g	
Crew, g	Lacrosse, g	Theatre	
CrossC, b Kelvin Aiken	Magazine	Volley, b	Stefanie Ramsey
CrossC, g Kelvin Aiken	Newspaper Cynthia Carney	Volley, g	Stefanie Ramsey
Debate	Out Track, b Kelvin Aiken	Wrestling	
F Hockey	Out Track, g Kelvin Aiken	Yearbook	Stefanie Ramsey
Film Fest			

Martinsville**(MART)****School Phone:** 276-632-9755

351 Commonwealth Boulevard / Martinsville, VA 24112-1979

Athletics Office: 276-403-5765**EMail:** aweinerth@martinsville.k12.va.us / tgolding@martinsville.k12.va.us**School Fax:** 276-632-1516**Principal:** Angie Weinerth**Assistant Principal:** Renee Brown**Guidance Counselors:****Athletic/Activities Director:** Tommy Golding**Superintendent:** Mrs. Pamela V. Heath (Martinsville)

Assistant AD:	Students 657	Group: 2A	Conference: 38
Colors: Red/White	Gym Cap. 2000	Region: 2A West	District: Piedmont
Mascot: Bulldogs	Stad. Cap. 3500		

Ath Trainer Zack Tyndus	Football Orion Martin	Scholastic	Heather Tolbut
Band Kevin Lewis	Forensics Not Filled	Soccer, b	Pete Scouras
Baseball Will Freeland	Golf Will Freeland	Soccer, g	Alton Morre
Basket, b Jeff Adkins	Gymnast, b	Softball	Doug Hankins
Basket, g Charlie Holland	Gymnast, g	Swim, b	Matt Rowe
Cheer Sheree Hairston	Ind Track, b Greg Dean	Swim, g	Lynn Murphy
Cr Writing	Ind Track, g	Tennis, b	Mike Evans
Crew, b	Lacrosse, b	Tennis, g	Debra Easley
Crew, g	Lacrosse, g	Theatre	Not Filled
CrossC, b Greg Dean	Magazine	Volley, b	
CrossC, g Emma Knighten	Newspaper Not Filled	Volley, g	Steve Joyce
Debate	Out Track, b Greg Dean	Wrestling	Elis Hairston
F Hockey	Out Track, g Nate Hairston	Yearbook	Not Filled
Film Fest			

George Mason

(GMAS)

School Phone: 703-248-5500

7124 Leesburg Pike / Falls Church, VA 22043

Athletics Office: 703-248-5598

E-Mail: mhills@fccps.org / bravinj@fccps.org

School Fax: 703-248-5533

Principal: Matthew Hills

Assistant Principal: Kevin Clark, David Serensits

Guidance Counselors: Amy Kurjanowicz

Athletic/Activities Director: Julie Bravin (CAA)

Superintendent: Dr. Toni Jones (Falls Church)

Assistant AD: Bryan Harris Students 725 Group: 2A Conference: 35
Colors: Red/White/Black Gym Cap. 1000 Region: 2A East District: Bull Run
Mascot: Mustangs Stad. Cap. 1500

Ath Trainer	Vicki Galliher	Football	Tony Green	Scholastic	Jamie Scharff
Band	MaryJo Webster	Forensics		Soccer, b	Frank Spinello
Baseball	Adam Amerine	Golf	Chris Carrico	Soccer, g	Allison Klink
Basket, b	Chris Capannola	Gymnast, b		Softball	Antonio Bravo
Basket, g	Michael Gilroy	Gymnast, g		Swim, b	Not Filled
Cheer	Allison Gray	Ind Track, b		Swim, g	Not Filled
Cr Writing		Ind Track, g		Tennis, b	Not Filled
Crew, b		Lacrosse, b	Marc Mesmer	Tennis, g	Alexandra Ware
Crew, g		Lacrosse, g	Courtney Gibbons	Theatre	Shawn Northrip
CrossC, b	Jeff Buck	Magazine	Not Filled	Volley, b	
CrossC, g	Jeff Buck	Newspaper	Peter Laub	Volley, g	Hillary Trebels
Debate	Pamela Wilkie	Out Track, b	Jeff Buck	Wrestling	Bryan Harris
F Hockey	Amanda Crider	Out Track, g	Jeff Buck	Yearbook	Not Filled
Film Fest					

Massaponax

(MASS)

School Phone: 540-710-0419

8201 Jefferson Davis Highway / Fredericksburg, VA 22407

Athletics Office: 540-710-0419

E-Mail: jpisani@spotsylvania.k12.va.us / jclements@spotsylvania.k12.va.us

School Fax: 540-710-1596

Principal: Joseph A. Pisani, Ph.D.

Assistant Principal: Angela Hinrichs, Robert Marchetti, Christopher Watts, Steven Hall

Guidance Counselors: John Alexander, Amanda Blake, Stephanie Marcil, Felicia Minor

Athletic/Activities Director: Stan Clements (RAA)

Superintendent: Dr. Stephen Scott Baker (Spotsylvania)

Assistant AD: Claire Hall Students 1920 Group: 5A Conference: 15
Colors: Black/Silver/Teal Gym Cap. 2000 Region: 5A North District: Commonwealth
Mascot: Panthers Stad. Cap. 4000

Ath Trainer	Christy Carlson	Football	Eric Ludden	Scholastic	Stuart Flinn
Band	Corey Koch	Forensics	Kimberly Kemp	Soccer, b	Marc Smith
Baseball	Not Filled	Golf	Matthew Eby	Soccer, g	Tim Fetner
Basket, b	Darren Berkley	Gymnast, b		Softball	Ric Dugan
Basket, g	Ramon Hounshell	Gymnast, g		Swim, b	Claire Hagan
Cheer	Ramona Vann	Ind Track, b	Not Filled	Swim, g	Claire Hagan
Cr Writing	Megan Marshall	Ind Track, g	Not Filled	Tennis, b	Stephen Bingham
Crew, b		Lacrosse, b	Andrew Sestito	Tennis, g	John Shinberger
Crew, g		Lacrosse, g	Allison Hess	Theatre	Kimberly Kemp
CrossC, b	Sylvia Williams	Magazine	Megan Marshall	Volley, b	
CrossC, g	Sylvia Williams	Newspaper	Megan Marshall	Volley, g	Joseph Cox
Debate	James Donald	Out Track, b	Not Filled	Wrestling	Anthony Fatiga
F Hockey	Not Filled	Out Track, g	Not Filled	Yearbook	Megan Marshall
Film Fest	Kimberly Kemp				

Mathews

(MTHW)

School Phone: 804-725-3702

P. O. Box 38, 9889 Buckley Hall Road / Mathews, VA 23109-0038

Athletics Office: 804-725-3702

E-Mail: tchildress@mathews.k12.va.us / dkibler@mathews.k12.va.us

School Fax: 804-725-5778

Principal: Toni Childress

Assistant Principal: Alexis Foster

Guidance Counselors: Katelyn Dodge, Shannon Duff

Athletic/Activities Director: Derek Kibler (RAA)

Superintendent: Nancy B. Welch (Mathews)

Assistant AD: Al Thomas, Lindsay Newell Students 431 Group: 1A Conference: 42
Colors: Blue/Gold Gym Cap. 900 Region: 1A East District: Tidewater
Mascot: Blue Devils Stad. Cap. 2500

Ath Trainer	Wendy Elbe	Football	Ryan Wenner	Scholastic	John Corrigan
Band	Courtenay Bohn	Forensics	Kevin Hogge	Soccer, b	Bonny Kramer
Baseball	Derek Kibler (RAA)	Golf	Pal Jackson	Soccer, g	
Basket, b	Tony Forrest	Gymnast, b		Softball	Robert Thomas
Basket, g	Tommy Eriksen	Gymnast, g		Swim, b	
Cheer	Deona Pavik	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	
Crew, b	Tim Ulsaker	Lacrosse, b		Tennis, g	LaDonna Collins
Crew, g	Tim Ulsaker	Lacrosse, g		Theatre	Sherry Hamilton
CrossC, b	Drew Greve	Magazine		Volley, b	
CrossC, g	Drew Greve	Newspaper	Steve Casper	Volley, g	Pat Moughon
Debate		Out Track, b	Tony Forrest	Wrestling	Frank Taylor
F Hockey		Out Track, g	Tony Forrest	Yearbook	Steve Casper
Film Fest					

Matoaca**(MATO)****School Phone:** 804-590-3108

17700 Longhouse Lane / Chesterfield, VA 23838

Athletics Office: 804-590-3140**Email:** belinda_merriman@ccpsnet.net / charles_payton@ccpsnet.net**School Fax:** 804-590-3022**Principal:** Belinda Merriman**Assistant Principal:** Stefanie Mooney, Scott Birmingham, Stephanie LaSmith**Guidance Counselors:** Melloney Johnson, Nathan Mackey**Athletic/Activities Director:** Charles Payton (RAA)**Superintendent:** Dr. James F. Lane (Chesterfield)

Assistant AD: S. Driskill, L. Lane, C. Gio	Students 1800	Group: 5A	Conference: 12
Colors: Red/White	Gym Cap. 1900	Region: 5A South	District: Central
Mascot: Warriors	Stad. Cap. 4000		

Ath Trainer Carrie Giacofei	Football Derrick Johnson	Scholastic Andrew Heare
Band Don Davis	Forensics Not Filled	Soccer, b Justin Parker
Baseball Tim Haynes	Golf John Hall	Soccer, g Erin Bell
Basket, b Michael Knight	Gymnast, b	Softball Scott Driskill
Basket, g Glenna Lewis	Gymnast, g	Swim, b
Cheer Taylor Mallory	Ind Track, b Brandon Noel	Swim, g
Cr Writing Not Filled	Ind Track, g Charles Bailey	Tennis, b Matthew Ramirez
Crew, b	Lacrosse, b	Tennis, g Darius Uzzell
Crew, g	Lacrosse, g	Theatre Jeff Cole
CrossC, b Grant Howell	Magazine	Volley, b Tonya Tunnell
CrossC, g Grant Howell	Newspaper Nikki Eshelman	Volley, g Tiara Boyd
Debate	Out Track, b Brandon Noel	Wrestling Hal Miles
F Hockey Carissa Setters	Out Track, g Charles Bailey	Yearbook Nikki Eshelman
Film Fest Stacy Bradshaw		

Maury**(MAUR)****School Phone:** 757-628-3344

322 Shirley Avenue / Norfolk, VA 23517-2263

Athletics Office: 757-628-3357**Email:** kberg@nps.k12.va.us / eboyd13@nps.k12.va.us**School Fax:** 757-628-3359**Principal:** Karen Berg**Assistant Principal:** Rodney Mangum, Melanie Van Liere, Michael Sheets, Letisha Lawrence**Guidance Counselors:** Val Hunter, Cornel Parker, Rashad Ferebee**Athletic/Activities Director:** Edward Boyd (CAA)**Superintendent:** Dr. Melinda J. Boone (Norfolk)

Assistant AD: Jack Baker	Students 1600	Group: 5A	Conference: 9
Colors: Burnt Orange/N. Blue	Gym Cap. 1000	Region: 5A South	District: Eastern
Mascot: Commodores	Stad. Cap. 2800		

Ath Trainer Matthew Talley	Football Chris Fraser	Scholastic Sara Snelling
Band Ezra Washington	Forensics Steve Saunders	Soccer, b Dana Shaffer
Baseball Larry Gordon	Golf Jack Baker	Soccer, g Christine Bouziane
Basket, b Jack Baker	Gymnast, b	Softball Veronica Callahan
Basket, g Jennifer Parker	Gymnast, g	Swim, b James Fox
Cheer Arnisha Meeks	Ind Track, b Maurice Franks	Swim, g Cheryl Jennison
Cr Writing	Ind Track, g Maurice Franks	Tennis, b Janita Hess
Crew, b James Thompson	Lacrosse, b	Tennis, g Steve Saunders
Crew, g James Thompson	Lacrosse, g	Theatre Jeffery Pye
CrossC, b Bryan Bennett	Magazine Toni Kershasky	Volley, b Dana Shaffer
CrossC, g Bryan Bennett	Newspaper	Volley, g Felton Woodson
Debate Henry Clay	Out Track, b Maurice Franks	Wrestling Mark Rowe
F Hockey Cassandra Wagner	Out Track, g Maurice Franks	Yearbook
Film Fest		

Parry McCluer**(PMCL)****School Phone:** 540-261-2127

100 Bradford Drive / Buena Vista, VA 24416-2699

Athletics Office:**Email:** anna.graham@bvcp.net / ron.loy@bvcp.net**School Fax:** 540-261-1828**Principal:** Anna Graham**Assistant Principal:** Sherrie Wheeler**Guidance Counselors:** Mark Wheeler**Athletic/Activities Director:** Ron Loy**Superintendent:** Dr. John Keeler (Buena Vista)

Assistant AD: Mike Cartolaro	Students 340	Group: 1A	Conference: 45
Colors: Blue/White	Gym Cap. 1500	Region: 1A West	District: Pioneer
Mascot: Fighting Blues	Stad. Cap. 3500		

Ath Trainer Not Filled	Football Mike Craft	Scholastic Chris Floyd
Band Shannon Light	Forensics	Soccer, b John Butler
Baseball Jason Coleman	Golf Michael Perry	Soccer, g Eric Hanson
Basket, b Mike Cartolaro	Gymnast, b	Softball Troy Clark
Basket, g Adam Gilbert	Gymnast, g	Swim, b Rebecca Smith
Cheer Teresa Roberts	Ind Track, b Chris Poluikis	Swim, g Rebecca Smith
Cr Writing	Ind Track, g Chris Poluikis	Tennis, b Conrad Patterson
Crew, b	Lacrosse, b	Tennis, g Melissa Cobb
Crew, g	Lacrosse, g	Theatre
CrossC, b Chris Poluikis	Magazine	Volley, b
CrossC, g Chris Poluikis	Newspaper Not Filled	Volley, g Mike McElroy
Debate	Out Track, b Chris Poluikis	Wrestling Jeremiah Brokenborough
F Hockey	Out Track, g Chris Poluikis	Yearbook Not Filled
Film Fest		

McLean**(MCLN)****School Phone:** 703-714-5700**Athletics Office:** 703-714-5861**School Fax:** 703-714-5859

1633 Davidson Road / McLean, VA 22101

Email: GMiller@fcps.edu**Principal:** Ellen T. Reilly**Assistant Principal:** Kate Stavish, Ben Nowak, Jamie Lane, Michael Zook**Guidance Counselors:****Athletic/Activities Director:** Greg Miller (RAA)**Superintendent:** Not Filled (Fairfax)**Assistant AD:** Tzeitel Barcus, Jeremy Hays**Colors:** Red/Silver**Mascot:** Highlanders**Students** 2075**Gym Cap.** 1000**Stad. Cap.** 3000**Group:** 6A**Region:** 6A North**Conference:** 6**District:** Liberty

Ath Trainer K. Robinson, M. Tierney

Band Chris Weise

Baseball John Dowling

Basket, b Mike O'Brien

Basket, g Jen Sobota

Cheer Tiffany Nguyen

Cr Writing Tara Dwyer

Crew, b Not Filled

Crew, g Not Filled

CrossC, b Megan Ney

CrossC, g Megan Ney

Debate Christina Shinn

F Hockey B. Edwards, K. Sweeney

Film Fest

Football Shaun Blair

Forensics Phillip Reid

Golf Rick Eyerly

Gymnast, b

Gymnast, g Courtney Lesson

Ind Track, b Megan Ney

Ind Track, g Megan Ney

Lacrosse, b Brian Simmons

Lacrosse, g Caroline Cochrane-Brawell

Magazine Kenny George

Newspaper Lindsay Benedict

Out Track, b Megan Ney

Out Track, g Megan Ney

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b Aavo Tomkov

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

Jeff Brocketti

Jack Cicala

Rob Bouchard

Maurice Tawil

Kyle Drake

Kyle Drake

Aavo Tomkov

Eben Donkor

Phillip Reid

Bill Musgrove

Ken Jackson

Meghan Percival

Meadowbrook**(MEAD)****School Phone:** 804-743-3675**Athletics Office:** 804-743-3682**School Fax:** 804-743-3686

4901 Cogbill Road / Richmond, VA 23234

Email: joi_lowery@ccpsnet.net / joey_richeson@ccpsnet.net**Principal:** Joi Lowery**Assistant Principal:** Ben Snyder, Chad Knowles, Jeanine Grabham**Guidance Counselors:****Athletic/Activities Director:** Joey Richeson (CAA)**Superintendent:** Dr. James F. Lane (Chesterfield)**Assistant AD:** Jacob Oliver**Colors:** Blue/Gold**Mascot:** Monarchs**Students** 1700**Gym Cap.** 1700**Stad. Cap.** 2500**Group:** 5A**Region:** 5A South**Conference:** 12**District:** Central

Ath Trainer Not Filled

Band William Prentiss

Baseball Drew Walker

Basket, b Jacob Oliver

Basket, g Daniel Connor

Cheer Shannon Harley

Cr Writing

Crew, b

Crew, g

CrossC, b James Freeman

CrossC, g James Freeman

Debate Not Filled

F Hockey Not Filled

Film Fest Not Filled

Football Adam Tiller

Forensics Not Filled

Golf Drew Walker

Gymnast, b

Gymnast, g

Ind Track, b Rickey Brown

Ind Track, g Rickey Brown

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Rickey Brown

Out Track, g Rickey Brown

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

Gabe Hosteller

Joseph Ferrell

Not Filled

James Freeman

Victor Smith

Not Filled

Tim Verra

Angela DeVega

Jeffrey Sargeant

Jackie Creel

Menchville**(MNCH)****School Phone:** 757-886-7722**Athletics Office:** Ext. 45660**School Fax:** 757-875-0648

275 Menchville Road / Newport News, VA 23602-6805

Email: james.surry@nn.k12.va.us / gregory.henderson@nn.k12.va.us**Principal:** James Surry**Assistant Principal:** Michelle Banks, Frederick Jones, Joseph Edwards, Teresa Miles, Merci Lewis**Guidance Counselors:** Lorraine Adkins, Chris Dunlap, Charlene Bonk**Athletic/Activities Director:** Greg Henderson**Superintendent:** Dr. Ashby C. Kilgore (Newport News)**Assistant AD:****Colors:** Purple/Gold**Mascot:** Monarchs**Students** 1600**Gym Cap.** 1200**Stad. Cap.** 8000**Group:** 5A**Region:** 5A South**Conference:** 10**District:** Peninsula

Ath Trainer Jonathan Hornsby

Band Deborah Sarvay

Baseball Phil Forbes

Basket, b Not Filled

Basket, g Adrian Webb

Cheer Renata Pavusa

Cr Writing

Crew, b

Crew, g

CrossC, b Dennis Zollicoffer

CrossC, g Patrick Day

Debate Kyle Lumsden

F Hockey Nicole Kuykendall

Film Fest

Football Ray Savage

Forensics Arram Dryer

Golf Scott Moriarity

Gymnast, b

Gymnast, g

Ind Track, b Daniel Thompson

Ind Track, g Daniel Thompson

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Katherine Dowdy

Out Track, b Daniel Thompson

Out Track, g Daniel Thompson

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

Kyle Lumsden

Brian Lybert

Dennis Zollicoffer

Tim Dragone

McKenzie Hogan-Smith

McKenzie Hogan-Smith

Steven Sipe

Julia Varonda

Anthony Pica

Adam Lundquist

Chris Gray

Cameron Mix

Katherine Dowdy

Middlesex**(MDSX)****School Phone:** 804-758-2132**Athletics Office:** 804-758-3928**School Fax:** 804-758-2873

454 General Puller Highway / Saluda, VA 23149-0206

Email: jduke@mcps.k12.va.us / mstamm@mcps.k12.va.us**Principal:** Jeannie W. Duke**Assistant Principal:** Susan C. Leggett**Guidance Counselors:** Kathy Page**Athletic/Activities Director:** Matthew Stamm**Superintendent:** Dr. Thomas Wyatt Taylor (Middlesex)

Assistant AD:		Students	418	Group:	1A	Conference:	42
Colors:	Columbia/White/Navy	Gym Cap.	900	Region:	1A East	District:	Tidewater
Mascot:	Chargers	Stad. Cap.	1000				

Ath Trainer		Football	Billy Jarvis	Scholastic	Danielle Norris
Band	Daniel Warren	Forensics	Adrienne Barker	Soccer, b	Rufus Ruark
Baseball	Tim Blake	Golf	Greg Harrow	Soccer, g	Eric Smith
Basket, b	John Hatch	Gymnast, b		Softball	Wade Traynham
Basket, g	Neil Wake	Gymnast, g		Swim, b	
Cheer	Susan Bray	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	Matt Short
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Michael Pierce	Magazine		Volley, b	
CrossC, g	Jennifer Harrow	Newspaper		Volley, g	Gina Villano
Debate		Out Track, b	Joel Anderson	Wrestling	Joel Anderson
F Hockey		Out Track, g	Michael Pierce	Yearbook	Meagan Bibbins
Film Fest					

Midlothian**(MDLO)****School Phone:** 804-378-2440**Athletics Office:** Ext. 4130**School Fax:** 804-378-2450

401 Charter Colony Parkway / Midlothian, VA 23114

Email: shawn_abel@ccpsnet.net / david_cooper@ccpsnet.net**Principal:** Shawn A. Abel**Assistant Principal:** Wilbur Evans, Denise Bowes, Rob Gifford**Guidance Counselors:** Darnell Erby, Kevin Birmingham, Stacy Dooley**Athletic/Activities Director:** David Cooper (CAA)**Superintendent:** Dr. James F. Lane (Chesterfield)

Assistant AD:	G. Douglas, K. Thomas, D. Ab	Students	1485	Group:	4A	Conference:	20
Colors:	Blue/Gold	Gym Cap.	2000	Region:	4A East	District:	Dominion
Mascot:	Trojans	Stad. Cap.	3000				

Ath Trainer	Michael Whitley	Football	Kevin Thomas	Scholastic	Ben Java
Band	Gordon Rawls	Forensics	David Wilson	Soccer, b	Chad Porter
Baseball	Lee Latham	Golf	David Brohl	Soccer, g	Jessica Kramer
Basket, b	David Brohl	Gymnast, b		Softball	Rich Johann
Basket, g	Adam Layton	Gymnast, g		Swim, b	
Cheer	Brittney Simmons	Ind Track, b	Stan Morgan	Swim, g	
Cr Writing	Melissa Hill	Ind Track, g	Stan Morgan	Tennis, b	David Brohl
Crew, b		Lacrosse, b	Greg Barnard	Tennis, g	Ben Pomeroy
Crew, g		Lacrosse, g	Devoe Reagan	Theatre	K. Baugher, R. Gallagher
CrossC, b	Stan Morgan	Magazine	Jackie Tully	Volley, b	Randy Cox
CrossC, g	Stan Morgan	Newspaper	Jackie Tully	Volley, g	Sherman Chung
Debate	Not Filled	Out Track, b	Stan Morgan	Wrestling	Scott Jenkins
F Hockey	Geri Douglas	Out Track, g	Stan Morgan	Yearbook	Tim Johnson
Film Fest	Randy West				

Millbrook**(MLBK)****School Phone:** 540-545-2800**Athletics Office:** 540-545-2800**School Fax:** 540-545-8489

251 First Woods Drive / Winchester, VA 22603

Email: butlerc@fcpsk12.net / mankinss@fcpsk12.net**Principal:** Carolyn S. Butler**Assistant Principal:** Mark Hawkins, Bob Liero, Carleen Puglisi**Guidance Counselors:** Debbie Ravn, Denise Robinson, Kristi Unger**Athletic/Activities Director:** Scott Mankins (RAA)**Superintendent:** Dr. David T. Sovine (Frederick)

Assistant AD:	John Borst	Students	1325	Group:	4A	Conference:	21
Colors:	Navy/Carolina Blue/White	Gym Cap.	1200	Region:	4A West	District:	Northwestern
Mascot:	Pioneers	Stad. Cap.	3500				

Ath Trainer	Bekah Rader	Football	Josh Haymore	Scholastic	Roger Copenhaver
Band	Jamie Tucker	Forensics	Lynne Hillyer	Soccer, b	Keith Kilmer
Baseball	Brian Burke	Golf	Mark Manspile	Soccer, g	Matt Cottino
Basket, b	Ben Bates	Gymnast, b		Softball	Mandee Madden
Basket, g	Erick Green	Gymnast, g		Swim, b	Will Sigler
Cheer	Dawnette Jones	Ind Track, b	Kevin Shirk	Swim, g	Will Sigler
Cr Writing	Not Filled	Ind Track, g	Kevin Shirk	Tennis, b	Mike Arney
Crew, b		Lacrosse, b		Tennis, g	Dawnette Jones
Crew, g		Lacrosse, g		Theatre	Nate Griffis
CrossC, b	Kevin Shirk	Magazine		Volley, b	
CrossC, g	Kevin Shirk	Newspaper	Cliff Campbell	Volley, g	Carla Milton
Debate	Scott Lewis	Out Track, b	Kevin Shirk	Wrestling	Jeff Holmes
F Hockey		Out Track, g	Kevin Shirk	Yearbook	Carrie Laffoon
Film Fest					

Monacan**(MONA)****School Phone:** 804-378-2480**Athletics Office:** 804-378-2485**School Fax:** 804-378-2489

11501 Smoketree Drive / Richmond, VA 23236-2598

EMail: daniel_parsons@ccpsnet.net**Principal:** Bill Broyles**Assistant Principal:** Katherine Ricard, Allen Johnson, Dominique Butler, Deborah Romig**Guidance Counselors:** Derrick Norman, Paula Herrington, Kristin Snyder**Athletic/Activities Director:** Danny Parsons (RAA)**Superintendent:** Dr. James F. Lane (Chesterfield)

Assistant AD: Larry Starr	Students 1344	Group: 4A	Conference: 20
Colors: Orange/Brown/White	Gym Cap. 2000	Region: 4A East	District: Dominion
Mascot: Chiefs	Stad. Cap. 3500		

Ath Trainer	Football	Jim Henderson	Scholastic	Cameron Fiske
Band	Forensics	Elizabeth Gundlach	Soccer, b	Chris Thompson
Baseball	Golf	Scott Thackston	Soccer, g	Brian Yazinski
Basket, b	Gymnast, b		Softball	Kenny Simpson
Basket, g	Gymnast, g		Swim, b	
Cheer	Ind Track, b	Tyler Busch	Swim, g	
Cr Writing	Ind Track, g	Tyler Busch	Tennis, b	Al Rivers
Crew, b	Lacrosse, b	Cameron Fiske	Tennis, g	Not Filled
Crew, g	Lacrosse, g	Veronica Zuccarello	Theatre	
CrossC, b	Magazine		Volley, b	Josh Schrader
CrossC, g	Newspaper	Bonnie Natale	Volley, g	Liz Ragland
Debate	Out Track, b	Tyler Busch	Wrestling	Ike Tucker
F Hockey	Out Track, g	Tyler Busch	Yearbook	Bonnie Natale
Film Fest				

James Monroe**(JMON)****School Phone:** 540-372-1100**Athletics Office:** 540-372-1100**School Fax:** 540-373-8643

2300 Washington Avenue / Fredericksburg, VA 22401

EMail: trachal@cityschools.com / mcrismon@cityschools.com**Principal:** Taneshia Rachal**Assistant Principal:** Justin Woodside, Pam Diggs**Guidance Counselors:** Sharon Johnson, Holly Stinchcomb, Gregory James**Athletic/Activities Director:** Mary Crismon**Superintendent:** Dr. David G. Melton (Fredericksburg)

Assistant AD: Kenton Griffin	Students 992	Group: 3A	Conference: 28
Colors: Black/Orange	Gym Cap. 2000	Region: 3A East	District: Battlefield
Mascot: Yellow Jackets	Stad. Cap. 2500		

Ath Trainer	Football	Richard Serbay	Scholastic	David Blosser
Band	Forensics		Soccer, b	Shamus Gordon
Baseball	Golf	Greg Howard	Soccer, g	Andrew McClung
Basket, b	Gymnast, b		Softball	Dennis Brown
Basket, g	Gymnast, g		Swim, b	Konrad Heller
Cheer	Ind Track, b	Darryl Dyson	Swim, g	Rebecca Slominski
Cr Writing	Ind Track, g	Tammy Clark	Tennis, b	George Christoforatos
Crew, b	Lacrosse, b	Mark Davis	Tennis, g	Robyn Castles
Crew, g	Lacrosse, g	Not Filled	Theatre	Mark Wright
CrossC, b	Magazine		Volley, b	
CrossC, g	Newspaper		Volley, g	Lou Wondree
Debate	Out Track, b	Darryl Dyson	Wrestling	
F Hockey	Out Track, g	Tammy Clark	Yearbook	Katie Hornung
Film Fest				

William Monroe**(WMON)****School Phone:** 434-939-9004**Athletics Office:** 434-939-5910**School Fax:** 434-985-1461

254 Monroe Drive / Stanardsville, VA 22973

EMail: kpursel@greenecountyschools.com / bcollier@greenecountyschools.com**Principal:** Kyle Pursel**Assistant Principal:** Gina Roth, Shaun Sparks, Sarah Groth, John Mitchem**Guidance Counselors:****Athletic/Activities Director:** Brian Collier**Superintendent:** Mrs. Andrea Whitmarsh (Greene)

Assistant AD:	Students 900	Group: 3A	Conference: 28
Colors: Green/White	Gym Cap. 1200	Region: 3A East	District: Bull Run
Mascot: Dragons	Stad. Cap. 3000		

Ath Trainer	Football	Jon Rocha	Scholastic	James Parr
Band	Forensics	Aaron Hale	Soccer, b	Matt Dunn
Baseball	Golf	Ronnie Morris	Soccer, g	Not Filled
Basket, b	Gymnast, b		Softball	Greg Breeden
Basket, g	Gymnast, g		Swim, b	Not Filled
Cheer	Ind Track, b		Swim, g	Not Filled
Cr Writing	Ind Track, g		Tennis, b	
Crew, b	Lacrosse, b		Tennis, g	
Crew, g	Lacrosse, g		Theatre	Virginia Scott
CrossC, b	Magazine		Volley, b	
CrossC, g	Newspaper		Volley, g	Ken Lawson
Debate	Out Track, b	Mike Sizemore	Wrestling	Mike Sizemore
F Hockey	Out Track, g	Mike Sizemore	Yearbook	Knikki Hernandez
Film Fest				

Monticello

(MNTC)

School Phone: 434-244-3100

Athletics Office: 434-244-3130

School Fax: 434-244-3118

1400 Independence Way / Charlottesville, VA 22902

Email: jturner@k12albemarle.org / mpearman@k12albemarle.org

Principal: Dr. Jesse Turner

Assistant Principal: Henry Atkins, Reed Gillespie, Ashby Johnson

Guidance Counselors: Irvin Johnson

Athletic/Activities Director: Matthew Pearman (CAA)

Superintendent: Dr. Pamela R. Moran (Albemarle)

Assistant AD: Paul Jones

Colors: Black/Vegas Gold

Mascot: Mustangs

Students 1100

Gym Cap. 2500

Stad. Cap. 3500

Group: 3A

Region: 3A West

Conference: 29

District: Jefferson

Ath Trainer Shannon Snell
Band Duane Coston
Baseball Corey Hunt
Basket, b Gary Spry
Basket, g Erica Terrell
Cheer Veronica Price-Thomas
Cr Writing
Crew, b
Crew, g
CrossC, b Doug Bloor
CrossC, g Doug Bloor
Debate Jennifer Timms
F Hockey Katie Martin
Film Fest Not Filled

Football Jeff Lloyd
Forensics Not Filled
Golf Pam Bradley
Gymnast, b
Gymnast, g
Ind Track, b Steve Ivory
Ind Track, g Steve Ivory
Lacrosse, b Tucker Tapscott
Lacrosse, g Trent Holden
Magazine
Newspaper Not Filled
Out Track, b Steve Ivory
Out Track, g Steve Ivory

Scholastic Barry Keith
Soccer, b Stuart Pierson
Soccer, g Thomas Warren
Softball Beth Humphrey
Swim, b Greg Remaly
Swim, g Greg Remaly
Tennis, b Rodrigues Williams
Tennis, g Denny Weston
Theatre Madeline Michel
Volley, b
Volley, g Meg Carpenter
Wrestling Donnell Hopkins
Yearbook Chris Columbano

Mount Vernon

(MTVN)

School Phone: 703-619-3100

Athletics Office: 703-619-3141

School Fax: 703-619-3147

8515 Old Mt. Vernon Road / Alexandria, VA 22309-2015

Email: asterrell1@fcps.edu / fibelli@fcps.edu

Principal: Anthony Terrell

Assistant Principal: Lawrence Stroud, Mary Beth Cunningham, Karin Boyd, Esther Manns

Guidance Counselors: Jarren Jeffrey

Athletic/Activities Director: Fernando Belli (CAA)

Superintendent: Not Filled (Fairfax)

Assistant AD: Tony Garza

Colors: Maroon/White/Gray

Mascot: Majors

Students 2000

Gym Cap. 3200

Stad. Cap. 5000

Group: 6A

Region: 6A North

Conference: 7

District: Patriot

Ath Trainer Dan Reynolds
Band Richard Bacz
Baseball Mike LaMorta
Basket, b Lou Golden
Basket, g India Thomas
Cheer Shaيدا Darvishian
Cr Writing
Crew, b Javier Castillo
Crew, g Javier Castillo
CrossC, b Ashlyn Sinclair
CrossC, g Ashlyn Sinclair
Debate Ken Mussen
F Hockey Jessica Hebel
Film Fest

Football Monty Fritts
Forensics Ken Mussen
Golf Not Filled
Gymnast, b
Gymnast, g Linda Fischer
Ind Track, b Courtney Jordan
Ind Track, g John Uccellini
Lacrosse, b Dan Convery
Lacrosse, g Tessa Gechter
Magazine Danielle DeArment
Newspaper Mellissa Bloomquist
Out Track, b Courtney Jordan
Out Track, g John Uccellini

Scholastic Adam Solinski
Soccer, b Tony Garza
Soccer, g Not Filled
Softball Dan Coast
Swim, b Mark Murray
Swim, g Mark Murray
Tennis, b Jerry Musarra
Tennis, g Courtney Strauss
Theatre Marih Frye
Volley, b
Volley, g Amy DeBok
Wrestling Anthony McDuffie
Yearbook Rashida Johnson

Mountain View

(MTVW)

School Phone: 540-658-6840

Athletics Office: Ext. 1129

School Fax: 540-658-6865

2135 Mountain View Road / Stafford, VA 22554

Email: margheimga@staffordschools.net

Principal: James Stemple

Assistant Principal: Melissa Hilderbrand, Tammy Houk, Eric Cooke, Katie Werner

Guidance Counselors: Sarah Hodges

Athletic/Activities Director: Greg Margheim (CAA)

Superintendent: Dr. William Bruce Benson (Stafford)

Assistant AD: Chris Dodd

Colors: Maroon/Orange/White

Mascot: Wildcats

Students 1775

Gym Cap. 2300

Stad. Cap. 6000

Group: 5A

Region: 5A North

Conference: 15

District: Commonwealth

Ath Trainer Chad Cooke
Band Doug Armstrong
Baseball Craig Lopez
Basket, b Kevin Brown
Basket, g Ben Sargent
Cheer Sarah Kania
Cr Writing Melony Star Kiesau
Crew, b
Crew, g
CrossC, b Dave Davis
CrossC, g Dave Davis
Debate Melony Star Kiesau
F Hockey Patti Sullivan
Film Fest Bob Long

Football Lou Sorrentino
Forensics Melony Star Kiesau
Golf Andrew Offineer
Gymnast, b
Gymnast, g Dawn Dixon
Ind Track, b Dave Davis
Ind Track, g Dave Davis
Lacrosse, b Ross Baker
Lacrosse, g Abby Murray
Magazine Nikke Eshleman
Newspaper Nikki Eshelman
Out Track, b Dave Davis
Out Track, g Dave Davis

Scholastic Star Kisseau
Soccer, b Fernando Ramos
Soccer, g Steve Cassidy
Softball Bo Banglesdorf
Swim, b Lauren Puglia
Swim, g Lauren Puglia
Tennis, b Rick Bradley
Tennis, g Meghan Johnson
Theatre Tom Clark
Volley, b
Volley, g Stacey Marsh
Wrestling Frank DeBerry
Yearbook Mark Hughes

Nandua

(NAND)

School Phone: 757-787-4514

Athletics Office: 757-710-0924

School Fax: 757-787-2194

26350 Lankford Highway / Onley, VA 23418

Email: george.parker@accomack.k12.va.us / gary.reese@accomack.k12.va.us

Principal: George Parker

Assistant Principal: George Parker, Harold Holmes

Guidance Counselors:

Athletic/Activities Director: Gary Reese

Superintendent: Mr. Warren C. Holland (Accomack)

Assistant AD: Students 700 **Group:** 2A **Conference:** 33
Colors: Maroon/Gray **Gym Cap.** 1150 **Region:** 2A East **District:** Eastern Shore-A
Mascot: Warriors **Stad. Cap.** 2000

Ath Trainer	Football	Tom Rotkowski	Scholastic	Susan Olmsted
Band Kendra Ayresman	Forensics	Carla Savage-Wells	Soccer, b	Paul Noltz
Baseball Luke Brankley	Golf	James Lawrence	Soccer, g	Dana Wright
Basket, b Cedric Cooper	Gymnast, b		Softball	Lynn Williams
Basket, g Marvin Giddens	Gymnast, g		Swim, b	
Cheer Irma Cooper	Ind Track, b		Swim, g	
Cr Writing	Ind Track, g		Tennis, b	
Crew, b	Lacrosse, b		Tennis, g	
Crew, g	Lacrosse, g		Theatre	Cindy Marshall
CrossC, b Dana Wright	Magazine		Volley, b	
CrossC, g Dana Wright	Newspaper		Volley, g	Le'Andra Sabatino
Debate	Out Track, b	Derrick Downing	Wrestling	Nathan Metzger
F Hockey	Out Track, g	Janelle Holden	Yearbook	Paula Small
Film Fest				

Nansemond River

(NANR)

School Phone: 757-923-4101

Athletics Office: Ext. 4

School Fax: 757-538-5430

3301 Nansemond Parkway / Suffolk, VA 23435-2000

Email: danieloleary@spsk12.net / kristybrett@spsk12.net

Principal: Daniel O'Leary

Assistant Principal: Michael Milteer, Janice Bibbo, Kimberly Warholik

Guidance Counselors: D. L. Cruey

Athletic/Activities Director: Kristy Brett

Superintendent: Dr. Deran R. Whitney (Suffolk)

Assistant AD: Students 1450 **Group:** 5A **Conference:** 10
Colors: Red/Black/White **Gym Cap.** 900 **Region:** 5A South **District:** Southeastern
Mascot: Warriors **Stad. Cap.** 5000

Ath Trainer Sarah Smith	Football	David Coccoli	Scholastic	Brian Collins
Band Edward Woodis	Forensics	Not Filled	Soccer, b	Dustin Tordoff
Baseball Mark Stuffel	Golf	Craig Stephenson	Soccer, g	Darryl Yandle
Basket, b Ed Young	Gymnast, b		Softball	Gabe Rogers
Basket, g R. Calvin Mason	Gymnast, g		Swim, b	James Riley
Cheer Amanda Lyons	Ind Track, b	Aaron Dudley	Swim, g	James Riley
Cr Writing	Ind Track, g	Justin Byron	Tennis, b	Not Filled
Crew, b	Lacrosse, b		Tennis, g	James Riley
Crew, g	Lacrosse, g		Theatre	Joleen Neighbours
CrossC, b Kurt Straub	Magazine		Volley, b	James Vann
CrossC, g Kurt Straub	Newspaper	Not Filled	Volley, g	Nicole Johnson
Debate Not Filled	Out Track, b	Aaron Dudley	Wrestling	James Seed
F Hockey Alison Mowery	Out Track, g	Justin Byron	Yearbook	Debra Young
Film Fest Joleen Neighbours				

Narrows

(NARR)

School Phone: 540-726-2384

Athletics Office: 540-726-7258

School Fax: 540-726-2775

1 Greenwave Lane / Narrows, VA 24124

Email: mhusband@gilesk12.net / klowe@gilesk12.net

Principal: Mark Husband

Assistant Principal: Todd Lusk

Guidance Counselors: Emily Dwoyer

Athletic/Activities Director: Kelly Lowe

Superintendent: Dr. Terry E. Arbogast, II (Giles)

Assistant AD: Students 306 **Group:** 1A **Conference:** 45
Colors: Kelly Green/Gold **Gym Cap.** 1000 **Region:** 1A West **District:** Mtn. Empire
Mascot: Green Wave **Stad. Cap.** 5000

Ath Trainer	Football	Kelly Lowe	Scholastic	
Band Karen Spade	Forensics		Soccer, b	Dennis Kidd
Baseball Brian Patteson	Golf		Soccer, g	
Basket, b Chris Gautier	Gymnast, b		Softball	Jon Bright
Basket, g Wayne Gautier	Gymnast, g		Swim, b	
Cheer Debbie Lusk	Ind Track, b		Swim, g	
Cr Writing	Ind Track, g		Tennis, b	Mccreery Mann
Crew, b	Lacrosse, b		Tennis, g	Debbie Lusk
Crew, g	Lacrosse, g		Theatre	
CrossC, b Todd Lusk	Magazine		Volley, b	
CrossC, g Todd Lusk	Newspaper		Volley, g	Jon Bright
Debate	Out Track, b	Joe Fraley	Wrestling	
F Hockey	Out Track, g	Joe Fraley	Yearbook	Gayle Kirby
Film Fest				

Nelson County

(NELS)

School Phone: 434-263-8317

Athletics Office: 434-263-8317

School Fax: 434-263-5987

6919 Thomas Nelson Highway / Lovingston, VA 22949

Email: tweidow@nelson.k12.va.us / kjwalker@nelson.k12.va.us

Principal: Todd Weidow

Assistant Principal: Jannell Stinnett, Roger Dunnick

Guidance Counselors:

Athletic/Activities Director: Kevin Walker

Superintendent: Dr. Jeff Comer (Nelson)

Assistant AD:

Colors: Green/Gold

Mascot: Governors

Students 570

Gym Cap. 1200

Stad. Cap. 2000

Group: 2A

Region: 2A East

Conference: 36

District: Dogwood

Ath Trainer John Coots
Band Scott Belcher
Baseball Scott McGarry
Basket, b Brandon Garrett
Basket, g Debbie Whitmore
Cheer Kim Hillier
Cr Writing
Crew, b
Crew, g
CrossC, b Lindsay Hill
CrossC, g Lindsay Hill
Debate
F Hockey
Film Fest

Football Mark Poston
Forensics
Golf Tim Crawford
Gymnast, b
Gymnast, g
Ind Track, b Kevin Walker
Ind Track, g Kevin Walker
Lacrosse, b
Lacrosse, g
Magazine
Newspaper
Out Track, b Kevin Walker
Out Track, g Kevin Walker

Scholastic
Soccer, b
Soccer, g
Softball
Swim, b
Swim, g
Tennis, b
Tennis, g
Theatre
Volley, b
Volley, g
Wrestling
Yearbook

David Cameron
Atlee Goodling
Janean Rodkey
Matt McGarry

Holly Jones
Diana Driver

Vicki Crawford
Anne Barkley

New Kent

(NKNT)

School Phone: 804-966-9671

Athletics Office: 804-966-9659

School Fax: 804-966-2773

7365 Egypt Road / New Kent, VA 23124

Email: cvaidrighi@newkentschools.org / jspiak@newkentschools.org

Principal: Chris Valdrighi

Assistant Principal: Wendi James, Julie Ellis

Guidance Counselors: Kirsten Yenney, Pamela Nixon, Peggy Spiak

Athletic/Activities Director: John Spiak (RAA)

Superintendent: Dr. David Myers (New Kent)

Assistant AD:

Colors: Royal Blue/White

Mascot: Trojans

Students 905

Gym Cap. 1750

Stad. Cap. 2500

Group: 3A

Region: 3A East

Conference: 25

District: Bay Rivers

Ath Trainer Devon Nuckols
Band Joseph Williams
Baseball Michael Kuper
Basket, b Ronnie Cox
Basket, g Neko Burson
Cheer Meagan Southward
Cr Writing Alison Pushie
Crew, b
Crew, g
CrossC, b Not Filled
CrossC, g Eileen Blixt
Debate
F Hockey Matt Duckworth
Film Fest David Haviland

Football Clarke Harrell
Forensics Kim Brittingham
Golf Charles Davis
Gymnast, b
Gymnast, g
Ind Track, b Allison Strickland
Ind Track, g Joe Crump
Lacrosse, b
Lacrosse, g
Magazine
Newspaper
Out Track, b Allison Strickland
Out Track, g Joe Crump

Scholastic
Soccer, b
Soccer, g
Softball
Swim, b
Swim, g
Tennis, b
Tennis, g
Theatre
Volley, b
Volley, g
Wrestling
Yearbook

Matt Duckworth
Keith Grant
Irene Bierie
Nicole O'Bier
Not Filled
Not Filled
Not Filled
Matt Duckworth
Victoria Kessling

Cindy Burnett
Mike Faus
Not Filled

I. C. Norcom

(NORC)

School Phone: 757-393-5442

Athletics Office: 757-393-5480

School Fax: 757-393-5449

1801 London Boulevard / Portsmouth, VA 23704

Email: shameka.pollard@pps.k12.va.us / robert.jackson@pps.k12.va.us

Principal: Shameka Pollard

Assistant Principal: William Taylor, Bernadette Smith, Shawn Millaci

Guidance Counselors:

Athletic/Activities Director: Robert Jackson

Superintendent: Dr. Elie Bracy, III (Portsmouth)

Assistant AD:

Colors: Maroon/Grey

Mascot: Greyhounds

Students 1200

Gym Cap. 2000

Stad. Cap. 5000

Group: 3A

Region: 3A East

Conference: 27

District: Eastern

Ath Trainer Nikki Knight
Band Juliet Boykins
Baseball Chuck Slaughter
Basket, b Leon Goolsby
Basket, g Anthony Chappelle
Cheer Rhonda Bowman
Cr Writing
Crew, b
Crew, g
CrossC, b Lisa Carnes
CrossC, g Michael Rose
Debate
F Hockey
Film Fest

Football William Archie, Jr.
Forensics Not Filled
Golf Wayne White
Gymnast, b
Gymnast, g
Ind Track, b Lisa Carnes
Ind Track, g Michael Rose
Lacrosse, b
Lacrosse, g
Magazine
Newspaper Not Filled
Out Track, b Lisa Carnes
Out Track, g Michael Rose

Scholastic
Soccer, b
Soccer, g
Softball
Swim, b
Swim, g
Tennis, b
Tennis, g
Theatre
Volley, b
Volley, g
Wrestling
Yearbook

Margaret Groves
Steven Williamson
Saran Day
Clarine George
Jennifer Garcell
Jennifer Garcell
LeRoy Williams
Tanisha Jones
Tonette Choate-Wilder
Quentin Jones
Quentin Jones
Patrick Bullock
Not Filled

North Stafford**(NSTF)****School Phone:** 540-658-6150

839 Garrisonville Road / Stafford, VA 22554

Athletics Office: Ext. 1234**Email:** mcclellansw@staffordschools.net / stutlerbw@staffordschools.net**School Fax:** 540-658-6158**Principal:** Scott McClellan**Assistant Principal:** Dan Hornick, Jeanna DeCarli, Benhamin Stutler**Guidance Counselors:** Janet Rost, Carol Houchin**Athletic/Activities Director:** Benjamin Stutler**Superintendent:** Dr. William Bruce Benson (Stafford)

Assistant AD:		Students	1670	Group:	5A	Conference:	15
Colors:	Col. Blue/Orange/Navy/White	Gym Cap.	1900	Region:	5A North	District:	Commonwealth
Mascot:	Wolverines	Stad. Cap.	5000				

Ath Trainer	Scott Kozlowski	Football	Joe Mangano	Scholastic	David Skeen
Band	Chris Mallory	Forensics	A. Synan-Terpstra, J. McCa	Soccer, b	
Baseball	Jim Labrusciano	Golf	Fred Donahoe	Soccer, g	Joanne Szymanski
Basket, b		Gymnast, b		Softball	Pam Kantor
Basket, g		Gymnast, g	A. Barr, J. Gabris	Swim, b	Laura Cwick
Cheer	Michele McVey	Ind Track, b	Chris Farmer	Swim, g	Traci Abramson
Cr Writing	Jennifer Robinson	Ind Track, g	Chris Farmer	Tennis, b	Mason King
Crew, b		Lacrosse, b	Fred Donahoe	Tennis, g	S. Adamavage, L. Stoffel
Crew, g		Lacrosse, g	Courtney Clement	Theatre	Johnetta Cook
CrossC, b	Mark Hopely	Magazine	Jennifer Robinson	Volley, b	
CrossC, g	Lindsay Mock	Newspaper	Katie O'Mara	Volley, g	Nicole Candelora
Debate	Joan Darby	Out Track, b	Chris Farmer	Wrestling	Michael Letcher
F Hockey	Kelly Shannon	Out Track, g	Chris Farmer	Yearbook	Jennifer Robinson
Film Fest					

Northampton**(NHPT)****School Phone:** 757-678-5151

16041 Courthouse Road / Eastville, VA 23347-0038

Athletics Office: Ext. 4055**Email:** nwilfong@ncpsk12.com**School Fax:** 757-678-5244**Principal:** Michael Myers**Assistant Principal:** Heather Marsh, Keith Bell**Guidance Counselors:** Laura Paulus, Chauna Phiri, Susie Henderson, Ivory Turner**Athletic/Activities Director:** Rich Wilfong**Superintendent:** Mr. Charles Eddie Lawrence (Northampton)

Assistant AD:		Students	350	Group:	1A	Conference:	41
Colors:	Blue/Gold	Gym Cap.	1200	Region:	1A East	District:	Eastern Shore-A
Mascot:	Yellow Jackets	Stad. Cap.	1200				

Ath Trainer		Football	Ty Traister	Scholastic	Kelly Driscole
Band	Kevin Schwenk	Forensics	Cheryl Fenderson	Soccer, b	John Gorman
Baseball		Golf		Soccer, g	Tabitha Webb
Basket, b	Wayne Bell	Gymnast, b		Softball	
Basket, g	Leo Owens	Gymnast, g		Swim, b	
Cheer		Ind Track, b	Oliver Bennett	Swim, g	
Cr Writing		Ind Track, g	Vivian Dent	Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	Mike Varrichio
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Richard Wilfong	Magazine		Volley, b	
CrossC, g	Richard Wilfong	Newspaper		Volley, g	Cathy Doughty
Debate		Out Track, b	Oliver Bennett	Wrestling	Matthew Evans
F Hockey	Mike Varrichio	Out Track, g	Vivian Dent	Yearbook	Beth Pase
Film Fest					

Northside**(NSDE)****School Phone:** 540-561-8155

6758 Northside High School Road / Roanoke, VA 24019-2828

Athletics Office:**Email:** dmckee@rcs.k12.va.us / cfobare@rcs.k12.va.us**School Fax:** 540-561-8160**Principal:** Dominick McKee**Assistant Principal:** John-Michael Deeds, Laurie McCracken**Guidance Counselors:** Tiffany Williams, Maggie Long, Lauren Carr**Athletic/Activities Director:** Corey S. Fobare**Superintendent:** Gregory N. Killough (Roanoke)

Assistant AD:		Students	1045	Group:	3A	Conference:	31
Colors:	Green/White/Gold	Gym Cap.	2300	Region:	3A West	District:	Blue Ridge
Mascot:	Vikings	Stad. Cap.	6000				

Ath Trainer	Ricky LaPradd	Football	Tyler Brown	Scholastic	Alan Strecker
Band	Tim Galyen	Forensics		Soccer, b	Ryan Schilling
Baseball	Ed Culicerto	Golf	James Wolfe	Soccer, g	Not Filled
Basket, b	Bill Pope	Gymnast, b		Softball	Lynn Richmond
Basket, g	Tiffany Barnett	Gymnast, g		Swim, b	Not Filled
Cheer	Pansy Percy	Ind Track, b	Kristin Hunt	Swim, g	Not Filled
Cr Writing		Ind Track, g	Kristin Hunt	Tennis, b	Alan Strecker
Crew, b		Lacrosse, b		Tennis, g	Not Filled
Crew, g		Lacrosse, g		Theatre	Dale Bayless
CrossC, b	Mike Roth	Magazine		Volley, b	
CrossC, g	Mike Roth	Newspaper		Volley, g	Amy Crawford
Debate	Joseph Kavanaugh	Out Track, b	Kristin Hunt	Wrestling	Tyler Deacon
F Hockey		Out Track, g	Kristin Hunt	Yearbook	Kelly Marlowe
Film Fest					

Northumberland**(NUMB)****School Phone:** 804-580-5192

201 Academic Lane / Heathsville, VA 22473

Athletics Office: Ext. 1319**E-Mail:** tburns@nucps.net / mcutler@nucps.net**School Fax:** 804-580-5232**Principal:** Travis Burns**Assistant Principal:** Peggy Myrick**Guidance Counselors:** Melissa Hipple, Howard Aderloft**Athletic/Activities Director:** Marcus Cutler**Superintendent:** Dr. Rebecca Gates (Northumberland)

Assistant AD: Theresa Rock	Students 425	Group: 1A	Conference: 43
Colors: Green/Gold	Gym Cap. 900	Region: 1A East	District: Northern Neck
Mascot: Indians	Stad. Cap. 1000		

Ath Trainer	Sandi Smith	Football	Marcus Cutler	Scholastic	Sean Lewis
Band	Wait Mallorie	Forensics	Patty Dawson	Soccer, b	Sterling Harris
Baseball	Johnny Mothershead	Golf	Michael McCormick	Soccer, g	Mark Fridenstine
Basket, b	Michael Stevenson	Gymnast, b		Softball	
Basket, g	Lewis Howard	Gymnast, g		Swim, b	
Cheer	Shanita Curry	Ind Track, b	Eddie Barnes	Swim, g	
Cr Writing		Ind Track, g	Eddie Barnes	Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	Patty Dawson
CrossC, b	Eddie Barnes	Magazine	Lee McKenzie	Volley, b	
CrossC, g	Eddie Barnes	Newspaper	Michael McCormick	Volley, g	Bonnie Swann
Debate		Out Track, b	Eddie Barnes	Wrestling	Chris Simmons
F Hockey	Rachel Cralle	Out Track, g	Eddie Barnes	Yearbook	Mike McCormick
Film Fest					

Northwood**(NWOD)****School Phone:** 276-496-7751

Box Y / Saltville, VA 24370-3040

Athletics Office: 276-646-6075**E-Mail:** standunham@scsb.org / stacyposton@scsb.org**School Fax:** 276-496-3216**Principal:** Stan Dunham**Assistant Principal:** Stacy Poston**Guidance Counselors:** Kim Ratliff**Athletic/Activities Director:** Stacy Poston**Superintendent:** Dr. Michael M. Robinson (Smyth)

Assistant AD:	Students 270	Group: 1A	Conference: 47
Colors: Navy/Silver	Gym Cap. 1200	Region: 1A West	District: Hogoheegee
Mascot: Panthers	Stad. Cap. 2000		

Ath Trainer		Football	Tommy Prater	Scholastic	Stephanie Holmes
Band	Matt Warnott	Forensics	David Burns	Soccer, b	
Baseball	Tommy Hopkins	Golf	Michael Evans	Soccer, g	
Basket, b	Not Filled	Gymnast, b		Softball	B.J. Buchanan
Basket, g	Emily Porter	Gymnast, g		Swim, b	
Cheer	Kim Ratliff	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	David Burns
CrossC, b	Emily Porter	Magazine		Volley, b	
CrossC, g	Emily Porter	Newspaper		Volley, g	Nichole Poore
Debate		Out Track, b	Gavin Blevins	Wrestling	Tommy Hopkins
F Hockey		Out Track, g	Emily Porter	Yearbook	Tammy Taylor
Film Fest					

Norview**(NORV)****School Phone:** 757-852-4500

6501 Chesapeake Blvd. / Norfolk, VA 23513

Athletics Office: Ext. 3030**E-Mail:** mstealey@nps.k12.va.us / rmoore2@nps.k12.va.us**School Fax:** 757-852-4511**Principal:** Marjorie Stealey**Assistant Principal:** Holly Tuten, Abbie Watson, Stacie Armsteadl, Alice Williams**Guidance Counselors:****Athletic/Activities Director:** Becky Moore (CAA)**Superintendent:** Dr. Melinda J. Boone (Norfolk)

Assistant AD:	Students 1850	Group: 5A	Conference: 9
Colors: Royal Blue/White	Gym Cap. 1962	Region: 5A South	District: Eastern
Mascot: Pilots	Stad. Cap. 4000		

Ath Trainer	Megan Pathoomvanh	Football	Dealton Cotton	Scholastic	Travis Turpin
Band	Mike McDonald	Forensics	Tashiana Barnes	Soccer, b	Sean Stowe
Baseball	David Bachman	Golf	Donald Shovelv	Soccer, g	Renee Brightman
Basket, b	Jonathan Wilson	Gymnast, b		Softball	Kristen Allen
Basket, g	Donald Shovelv	Gymnast, g		Swim, b	Dylan Altman
Cheer	Becky Burgess	Ind Track, b	Lytonya Echols-Payton	Swim, g	Kim Walsh
Cr Writing		Ind Track, g	Lytonya Echols-Payton	Tennis, b	Lauren Keller
Crew, b		Lacrosse, b		Tennis, g	Vacant
Crew, g		Lacrosse, g		Theatre	Courtney Coleman
CrossC, b	Taylor Miller	Magazine		Volley, b	Rachaelle Hayes-Ruff
CrossC, g	Taylor Miller	Newspaper		Volley, g	Joseph Soutland
Debate	Michelle Hill	Out Track, b	Lytonya Echols-Payton	Wrestling	Keith Goff
F Hockey	Lynn Lawhorn	Out Track, g	Lytonya Echols-Payton	Yearbook	Latasha Holloway
Film Fest					

Nottoway

(NOTT)

School Phone: 434-292-5373

5267 Old Nottoway Road / Crewe, VA 23930

Athletics Office: 434-292-5373

Email: hicks.daisy@nottowayschools.org / jones.peter@nottowayschools.org

School Fax: 434-292-3021

Principal: Daisy Hicks

Assistant Principal: Peter Jones, Reggie Wilson

Guidance Counselors: Laneisha Barner, Jonathon Staylor

Athletic/Activities Director: Peter Jones

Superintendent: Dr. Rodney Berry (Nottoway)

Assistant AD:		Students	660	Group:	2A	Conference:	34
Colors:	Maroon/Gold	Gym Cap.	900	Region:	2A East	District:	James River
Mascot:	Cougars	Stad. Cap.	2500				

Ath Trainer		Football	Grayson Throckmorton	Scholastic	Mary Rash
Band	David Chung	Forensics		Soccer, b	Noel Patino
Baseball	Whip Wilson	Golf	Whip Wilson	Soccer, g	JoAna Smith
Basket, b	Thomas Wynn	Gymnast, b		Softball	Travis Andrews
Basket, g	Glen Pettis	Gymnast, g		Swim, b	
Cheer	Marilyn Wilson	Ind Track, b	Albert Booth	Swim, g	
Cr Writing		Ind Track, g	Albert Booth	Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Tim Herring	Magazine		Volley, b	
CrossC, g	Tim Herring	Newspaper		Volley, g	Travis Andrews
Debate		Out Track, b	Albert Booth	Wrestling	Lloyd Page
F Hockey		Out Track, g	Shirley Lucas	Yearbook	Allison Napier
Film Fest					

Oakton

(OAKT)

School Phone: 703-319-2700

2900 Sutton Road / Vienna, VA 22181-6199

Athletics Office: 703-319-2760

Email: john.banbury@fcps.edu / plfull@fcps.edu

School Fax: 703-319-2761

Principal: John Banbury

Assistant Principal: LeAnne Kannapel, Derek Smith, Colleen Eddy, Jennifer Hogan, Michelle Taylor

Guidance Counselors: Fred Priester, Alyson Calvello, Karen Mrowka

Athletic/Activities Director: Patrick Full (CAA)

Superintendent: Not Filled (Fairfax)

Assistant AD:	B. Kaplan, K. Jay, J. Rowley	Students	2300	Group:	6A	Conference:	5
Colors:	Burgundy/Gold	Gym Cap.	1340	Region:	6A North	District:	Concorde
Mascot:	Cougars	Stad. Cap.	4500				

Ath Trainer	Paul Rupp, Karen Foster	Football	Jason Rowley	Scholastic	Jackie Fernandez
Band	Jamie VanValkenberg	Forensics	Malcolm Lee	Soccer, b	Todd Spitalny
Baseball	Justin Janis	Golf	John Glorioso	Soccer, g	Kasey Davenport
Basket, b	David Brooks	Gymnast, b		Softball	Brandon McCulla
Basket, g	Fred Priester	Gymnast, g	Sami Miller	Swim, b	Parker Ramsdell
Cheer	Rachelle Aiken	Ind Track, b	Ray Decker	Swim, g	Parker Ramsdell
Cr Writing	Susan Sullivan	Ind Track, g	Ray Decker	Tennis, b	Betsy Tyskowski
Crew, b	Dane Underwood	Lacrosse, b	Jacob Bullock	Tennis, g	Lauren Carpenter
Crew, g	Dane Underwood	Lacrosse, g	Jean Counts	Theatre	Vanessa Gelinas
CrossC, b	Alisa Byers	Magazine	Susan Sullivan	Volley, b	
CrossC, g	Alisa Byers	Newspaper	Elizabeth Fortenberry	Volley, g	Dan Courain
Debate	Janine Gervais	Out Track, b	Ray Decker	Wrestling	Eric Gibbons
F Hockey	Erin McGartland	Out Track, g	Ray Decker	Yearbook	Jodi Glaser
Film Fest	Everett Flowers				

Ocean Lakes

(OCLK)

School Phone: 757-648-5550

885 Schumann Drive / Virginia Beach, VA 23454

Athletics Office: 757-648-5571

Email: / John.Williams@vbschools.com

School Fax: 757-721-4309

Principal: Claire R. Leblanc

Assistant Principal: Darcy L. Parker, James A. Imbriale, Leah M. Nelson, R. Perez Gatling, J. Michael King

Guidance Counselors: Leslie Allard

Athletic/Activities Director: John P. Williams (CAA)

Superintendent: Dr. Aaron C. Spence (Virginia Beach)

Assistant AD:	C. Conaway, T. L. Bracket	Students	2200	Group:	6A	Conference:	1
Colors:	Navy/Gold/Silver/White	Gym Cap.	2200	Region:	6A South	District:	Beach
Mascot:	Dolphins	Stad. Cap.	5000				

Ath Trainer	D. Lehan, H. Mack	Football	Joseph Jones	Scholastic	Brooke Thompson
Band	Ryan Rowles	Forensics	Jordan Schoonover	Soccer, b	Don Hart
Baseball	Pete Zell	Golf	Pete Zell, Rusty Webb	Soccer, g	Christine Thornton
Basket, b	Barry Fordham	Gymnast, b		Softball	Jack Wheeler
Basket, g	Hershel Mack	Gymnast, g	Jennifer Ramey	Swim, b	Andy Bedinger
Cheer	Jennifer Ramey	Ind Track, b	Merland Cook	Swim, g	Laura Eldredge
Cr Writing	Ashley Adams	Ind Track, g	Mike Nestor	Tennis, b	Matthew Tefft
Crew, b		Lacrosse, b		Tennis, g	Lindsay Clauer
Crew, g		Lacrosse, g		Theatre	Claude Blanchard
CrossC, b	Mike Nestor	Magazine	Ashley Adams	Volley, b	Heath Boomer
CrossC, g	Mike Nestor	Newspaper	Fara Wiles	Volley, g	Jack Wheeler
Debate	A. Adams, E. Bell	Out Track, b	Merland Cook	Wrestling	Christopher Barnhart
F Hockey	Whitney Raffo	Out Track, g	Mike Nestor	Yearbook	Ashley Adams
Film Fest					

Orange County**(ORAN)****School Phone:** 540-661-4300

201 Selma Road / Orange, VA 22960-1899

Athletics Office: 540-661-4284**EMail:** kguempel@ocss-va.org / mcole@ocss-va.org**School Fax:** 540-661-4460**Principal:** Kelly Guempel**Assistant Principal:** Eugene Williams, Todd Satterwhite, Sherri Doane**Guidance Counselors:** Nora Coleman, David Kohstal, Kevin Weber**Athletic/Activities Director:** Marc Cole (RAA)**Superintendent:** Dr. Brenda Tanner (Orange)**Assistant AD:** Norman Schmidt**Students** 1523**Group:** 5A**Conference:** 16**Colors:** Orange/Blue**Gym Cap.** 2200**Region:** 5A North**District:** Jefferson**Mascot:** Hornets**Stad. Cap.** 3000

Ath Trainer Jenna Cataldi	Football Jesse Lohr	Scholastic Steve Cunningham
Band Lauren Visel	Forensics	Soccer, b Ben Freeman
Baseball David Rabe	Golf Stephen Grabeel	Soccer, g Dwane Pugh
Basket, b Adam Utz	Gymnast, b	Softball Doris Buzzell
Basket, g Dave Rabe	Gymnast, g Jamie Davila	Swim, b Stephanie Withers
Cheer Laurie Jamerson	Ind Track, b Larry Kilby	Swim, g Stephanie Withers
Cr Writing	Ind Track, g Larry Kilby	Tennis, b Not Filled
Crew, b	Lacrosse, b	Tennis, g Jay Allen
Crew, g	Lacrosse, g	Theatre Robert Kristel
CrossC, b Matt Gilliam	Magazine	Volley, b
CrossC, g Matt Gilliam	Newspaper	Volley, g Breanna Hoover
Debate	Out Track, b Larry Kilby	Wrestling Bryan Seal
F Hockey Lauren Seal	Out Track, g Larry Kilby	Yearbook Whitney Milbourne
Film Fest		

Osborn**(OSBN)****School Phone:** 571-377-7000

9005 Tudor Lane / Manassas, VA 20110-5756

Athletics Office: 571-377-7005**EMail:** idegroom@mcpsva.org**School Fax:** 703-257-8515**Principal:** Cathy Benner**Assistant Principal:** Ryan Gast, Ashley Faaborg, Andrew Wilson, Heather Ball**Guidance Counselors:****Athletic/Activities Director:** Ira DeGroot**Superintendent:** Dr. Catherine Magouyrk (Manassas)**Assistant AD:** C. Simpson, S. Schultze**Students** 2050**Group:** 6A**Conference:** 8**Colors:** Navy Blue/Silver Gray**Gym Cap.** 2000**Region:** 6A North**District:** Cardinal**Mascot:** Eagles**Stad. Cap.** 3500

Ath Trainer Jeane Ryder	Football Chris Samuels	Scholastic Megan Snell
Band Keith Wilfinger	Forensics	Soccer, b Not Filled
Baseball Keith Howell	Golf Harold Boone	Soccer, g Jodi Kranich
Basket, b Rocky Carter	Gymnast, b	Softball Not Filled
Basket, g Robert Weaver	Gymnast, g	Swim, b Deb Clark
Cheer Melissa Rosson	Ind Track, b Paul Mobley	Swim, g Missy Bill
Cr Writing Not Filled	Ind Track, g Lauren Rose	Tennis, b Glen Strickland
Crew, b	Lacrosse, b Not Filled	Tennis, g Jeramiah Johnson
Crew, g	Lacrosse, g Not Filled	Theatre Nikisha Kozik
CrossC, b Paul Mobley	Magazine Not Filled	Volley, b
CrossC, g Lauren Rose	Newspaper Justin Joau	Volley, g Nikolay Petrov
Debate	Out Track, b Paul Mobley	Wrestling Tim Weaver
F Hockey Amber Vanhorn	Out Track, g Lauren Rose	Yearbook Ruth Lindenfelser
Film Fest		

Osborn Park**(OSPK)****School Phone:** 703-365-6500

8909 Euclid Avenue / Manassas, VA 20111-2404

Athletics Office: 703-365-6502**EMail:** beechna@pwcs.edu / laineke@pwcs.edu**School Fax:** 703-365-6798**Principal:** Neil Beech**Assistant Principal:** Josie Stevenson, Stephanie Rich, David Cassady**Guidance Counselors:****Athletic/Activities Director:** Keith Laine**Superintendent:** Dr. Steven L. Walts (Prince William)**Assistant AD:****Students** 2500**Group:** 6A**Conference:** 8**Colors:** Blue/Gold**Gym Cap.** 2500**Region:** 6A North**District:** Cardinal**Mascot:** Yellow Jackets**Stad. Cap.** 7000

Ath Trainer Courtney Bukva	Football Brian Beaty	Scholastic Kathy Yezzi
Band Michael Basham	Forensics Robert Scott	Soccer, b Larry Nemerow
Baseball Rod Hodgson	Golf Mike Foley	Soccer, g Rob Watters
Basket, b Bob Lake	Gymnast, b	Softball Tim Garner
Basket, g Cliff Gorham	Gymnast, g Monica Brown	Swim, b Amalie Smith
Cheer Jessica Turch	Ind Track, b Mike Feldman	Swim, g Kate Thomas
Cr Writing Carla Drew	Ind Track, g Mike Feldman	Tennis, b Ryan Pelkey
Crew, b	Lacrosse, b Rodney Cornell	Tennis, g Chelsea Gray
Crew, g	Lacrosse, g Kate Thomas	Theatre Kristina Nelson
CrossC, b Michael Schuster	Magazine Carla Drew	Volley, b
CrossC, g Michael Schuster	Newspaper Jason Shaw	Volley, g Michelle Blue
Debate Heather Davids	Out Track, b Mike Feldman	Wrestling Mike Spudic
F Hockey Kate Thomas	Out Track, g Mike Feldman	Yearbook Beth Skaggs
Film Fest		

Page County**(PAGE)****School Phone:** 540-652-8712

184 Panther Drive / Shenandoah, VA 22849-9726

Athletics Office: 540-652-8712**Email:** dcale@pagecounty.k12.va.us / kcubbage@pagecounty.k12.va.us**School Fax:** 540-652-1966**Principal:** David Cale**Assistant Principal:** Mike Baczynski**Guidance Counselors:** Jessica Markowitz, Brittany Cober**Athletic/Activities Director:** Keith Cubbage (RAA)**Superintendent:** Mrs. Donna Whitley-Smith (Page)**Assistant AD:****Colors:** Columbia Blue/White**Mascot:** Panthers**Students** 540**Gym Cap.** 1050**Stad. Cap.** 1500**Group:** 2A**Region:** 2A East**Conference:** 36**District:** Shenandoah

Ath Trainer	Jared Siglin	Football	Joseph Soltis
Band	Delwyn Ringle	Forensics	
Baseball	Wayne Comer	Golf	Brian Caviness
Basket, b	Mike Purdham	Gymnast, b	
Basket, g	EJ Wyant	Gymnast, g	
Cheer	Angelica Dean	Ind Track, b	
Cr Writing		Ind Track, g	
Crew, b		Lacrosse, b	
Crew, g		Lacrosse, g	
CrossC, b	Mark Comer	Magazine	
CrossC, g	Nicole Brumfield	Newspaper	
Debate		Out Track, b	Kevin Morris
F Hockey		Out Track, g	Mark Comer
Film Fest			

Scholastic	Andrew Wilson
Soccer, b	Tyler Knight
Soccer, g	Chris Robbins
Softball	Alan Knight
Swim, b	
Swim, g	
Tennis, b	
Tennis, g	Jennifer Bracken
Theatre	Jennifer Bracken
Volley, b	
Volley, g	Todd Day
Wrestling	
Yearbook	Jennifer Bracken

Park View (South Hill)**(PVSH)****School Phone:** 434-447-3435

205 Park View Circle / South Hill, VA 23970

Athletics Office:**Email:** dcarter@mcpweb.org / mgreene@mcpweb.org**School Fax:** 434-447-7876**Principal:** Darnell Carter**Assistant Principal:** Penny Gilmer, Amy Wright**Guidance Counselors:** Goldie Settles, Megan Hendrick**Athletic/Activities Director:** Mike Greene**Superintendent:** Mr. Paul C. Nichols (Mecklenburg)**Assistant AD:****Colors:** Green/White**Mascot:** Dragons**Students** 775**Gym Cap.** 1200**Stad. Cap.** 1200**Group:** 3A**Region:** 3A East**Conference:** 25**District:** Tri-Rivers

Ath Trainer		Football	Kelvin Hutcheson
Band	Chris McDilda	Forensics	Lisa Cottingham
Baseball	Mike Barmoy	Golf	Chris Hardee
Basket, b	Brian Sykes	Gymnast, b	
Basket, g	Jaimee Clary	Gymnast, g	
Cheer	Krystin Walker	Ind Track, b	
Cr Writing		Ind Track, g	
Crew, b		Lacrosse, b	
Crew, g		Lacrosse, g	
CrossC, b	Kathy Baird	Magazine	
CrossC, g	Kathy Baird	Newspaper	
Debate		Out Track, b	Shawn Talley
F Hockey		Out Track, g	Kelvin Hutcheson
Film Fest			

Scholastic	Zachary Sutphin
Soccer, b	Trudy Gentry
Soccer, g	Kathy Baird
Softball	John Manning
Swim, b	
Swim, g	
Tennis, b	
Tennis, g	
Theatre	Tracey Nash
Volley, b	
Volley, g	Beth Callahan
Wrestling	
Yearbook	Cathy Cochelin

Park View (Sterling)**(PVST)****School Phone:** 571-434-4500

400 W. Laurel Avenue / Sterling, VA 20164-3799

Athletics Office: 571-434-4510**Email:** kirk.dolson@lcp.org / jason.testerman@lcp.org**School Fax:** 571-434-4501**Principal:** Kirk Dolson**Assistant Principal:** Troy Washington, Jeanine Sims, Jen Piccolomini**Guidance Counselors:** Joane Nagurney**Athletic/Activities Director:** Jason Testerman**Superintendent:** Dr. Eric Williams (Loudoun)**Assistant AD:** Meredith Polen**Colors:** Red/White/Blue**Mascot:** Patriots**Students** 1350**Gym Cap.** 1500**Stad. Cap.** 4000**Group:** 4A**Region:** 4A West**Conference:** 21**District:** Dulles

Ath Trainer	Shannon Nirich	Football	Mick Mullins
Band	Brian Morton	Forensics	Mary Beth Gayle
Baseball	Ralph DiBari	Golf	Not Filled
Basket, b	Zack Orchant	Gymnast, b	
Basket, g	Lorraine Kitchen	Gymnast, g	Kaitlyn Simmons
Cheer	Cher Welke	Ind Track, b	
Cr Writing		Ind Track, g	
Crew, b		Lacrosse, b	Jeff Rutledge
Crew, g		Lacrosse, g	Derek Ryan
CrossC, b	Matthew Poth	Magazine	Nora May
CrossC, g	Matthew Poth	Newspaper	Kristie Browne
Debate	Catherine Whitacre	Out Track, b	Andrew Robertson
F Hockey		Out Track, g	Bryan Gallo
Film Fest			

Scholastic	Phil Rosenthal
Soccer, b	Arturo Jimenez
Soccer, g	Erika Lawson
Softball	Yessica Aguilar
Swim, b	Amber Kerico
Swim, g	Amber Kerico
Tennis, b	Taniel Fissmer
Tennis, g	Larry Hinders
Theatre	Mary Beth Gayle
Volley, b	
Volley, g	Lindsey Volkar
Wrestling	Josh Damico
Yearbook	Kristie Browne

Patrick County

(PATC)

School Phone: 276-694-7137

Athletics Office: Ext. 207

School Fax: 276-694-6997

215 Cougar Lane / Stuart, VA 24171

Email: trey.cox@patrick.k12.va.us / terry.harris@patrick.k12.va.us

Principal: Trey Cox

Assistant Principal: Rebecca Rogers, Robin Ferguson, Terry Harris, Denise Clark

Guidance Counselors:

Athletic/Activities Director: Terry Harris

Superintendent: Dr. William D. Sroufe (Patrick)

Assistant AD: Mark Gammons

Colors: Green/Gold

Mascot: Cougars

Students 789

Gym Cap. 1200

Stad. Cap. 2200

Group: 3A

Region: 3A West

Conference: 32

District: Piedmont

Ath Trainer Francis Stover
Band Matthew Mabe
Baseball Andrew Terry
Basket, b Doug Chilton
Basket, g Shannon Brockway
Cheer Danel Slaydon
Cr Writing Danel Slaydon
Crew, b Danel Slaydon
Crew, g Danel Slaydon
CrossC, b Danel Slaydon
CrossC, g Danel Slaydon
Debate Danel Slaydon
F Hockey Danel Slaydon
Film Fest Danel Slaydon

Football Derrick Jones
Forensics Philip Steagall
Golf Philip Steagall
Gymnast, b Danel Slaydon
Gymnast, g Danel Slaydon
Ind Track, b Danel Slaydon
Ind Track, g Danel Slaydon
Lacrosse, b Danel Slaydon
Lacrosse, g Danel Slaydon
Magazine Danel Slaydon
Newspaper Danel Slaydon
Out Track, b Danel Slaydon
Out Track, g Danel Slaydon

Scholastic Mark Dujmovic
Soccer, b Abby Barone
Soccer, g Roger Wilson
Softball Roger Wilson
Swim, b Andrew Terry
Swim, g Megan Richardson
Tennis, b Heidi Moore
Tennis, g David Morrison
Theatre Janice Lergen
Volley, b Heidi Moore
Volley, g David Morrison
Wrestling Janice Lergen
Yearbook Janice Lergen

Patriot

(PATR)

School Phone: 703-594-3020

Athletics Office: 703-594-3520

School Fax: 703-594-3022

10504 Kettle Run Road / Nokesville, VA 20181

Email: quallsbj@pwcs.edu

Principal: Michael Bishop

Assistant Principal: Delores Lucas, Josh Miller, Stephanie Bretzke, Emily Utter, Billy Childress

Guidance Counselors: Terri Snoots

Athletic/Activities Director: Brad Qualls (CAA)

Superintendent: Dr. Steven L. Walts (Prince William)

Assistant AD: Navy/Scarlet/Silver/White

Colors: Navy/Scarlet/Silver/White

Mascot: Pioneers

Students 2820

Gym Cap. 0

Stad. Cap. 0

Group: 6A

Region: 6A North

Conference: 8

District: Cardinal

Ath Trainer Toby McCullough
Band David Van Gelder
Baseball Josh Steinberg
Basket, b Sherman Rivers
Basket, g Antoinette Wadsworth
Cheer Clarie Schumacher
Cr Writing Adam Daniels
Crew, b Adam Daniels
Crew, g Adam Daniels
CrossC, b Adam Daniels
CrossC, g Adam Daniels
Debate Janine Byers
F Hockey Emily Ortiz
Film Fest Adam Daniels

Football Brud Bicknell
Forensics Billy Childress
Golf Billy Childress
Gymnast, b Amy Dignan
Gymnast, g Adam Daniels
Ind Track, b Adam Daniels
Ind Track, g Adam Daniels
Lacrosse, b Dan Puhlick
Lacrosse, g Julie O'Neill
Magazine Catherine Storke
Newspaper Adam Daniels
Out Track, b Adam Daniels
Out Track, g Adam Daniels

Scholastic Sarah Cureton
Soccer, b Kelly Beauchamp-Payne
Soccer, g Katie Speaks
Softball Lisa Bussian
Swim, b Lisa Bussian
Swim, g Rob Dulin
Tennis, b Rob Dulin
Tennis, g Katie Facemire
Theatre Christina Woolwine
Volley, b Ben Shifflett
Volley, g Dianne Demastrie
Wrestling Ben Shifflett
Yearbook Dianne Demastrie

Petersburg

(PBRG)

School Phone: 804-862-7095

Athletics Office: 804-862-7144

School Fax: 804-733-5897

3101 Johnson Road / Petersburg, VA 23805-2399

Email: alfields@petersburg.k12.va.us / wilawson@petersburg.k12.va.us

Principal: Alicia Fields

Assistant Principal: Felicia Bishop, Bobby Shockley, Vanita Miles-Mason, David McGlone, Dean of Students

Guidance Counselors: Connie Jones, Shannon Bryant, Angela Dance

Athletic/Activities Director: Bill Lawson, (RAA)

Superintendent: Dr. Marcus J. Newsome (Petersburg)

Assistant AD: Crimson/Gold

Colors: Crimson/Gold

Mascot: Crimson Wave

Students 1540

Gym Cap. 3000

Stad. Cap. 4500

Group: 3A

Region: 3A East

Conference: 26

District: Central

Ath Trainer Chaffon Mouzone
Band Clyde Boswell
Baseball Michael Teasley
Basket, b David McGlone
Basket, g Raymond Patton
Cheer Krystal Bell
Cr Writing Not Filled
Crew, b Not Filled
Crew, g Not Filled
CrossC, b Keonte Owens
CrossC, g Keonte Owens
Debate Not Filled
F Hockey Not Filled
Film Fest Not Filled

Football Michael Scott
Forensics Terri Smith
Golf Nelson Cuffey
Gymnast, b Not Filled
Gymnast, g Not Filled
Ind Track, b Not Filled
Ind Track, g Not Filled
Lacrosse, b Not Filled
Lacrosse, g Not Filled
Magazine Not Filled
Newspaper Not Filled
Out Track, b Not Filled
Out Track, g Not Filled

Scholastic Sanjay Chaudhary
Soccer, b Sanjay Chaudhary
Soccer, g Erica McGlone
Softball Erica McGlone
Swim, b Not Filled
Swim, g Not Filled
Tennis, b Not Filled
Tennis, g Not Filled
Theatre Not Filled
Volley, b David McGlone
Volley, g Donald Wilson
Wrestling Keonte Owens
Yearbook Not Filled

Phoebus

(PHOE)

School Phone: 757-727-1000

Athletics Office: 757-727-1694

School Fax: 757-727-0981

100 Ireland Street / Hampton, VA 23663-2199

Email: markhudson@hampton.k12.va.us / nward@hampton.k12.va.us

Principal: Mark Hudson

Assistant Principal: Bruce Godwin, Barbara Kimzey, Shameka Pollardd

Guidance Counselors: Becky Flibotte

Athletic/Activities Director: Maurice Ward

Superintendent: Dr. Jeffrey Smith (Hampton)

Assistant AD:

Colors: Blue/Gold

Mascot: Phantoms

Students 1100

Gym Cap. 2000

Stad. Cap. 8500

Group: 3A

Region: 3A East

Conference: 27

District: Peninsula

Ath Trainer	Band	Baseball	Basket, b	Basket, g	Cheer	Cr Writing	Crew, b	Crew, g	CrossC, b	CrossC, g	Debate	F Hockey	Film Fest	Football	Forensics	Golf	Gymnast, b	Gymnast, g	Ind Track, b	Ind Track, g	Lacrosse, b	Lacrosse, g	Magazine	Newspaper	Out Track, b	Out Track, g	Jeremy Blunt	Mahla Swinford	Mark Ewell	Brian Rountree	Vernita Brown	Elizabeth Wilder	Beth Fenstermacher	Brian Rountree	Vernita Brown	Scholastic	Soccer, b	Soccer, g	Softball	Swim, b	Swim, g	Tennis, b	Tennis, g	Theatre	Volley, b	Volley, g	Wrestling	Yearbook	Mahla Swinford	Larisa Haner	Larisa Haner	Kevin Wilder	Marcine Petruska	Maurice Ward	Maurice Ward	Margaret Dee
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Poquoson

(POQU)

School Phone: 757-868-7123

Athletics Office: 757-868-7184

School Fax: 757-868-3141

51 Odd Road / Poquoson, VA 23662-2099

Email: bwright@phs.poquoson.k12.va.us / kenneth.bennett@poquoson.k12.va.us

Principal: Shelly Cihak

Assistant Principal: Mel Cecere, George Yeager

Guidance Counselors: Kenneth Bennett

Athletic/Activities Director: Kenneth Bennett

Superintendent: Dr. Jennifer B. Parish (Poquoson)

Assistant AD:

Colors: Maroon/Old Gold

Mascot: Islanders

Students 900

Gym Cap. 1000

Stad. Cap. 2500

Group: 3A

Region: 3A East

Conference: 25

District: Bay Rivers

Ath Trainer	Band	Baseball	Basket, b	Basket, g	Cheer	Cr Writing	Crew, b	Crew, g	CrossC, b	CrossC, g	Debate	F Hockey	Film Fest	Football	Forensics	Golf	Gymnast, b	Gymnast, g	Ind Track, b	Ind Track, g	Lacrosse, b	Lacrosse, g	Magazine	Newspaper	Out Track, b	Out Track, g	Elliott Duty	Todd Bowden	Jeff Fry	Jeff Fry	Not Filled	Jeff Gross	Jeff Gross	Scholastic	Soccer, b	Soccer, g	Softball	Swim, b	Swim, g	Tennis, b	Tennis, g	Theatre	Volley, b	Volley, g	Wrestling	Yearbook	Kip Flynn	Charles Sneddon	Steve Butler	Colleen Casey	Heather Pederson	Heather Pederson	Tim Lutz	Gloira Insley	Ashley Richey	Tim Hatok	Eric Decker	Paula Bennett
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Potomac Falls

(PFAL)

School Phone: 571-434-3200

Athletics Office: 571-434-3210

School Fax: 571-434-3201

46400 Algonkian Parkway / Potomac Falls, VA 20165

Email: elizabeth.noto@lcps.org / michael.sipe@lcps.org

Principal: Elizabeth Noto

Assistant Principal: Jarvis Weeks, Kelly Hayes

Guidance Counselors:

Athletic/Activities Director: Mike Sipe (CAA)

Superintendent: Dr. Eric Williams (Loudoun)

Assistant AD: Chris Tully

Colors: Black/Purple/White

Mascot: Panthers

Students 1519

Gym Cap. 1500

Stad. Cap. 2500

Group: 5A

Region: 5A North

Conference: 14

District: Potomac

Ath Trainer	Band	Baseball	Basket, b	Basket, g	Cheer	Cr Writing	Crew, b	Crew, g	CrossC, b	CrossC, g	Debate	F Hockey	Film Fest	Football	Forensics	Golf	Gymnast, b	Gymnast, g	Ind Track, b	Ind Track, g	Lacrosse, b	Lacrosse, g	Magazine	Newspaper	Out Track, b	Out Track, g	Paul Barnes	Jennifer Jens	Jeff Hawes	Misty Keller	Kyle Fleischman	Jm Birks	Kevin Richards	Kevin Richards	Scholastic	Soccer, b	Soccer, g	Softball	Swim, b	Swim, g	Tennis, b	Tennis, g	Theatre	Volley, b	Volley, g	Wrestling	Yearbook	Stephane Longchamp	Greg Zawadowski	Not Filled	April Meyer	April Meyer	Nick Puszt	Lauren Gibson	Not Filled	Nick Puszt	Corey Burns	Not Filled
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Potomac Senior**(POTO)****School Phone:** 703-441-4200

3401 Panther Pride Drive / Dumfries, VA 22026

Athletics Office: 703-441-4264**Email:** bankemr@pwcs.edu**School Fax:** 703-441-4497**Principal:** Michael Wright**Assistant Principal:** Stacy Norwood, Lorraine Sadler, Regina Nash**Guidance Counselors:** Natalie Wright**Athletic/Activities Director:** Melissa Bankert**Superintendent:** Dr. Steven L. Walts (Prince William)

Assistant AD:		Students	1500	Group:	5A	Conference:	15
Colors:	Col. Blue/Navy/White	Gym Cap.	1937	Region:	5A North	District:	Cardinal
Mascot:	Panthers	Stad. Cap.	4000				

Ath Trainer	Rick Stewart	Football	Keith King	Scholastic	Josh Mears
Band	Ryan Gillis	Forensics	Naomi Ramos-Acosta	Soccer, b	Diego Gonzales
Baseball	Mike Covington	Golf	Andrew Kaman	Soccer, g	Melanie Ciswicz
Basket, b	Keith Honore	Gymnast, b		Softball	Ray Wilkins
Basket, g	Tiffany Jenkins	Gymnast, g		Swim, b	Margaret Rodriguez
Cheer	MarLee Slack	Ind Track, b	Jeff Foy	Swim, g	Margaret Rodriguez
Cr Writing	Not Filled	Ind Track, g	Mike Thielman	Tennis, b	Melissa Bankert
Crew, b	Not Filled	Lacrosse, b	Terry Stockholm	Tennis, g	Tiffany Jenkins
Crew, g	Not Filled	Lacrosse, g	Not Filled	Theatre	Esther Tennyson
CrossC, b	Mike Thielman	Magazine	Samantha Golnek	Volley, b	
CrossC, g	Mike Thielman	Newspaper	Samantha Golnek	Volley, g	Macara Oshida
Debate	Naomi Ramos-Acosta	Out Track, b	Jeff Foy	Wrestling	John Compel
F Hockey	Angie Stycharz	Out Track, g	Mike Thielman	Yearbook	Samantha Golnek
Film Fest					

Powhatan**(POWH)****School Phone:** 804-598-5710

1800 Judes Ferry Road / Powhatan, VA 23139-5746

Athletics Office: 804-598-5704**Email:** mike.massa@powhatan.k12.va.us / jim.woodson@powhatan.k12.va.us**School Fax:** 804-598-0298**Principal:** Mike Massa**Assistant Principal:** John Ringstaff, Kim Holloway, Samantha Martin**Guidance Counselors:** Chrissie Holley, Sarah Baltimore, Doug Reimondo**Athletic/Activities Director:** James Woodson**Superintendent:** Dr. Eric L. Jones (Powhatan)

Assistant AD:	Mark Robertson	Students	1450	Group:	4A	Conference:	20
Colors:	Black/Orange	Gym Cap.	2000	Region:	4A East	District:	Jefferson
Mascot:	Indians	Stad. Cap.	3500				

Ath Trainer	Michael Puglia	Football	James Woodson	Scholastic	Nate Dominy
Band	Nick Snead	Forensics		Soccer, b	Justin Tracoma
Baseball	Gregg Conner	Golf	Chris Leech	Soccer, g	Julie Poston
Basket, b	Steve Washburn	Gymnast, b		Softball	Marie Crump
Basket, g	Paulette Bowman	Gymnast, g		Swim, b	
Cheer	Sarah Baltimore	Ind Track, b	Ernie Henderson	Swim, g	
Cr Writing	Ann Marie Bise	Ind Track, g	Paul Smarschan	Tennis, b	Tim Barnes
Crew, b		Lacrosse, b	Chris Muss	Tennis, g	Jennifer Campbell
Crew, g		Lacrosse, g	Vince Evans	Theatre	Brent Fleisher
CrossC, b	Bucky Webb	Magazine		Volley, b	
CrossC, g	Paul Smartschan	Newspaper	Ann Marie Bise	Volley, g	Amber Ortolana
Debate		Out Track, b	Ernie Henderson	Wrestling	Jonathan Tanaka
F Hockey	Stephanie Brooks	Out Track, g	Paulette Bowman	Yearbook	Maryvel Firda
Film Fest					

Prince Edward County**(PECO)****School Phone:** 434-315-2130

35 Eagle Drive / Farmville, VA 23901-9011

Athletics Office: 434-315-2102**Email:** zoltan.kerestley@pecps.k12.va.us / rodneym.kane@pecps.k12.va.us**School Fax:** 434-392-1901**Principal:** Zoltan Kerestley**Assistant Principal:** Ruth Williamson, Maurice Smith**Guidance Counselors:** Dominique Foster, Emily Kennedy**Athletic/Activities Director:** Rodney Kane**Superintendent:** Dr. K David Smith (Prince Edward)

Assistant AD:		Students	650	Group:	2A	Conference:	34
Colors:	Purple/Gold	Gym Cap.	1200	Region:	2A East	District:	James River
Mascot:	Eagles	Stad. Cap.	1500				

Ath Trainer	Kenneth Ashley	Football	James Ford	Scholastic	Paul Jenkins
Band	Seth Taft	Forensics	Deborah Rush	Soccer, b	Devin Pierce
Baseball	Michael Weaver	Golf	Michael Weaver	Soccer, g	Andrew Hover
Basket, b	James Scott	Gymnast, b		Softball	Marvin Meadows
Basket, g	Nicole Wahrman	Gymnast, g		Swim, b	Bruce Bogese
Cheer	Carly York	Ind Track, b	James Baker	Swim, g	Bruce Bogese
Cr Writing	Rachel Overstreet	Ind Track, g	James Baker	Tennis, b	Bruce Bogese
Crew, b		Lacrosse, b		Tennis, g	James Scott
Crew, g		Lacrosse, g		Theatre	Deborah Rush
CrossC, b	Aaron Barbor	Magazine		Volley, b	
CrossC, g	Jessica Tibbs	Newspaper	Megan Miller	Volley, g	Bruce Bogese
Debate	Deborah Rush	Out Track, b	James Baker	Wrestling	
F Hockey		Out Track, g	James Baker	Yearbook	Deborah Rush
Film Fest					

Prince George

(PRGE)

School Phone: 804-733-2720

7801 Laurel Spring Road / Prince George, VA 23875-3399

Athletics Office: 804-733-2720

EMail: mnelson@pgs.k12.va.us / hbutler@pgs.k12.va.us

School Fax: 804-861-4530

Principal: Mike Nelson

Assistant Principal: Jeff Darby, Karen Rhodes, Kristina Truell

Guidance Counselors: Edwina Daniel

Athletic/Activities Director: Hezekiah Butler (RAA)

Superintendent: Renee Williams (Prince George)

Assistant AD: Students 1836 **Group:** 5A **Conference:** 12
Colors: Green/Gold/White **Gym Cap.** 1900 **Region:** 5A South **District:** Central
Mascot: Royals **Stad. Cap.** 4000

Ath Trainer	Kristi Harris	Football	Bruce Carroll	Scholastic	Vicki Hale
Band	Michael Warnock	Forensics	Beth Andersen	Soccer, b	Tommy Harrison
Baseball	Mickey Roberts	Golf	Billy Russell	Soccer, g	Raven Holc
Basket, b	Travis Carr	Gymnast, b		Softball	Nealan Chandler
Basket, g	ShaVohn Curley	Gymnast, g		Swim, b	
Cheer	Becky Haydt	Ind Track, b	Will Stevens	Swim, g	
Cr Writing	Chris Waugaman	Ind Track, g	Will Stevens	Tennis, b	Matt Weston
Crew, b		Lacrosse, b		Tennis, g	Kenya Grissett
Crew, g		Lacrosse, g		Theatre	Daryl Phillips
CrossC, b	Levi Owens	Magazine		Volley, b	Mayes Marks
CrossC, g	Levi Owens	Newspaper	Chris Waugaman	Volley, g	Wanda Gilbert
Debate		Out Track, b	Will Stevens	Wrestling	Glen Thomas
F Hockey	Maggie Roberts	Out Track, g	Will Stevens	Yearbook	Chris Waugaman
Film Fest	Chris Waugaman				

Princess Anne

(PANN)

School Phone: 757-648-5600

4400 Virginia Beach Boulevard / Virginia Beach, VA 23462-3198

Athletics Office: 757-648-5621

EMail: Danny.Little@vbschools.com / Kathryn.Cosimano@vbschools.com

School Fax: 757-473-5004

Principal: Danny Little

Assistant Principal: Wayne Varney, Ryan O'Meara, Helen Cox, Sherri Brooks, Elaine Denson

Guidance Counselors: Sheila Gorham, Cathy Delaney, Lance Waite, Kim Love, Kevin Hunter

Athletic/Activities Director: Kathryn Cosimano

Superintendent: Dr. Aaron C. Spence (Virginia Beach)

Assistant AD: Brian Triolet, Chris Hakim **Students** 1800 **Group:** 5A **Conference:** 9
Colors: Red/White/Blue **Gym Cap.** 1200 **Region:** 5A South **District:** Beach
Mascot: Cavaliers **Stad. Cap.** 4000

Ath Trainer	Not Filled	Football	Jelani Fair	Scholastic	Judy Petykowski
Band	John Boyd	Forensics	Meagan Starks	Soccer, b	Blair Ferguson
Baseball	Jimmy Hunt	Golf	Nicholas Dzendzel	Soccer, g	Kenneth Fabian
Basket, b	Tim Sparks	Gymnast, b		Softball	Dennis Nixon
Basket, g	Darnell Dozier	Gymnast, g	Jacqueline Cinnamond	Swim, b	Chris Hakim
Cheer	Zina Herb	Ind Track, b	Kevin Rhue	Swim, g	Jay Smith
Cr Writing		Ind Track, g	Jauron Brumage	Tennis, b	Not Filled
Crew, b		Lacrosse, b		Tennis, g	Not Filled
Crew, g		Lacrosse, g		Theatre	Julieta Skylar Grey
CrossC, b	Kevin Rhue	Magazine	E. Blair Thurman	Volley, b	Jeff Kinsler
CrossC, g	Kevin Rhue	Newspaper	E. Blair Thurman	Volley, g	Craig Dooren
Debate	Nicholas Dzendzel	Out Track, b	Jauron Brumage	Wrestling	Martin Erickson
F Hockey	Denise O'Connell	Out Track, g	Kevin Rhue	Yearbook	Brian Schwartz
Film Fest	Julieta Skylar Grey				

Pulaski County

(PULA)

School Phone: 540-643-0747

5414 Cougar Trail Drive / Dublin, VA 24084

Athletics Office: 540-643-0750

EMail: mgrim@pcva.us / svest@pcva.us

School Fax: 540-674-4722

Principal: Michael Grim

Assistant Principal: Jennifer Bolling, Mark Hanks, Ross Matney

Guidance Counselors: Chrissi Vest, Mary Cheverton

Athletic/Activities Director: Scott Vest

Superintendent: Christopher Stafford (Interim) (Pulaski)

Assistant AD: Students 1388 **Group:** 4A **Conference:** 24
Colors: Burgundy/Gold **Gym Cap.** 2600 **Region:** 4A West **District:** River Ridge
Mascot: Cougars **Stad. Cap.** 10000

Ath Trainer	Jackie Snell	Football	Stephen James	Scholastic	Courtney Yatteau
Band	Matt Shrewsbury	Forensics		Soccer, b	Ricky Wright
Baseball	Jared King	Golf	Larry Thomas	Soccer, g	Ainsley McDougal
Basket, b	Andrew Hart	Gymnast, b		Softball	Not Filled
Basket, g	Bradley Sutphin	Gymnast, g		Swim, b	Leslie Mitchell
Cheer	Sindilee Lambert	Ind Track, b	Sirak Ogbagabir	Swim, g	Leslie Mitchell
Cr Writing		Ind Track, g	Sirak Ogbagabir	Tennis, b	Brad Whitehead
Crew, b		Lacrosse, b		Tennis, g	Kendal Colley
Crew, g		Lacrosse, g		Theatre	Jeff McCoy
CrossC, b	Sirak Ogbagabir	Magazine		Volley, b	
CrossC, g	Sirak Ogbagabir	Newspaper		Volley, g	Alison Sutphin
Debate		Out Track, b	Sirak Ogbagabir	Wrestling	Dan Butler
F Hockey		Out Track, g	Sirak Ogbagabir	Yearbook	Bethany Schaefer
Film Fest	Gregg Hawkins				

Radford**(RADF)****School Phone:** 540-731-3649

50 Dalton Drive / Radford, VA 24141-1599

Athletics Office: 540-731-3650**E-Mail:** wjsmith@rcps.org / gwade@rcps.org**School Fax:** 540-731-4427**Principal:** Walter J. Smith**Assistant Principal:** R. Darden Freeman**Guidance Counselors:** Rick Cormany, Pam Chitwood**Athletic/Activities Director:** Gregory Wade (RAA)**Superintendent:** Mr. Robert F. Graham (Radford)

Assistant AD:		Students	490	Group:	1A	Conference:	45
Colors:	Black/White/Old Gold	Gym Cap.	1200	Region:	1A West	District:	Three Rivers
Mascot:	Bobcats	Stad. Cap.	6000				

Ath Trainer	Andrew Waff	Football	Matthew Saunders	Scholastic	Megan Thompaon
Band	Daniel Frankenberger	Forensics	Tina Tapp	Soccer, b	Greg Wade
Baseball	Greg Ridpath	Golf	Cody Roberts	Soccer, g	Darryl Gillespie
Basket, b	Ricky Cormany	Gymnast, b		Softball	Marissa Puckett
Basket, g	Kevin Conner	Gymnast, g		Swim, b	Heather Rowland
Cheer	Shannon Kessler	Ind Track, b	Mike Carrow	Swim, g	Heather Rowland
Cr Writing		Ind Track, g	Mike Carrow	Tennis, b	Matt Azano
Crew, b		Lacrosse, b		Tennis, g	Mark Sarver
Crew, g		Lacrosse, g		Theatre	Christopher Cook
CrossC, b	Mike Carrow	Magazine	Rusty Swope	Volley, b	
CrossC, g	Mike Carrow	Newspaper	Tina Tapp	Volley, g	Jessica Mitchell
Debate	Not Filled	Out Track, b	Mike Carrow	Wrestling	Mike Dunbar
F Hockey		Out Track, g	Mike Carrow	Yearbook	Kim Reese
Film Fest	Jamie Little				

Randolph-Henry**(RNHN)****School Phone:** 434-542-4111

755 David Bruce Avenue, P.O. Box 668 / Charlotte Court House, VA

Athletics Office:**E-Mail:** masonr@ccps.k12.va.us / holtc@ccps.k12.va.us**School Fax:** 434-542-4114**Principal:** Robbie Mason**Assistant Principal:** Christopher Holt, Dominique Foster**Guidance Counselors:** Kaylei Jones, Drew Hall**Athletic/Activities Director:** Chris Holt (RAA)**Superintendent:** Mrs. Nancy H. Leonard (Charlotte)

Assistant AD:		Students	620	Group:	2A	Conference:	34
Colors:	Navy/White	Gym Cap.	1000	Region:	2A East	District:	James River
Mascot:	Statesmen	Stad. Cap.	1500				

Ath Trainer	Not Filled	Football	Mark McPherson	Scholastic	John Noel
Band	Derek Ramsey	Forensics	Steve Wendelin	Soccer, b	Patrick Shay
Baseball	James Allen	Golf	Kelly Powell	Soccer, g	Penny Miles
Basket, b	James Graves	Gymnast, b		Softball	Mark McPherson
Basket, g	Donald Jack	Gymnast, g		Swim, b	
Cheer	Karen Osborne	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	Ian Woodley
Crew, b		Lacrosse, b		Tennis, g	Lindsay Webb
Crew, g		Lacrosse, g		Theatre	Lisa Haertel
CrossC, b	J. Williams, D. Schwartz	Magazine		Volley, b	
CrossC, g	J. Williams, D. Schwartz	Newspaper		Volley, g	Scott Critzer
Debate	Amanda Spencer	Out Track, b	Not Filled	Wrestling	Dean Schwartz
F Hockey		Out Track, g	Karen Osborne	Yearbook	Claudia McMillan
Film Fest					

Rappahannock**(RAPP)****School Phone:** 804-333-3551

6914 Richmond Road / Warsaw, VA 22572

Athletics Office: 804-333-6241**E-Mail:** dferguson@richmond-county.k12.va.us / rpatterson@richmond-county.k12.va.us**School Fax:** 804-333-5186**Principal:** David Ferguson**Assistant Principal:** William Washington, Dana Fox**Guidance Counselors:** Lexi Brown**Athletic/Activities Director:** Ryan Patterson (RAA)**Superintendent:** Dr. James Gregory Smith (Richmond County)

Assistant AD:		Students	354	Group:	1A	Conference:	43
Colors:	Red/Gray	Gym Cap.	1000	Region:	1A East	District:	Northern Neck
Mascot:	Raiders	Stad. Cap.	1200				

Ath Trainer		Football	William West	Scholastic	Shawn Collins
Band	Jonathan Scott	Forensics		Soccer, b	Jordan Clary
Baseball	James Bieger	Golf	Paul Yackel	Soccer, g	
Basket, b	Jonas Ankrom	Gymnast, b		Softball	Ellen Gaines
Basket, g	Ellen Gaines	Gymnast, g		Swim, b	
Cheer	Nicole Syster	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	David Holt
Crew, b		Lacrosse, b		Tennis, g	Marion Walker
Crew, g		Lacrosse, g		Theatre	Tiffany Rombold
CrossC, b	Christie Douglas	Magazine		Volley, b	
CrossC, g	Christie Douglas	Newspaper		Volley, g	Kristin Patterson
Debate		Out Track, b	Not Filled	Wrestling	
F Hockey		Out Track, g	Leanna Bell	Yearbook	Pam Alderman
Film Fest					

Rappahannock County

(RPCO)

School Phone: 540-227-0745

12576 Lee Highway / Washington, VA 22747

Athletics Office: Ext 3461

Email: mtupper@rappahannockschools.us / bburley@rappahannockschools.us

School Fax: 540-987-9331

Principal: Michael Tupper

Assistant Principal: James E. Swindler III

Guidance Counselors: Jason Gochenour, Dani Pond, Michelle Papa

Athletic/Activities Director: Brandon W. Burley

Superintendent: Dr. Donna O. Matthews (Rappahannock County)

Assistant AD: Students 290
Colors: Navy/Gold Gym Cap. 675
Mascot: Panthers Stad. Cap. 1000

Group: 1A **Conference:** 43
Region: 1A East **District:** Bull Run

Ath Trainer Ashley Day Football Kemp Pullin
Band Jason Guira Forensics
Baseball Mike Atkins Golf
Basket, b Mike Atkins Gymnast, b
Basket, g Brandon W. Burley Gymnast, g
Cheer Gwen Burley Ind Track, b
Cr Writing Not Filled Ind Track, g
Crew, b Lacrosse, b
Crew, g Lacrosse, g
CrossC, b Kenny Burt Magazine
CrossC, g Kenny Burt Newspaper Not Filled
Debate Out Track, b Scott Stephens
F Hockey Out Track, g Heather Puskar
Film Fest

Scholastic David Naser
Soccer, b Cecil Beeler
Soccer, g Rich Hogan
Softball Mike Bowman
Swim, b
Swim, g
Tennis, b
Tennis, g
Theatre Russell Paulette
Volley, b
Volley, g Courtney Atkins
Wrestling Alex Coffroth
Yearbook Jenn Rosen

Richlands

(RICH)

School Phone: 276-964-4602

Tornado Alley / Richlands, VA 24641-3097

Athletics Office: 276-964-5543

Email: kringstaff@tazewell.k12.va.us / wmance@tazewell.k12.va.us

School Fax: 276-963-1049

Principal: Kimberly Davis Ringstaff

Assistant Principal: Sarah Taylor

Guidance Counselors:

Athletic/Activities Director: Gregory Mance

Superintendent: Mr. George Brown (Tazewell)

Assistant AD: Students 644
Colors: Blue/Silver/White Gym Cap. 2300
Mascot: Blue Tornado Stad. Cap. 5000

Group: 2A **Conference:** 39
Region: 2A West **District:** Southwest

Ath Trainer Football Greg Mance
Band Bruce Miller Forensics
Baseball Blake Roberts Golf Blake Roberts
Basket, b Fred Phillips Gymnast, b
Basket, g Dennis Palmer Gymnast, g
Cheer Paula Bandy Ind Track, b
Cr Writing Ind Track, g
Crew, b Lacrosse, b
Crew, g Lacrosse, g
CrossC, b Rickie Vencill Magazine
CrossC, g Rickie Vencill Newspaper
Debate Out Track, b Greg Mance
F Hockey Out Track, g Ann Mance
Film Fest

Scholastic Chris Hale
Soccer, b Chris Hunt
Soccer, g LaRhonda Lindsey
Softball Ronnie Davis
Swim, b
Swim, g
Tennis, b Jud Jones
Tennis, g Tracy Thomas
Theatre
Volley, b
Volley, g Abbey Kitts
Wrestling Arank Daugherty
Yearbook Tracy Thomas

Ridgeview

(RDVW)

School Phone: 276-835-1600

310 Wolfpack Way / Clintwood, VA 24228

Athletics Office: 276-835-1614

Email: rcompton@dcpk.k12.va.us / jcolley@dcpk.k12.va.us

School Fax: 276-835-1617

Principal: Rodney Compton

Assistant Principal: Brian Baker, Dwayne Edwards

Guidance Counselors: Rick Mullins

Athletic/Activities Director: James Colley

Superintendent: Mrs. Haydee Robinson (Dickenson)

Assistant AD: Students 701
Colors: Black/Silver/Electric Blue Gym Cap. 2250
Mascot: Wolfpack Stad. Cap. 4200

Group: 2A **Conference:** 40
Region: 2A West **District:** Mountain

Ath Trainer Rick Mullins Scholastic Adrian White
Band Shelly Molinary Forensics Miranda Newberry Soccer, b Eric Vitae
Baseball Brad Counts Golf James Colley Soccer, g David Owens
Basket, b David Robinette Gymnast, b Softball David Vanover
Basket, g Donnie Frazier Gymnast, g Swim, b
Cheer Michelle Mullins Ind Track, b Swim, g
Cr Writing Robin Charles Ind Track, g Tennis, b
Crew, b Lacrosse, b Tennis, g
Crew, g Lacrosse, g Theatre Lisa Davis
CrossC, b Magazine
CrossC, g Donnie Frazier Newspaper
Debate Out Track, b Mike Owens
F Hockey Out Track, g Evan McCowan
Film Fest

Adrian White
Eric Vitae
David Owens
David Vanover
Adrian White
Tonya Grant
Lisa Davis
Lenoir Jones
Casey Page

Riverbend

(RBND)

School Phone: 540-548-4051

Athletics Office: Ext. 5335

School Fax: 540-548-2964

12301 Spotswood Furnace Road / Fredericksburg, VA 22407

EMail: twright@spotsylvania.k12.va.us / tstimme@spotsylvania.k12.va.us

Principal: Troy Wright

Assistant Principal: Christine Rogucki, Bryan Lutterbie, Rod Goode, Cassandra Crawford

Guidance Counselors:

Athletic/Activities Director: Tim Stimmell (RAA)

Superintendent: Dr. Stephen Scott Baker (Spotsylvania)

Assistant AD:

Colors: Royal Blue/Emerald Green/Wh

Mascot: Bears

Students 1957

Gym Cap. 2500

Stad. Cap. 6000

Group: 6A

Region: 6A South

Conference: 4

District: Commonwealth

Ath Trainer	Nichole Morelli	Football	Joseph Tony DeMarco	Scholastic	James Conlee
Band	Aaron Noe	Forensics	Samantha Geer	Soccer, b	Bob Stack
Baseball	Stephen Morin	Golf	Robert "Scott" Thomas	Soccer, g	David Wessel
Basket, b	Eric Davis	Gymnast, b		Softball	Robert "Scott" Thomas
Basket, g	Claude Tyler	Gymnast, g		Swim, b	Ryan Paterson
Cheer	Christine O'Leary	Ind Track, b	Sean Hill	Swim, g	Ryan Paterson
Cr Writing	Not Filled	Ind Track, g	Nikki Gause	Tennis, b	Randy Garr
Crew, b		Lacrosse, b	Sean Mack	Tennis, g	Forrest Dickinson
Crew, g		Lacrosse, g	Dion Fennell	Theatre	Kelly Creswell
CrossC, b	Nikki Gause	Magazine	Not Filled	Volley, b	
CrossC, g	Nikki Gause	Newspaper	Andrew Young	Volley, g	Jack Lindblad
Debate	Trent Garrison	Out Track, b	Sean Hill	Wrestling	Mark Roberts
F Hockey	Nicholle Spagina	Out Track, g	Nikki Gause	Yearbook	Andrea Shipp
Film Fest					

Riverheads

(RVHD)

School Phone: 540-337-1921

Athletics Office: 540-337-3808

School Fax: 540-337-0258

19 Howardsville Road / Staunton, VA 24401-9499

EMail: mwlowe@augusta.k12.va.us / vandevander.wc@augusta.k12.va.us

Principal: Max Lowe

Assistant Principal: Matt Stevens, C.J. Van Devander

Guidance Counselors: Kate Crabtree, Bruce Hill

Athletic/Activities Director: C.J. Van Devander

Superintendent: Dr. Eric W. Bond (Augusta)

Assistant AD:

Colors: Red/White

Mascot: Gladiators

Students 474

Gym Cap. 1200

Stad. Cap. 2500

Group: 1A

Region: 1A East

Conference: 44

District: Shenandoah

Ath Trainer	Hillary Powell	Football	Robert Casto	Scholastic	Reuben Siskin
Band	Elizabeth Good	Forensics	Alice Morgan	Soccer, b	Scott Harrison
Baseball	Rodney Painter	Golf	Tim Morris	Soccer, g	Angel Woods
Basket, b	Chad Coffey	Gymnast, b		Softball	Chad Coffey
Basket, g	Tim Morris	Gymnast, g		Swim, b	
Cheer	Amanda Hemp	Ind Track, b	Nick Stevens	Swim, g	
Cr Writing	Tracee McDonald	Ind Track, g	Nick Stevens	Tennis, b	Doris Scott
Crew, b		Lacrosse, b		Tennis, g	Reuben Siskin
Crew, g		Lacrosse, g		Theatre	Jill Gavitt
CrossC, b	Doris Scott	Magazine		Volley, b	
CrossC, g	Not Filled	Newspaper		Volley, g	Ruth Thompson
Debate	Tracee McDonald	Out Track, b	Not Filled	Wrestling	Scott Swats
F Hockey		Out Track, g	Gene Wassick	Yearbook	Dana Painter
Film Fest					

Riverside

(RVSD)

School Phone: 703-554-8900

Athletics Office: 703-554-8910

School Fax:

19019 Upper Belmont Place / Leesburg, VA 20176

EMail: matt.oblas@lcpa.org

Principal: Doug Anderson

Assistant Principal: Tripp DiNicola, Rose Frazee, Robert Yarborough

Guidance Counselors: Amy Burgess, Evan Rodgers, Scott Valyear

Athletic/Activities Director: Matt Oblas (CAA)

Superintendent: Dr. Eric Williams (Loudoun)

Assistant AD: Kevin Weeren

Colors: Royal Blue/Gray/Red

Mascot: Rams

Students 805

Gym Cap. 1800

Stad. Cap. 3000

Group: 3A

Region: 3A East

Conference: 28

District: Dulles

Ath Trainer	Ed Renehan	Football	Brian Day	Scholastic	Rob Hallock
Band	Bram Smith	Forensics	Jennifer Alexander	Soccer, b	Kris Goodwin
Baseball	Sam Plank	Golf	David Ingalls	Soccer, g	Caitlin Hunter
Basket, b	Mike Koscinski	Gymnast, b		Softball	Samantha Ingersoll
Basket, g	Sarah Wetmore	Gymnast, g	Ibsen Nogueira	Swim, b	Joel Getis
Cheer	Danielle Oravetz	Ind Track, b		Swim, g	Joel Getis
Cr Writing		Ind Track, g		Tennis, b	Chris Snow
Crew, b		Lacrosse, b	Nick Worek	Tennis, g	Laura Schamus
Crew, g		Lacrosse, g	Kristan Ash	Theatre	Marilyn Gilligan
CrossC, b	Gina DeGaetano	Magazine		Volley, b	
CrossC, g	Gina DeGaetano	Newspaper		Volley, g	Samantha Ingersoll
Debate	Jennifer Alexnder	Out Track, b	Jake Brenner	Wrestling	Bill Bono
F Hockey		Out Track, g	Gina DeGaetano	Yearbook	Dan Wojcik
Film Fest					

James W. Robinson**(ROBN)****School Phone:** 703-426-2100

5035 Sideburn Road / Fairfax, VA 22032-2637

Athletics Office: 703-426-2125**E-Mail:** mweline@fcps.edu / jferrell@fcps.edu**School Fax:** 703-426-2299**Principal:** Marty Riddle, Tracey Phillips, Matt Eline**Assistant Principal:** Scott Bergquist, Scot Turner, Sharon Newcome, Deb Duncan, Bill Evers, Ann Wong**Guidance Counselors:** Donna Piscitelli, Jennifer Miley, Denise Lee**Athletic/Activities Director:** Jeff Ferrell (RAA)**Superintendent:** Not Filled (Fairfax)**Assistant AD:** John James, Andy Jimmo**Students** 2750**Group:** 6A**Conference:** 5**Colors:** Royal Blue/Gold**Gym Cap.** 5000**Region:** 6A North**District:** Concorde**Mascot:** Rams**Stad. Cap.** 7000

Ath Trainer	J. Perry, D. Cassidy	Football	Scott Vossler	Scholastic	Mike Campana
Band	Andrew Loft	Forensics	Carlos Zavala	Soccer, b	Robert Garza
Baseball	John James	Golf	Marvin Sim	Soccer, g	Jim Rike
Basket, b	Brian Nelson	Gymnast, b		Softball	Mitch Hughes
Basket, g	T.J. Dade	Gymnast, g	Megan Smiley	Swim, b	Philip Caslavka
Cheer	Jacelyn Batiste	Ind Track, b	Mike Kieman	Swim, g	Philip Caslavka
Cr Writing	Crosby Mouzaveris	Ind Track, g	Mike Kieman	Tennis, b	Paul Fisher
Crew, b	Jon Barrett	Lacrosse, b	Matt Curran	Tennis, g	Nancy Epstein
Crew, g	Jon Barrett	Lacrosse, g	Elizabeth Case	Theatre	Megan Thrift
CrossC, b	David Groff	Magazine	Alice Heath	Volley, b	
CrossC, g	David Groff	Newspaper	Chris Moore	Volley, g	Meghan Johnson
Debate	Carlos Zavala	Out Track, b	Mike Kieman	Wrestling	Bryan Hazard
F Hockey	Lindsay Armsmeyer	Out Track, g	Mike Kieman	Yearbook	Patricia Hinman
Film Fest	Jody McCabe				

Rock Ridge**(RKRG)****School Phone:** 703-996-2100

43460 Loudoun Reserve / Ashburn, VA 20148

Athletics Office: 703-867-8073**E-Mail:** john.duellman@lcps.org / patrick.mcnanley@lcps.org**School Fax:** 703-996-2101**Principal:** John Duellman**Assistant Principal:** Jennifer Cavanaugh, Mike Fitzgerald, Dawn Dickerson**Guidance Counselors:** Kevin Terry**Athletic/Activities Director:** Patrick McNanley**Superintendent:** Dr. Eric Williams (Loudoun)**Assistant AD:** Jason Treon**Students** 1130**Group:** 4A**Conference:** 21**Colors:** Burgundy/Grey**Gym Cap.** 2200**Region:** 4A West**District:** Dulles**Mascot:** Phoenix**Stad. Cap.** 4000

Ath Trainer	Nicole McDonald	Football	Tony Tallent	Scholastic	Susan Jasin
Band	Justin Ratcliff	Forensics	Anthony Cimino-Johnson	Soccer, b	Andrew Lynch
Baseball	Paul Koch	Golf	Ryan Price	Soccer, g	Allison DiPippa
Basket, b	Jason Geyer	Gymnast, b		Softball	Katie Blessing
Basket, g	Tom Brown	Gymnast, g	Kate Wellington	Swim, b	Andrea Wardell
Cheer	Ava Lalli	Ind Track, b	Brian Schmidt	Swim, g	Andrea Wardell
Cr Writing		Ind Track, g	Brian Schmidt	Tennis, b	Peter Kim
Crew, b		Lacrosse, b	Justin Ratcliff	Tennis, g	Not Filled
Crew, g		Lacrosse, g	Jenny Davis	Theatre	Anthony Cimino-Johnson
CrossC, b	Brian Schmidt	Magazine		Volley, b	
CrossC, g	Brian Schmidt	Newspaper	Irene Ascencion	Volley, g	Chad O'Brien
Debate	Kevin Briscoe	Out Track, b	Brian Schmidt	Wrestling	Paul Grinups
F Hockey	Rachel Sauer	Out Track, g	Damerien McCants	Yearbook	Irene Ascencion
Film Fest					

Rockbridge County**(RKCO)****School Phone:** 540-463-5555

143 Greenhouse Road / Lexington, VA 24450-8806

Athletics Office: 540-463-4488**E-Mail:** haywood_hand@rockbridge.k12.va.us / paige_owens@rockbridge.k12.va.us**School Fax:** 540-463-6152**Principal:** Haywood Hand**Assistant Principal:** Billy Thomas, Angela Wilder**Guidance Counselors:** Allison Mock, Deb Jarrett, Lindsay Bateman, Matt Rapoza, Christina Burkhardt**Athletic/Activities Director:** Paige Owens (RAA)**Superintendent:** Dr. Jack B. Donald (Rockbridge)**Assistant AD:** Travis Rogers**Students** 984**Group:** 3A**Conference:** 31**Colors:** Blue/Silver**Gym Cap.** 1400**Region:** 3A West**District:** Blue Ridge**Mascot:** Wildcats**Stad. Cap.** 2500

Ath Trainer	Courtney Simpkins	Football	Mark Poston	Scholastic	Chris McGrath
Band	Kaitlin McKibben	Forensics	Amanda Merrill	Soccer, b	Jan Boer
Baseball	Justin Wenger	Golf	David Miller	Soccer, g	Ray Ellington
Basket, b	Darryl Plogger	Gymnast, b		Softball	Keith Ruley
Basket, g	Katie Flint	Gymnast, g		Swim, b	Leslie Ayers
Cheer	Crissie Abell	Ind Track, b	Jennifer Showalter	Swim, g	Leslie Ayers
Cr Writing		Ind Track, g	Jennifer Showalter	Tennis, b	Chris Hu
Crew, b		Lacrosse, b	Jake Adams	Tennis, g	Susan Amonette
Crew, g		Lacrosse, g	Sammy Moore	Theatre	Linda Gorman
CrossC, b		Magazine		Volley, b	
CrossC, g	Chris Bowring	Newspaper	Laura Shull	Volley, g	Not Filled
Debate		Out Track, b	Jennifer Showalter	Wrestling	James Jullian
F Hockey		Out Track, g	Jennifer Showalter	Yearbook	Brian Hamelman
Film Fest	Mike Converse				

Rural Retreat

(RURT)

School Phone: 276-686-4143

321 East Buck Avenue / Rural Retreat, VA 24368

Athletics Office:

Email: djackson@wythek12.org / jhughes@wythek12.org

School Fax: 276-686-4601

Principal: Dyer Jackson

Assistant Principal: Not Filled

Guidance Counselors: George Reasor

Athletic/Activities Director: Jamey Hughes (RAA)

Superintendent: Dr. Charles Jeff Perry (Wythe)

Assistant AD:		Students	310	Group:	1A	Conference:	46
Colors:	Orange/Black	Gym Cap.	800	Region:	1A West	District:	Hogoheegee
Mascot:	Indians	Stad. Cap.	3000				
Ath Trainer		Football	Chris Akers	Scholastic		Hilary Newby	
Band	Kevin English	Forensics	Deanna Bradberry	Soccer, b		Walter Midkiff	
Baseball	Jamey Hughes	Golf	John Phillips	Soccer, g			
Basket, b	Bryan Sexton	Gymnast, b		Softball		Johnny Dix	
Basket, g	Pete Fiscus	Gymnast, g		Swim, b		Kim Aker	
Cheer	Dawn Burkentine	Ind Track, b	Marty Hadaway	Swim, g		Kim Aker	
Cr Writing		Ind Track, g	Marty Hadaway	Tennis, b			
Crew, b		Lacrosse, b		Tennis, g		Sara Williams	
Crew, g		Lacrosse, g		Theatre		Not Filled	
CrossC, b	Marty Hadaway	Magazine		Volley, b			
CrossC, g	Marty Hadaway	Newspaper		Volley, g		Walter Midkiff	
Debate		Out Track, b	Bryan Sexton	Wrestling		Rick Boyd	
F Hockey		Out Track, g	Marty Hadaway	Yearbook		Rebecca McGhee	
Film Fest							

Rustburg

(RUST)

School Phone: 434-332-5171

P. O. Box 830, 1671 Village Highway / Rustburg, VA 24588-0830

Athletics Office:

Email: cstanley@campbell.k12.va.us / bgodsey@campbell.k12.va.us

School Fax: 434-332-1187

Principal: Clayton F. Stanley

Assistant Principal: George Peerman, Amy Hale

Guidance Counselors: Regina Harris

Athletic/Activities Director: Barry Godsey

Superintendent: Dr. Robert Johnson (Campbell)

Assistant AD:		Students	812	Group:	3A	Conference:	30
Colors:	Red/White	Gym Cap.	1200	Region:	3A West	District:	Seminole
Mascot:	Devils	Stad. Cap.	4800				
Ath Trainer		Football	Jack Baker	Scholastic		Erin Rierson	
Band	Mike Straw	Forensics	Erin Rierson	Soccer, b		Sam McGarrity	
Baseball	Chris Carr	Golf	David Dinwiddie	Soccer, g		Zac MacDougall	
Basket, b	Brantley Shields	Gymnast, b		Softball		Brian Hensley	
Basket, g	Kim Trent	Gymnast, g		Swim, b			
Cheer	Maria Cruz	Ind Track, b	Gerald Mosley	Swim, g			
Cr Writing		Ind Track, g	Gerald Mosley	Tennis, b			
Crew, b		Lacrosse, b		Tennis, g		Danny Williams	
Crew, g		Lacrosse, g		Theatre		Michelle Velastegui	
CrossC, b	Rick Wallin	Magazine		Volley, b			
CrossC, g	Rick Wallin	Newspaper		Volley, g		Kristen Hardie	
Debate		Out Track, b	Gerald Mosley	Wrestling		Travis Marshall	
F Hockey		Out Track, g	Gerald Mosley	Yearbook		Ruth Sholes	
Film Fest							

Rye Cove

(RYCV)

School Phone: 276-940-2701

164 Eagles Nest Lane / Duffield, VA 24244

Athletics Office: 276-940-2796

Email: Travis.nickels@scottsschools.com / Jamie.carter@scottsschools.com

School Fax: 276-940-2277

Principal: Travis Nickels

Assistant Principal: Jamie Carter

Guidance Counselors: Lori Bush

Athletic/Activities Director: Jamie Carter

Superintendent: Mr. John Ferguson (Scott)

Assistant AD:		Students	230	Group:	1A	Conference:	48
Colors:	Navy Blue/Vegas Gold	Gym Cap.	900	Region:	1A West	District:	Cumberland
Mascot:	Eagles	Stad. Cap.	1200				
Ath Trainer		Football	Adam Toney	Scholastic		Joy Davidson	
Band	Shelia King	Forensics	Ashley Bowen	Soccer, b			
Baseball	Michael Paul Berry	Golf	Todd Baker	Soccer, g			
Basket, b	Michael Paul Berry	Gymnast, b		Softball		Britney Salyer	
Basket, g	Kelly Hood	Gymnast, g		Swim, b			
Cheer	Tammy Cassell	Ind Track, b		Swim, g			
Cr Writing		Ind Track, g		Tennis, b			
Crew, b		Lacrosse, b		Tennis, g			
Crew, g		Lacrosse, g		Theatre		Michael Paul Berry	
CrossC, b	Lisa Rhoton	Magazine		Volley, b			
CrossC, g	Lisa Rhoton	Newspaper		Volley, g		Greg Gilliam	
Debate		Out Track, b	Adam Toney	Wrestling			
F Hockey		Out Track, g	Ashley Bowen	Yearbook		Joy Davidson	
Film Fest							

Salem (Salem)**(SLSL)****School Phone:** 540-387-2437

400 Spartan Drive / Salem, VA 24153-3296

Athletics Office:**Email:** shabeeb@salem.k12.va.us / cking@salem.k12.va.us**School Fax:** 540-387-2543**Principal:** Scott Habeeb**Assistant Principal:** Hunter Routt, Bill Gerroll, Chris King (CAA)**Guidance Counselors:** Regina Meredith, Kelly Dalaski, Drew Barrett, Stacey Davis**Athletic/Activities Director:** Chris King (CAA)**Superintendent:** Dr. H. Alan Seibert (Salem)

Assistant AD: Thad Snyder	Students 1246	Group: 4A	Conference: 24
Colors: Maroon/Silver	Gym Cap. 1500	Region: 4A West	District: River Ridge
Mascot: Spartans	Stad. Cap. 10000		

Ath Trainer J. Hickerson, C. Tucker	Football Steve Magenbauer	Scholastic Mark Tassone
Band John Wright	Forensics Mark Ingerson	Soccer, b Dean Jones
Baseball Wes McMillan	Golf Thad Snyder	Soccer, g Josh Jones
Basket, b Kevin Garst	Gymnast, b	Softball Sarah Beth Walton
Basket, g Corbitt Hairston	Gymnast, g	Swim, b Jake VanRoekel
Cheer Hannah Keen	Ind Track, b Jason Sells	Swim, g Jake VanRoekel
Cr Writing Fred Campbell	Ind Track, g Tom Roth	Tennis, b Scott Gibson
Crew, b	Lacrosse, b Daniel Dyer	Tennis, g Betsy Burtis
Crew, g	Lacrosse, g Maggi Pace	Theatre Rachel Sailer
CrossC, b Tom Roth	Magazine Fred Campbell	Volley, b
CrossC, g Josh Jones	Newspaper	Volley, g Russ Danstrom
Debate	Out Track, b Jeff Leftwich	Wrestling Lawrence Van Liew
F Hockey	Out Track, g Tom Roth	Yearbook Katie Lewis
Film Fest Fred Campbell		

Salem (Virginia Beach)**(SLVB)****School Phone:** 757-648-5650

1993 SunDevil Drive / Virginia Beach, VA 23464-8522

Athletics Office: 757-648-5671**Email:** matthew.delaney@vbschools.com / mark.harrison@vbschools.com**School Fax:** 757-474-0100**Principal:** Matthew Delaney**Assistant Principal:** Chris Buhner, Leeane Turnbull, Beth Bryant, Jairo Padilla**Guidance Counselors:** Robert Marlin, Barry Mitchell, Robert Toran, Kathryn Kressel, Alisha Zimba**Athletic/Activities Director:** Mark Harrison**Superintendent:** Dr. Aaron C. Spence (Virginia Beach)

Assistant AD: S. Scarborough, R. A. Robbin	Students 1692	Group: 5A	Conference: 9
Colors: Scarlet/Black/Silver/White	Gym Cap. 2500	Region: 5A South	District: Beach
Mascot: SunDevils	Stad. Cap. 4000		

Ath Trainer B. Ferguson, S. Herbert	Football Robert Jackson	Scholastic Not Filled
Band Brian Webb	Forensics Summer Cozzens	Soccer, b Jason Byzewski
Baseball Matt Ittner	Golf Tabb Pearson	Soccer, g Tom Clouser
Basket, b Lloyd DeLoatch	Gymnast, b	Softball Mike Pollock
Basket, g Donnie Stith	Gymnast, g Wendy Bowes	Swim, b Elizabeth Stroud
Cheer Ambra Buffington	Ind Track, b John Murray	Swim, g Not Filled
Cr Writing Ray Obispo	Ind Track, g George Porter	Tennis, b Joe Ramirez
Crew, b	Lacrosse, b	Tennis, g Linda Newsome
Crew, g	Lacrosse, g	Theatre Christa Vogt
CrossC, b Mark McGee	Magazine Ray Obispo	Volley, b Shari Bishop
CrossC, g John Murray	Newspaper Kathleen Trace	Volley, g Kelly Mills
Debate Summer Cozzens	Out Track, b Shawn Wilson	Wrestling Robert Toran
F Hockey Not Filled	Out Track, g George Porter	Yearbook Patrick Connolly
Film Fest Jared Boone		

Sherando**(SHER)****School Phone:** 540-869-0060

185 South Warrior Drive / Stephens City, VA 22655-3251

Athletics Office: Ext. 85712**Email:** nelsonj@fcpsk12.net / barbej@fcpsk12.net**School Fax:** 540-869-5183**Principal:** John Nelson**Assistant Principal:** Joanee Altendorf, Karen McCoy, Logan Sheppard**Guidance Counselors:** Eli Jordan**Athletic/Activities Director:** Jason Barbe (CAA)**Superintendent:** Dr. David T. Sovine (Frederick)

Assistant AD: Susan Saylor	Students 1400	Group: 4A	Conference: 21
Colors: Scarlet/Black/White	Gym Cap. 1200	Region: 4A West	District: Northwestern
Mascot: Warriors	Stad. Cap. 4000		

Ath Trainer Tim Duval	Football Bill Hall	Scholastic Bruce Carlton
Band Joel Cosner	Forensics Arch Painter	Soccer, b Patrick Anderson
Baseball Pepper Martin	Golf Rob Wright	Soccer, g Rob Kilmer
Basket, b Garland Williams	Gymnast, b	Softball Clarence Smith
Basket, g Mike Marsh	Gymnast, g	Swim, b Joe Knight
Cheer Tom Grim	Ind Track, b Jamie McCarty	Swim, g Joe Knight
Cr Writing Trevor Johnson	Ind Track, g Jamie McCarty	Tennis, b Steve Jennings
Crew, b	Lacrosse, b	Tennis, g Trevor Johnson
Crew, g	Lacrosse, g	Theatre Joan Rempfer
CrossC, b Jamie McCarty	Magazine Trevor Johnson	Volley, b
CrossC, g Jamie McCarty	Newspaper John Partington	Volley, g James Minney
Debate Archie Painter	Out Track, b Jamie McCarty	Wrestling Pepper Martin
F Hockey	Out Track, g Jamie McCarty	Yearbook Trevor Johnson
Film Fest		

Skyline

(SKYL)

School Phone: 540-631-0366

Athletics Office: Ext. 31114

School Fax: 540-635-4026

151 Skyline Vista Drive / Front Royal, VA 22630

EMail: wcupp@wcpss.k12.va.us

Principal: Michael E. Smith

Assistant Principal: Susanne Cline, Jody Lee, Vince Gregg, Anne Cobb

Guidance Counselors: Stacy Allison, Tammy VanEtten, Leslie Detweiler

Athletic/Activities Director: Bill Cupp (RAA)

Superintendent: Mr. L. Gregory Drescher (Warren)

Assistant AD: Brian Haywood

Students 890

Group: 3A

Conference: 28

Colors: Blue/Green/Gold

Gym Cap. 1400

Region: 3A East

District: Northwestern

Mascot: Hawks

Stad. Cap. 3500

Ath Trainer Ashley Cutlip	Football	Heath Gilbert	Scholastic	Heidi Trude
Band Ben Lombardo	Forensics	Richard Follett	Soccer, b	Steve Carey
Baseball Jay Barnes	Golf	Roy Kelly	Soccer, g	Kristy Beaune
Basket, b Jeff Monroe	Gymnast, b		Softball	John Ritter
Basket, g Jim Kenney	Gymnast, g		Swim, b	
Cheer Christy Baylis	Ind Track, b		Swim, g	
Cr Writing	Ind Track, g		Tennis, b	Josh Brown
Crew, b	Lacrosse, b		Tennis, g	John Natalie
Crew, g	Lacrosse, g		Theatre	Richard Follett
CrossC, b Rodger Seemiller	Magazine		Volley, b	
CrossC, g Rodger Seemiller	Newspaper		Volley, g	Erika Berry
Debate	Out Track, b	Steve Burton	Wrestling	Matt Keel
F Hockey	Out Track, g	Steve Burton	Yearbook	Sonja Hopkins
Film Fest				

Oscar Smith

(OSMI)

School Phone: 757-548-0696

Athletics Office: 757-548-0608

School Fax: 757-548-0531

1994 Tiger Drive / Chesapeake, VA 23320

EMail: paul.joseph@cpschools.com / ray.collins@cpschools.com

Principal: Paul Joseph

Assistant Principal: Brian Dugan, JD Degnan, Shafeeq Ameen, Kinyatta Garrett

Guidance Counselors: Audra Hymn, Valerie Lamb, Amy Kern

Athletic/Activities Director: Ray Collins

Superintendent: Dr. James T. Roberts (Chesapeake)

Assistant AD:

Students 2200

Group: 6A

Conference: 2

Colors: Blue/White/Gold

Gym Cap. 3840

Region: 6A South

District: Southeastern

Mascot: Tigers

Stad. Cap. 7800

Ath Trainer Adam Mistr	Football	William Dee	Scholastic	Stephanie Craig
Band Jack Elgin	Forensics	Catherine Owens	Soccer, b	Brandon Spontak
Baseball Larry Bowles	Golf	Les Flora	Soccer, g	Michael Moore
Basket, b LaVar Griffin	Gymnast, b		Softball	Dawn Rumsey
Basket, g Kelvin Lawrence	Gymnast, g	Mellissa Suter	Swim, b	Samantha Barham
Cheer Denise Knight	Ind Track, b	Raymond Davis	Swim, g	Smanatha Barham
Cr Writing John Kraemer	Ind Track, g	Mychelle Coleman	Tennis, b	Stacie Gause
Crew, b	Lacrosse, b		Tennis, g	Not Filled
Crew, g	Lacrosse, g		Theatre	Colin Williams
CrossC, b Rob Kirkman	Magazine		Volley, b	Not Filled
CrossC, g Rob Kirkman	Newspaper	Karen Gray	Volley, g	Ryan Amerson
Debate Cristina Foss	Out Track, b	Not Filled	Wrestling	Donald Motley
F Hockey Teri Tucker	Out Track, g	Mychelle Coleman	Yearbook	Patty Pennington
Film Fest				

Smithfield

(SFLD)

School Phone: 757-357-3108

Athletics Office: 757-357-4287

School Fax: 757-357-7253

14171 Turner Drive / Smithfield, VA 23430-6675

EMail: croberts@iwcs.k12.va.us / Irotruck@iwcs.k12.va.us

Principal: Casey Roberts

Assistant Principal: Rebecca Tidwell, Andrew Roberts, Ellen Burnette

Guidance Counselors: Lucy Robertson, K. Gover, Candiaace Phelps-Davis

Athletic/Activities Director: Lawrence Rotruck

Superintendent: Dr. James Thornton (Isle of Wight)

Assistant AD: Not Filled

Students 1300

Group: 4A

Conference: 18

Colors: Royal Blue/Vegas Gold

Gym Cap. 1400

Region: 4A East

District: Bay Rivers

Mascot: Packers

Stad. Cap. 3100

Ath Trainer Racheal Morningstar	Football	Regional Chavis	Scholastic	Andrew Henson
Band Joel Joyner	Forensics		Soccer, b	Lawrance Rotruck
Baseball Mike Altizer	Golf	Heath Jones	Soccer, g	Jeremy Gibson
Basket, b Richard Pullen	Gymnast, b		Softball	Cathy Riddick
Basket, g Gregory Dockery	Gymnast, g		Swim, b	Ken Herlinger
Cheer Whitney Adams	Ind Track, b	Herb Porter	Swim, g	Ken Herlinger
Cr Writing	Ind Track, g	Matthew Moore	Tennis, b	Joseph Puglisi
Crew, b	Lacrosse, b		Tennis, g	Greg Ruffin
Crew, g	Lacrosse, g		Theatre	Sherilynn Castel
CrossC, b Matthew Moore	Magazine		Volley, b	
CrossC, g Matthew Moore	Newspaper		Volley, g	Andrea Byer
Debate Todd Kessler	Out Track, b	Herbie Porter	Wrestling	John Swartz
F Hockey Wendy Conyers	Out Track, g	Matthew Moore	Yearbook	Jan Healy
Film Fest				

South County

(SOCO)

School Phone: 703-446-1600

Athletics Office: 703-446-1675

School Fax: 703-446-1677

8501 Silverbrook Road / Lorton, VA 22079

Email: MJRagone@fcps.edu / lmcote@fcps.edu

Principal: Matthew Ragone

Assistant Principal: Paula DiSalvo, Jeremiah Caven, Mike Pflugrath, Kaaren Lowder

Guidance Counselors: M. Norem, M. Gallivan, L. Hanley, H. Biehl, J. Violet, B. Freeman, M. Sheppard, C. Bruss

Athletic/Activities Director: Leah Conte (CAA)

Superintendent: Not Filled (Fairfax)

Assistant AD: Mark Luther, Blair Smith

Colors: F. Green/Silver/N. Blue

Mascot: Stallions

Students 2075

Gym Cap. 2600

Stad. Cap. 5000

Group: 6A

Region: 6A North

Conference: 7

District: Patriot

Ath Trainer D. Lagow, B. Druvenga

Band Kevin Engdahl

Baseball Robbie Smith

Basket, b Mike Robinson

Basket, g Patrick Noel

Cheer Matt Brueser

Cr Writing Troy Ketch

Crew, b Mary King

Crew, g Mary King

CrossC, b TD Holsclaw

CrossC, g TD Holsclaw

Debate Not Filled

F Hockey Angela Bashore

Film Fest Melanie Cameron

Football Gerry Pannoni

Forensics

Golf Not Filled

Gymnast, b Not Filled

Gymnast, g Val Taguding

Ind Track, b TD Holsclaw

Ind Track, g TD Holsclaw

Lacrosse, b Dale Nalls

Lacrosse, g Jenni MacIntosh Mays

Magazine Troy Ketch

Newspaper Carol Floto

Out Track, b TD Holsclaw

Out Track, g TD Holsclaw

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

Eric Greling

Erich Gunderman

Nina Pannoni

Gary Dillow

Tom Verdin

Tom Verdin

Not Filled

Tom Demharter

Kathie McCormally

Trista Barnhart

Sean Anderson

Jen Delinski

South Lakes

(SOLK)

School Phone: 703-715-4500

Athletics Office: 703-715-4517

School Fax: 703-715-4597

11400 South Lakes Drive / Reston, VA 20191-4199

Email: kbretzer@fcps.edu / llsarabjajon@fcps.edu

Principal: Kimberly Retzer

Assistant Principal: Rich Deivert, Greg Luongo, Colleen Robson, Jesse Hudson, Valerie Winter

Guidance Counselors: Kari Olsen

Athletic/Activities Director: Linda Sarabia Jones (CAA)

Superintendent: Not Filled (Fairfax)

Assistant AD: Andrew Duggan

Colors: Kelley Green/Royal Blue

Mascot: Seahawks

Students 2300

Gym Cap. 2328

Stad. Cap. 6000

Group: 6A

Region: 6A North

Conference: 6

District: Liberty

Ath Trainer A. Ortiz, K. Hulnick

Band Grayson Fore

Baseball Morgan Spencer

Basket, b Andrew Duggan

Basket, g Christy Scott

Cheer Becky Slaight

Cr Writing Not Filled

Crew, b Not Filled

Crew, g Not Filled

CrossC, b Joseph Schuler

CrossC, g Joseph Schuler

Debate Cheryl Finley

F Hockey Allison Lussier

Film Fest Maria Harris

Football Trey Taylor

Forensics Rebecca Samba

Golf Carol Molesky

Gymnast, b

Gymnast, g Becky Slaight

Ind Track, b Scott Raczko

Ind Track, g Scott Raczko

Lacrosse, b Craig Lunde

Lacrosse, g Sashah McCoy

Magazine Ana Travis

Newspaper Lisa Trigliano

Out Track, b Scott Raczko

Out Track, g Scott Raczko

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

Linda Frantz

Marty Pfister

Not Filled

Carlos Soto

Scott Brown

Scott Brown

Mike Ladwig

Carol Molesky

Maria Harris

Mike Ware

Stephen Brown

Ana Travis

Southampton

(SHMP)

School Phone: 757-653-2751

Athletics Office:

School Fax: 757-653-0414

23350 Southampton Parkway / Courtland, VA 23837

Email: aatkinson@southampton.k12.va.us / aatkins21@yahoo.com

Principal: Allene Atkinson

Assistant Principal: Aronda Bell, Derrick Johnson

Guidance Counselors: Tiffany Duck, CasSandra Requizo, Millie Gardner

Athletic/Activities Director: Tim Mason

Superintendent: Dr. Gwendolyn P. Shannon (Southampton)

Assistant AD:

Colors: Red/White

Mascot: Indians

Students 761

Gym Cap. 1800

Stad. Cap. 4000

Group: 3A

Region: 3A East

Conference: 25

District: Tri-Rivers

Ath Trainer

Band Xavier Fain

Baseball Wes Griffith

Basket, b Sharone Bailey

Basket, g Littleton Parker

Cheer Amesha Warren

Cr Writing

Crew, b

Crew, g

CrossC, b Scott Edwards

CrossC, g Scott Edwards

Debate

F Hockey Ashley Birmingham

Film Fest

Football Littleton Parker

Forensics

Golf William Whitehurst

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Alfred Charity

Out Track, g Marshall Leonard

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

Robert Overstreet

Scott Edwards

Amy Davis

Amy Davis

Jack Scholow

Willie Schools

Amy Davis

Not Filled

Melissa Edwards

Spotswood**(SPWD)****School Phone:** 540-289-3100

368 Blazer Drive / Penn Laird, VA 22846

Athletics Office: 540-289-3100**Email:** rdansey@rockingham.k12.va.us / tteach@rockingham.k12.va.us**School Fax:** 540-289-3301**Principal:** Robert Dansey**Assistant Principal:** Paul DeLaGarza, Alicia Corral-Clark**Guidance Counselors:** Kelly Brady**Athletic/Activities Director:** Tim Leach (RAA)**Superintendent:** Dr. Carol S. Fenn (Rockingham)

Assistant AD:		Students	864	Group:	3A	Conference:	29
Colors:	Royal Blue/Gray	Gym Cap.	3200	Region:	3A West	District:	Valley
Mascot:	Trailblazers	Stad. Cap.	4500				

Ath Trainer Sarah Hudson	Football	Dale Shifflett	Scholastic	Mark Spielman
Band Sean Macomber	Forensics	Emmett Sheahan	Soccer, b	Dan Atwell
Baseball Marcus Davis	Golf	Andre Swartzentruber	Soccer, g	Oskar Scheikl
Basket, b Chad Edwards	Gymnast, b		Softball	Michelle Hand
Basket, g Chris Dodson	Gymnast, g		Swim, b	Jarad Buckmaster
Cheer Jen Nesler	Ind Track, b	Sue Rinker	Swim, g	Jarad Buckmaster
Cr Writing	Ind Track, g	Sue Rinker	Tennis, b	Jim Roth
Crew, b	Lacrosse, b		Tennis, g	Danielle Dulaney
Crew, g	Lacrosse, g		Theatre	Ken Gibson
CrossC, b Sue Rinker	Magazine		Volley, b	
CrossC, g Sue Rinker	Newspaper		Volley, g	Jim Roth
Debate Emmett Sheahan	Out Track, b	Neil Garrison	Wrestling	Chris Smith
F Hockey	Out Track, g	Sue Rinker	Yearbook	Sharlene Schoenhardt
Film Fest				

Spotsylvania**(SPSY)****School Phone:** 540-582-3882

6975 Courthouse Road / Spotsylvania, VA 22551-3322

Athletics Office: 540-582-3882**Email:** ahester@spotsylvania.k12.va.us / wswink@spotsylvania.k12.va.us**School Fax:** 540-582-3890**Principal:** Dr. Amanda Hester**Assistant Principal:** Cassandra Crawford, Rob Marchetti, Michelle Hart**Guidance Counselors:** Jason Supon**Athletic/Activities Director:** William Swink**Superintendent:** Dr. Stephen Scott Baker (Spotsylvania)

Assistant AD:	R. Williams, L. Carlson	Students	1200	Group:	3A	Conference:	26
Colors:	Red/White/Navy Blue	Gym Cap.	2000	Region:	3A East	District:	Battlefield
Mascot:	Knights	Stad. Cap.	4500				

Ath Trainer Kirsten Brock	Football	Al Johnson	Scholastic	Susan Robinson
Band Brandon Jacobs	Forensics		Soccer, b	Not Filled
Baseball Trevor Payne	Golf	Jim McNamee	Soccer, g	Len Carlson
Basket, b Darren Ainsworth	Gymnast, b		Softball	Jim Ruby
Basket, g Warren Tyler	Gymnast, g		Swim, b	Ron Harold
Cheer C. Heywood, J. Heywood	Ind Track, b	Rick Martinez	Swim, g	Ron Harold
Cr Writing Benjamin Letkiweicz	Ind Track, g	Rick Martinez	Tennis, b	Patrick Maginnis
Crew, b	Lacrosse, b		Tennis, g	Jim McNamee
Crew, g	Lacrosse, g		Theatre	Scott O'Quinn
CrossC, b Charles Sayers	Magazine	Benjamin Letkiweicz	Volley, b	
CrossC, g Charles Sayers	Newspaper	Deborah Cerrillo	Volley, g	Melissa Rosser
Debate Not Filled	Out Track, b	Charles Sayers	Wrestling	Jeff Jenkins
F Hockey Rebecca Williams	Out Track, g	Rick Martinez	Yearbook	Bonnie Fiefhaus
Film Fest				

Stafford**(STAF)****School Phone:** 540-371-7200

63 Stafford Indian Lane / Fredericksburg, VA 22405-5308

Athletics Office:**Email:** lewisjr@staffordschools.net / mallorycl@staffordschools.net**School Fax:** 540-371-2389**Principal:** Joseph Lewis**Assistant Principal:** Andy Bathke, Amy Ivory, Felix Addo**Guidance Counselors:** Susan Biggs**Athletic/Activities Director:** Cessy Mallory (CAA)**Superintendent:** Dr. William Bruce Benson (Stafford)

Assistant AD:		Students	1975	Group:	6A	Conference:	15
Colors:	Blue/Gold	Gym Cap.	2000	Region:	5A North	District:	Commonwealth
Mascot:	Indians	Stad. Cap.	6000				

Ath Trainer Caitlyn Cortese	Football	Mo Hampton	Scholastic	Suzanne Battista
Band Edward Steenstra	Forensics	Chad Johnson	Soccer, b	Tom Hagerty
Baseball Tommy Harrison	Golf	Thomas Harrison	Soccer, g	Melissa Boney
Basket, b Not Filled	Gymnast, b		Softball	Cathie Tobin
Basket, g Carl Harris	Gymnast, g	Shawn Thurston	Swim, b	Amanda Huser
Cheer Kristi Proudfoot	Ind Track, b	Pete Augrom	Swim, g	Ashley Goodwill
Cr Writing Jim Andrews	Ind Track, g	Pete Augrom	Tennis, b	Patrick Miller
Crew, b	Lacrosse, b	Troy Lane	Tennis, g	Krys Bashista
Crew, g	Lacrosse, g	Julie Kelsey	Theatre	Michael D'Addario
CrossC, b Pete Augrom	Magazine	Jim Andrews	Volley, b	
CrossC, g Pete Augrom	Newspaper	Sue Gill	Volley, g	Tomi Galaway
Debate Chris Lloyd	Out Track, b	Pete Augrom	Wrestling	Brandon Gatest
F Hockey Danielle Warters	Out Track, g	Pete Augrom	Yearbook	Sue Gill
Film Fest Mosetta Stone				

Staunton River**(STRV)****School Phone:** 540-297-7151

1095 Golden Eagle Drive / Moneta, VA 24121

Athletics Office: 540-297-7151**E-Mail:** jcornett@bedford.k12.va.us / asparks@bedford.k12.va.us**School Fax:** 540-297-4514**Principal:** Josh Cornett**Assistant Principal:** Rebecca Pierce, David Forbes**Guidance Counselors:** Robin Shelton**Athletic/Activities Director:** Adam Sparks**Superintendent:** Dr. Douglas R. Schuch (Bedford)

Assistant AD:		Students	1011	Group:	3A	Conference:	31
Colors:	Vegas Gold/White/Black	Gym Cap.	1600	Region:	3A West	District:	Blue Ridge
Mascot:	Golden Eagles	Stad. Cap.	2000				

Ath Trainer	Cordell Hood	Football	Chuck Poston	Scholastic	
Band	Kevin Reamey	Forensics	David Case	Soccer, b	Kris McCoy
Baseball	Brian Divers	Golf	Ronnie Turner	Soccer, g	Jeff D'Aiuto
Basket, b	Brandon Harris	Gymnast, b		Softball	John Weller
Basket, g	Kim Jones	Gymnast, g		Swim, b	Pilar Freed
Cheer	Billi Hutchings	Ind Track, b	Joe Curcio	Swim, g	Pilar Freed
Cr Writing		Ind Track, g	Kenny Waldron	Tennis, b	BJ Daniel
Crew, b		Lacrosse, b		Tennis, g	Hilliary Candler
Crew, g		Lacrosse, g		Theatre	Sheri Given
CrossC, b	Iren Nettekoven	Magazine		Volley, b	
CrossC, g	Iren Nettekoven	Newspaper		Volley, g	Rich Northrup
Debate	Stuart Gibbs	Out Track, b	Joe Curcio	Wrestling	Ronnie Long
F Hockey		Out Track, g	Kenny Waldron	Yearbook	Leigh Ann Ellis
Film Fest					

Stone Bridge**(STBR)****School Phone:** 571-252-2200

43100 Hay Road / Ashburn, VA 20147

Athletics Office: 571-252-2210**E-Mail:** matthew.wilburn@lcpss.org / dave.hembach@lcpss.org**School Fax:** 571-252-2212**Principal:** Matthew Wilburn**Assistant Principal:** Sheila Colbert-Alzate, Stacey Huffer, Kevin Tyson**Guidance Counselors:** Tim Lucas**Athletic/Activities Director:** Dave Hembach (CAA)**Superintendent:** Dr. Eric Williams (Loudoun)

Assistant AD:	Joany Windows	Students	1800	Group:	5A	Conference:	14
Colors:	N. Blue/Silver/C. Blue/White	Gym Cap.	1600	Region:	5A North	District:	Potomac
Mascot:	Bulldogs	Stad. Cap.	3000				

Ath Trainer	Mark Wagner	Football	Mickey Thompson	Scholastic	Gary Willis
Band	David Keller	Forensics	Kacy Nielsen	Soccer, b	Muoka Musau
Baseball	Andrew Baird	Golf	Mark Mjoness	Soccer, g	Sherrie Colby
Basket, b	Corey Stitzel	Gymnast, b		Softball	William Rice
Basket, g	Kyle Linder	Gymnast, g	Kelly Rosati	Swim, b	Katherine Hackett
Cheer	Doug Newton	Ind Track, b		Swim, g	Katherine Hackett
Cr Writing	Mike Faul	Ind Track, g		Tennis, b	Huong Nguyen
Crew, b	Kayla McCormick	Lacrosse, b	Scott Mitchell	Tennis, g	Jeff Brewington
Crew, g	Kayla McCormick	Lacrosse, g	Monika Guerrero	Theatre	Glen Hochkeppel
CrossC, b	Matt Henry	Magazine	Mike Faul	Volley, b	
CrossC, g	Matt Henry	Newspaper	Jo Ellen Sholl	Volley, g	Jill Raschiatore
Debate	Glen Hochkeppel	Out Track, b	Jason Leonard	Wrestling	Mike Faul
F Hockey	Richard Hayden	Out Track, g	Matt Henry	Yearbook	Jo Ellen Sholl
Film Fest	Gary Hawke				

Strasburg**(SBRG)****School Phone:** 540-465-5195

250 Ram Drive / Strasburg, VA 22657-2246

Athletics Office: 540-465-8669**E-Mail:** mmsaeler@shenandoah.k12.va.us / mrhiserman@shenandoah.k12.va.us**School Fax:** 540-465-5461**Principal:** Morgan Saeler**Assistant Principal:** Mellisa Foltz**Guidance Counselors:** Sorayda Shields, Dawn Green**Athletic/Activities Director:** Matt Hiserman (RAA)**Superintendent:** Dr. Mark Johnston (Shenandoah)

Assistant AD:	Not Filled	Students	625	Group:	2A	Conference:	35
Colors:	Purple/White	Gym Cap.	1400	Region:	2A East	District:	Bull Run
Mascot:	Rams	Stad. Cap.	2500				

Ath Trainer	Abbie Hansberger	Football	Mark Roller	Scholastic	Not Filled
Band	Chris Szuba	Forensics	Dottie Edwards	Soccer, b	Joel Ross
Baseball	Not Filled	Golf	Joel Morgan	Soccer, g	Katherine Klus
Basket, b	Hamilton Doyle	Gymnast, b		Softball	Suzanne Mathias
Basket, g	Darin Jenkins	Gymnast, g		Swim, b	Ina Rae Crisman
Cheer	S. Facemire, B.	Ind Track, b		Swim, g	Ina Rae Crisman
Cr Writing	McChesney	Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	Sharon White
CrossC, b	Jeff Rudy	Magazine		Volley, b	
CrossC, g	Jeff Rudy	Newspaper		Volley, g	Suzanne Mathias
Debate	Dottie Edwards	Out Track, b	Not Filled	Wrestling	Mike Wood
F Hockey		Out Track, g	Not Filled	Yearbook	Jared Brice
Film Fest					

J.E.B. Stuart**(JEBS)**

School Phone: 703-824-3900

3301 Peace Valley Lane / Falls Church, VA 22044-1508

Athletics Office: 703-824-3961

Email: bdgarvey@fcps.edu / basutphin@fcps.edu

School Fax: 703-824-8968

Principal: Penny Gros

Assistant Principal: Jeff Barham, Lindsey Wilson, Marvana Bennett, Dan Ebling, Lisa Wooditch, Christine Spaulding

Guidance Counselors: Christine Spaulding

Athletic/Activities Director: Brian Garvey (CAA)

Superintendent: Not Filled (Fairfax)

Assistant AD: S. Ponton, B. Sutphin

Students 2000

Group: 5A

Conference: 13

Colors: Navy Blue/Red/White

Gym Cap. 1200

Region: 5A North

District: National

Mascot: Raiders

Stad. Cap. 4500

Ath Trainer: Corey Berg, Tom Band
Band: Billie Christmas
Football: Clarence Martin
Forensics:Scholastic
Soccer, b
Pam MartinovBaseball: Randy Lightle
Golf: Ryan Kenna
Soccer, g
Jack McAuleyBasket, b: PJ Kelly
Gymnast, b
SoftballBasket, g: Brandon Sutphin
Gymnast, g
Swim, b
Pat McAndrewsCheer: Debbie O'Rourke
Ind Track, b
Leon Riddick
Swim, g
Pat McAndrewsCr Writing: David Dahl
Ind Track, g
Leon Riddick
Tennis, b
Skyler VerloopCrew, b: Michael David
Lacrosse, b
Tennis, g
Nancy McGirrCrew, g: Michael David
Lacrosse, g
Eighmey Zeeck
Theatre
Julie WhartonCrossC, b: Ron Kronlage
Magazine
Dave Dahl
Volley, bCrossC, g: Ron Kronlage
Newspaper
Michelle Risse
Volley, g
Sharon PontonDebate: Out Track, b
Leon Riddick
Wrestling
Donald BalasovichF Hockey: Mary Bermingham
Out Track, g
Leon Riddick
Yearbook
Sarah Murray

Film Fest: Jen Golobic

Stuarts Draft**(SDFT)**

School Phone: 540-946-7600

1028 Augusta Farms Road / Stuarts Draft, VA 24477-9718

Athletics Office:

Email: shartley@augusta.k12.va.us

School Fax: 540-946-7605

Principal: Nick Nycum

Assistant Principal: Tony Ramsey, Rebecca Shell

Guidance Counselors: Pat Donovan, Katie Higgins, Gretchen Schindler

Athletic/Activities Director: Steve Hartley (RAA)

Superintendent: Dr. Eric W. Bond (Augusta)

Assistant AD:

Students 710

Group: 2A

Conference: 36

Colors: Maroon/White

Gym Cap. 1200

Region: 2A East

District: Shenandoah

Mascot: Cougars

Stad. Cap. 2000

Ath Trainer: Ashley Lopez
Band: Andrew Fauber
Football: Nathan Floyd
Forensics: Amy BusseyScholastic
Soccer, b
Tom Waterbury
Not FilledBaseball: Josh Podgorski
Golf: Mike Gale
Soccer, g
Caroline WrightBasket, b: Mike Gale
Gymnast, b
Softball
Not FilledBasket, g: James Carter
Gymnast, g
Swim, bCheer: Tammy Carter
Ind Track, b
JD Rines
Swim, gCr Writing: Ind Track, g
Not Filled
Tennis, b
Brad DeWittCrew, b: Lacrosse, b
Tennis, g
Kamron JohnsonCrew, g: Lacrosse, g
Magazine
Theatre
Amy BusseyCrossC, b: Rachel Drumheller
Magazine
Volley, bCrossC, g: Allison Sprouse
Newspaper
Volley, g
Michelle KirbyDebate: Out Track, b
James Carter
Wrestling
Abe MikellF Hockey: Out Track, g
Not Filled
Yearbook
Cynthia Simonds

Film Fest:

Surry County**(SURR)**

School Phone: 757-267-2211

1675 Hollybush Road / Dendron, VA 23839-2201

Athletics Office: 757-267-2212

Email: Giron_Wooden@surryschoools.net / James_Pope@surryschoools.net

School Fax: 757-267-2978

Principal: Giron Wooden

Assistant Principal: Nat Elliott

Guidance Counselors:

Athletic/Activities Director: James Pope

Superintendent: Dr. Michael E. Thornton (Surry)

Assistant AD:

Students 275

Group: 1A

Conference: 41

Colors: Royal Blue/Gold

Gym Cap. 500

Region: 1A East

District: Tri-Rivers

Mascot: Cougars

Stad. Cap. 2000

Ath Trainer: Ervin Jones
Football: Ervin Jones
Scholastic
Kenny BellBand: Carey Wright
Forensics: James Pike
Soccer, b
Trevor BrinkmanBaseball: James Pike
Golf: James Pike
Soccer, gBasket, b: Jake Mintz
Gymnast, b
Softball
Junie RuffinBasket, g: Maze Toomer
Gymnast, g
Swim, bCheer: Adrian Taylor
Ind Track, b
Swim, gCr Writing: Ind Track, g
Tennis, b
Carey WrightCrew, b: Lacrosse, b
Tennis, g
Kenya GrissettCrew, g: Lacrosse, g
Theatre
Gina ClaytonCrossC, b: Magazine
Volley, bCrossC, g: Newspaper
Volley, g
Tabitha HiteDebate: Out Track, b
Ervin Jones
WrestlingF Hockey: Out Track, g
Sandy Fitzgerald
Yearbook

Film Fest:

Sussex Central

(SUSX)

School Phone: 434-246-6051
Athletics Office: 434-246-9250
School Fax: 434-246-5503

21394 Sussex Drive, / Stony Creek, VA 23882
Email: amatthews@sussex.k12.va.us / cjefferson@sussex.k12.va.us

Principal: Alvina Matthews
Assistant Principal: Not Filled
Guidance Counselors: Jacqueline Elliott
Athletic/Activities Director: Curtis Jefferson

Superintendent: Dr. Arthur L. Jarrett, Jr. (Sussex)

Assistant AD: Students 320 Group: 1A Conference: 41
Colors: Red/White/Blue Gym Cap. 1100 Region: 1A East District: Tri-Rivers
Mascot: Tigers Stad. Cap. 2200

Ath Trainer		Football	Curtis Jefferson	Scholastic	Erica Smith-Ingram
Band	Joshua Bateson	Forensics		Soccer, b	
Baseball	Leonard Jackson	Golf	Will Montgomery	Soccer, g	
Basket, b	Ivin Parker	Gymnast, b		Softball	Donald Mudrick
Basket, g	Devonia Nixon	Gymnast, g		Swim, b	
Cheer	Jwatonda Greene	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	Michael Reid
Crew, b		Lacrosse, b		Tennis, g	Michael Reid
Crew, g		Lacrosse, g		Theatre	Not Filled
CrossC, b		Magazine		Volley, b	
CrossC, g		Newspaper		Volley, g	Patricia Boone
Debate		Out Track, b	Curtis Jefferson	Wrestling	William Ricks
F Hockey		Out Track, g	Ruth Holmes	Yearbook	
Film Fest					

Tabb

(TABB)

School Phone: 757-867-7400
Athletics Office: 757-867-5306
School Fax: 855-369-2613

4431 Big Bethel Road / Yorktown, VA 23693-3124

Email: aseiders@ycsd.york.va.us / swiker@ycsd.york.va.us

Principal: Angela Seiders
Assistant Principal: Brad Williams
Guidance Counselors: Susan Wiker
Athletic/Activities Director: Susan Wiker

Superintendent: Dr. Victor D. Shandor (York)

Assistant AD: Cory Martin, Wendy Wilson Students 1095 Group: 3A Conference: 27
Colors: Orange/White/Black Gym Cap. 1000 Region: 3A East District: Bay Rivers
Mascot: Tigers Stad. Cap. 4000

Ath Trainer	Yashona Robinson	Football	Matt Lawson	Scholastic	Roxanne O'Reagan
Band	Ben Lawson	Forensics	Kristen Evans	Soccer, b	Scott Kuhnle
Baseball	Dale Marr	Golf	Mike Martinez	Soccer, g	Kelle Shiflett
Basket, b	Doug Baggett	Gymnast, b		Softball	Brian Verstynen
Basket, g	Jason Clarke	Gymnast, g		Swim, b	Mike Sinclair
Cheer	Cerissa Atkins	Ind Track, b		Swim, g	Bridgett Neeley
Cr Writing		Ind Track, g	Wendy Wilson	Tennis, b	Robbie Carmines
Crew, b		Lacrosse, b		Tennis, g	Lisa Salomon
Crew, g		Lacrosse, g		Theatre	Carrie Sehman
CrossC, b	Robin Moon	Magazine		Volley, b	
CrossC, g	Erin Curtis	Newspaper	Teresa Freyburger	Volley, g	Mike Honeycutt
Debate	Leighton Scott	Out Track, b	Justin Roberts	Wrestling	Doug Roper
F Hockey	Wendy Wilson	Out Track, g	Wendy Wilson	Yearbook	Leighton Scott
Film Fest	Theresa Freyberger				

Tallwood

(TALL)

School Phone: 757-648-5700
Athletics Office: 757-648-5721
School Fax: 757-479-5534

1668 Kempsville Road / Virginia Beach, VA 23464-7102
Email: James.Avila@VBSchools.com / Christine.Anderson@VBSchools.com

Principal: James A. Avila, Ed.D
Assistant Principal: Rebecca Gurley, Christopher Lawler, Cecil Mainor, Faith Bond, Elizabeth Temple
Guidance Counselors: Stacey Kepple, Ann Chowms, Amy Fannon
Athletic/Activities Director: Christine Anderson (CAA)

Superintendent: Dr. Aaron C. Spence (Virginia Beach)

Assistant AD: A. Hendricks, M. Denmark Students 1980 Group: 6A Conference: 1
Colors: Purple/Gold/White Gym Cap. 2100 Region: 6A South District: Beach
Mascot: Lions Stad. Cap. 5000

Ath Trainer	J. Cuchna, L. Morris, B. B	Football	John Kepple	Scholastic	Michele Osborne
Band	Tim Rossittini	Forensics	Earl DeMott	Soccer, b	Jordan Martin
Baseball	Joe Agreste	Golf	Mike Denmark	Soccer, g	Danny McVey
Basket, b	Tom Gunsalus	Gymnast, b		Softball	Mike Denmark
Basket, g	Larry Bowman	Gymnast, g	Ashley Yates	Swim, b	Ryan Quinn
Cheer	Karen Jones	Ind Track, b	Not Filled	Swim, g	Rebecca Bulko
Cr Writing	Jenna Free	Ind Track, g	Michael Rose	Tennis, b	Nacita Croy
Crew, b		Lacrosse, b		Tennis, g	Matthew Denvir
Crew, g		Lacrosse, g		Theatre	Mike Camenisch
CrossC, b	Marcus Rinehardt	Magazine	Matthew Denvir	Volley, b	Mike Kelly
CrossC, g	Michael Rose	Newspaper	Matthew Denvir	Volley, g	Jeff Hou
Debate	Michele Osborne	Out Track, b	Not Filled	Wrestling	Eddie Whiteman
F Hockey	Theresa Platte	Out Track, g	Michael Rose	Yearbook	Junius Gradney
Film Fest	Michael Camenisch				

Tazewell

(TAZE)

School Phone: 276-988-6502

167 Cosby Lane / Tazewell, VA 24651-9715

Athletics Office: 276-988-6502

EMail: thollar@tazewell.k12.va.us / tkeene@tazewell.k12.va.us

School Fax: 276-988-3263

Principal: Timothy Hollar

Assistant Principal: Cynthia Beavers

Guidance Counselors: Maria White, Sherry White

Athletic/Activities Director: Thomas Keene, III

Superintendent: Mr. George Brown (Tazewell)

Assistant AD:		Students	573	Group:	2A	Conference:	39
Colors:	Kelly Green/White	Gym Cap.	3200	Region:	2A West	District:	Southwest
Mascot:	Bulldogs	Stad. Cap.	5000				

Ath Trainer		Football	Shane Allen	Scholastic	Tom McAvoy
Band	Caitlin Hutchison	Forensics	Cindy Young	Soccer, b	Tim Rasnick
Baseball	Aaron Buchanan	Golf	Jason Hayes	Soccer, g	Jeremy Call
Basket, b	Tom Rife	Gymnast, b		Softball	Tom Keene
Basket, g	Not Filled	Gymnast, g		Swim, b	Not Filled
Cheer	Not Filled	Ind Track, b	Tom Keene	Swim, g	Not Filled
Cr Writing	Bob McGraw	Ind Track, g	Tom Keene	Tennis, b	William Lester
Crew, b		Lacrosse, b		Tennis, g	Caitlin Hutchison
Crew, g		Lacrosse, g		Theatre	Cindy Young
CrossC, b	Molly Thompson	Magazine		Volley, b	
CrossC, g	Molly Thompson	Newspaper		Volley, g	Paula Sparks
Debate		Out Track, b	Shane Allen	Wrestling	Deacon Young
F Hockey		Out Track, g	Krag Kirk	Yearbook	Melett Smith
Film Fest					

John Randolph Tucker

(JR TK)

School Phone: 804-527-4600

2910 North Parham Road / Henrico, VA 23294

Athletics Office: 804-527-4615

EMail: rclowerr@henrico.k12.va.us / clbrown@henrico.k12.va.us

School Fax: 804-527-4611

Principal: Robert Lowerre

Assistant Principal: Matt Baedke, Amanda Hester, Rick Butler, Naeemah Rodriguez

Guidance Counselors: Valerie Keating, Joe Mack, Libby Brown, Destiny Duncan

Athletic/Activities Director: Chris Brown (RAA)

Superintendent: Dr. Patrick C. Kinlaw (Henrico)

Assistant AD:	George Earle, Jim Dorton	Students	1490	Group:	5A	Conference:	11
Colors:	Royal Blue/Orange	Gym Cap.	1800	Region:	5A South	District:	Colonial
Mascot:	Tigers	Stad. Cap.	3100				

Ath Trainer	Keenan Quinlevan	Football	George Earle	Scholastic	Crystal Johnston
Band	Frank Sampson	Forensics	Robert Meister	Soccer, b	Jim Dorton
Baseball	Chris Didlake	Golf	Jim Dorton	Soccer, g	Sarah Rutherford
Basket, b	Corey Bradt	Gymnast, b		Softball	Pat McGuire
Basket, g	Mollie Pawlowski	Gymnast, g	Sherri Radday	Swim, b	
Cheer	Valerie Harper	Ind Track, b	Thomas Barker	Swim, g	
Cr Writing	Not Filled	Ind Track, g	Marquita Mines	Tennis, b	Jane Selden
Crew, b		Lacrosse, b		Tennis, g	Jamie Messer
Crew, g		Lacrosse, g		Theatre	Lisa Dyer
CrossC, b	Jane Selden	Magazine	Julia Fuller	Volley, b	Sam Rock
CrossC, g	Joey Murray	Newspaper	Not Filled	Volley, g	Steve Czatt
Debate	Raina Liebert	Out Track, b	Thomas Barker	Wrestling	Kevin Mable
F Hockey	Megan Botteri	Out Track, g	Marquita Mines	Yearbook	Not Filled
Film Fest					

Tunstall

(TUNS)

School Phone: 434-724-7111

100 Trojan Circle / Dry Fork, VA 24549-2300

Athletics Office: Ext. 2103

EMail: brian.boles@pcs.k12.va.us / ed.newnam@pcs.k12.va.us

School Fax: 434-724-4588

Principal: Brian Boles

Assistant Principal: Edwin Newnam, Kirsten Harper

Guidance Counselors: Jan Daniel, Linda Clark-Williamson, Tammy Beckelheimer

Athletic/Activities Director: Edwin Newnam

Superintendent: Dr. Mark R. Jones (Pittsylvania)

Assistant AD:	Mark Austin	Students	920	Group:	3A	Conference:	30
Colors:	Scarlet/Silver/White	Gym Cap.	800	Region:	3A West	District:	Piedmont
Mascot:	Trojans	Stad. Cap.	2500				

Ath Trainer	Aaron Taylor	Football	David Potts	Scholastic	Tara Mills
Band	Kellie Knapp	Forensics		Soccer, b	John Robinson
Baseball	Barry Shelton	Golf	Michael McGregor	Soccer, g	Marc Parrish
Basket, b	Julius Price	Gymnast, b		Softball	Caine DeVivi
Basket, g	Not Filled	Gymnast, g		Swim, b	
Cheer	Olivia McCraw	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	Kristen Williams
CrossC, b	Irye Emerson	Magazine		Volley, b	
CrossC, g	Irye Emerson	Newspaper	Adrian Nester	Volley, g	Matt Beard
Debate		Out Track, b	David Pavord	Wrestling	Randy Hunsicker
F Hockey		Out Track, g	Bonnie Brumfield	Yearbook	Kristen Williams
Film Fest					

Turner Ashby

(TASH)

School Phone: 540-828-2008

800 North Main Street / Bridgewater, VA 22812-1696

Athletics Office: 540-828-2008

Email: pjudd@rockingham.k12.va.us / wrockett@rockingham.k12.va.us

School Fax: 540-828-4764

Principal: Phil Judd

Assistant Principal: Marc Sweigart, Mindy Shifflett, Chris Noll

Guidance Counselors: Sandy King, Candy Martin, Sharon Cunningham

Athletic/Activities Director: Will Crockett

Superintendent: Dr. Carol S. Fenn (Rockingham)

Assistant AD:		Students	1058	Group:	3A	Conference:	29
Colors:	Black/White	Gym Cap.	1800	Region:	3A West	District:	Valley
Mascot:	Knights	Stad. Cap.	5500				

Ath Trainer Heather Fincham	Football	Charles Newman	Scholastic	Michael Villacrusis
Band Robert Nash	Forensics	Michael Villacrusis	Soccer, b	Sheldon Rice
Baseball Andrew Armstrong	Golf	Corey Hutchinson	Soccer, g	Heather Amon
Basket, b Patrick Weller	Gymnast, b		Softball	Laura Moore
Basket, g Rob Lovell	Gymnast, g	Stephanie Lewis	Swim, b	Kim Floyd
Cheer Jill Dean	Ind Track, b	Terry Anderson	Swim, g	Kim Floyd
Cr Writing Leslie Stevens	Ind Track, g	Terry Anderson	Tennis, b	Not Filled
Crew, b	Lacrosse, b		Tennis, g	Lynsey Landes
Crew, g	Lacrosse, g		Theatre	Cecille Deason
CrossC, b Matt Denlinger	Magazine	Leslie Stevens	Volley, b	
CrossC, g Lindsey Cook	Newspaper	Leslie Stevens	Volley, g	Gina Troyer
Debate Michael Villacrusis	Out Track, b	Dwight Denlinger	Wrestling	Marshall Smiley
F Hockey	Out Track, g	Denise Shiflet	Yearbook	Leslie Stevens
Film Fest Cecille Deason				

Tuscarora

(TUSC)

School Phone: 571-252-1900

801 North King Street / Leesburg, VA 20176

Athletics Office: 571-252-1910

Email: Pamela.Jacobs@lcpss.org / John.Puterio@lcpss.org

School Fax: 571-252-1901

Principal: Pamela Croft

Assistant Principal: Justin Martin, Denise Coon, Richard Rovang

Guidance Counselors: Jennifer Reed

Athletic/Activities Director: John Puterio

Superintendent: Dr. Eric Williams (Loudoun)

Assistant AD:	John Puterio	Students	1538	Group:	5A	Conference:	14
Colors:	Royal Blue/Black/White	Gym Cap.	2000	Region:	5A North	District:	Potomac
Mascot:	Huskies	Stad. Cap.	4000				

Ath Trainer Stacy Kress	Football	Michael Burnett	Scholastic	Terry Kristan
Band Katie Newmiller	Forensics	Felicia Cupps	Soccer, b	Dave Gryder
Baseball Mark Bauer	Golf	Jeff Kaplan	Soccer, g	Nicole Brower
Basket, b Al Smith	Gymnast, b		Softball	Megan Smith
Basket, g Michael Newkirk	Gymnast, g	Meg Upp	Swim, b	Kyle Gallo
Cheer Meg Upp	Ind Track, b		Swim, g	Kyle Gallo
Cr Writing	Ind Track, g		Tennis, b	Matthew Crisp
Crew, b	Lacrosse, b	Scott Nole	Tennis, g	Beth Elrafai
Crew, g	Lacrosse, g	Denise Lenihan	Theatre	Justin Daniels
CrossC, b Troy Harry	Magazine		Volley, b	
CrossC, g Troy Harry	Newspaper	Elizabeth Staley	Volley, g	John Senchak
Debate Lisa Payne	Out Track, b	Ladon Moore	Wrestling	Andrew Bango
F Hockey Colleen Gallivan	Out Track, g	Troy Harry	Yearbook	Elizabeth Staley
Film Fest Felisa Cupps				

Twin Springs

(TSPR)

School Phone: 276-479-2185

273 Titan Lane / Nickelsville, VA 24271

Athletics Office: 276-479-3200

Email: jordan.mullins@scottsschools.com / chad.hood@scottsschools.com

School Fax: 276-479-3103

Principal: Jordan Mullins

Assistant Principal: Tracy Garrett

Guidance Counselors: Bridgett Rose-Barnett

Athletic/Activities Director: Chad Hood

Superintendent: Mr. John Ferguson (Scott)

Assistant AD:		Students	230	Group:	1A	Conference:	48
Colors:	Red/White/Blue	Gym Cap.	1600	Region:	1A West	District:	Cumberland
Mascot:	Titans	Stad. Cap.	1600				

Ath Trainer Mike Larkin	Football	Chad Hood	Scholastic	Anthony Shiple
Band Ryan Carpenter	Forensics	Autumn McConnell	Soccer, b	
Baseball Chad Hood	Golf	Anthony Shiple	Soccer, g	
Basket, b Mark Dockery	Gymnast, b		Softball	Tim Lawson
Basket, g Brian Powers	Gymnast, g		Swim, b	
Cheer Jackie Meade	Ind Track, b		Swim, g	
Cr Writing	Ind Track, g		Tennis, b	
Crew, b	Lacrosse, b		Tennis, g	
Crew, g	Lacrosse, g		Theatre	Greg Hall
CrossC, b	Magazine		Volley, b	
CrossC, g	Newspaper		Volley, g	Katie Jo Dockery
Debate	Out Track, b	Not Filled	Wrestling	
F Hockey	Out Track, g	Jenny Gose	Yearbook	Mary Beth Keith
Film Fest				

Twin Valley**(TVAL)****School Phone:** 276-259-7741

P.O. Box 190 / Pilgrims Knob, VA 24634

Athletics Office: 276-259-7818**Email:** ricky.goodman@buchanancountyschools.com / brian.moore@buchanancountysch**School Fax:** 276-259-7713**Principal:** Ricky Goodman**Assistant Principal:****Guidance Counselors:****Athletic/Activities Director:** Brian Moore**Superintendent:** Melanie L. Hibbitts (Buchanan)

Assistant AD:		Students	229	Group:	1A	Conference:	47
Colors:	Black/Purple/Silver/White	Gym Cap.	1600	Region:	1A West	District:	Black Diamond
Mascot:	Panther	Stad. Cap.	3000				

Ath Trainer		Football	Tom Crigger	Scholastic	Harold Wimmer
Band	Tom Burniston	Forensics	Lisa Ward	Soccer, b	
Baseball	Not Filled	Golf	Not Filled	Soccer, g	
Basket, b	Matthew Baldwin	Gymnast, b		Softball	Not Filled
Basket, g	Tommy Crigger	Gymnast, g		Swim, b	
Cheer	Megan Raines	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	Not Filled
Crew, b		Lacrosse, b		Tennis, g	Melisa Goodman
Crew, g		Lacrosse, g		Theatre	
CrossC, b	D. Traverse-Locke	Magazine		Volley, b	
CrossC, g	D. Traverse-Locke	Newspaper		Volley, g	Melisa Goodman
Debate		Out Track, b		Wrestling	
F Hockey		Out Track, g	Dominique Traverse-Locke	Yearbook	Dominique Traverse-Locke
Film Fest					

Union**(UNIO)****School Phone:** 276-523-1290

2 Champions Avenue / Big Stone Gap, VA 24219

Athletics Office: 276-523-4789**Email:** droop@wisek12.org / mike.goforth@wisek12.org**School Fax:** 276-523-6804**Principal:** Dan Roop**Assistant Principal:** Mike Goforth**Guidance Counselors:** Stacy Nichols, Miracle Coffey, Vicky Welch**Athletic/Activities Director:** Mike Goforth**Superintendent:** Gregory Clark Mullins (Wise)

Assistant AD:		Students	630	Group:	2A	Conference:	40
Colors:	Navy Blue/Orange/White	Gym Cap.	1500	Region:	2A West	District:	Mountain
Mascot:	Bears	Stad. Cap.	3500				

Ath Trainer		Football	Travis Turner	Scholastic	Matt Stanley
Band	Kim Sturgill	Forensics	Lacie Holmes	Soccer, b	Bryan Wharton
Baseball	Steve Hubbard, Jr	Golf	Jerred Chandler	Soccer, g	Kayley Morgan
Basket, b	Zack Moore	Gymnast, b		Softball	Mike Rhodes
Basket, g	Kory Bostic	Gymnast, g		Swim, b	Jackie Cusano
Cheer	Catherine Rigg	Ind Track, b	James Hamilton	Swim, g	Jackie Cusano
Cr Writing		Ind Track, g	James Hamilton	Tennis, b	Jim Huff
Crew, b		Lacrosse, b		Tennis, g	Michael Morris
Crew, g		Lacrosse, g		Theatre	Matt Stanley
CrossC, b	Mark Castle	Magazine		Volley, b	
CrossC, g	Mark Castle	Newspaper		Volley, g	Kim Moore
Debate		Out Track, b	Tim Thomas	Wrestling	Steve Gardner
F Hockey		Out Track, g	James Hamilton	Yearbook	Todd Bennett
Film Fest					

Varina**(VARI)****School Phone:** 804-226-8700

7053 Messer Road / Henrico, VA 23231-5509

Athletics Office: 804-226-3100**Email:** aseely@henrico.k12.va.us / kgadams1@henrico.k12.va.us**School Fax:** 804-226-8706**Principal:** Ann Marie Seely**Assistant Principal:** Rachel Wilborn, Katy Noah, Trae Turpin, Cody Streightiff, Peter Noguera**Guidance Counselors:** Christina Naumann, Mike Oliver, Alicia Fuse**Athletic/Activities Director:** Kevin G. Adams (CMAA)**Superintendent:** Dr. Patrick C. Kinlaw (Henrico)

Assistant AD:	Paige Lasky	Students	1630	Group:	5A	Conference:	12
Colors:	Navy Blue/Vegas Gold	Gym Cap.	1100	Region:	5A South	District:	Capital
Mascot:	Blue Devils	Stad. Cap.	5000				

Ath Trainer	Not Filled	Football	Stu Brown	Scholastic	Not Filled
Band	Chris Moseley	Forensics	Christine Suders	Soccer, b	Emmanuel Asiamah
Baseball	Michael Crostic	Golf	Tony Sorbello	Soccer, g	Julianne Sponsler
Basket, b	Andrew Lacey	Gymnast, b		Softball	Allen Blair
Basket, g	Dashia Chandler	Gymnast, g	Bonnie Bridgewater	Swim, b	
Cheer	Ashley Matheny	Ind Track, b	Not Filled	Swim, g	
Cr Writing	Matt Cullen	Ind Track, g	Johann Odom	Tennis, b	Rashad Judson
Crew, b		Lacrosse, b		Tennis, g	Terry Milo
Crew, g		Lacrosse, g		Theatre	Not Filled
CrossC, b	Chris Leggett	Magazine		Volley, b	Andrew Grainer
CrossC, g	Pam Scott	Newspaper	Lesley St. James	Volley, g	Krysta Stanko
Debate	Not Filled	Out Track, b	Not Filled	Wrestling	Curtis Johnson
F Hockey	Not Filled	Out Track, g	Johan Odom	Yearbook	Lindsay Terry
Film Fest	Christine Pedersen				

Virginia

(VIRG)

School Phone: 276-821-5858

Athletics Office: 276-821-5856

School Fax: 276-821-5851

1200 Long Crescent Drive / Bristol, VA 24201-2752

Email: rcollins@bvps.org / bharper@bvps.org

Principal: Ronnie Collins

Assistant Principal: Brad Harper, Andy Wheeling

Guidance Counselors: Lisa Dean, Brenda Graham

Athletic/Activities Director: Brad Harper

Superintendent: Mr. Gary Ritchie (Bristol)

Assistant AD:

Colors: Orange/Black

Mascot: Bearcats

Students 665

Gym Cap. 2500

Stad. Cap. 5400

Group: 2A

Region: 2A West

Conference: 39

District: Southwest

Ath Trainer Randy Hodge

Band Gary Skeen

Baseball Mark Daniels

Basket, b Not Filled

Basket, g Kevin Timmons

Cheer Tammy Garlock

Cr Writing

Crew, b

Crew, g

CrossC, b Kelli Mooney

CrossC, g Kelli Mooney

Debate

F Hockey

Film Fest Tom Heath

Football Mike Crist

Forensics Brad Hutchinson

Golf Carlos Lee

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Nathaniel Mooney

Out Track, g Kelli Mooney

Scholastic

Soccer, b Carol Propst

Soccer, g Hunter Meade

Softball Not Filled

Swim, b Vanessa Meyers

Swim, g Woody VanNostrand

Tennis, b Woody VanNostrand

Tennis, g Not Filled

Theatre Vicky Kimbler

Volley, b Ian Taylor

Volley, g Ashley Johnson

Wrestling Josh Shuler

Yearbook Chris Tate

Wakefield

(WAKE)

School Phone: 703-228-6700

Athletics Office: 703-228-6733

School Fax: 703-228-6760

1325 S. Dinwiddie Street / Arlington, VA 22206-1097

Email: chris.willmore@apsva.us / noel.deskins@apsva.us

Principal: Christian Willmore

Assistant Principal: Betty Sanders, Iliana Gonzales, Jonathan Turissi, Frances Lee, Lynette McCracken

Guidance Counselors: A. Reid, K. Carruthers, A. Almada, V. Covarrubias, S. Snyder, J. Spencer, I. Lopez, R. Mathis

Athletic/Activities Director: Noel Deskins

Superintendent: Dr. Patrick K. Murphy (Arlington)

Assistant AD: Robert Strauss

Colors: Kelly Green/White

Mascot: Warriors

Students 1800

Gym Cap. 1900

Stad. Cap. 5000

Group: 5A

Region: 5A North

Conference: 13

District: National

Ath Trainer B. Kigin, D. L. Smith

Band Brian Fisher

Baseball Michael Ruck

Basket, b Tony Bentley

Basket, g Marcia Richardson

Cheer Tamar Willis

Cr Writing

Crew, b Daniel Voigtsberger

Crew, g James Augone

CrossC, b Bob Strauss

CrossC, g Bob Strauss

Debate Not Filled

F Hockey Not Filled

Film Fest Maggie Hsu

Football Wayne Hogwood

Forensics Not Filled

Golf Paul Greenfield

Gymnast, b

Gymnast, g Nancy Nunez

Ind Track, b Bob Strauss

Ind Track, g Bob Strauss

Lacrosse, b Ryan Moran

Lacrosse, g Molly Maher

Magazine Not Filled

Newspaper Amy Wathen

Out Track, b Bob Strauss

Out Track, g Bob Strauss

Scholastic

Soccer, b John Stewart

Soccer, g Eddie Carrasquillo

Softball Othmane Benkahallouk

Swim, b Jonny Kelly

Swim, g Sean Carey

Tennis, b Sean Carey

Tennis, g William Warren

Theatre Not Filled

Volley, b Chris Gillespie

Volley, g Not Filled

Wrestling Jeff Humphries

Yearbook Pat Buchanan

Maggie L. Walker Governor's School (MWGS)

School Phone: 804-354-6800

Athletics Office: 804-358-6961

School Fax: 804-358-8397

1000 North Lombardy Street / Richmond, VA 23220

Email: jlewis@gsgis.k12.va.us / phawkins@gsgis.k12.va.us

Principal: Dr. Jon Lewis

Assistant Principal: Wendy Ellis, Max Smith

Guidance Counselors: Karl Zweerink, Joy Davis, Rachel Loving, Penny Deck

Athletic/Activities Director: Paige Hawkins (RAA)

Superintendent: Dr. Dana Bedden (Richmond City)

Assistant AD:

Colors: Green/White

Mascot: Dragons

Students 746

Gym Cap. 450

Stad. Cap. 100

Group: 2A

Region: 2A East

Conference: 33

District: Colonial

Ath Trainer Christy Turnbow

Band Karl Von Klein

Baseball Meade Langhorn

Basket, b Parker Kirwan

Basket, g Carlton Baughman

Cheer

Cr Writing Lisa Williams

Crew, b

Crew, g

CrossC, b Jim Holdren

CrossC, g Jim Holdren

Debate Dan Brown

F Hockey Paige Hawkins

Film Fest Susan Hefty

Football

Forensics Robinette Cross

Golf Mike Brown

Gymnast, b

Gymnast, g Jim Holdren

Ind Track, b Jim Holdren

Ind Track, g Jim Holdren

Lacrosse, b

Lacrosse, g

Magazine Not Filled

Newspaper Janet Spencer

Out Track, b Jim Holdren

Out Track, g Jim Holdren

Scholastic

Soccer, b Hana Reed

Soccer, g Chad Porter

Softball Ian Kelley

Swim, b Randy Darnell

Swim, g Not Filled

Tennis, b Not Filled

Tennis, g Jennifer Todd

Theatre Michael Anderson

Volley, b Carol Piersol

Volley, g Andrew Dee

Wrestling David Taylor

Yearbook Don Blanton

Yearbook Michael White

Thomas Walker**(TWLK)****School Phone:** 276-445-4111

Old Highway 58, P.O. Box 39 / Ewing, VA 24248-0039

Athletics Office: 276-445-4161**Email:** Ron.Early@leecountyschools.net / Brian.Coomer@leecountyschools.net**School Fax:** 276-445-5584**Principal:** Ron Early**Assistant Principal:** Shannon Grabeel**Guidance Counselors:** Brenda Graham**Athletic/Activities Director:** Brian Coomer**Superintendent:** Dr. Brian T. Austin (Lee)

Assistant AD:		Students	241	Group:	1A	Conference:	48
Colors:	Blue/Gray	Gym Cap.	900	Region:	1A West	District:	Cumberland
Mascot:	Pioneers	Stad. Cap.	1300				

Ath Trainer	Not Filled	Football	Brian Lee (CAA)	Scholastic	Vicki Snodgrass
Band	Francis DiVirgilio	Forensics	Adam Dean	Soccer, b	
Baseball	Richard Garrett	Golf	Tim Lock	Soccer, g	
Basket, b	Tim Johnson	Gymnast, b		Softball	Myra Brooks
Basket, g	Kelli Mooney	Gymnast, g		Swim, b	
Cheer	Nicky Ayers	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	Jerry Taylor
Crew, b		Lacrosse, b		Tennis, g	Janet Nelson
Crew, g		Lacrosse, g		Theatre	Crystal Hollman
CrossC, b	Sonya Baumgardner	Magazine		Volley, b	
CrossC, g	Sonya Baumgardner	Newspaper	Colleen Hornsby	Volley, g	Janet Nelson
Debate	Vicki Snodgrass	Out Track, b	Rodney Ayers	Wrestling	
F Hockey	Not Filled	Out Track, g	Jamie Surber	Yearbook	Vicki Snodgrass
Film Fest					

Warhill**(WARH)****School Phone:** 757-565-4615

4615 Opportunity Way / Williamsburg, VA 23188

Athletics Office: 757-565-9121**Email:** daniel.mullen@wjccschools.org**School Fax:** 757-565-7625**Principal:** Jeffrey Carroll**Assistant Principal:** Amour Mickel, Michelle Cihak**Guidance Counselors:****Athletic/Activities Director:** Dan Mullen (CAA)**Superintendent:** Dr. Steven Constantino (Williamsburg/James City)

Assistant AD:	Lindsay Newell	Students	1050	Group:	3A	Conference:	25
Colors:	Carolina Blue/Black/Silver	Gym Cap.	1500	Region:	3A East	District:	Bay Rivers
Mascot:	Lions	Stad. Cap.	3000				

Ath Trainer	Todd Korabek	Football	Not Filled	Scholastic	Fielding Crawford
Band	Hunter Kopczynski	Forensics	Liz Hale	Soccer, b	Jimmy Newell
Baseball	Joe Henzel	Golf	Edgar Randall	Soccer, g	Todd Williams
Basket, b	Justin Hayes	Gymnast, b		Softball	Meredith Powell
Basket, g	Norm Brungot	Gymnast, g		Swim, b	Matt Dryden
Cheer	Candace Shafer-	Ind Track, b	Dan Stebbins	Swim, g	Matt Dryden
Cr Writing	Southard	Ind Track, g	Dan Stebbins	Tennis, b	Bob Hyatt
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	Jessica Grant
CrossC, b	Dan Stebbins	Magazine	Christine Maddox	Volley, b	
CrossC, g	Lindsay Newell	Newspaper	Christine Maddox	Volley, g	Greg Koon
Debate	Eric Ames	Out Track, b	Dan Stebbins	Wrestling	Scott Lish
F Hockey	Kristen Castano	Out Track, g	Dan Stebbins	Yearbook	Katlin Robinson
Film Fest					

Warren County**(WARR)****School Phone:** 540-635-4144

155 Westminster Drive / Front Royal, VA 22630

Athletics Office: 540-635-1160**Email:** ejordan@wcps.k12.va.us / edike@wcps.k12.va.us**School Fax:** 540-635-1037**Principal:** Ernestine Jordan**Assistant Principal:** Mary Bukva, Randa Vernazza, Ken Knesch, David Friend**Guidance Counselors:** Mary Kay Moose, Melissa Schmitt, Kasey Keckley, Amy Hartley, Michael Siuniak**Athletic/Activities Director:** Ed Dike (CAA)**Superintendent:** Mr. L. Gregory Drescher (Warren)

Assistant AD:	Dorinda Robinson	Students	756	Group:	3A	Conference:	28
Colors:	Maroon/White/Gray	Gym Cap.	1400	Region:	3A East	District:	Bull Run
Mascot:	Wildcats	Stad. Cap.	3500				

Ath Trainer	Jeff Crawford	Football	Steve Crist	Scholastic	Lisa Francis
Band	David Dingess	Forensics		Soccer, b	Shane Lilly
Baseball	Micahel Minch	Golf	Matt Wadas	Soccer, g	Michael Carpenter
Basket, b	Tony Clark	Gymnast, b		Softball	Justin Stock
Basket, g	John Kelly	Gymnast, g		Swim, b	
Cheer	Carey Detweiler	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	Stephan Tickal
Crew, b		Lacrosse, b		Tennis, g	Ashley Hastings
Crew, g		Lacrosse, g		Theatre	Christopher Whitney
CrossC, b	Joseph Owens	Magazine		Volley, b	
CrossC, g	Joseph Owens	Newspaper		Volley, g	Dorinda Robinson
Debate		Out Track, b	Joseph Owens	Wrestling	Matt Wadas
F Hockey		Out Track, g	Joseph Owens	Yearbook	Martha Taylor
Film Fest	Chris Whitney				

Warwick**(WARW)****School Phone:** 757-591-4700

51 Copeland Lane / Newport News, VA 23601-2399

Athletics Office: Ext. 58660**E-Mail:** anthony.frazier@nn.k12.va.us / jennifer.nuttycombe@nn.k12.va.us**School Fax:** 757-596-7415**Principal:** Anthony Frazier**Assistant Principal:** Keith Kuberek, Anthony Mungin, Tonya Falk, Jason Hollar, Adria Strothers, Tiffany Thompson**Guidance Counselors:** Donzaleigh Douglas**Athletic/Activities Director:** Jenny Nuttycombe**Superintendent:** Dr. Ashby C. Kilgore (Newport News)

Assistant AD: Brittany Williams	Students 1490	Group: 5A	Conference: 10
Colors: Maroon/Gold	Gym Cap. 1000	Region: 5A South	District: Peninsula
Mascot: Raiders	Stad. Cap. 8000		

Ath Trainer Chad Cooke	Football Cory Hairston	Scholastic Linda Rich
Band Alyssa Glover	Forensics Ed Krohn	Soccer, b Michael Norton
Baseball Todd Barker	Golf Scott Cullison	Soccer, g Emily Blackburn
Basket, b Jimmie Gerald	Gymnast, b	Softball James Dawson
Basket, g Vanessa Starks	Gymnast, g	Swim, b Allen Koederitz
Cheer Not Filled	Ind Track, b Wendell Holmes	Swim, g Allen Koederitz
Cr Writing	Ind Track, g Wendell Holmes	Tennis, b Scott Cullison
Crew, b	Lacrosse, b	Tennis, g Not Filled
Crew, g	Lacrosse, g	Theatre Not Filled
CrossC, b Matthew MacDonald	Magazine Christine Wilson	Volley, b Not Filled
CrossC, g Wendell Holmes	Newspaper LaVerne Flowers	Volley, g Bill Bowman
Debate Peter Henry	Out Track, b Wendell Holmes	Wrestling Anthony White
F Hockey Brittany Williams	Out Track, g Wendell Holmes	Yearbook Denise Banks
Film Fest		

Washington & Lee**(W&LE)****School Phone:** 804-493-8015

16380 Kings Highway / Montross, VA 22520-0366

Athletics Office: 804-313-0330**E-Mail:** geyerjs@wmlcps.org / lewisms@wmlcps.org**School Fax:** 804-493-0243**Principal:** Jane Geyer**Assistant Principal:** Michael Hurdle**Guidance Counselors:** Carmen Crisco, Patricia Eddings**Athletic/Activities Director:** Malcolm Lewis (RAA)**Superintendent:** Dr. Michael D. Perry (Westmoreland)

Assistant AD: Cole Vanover	Students 495	Group: 2A	Conference: 33
Colors: Carolina Blue/Gold/Navy	Gym Cap. 1000	Region: 2A East	District: Northern Neck
Mascot: Eagles	Stad. Cap. 1200		

Ath Trainer	Football Antron Yates	Scholastic Not Filled
Band Kelly Wright	Forensics Meghan Smith	Soccer, b RJ Sudduth
Baseball Mike Clark	Golf	Soccer, g Cole Vanover
Basket, b George Hunter	Gymnast, b	Softball Lacey Morris
Basket, g Liz Beckham	Gymnast, g	Swim, b
Cheer Kerry Payne	Ind Track, b	Swim, g
Cr Writing	Ind Track, g	Tennis, b
Crew, b	Lacrosse, b	Tennis, g
Crew, g	Lacrosse, g	Theatre Meghan Smith
CrossC, b Cole Vanover	Magazine	Volley, b
CrossC, g Cindy Flickinger	Newspaper	Volley, g Drew Hutt
Debate	Out Track, b Not Filled	Wrestling Brian Satterwhite
F Hockey	Out Track, g Not Filled	Yearbook Not Filled
Film Fest		

B. T. Washington**(BTWN)****School Phone:** 757-628-3575

1111 Park Avenue / Norfolk, VA 23504

Athletics Office: 757-628-3575**E-Mail:** mstallings@nps.k12.va.us / rwillia2@nps.k12.va.us**School Fax:** 757-628-3566**Principal:** Dr. Margie Stallings**Assistant Principal:** Stephanie J. Hazell, Dave Jacobs, Latesha Wade-Jenkins, Amy Strickland**Guidance Counselors:** Leshia Harold, Veronica Waller, Heidi Felder, Tiese Bright, Tiffany Hilland**Athletic/Activities Director:** Robin Williams (RAA)**Superintendent:** Dr. Melinda J. Boone (Norfolk)

Assistant AD:	Students 1100	Group: 3A	Conference: 27
Colors: Maroon/White	Gym Cap. 1800	Region: 3A East	District: Eastern
Mascot: Mighty Bookers	Stad. Cap. 2000		

Ath Trainer Brice Snyder	Football Darwin Alexander	Scholastic Alexander McMurtry
Band Harvey Bullock	Forensics Not Filled	Soccer, b Andrew Nelson
Baseball Sky Edwards	Golf Columbus Grant III	Soccer, g K. Moore, B. Wilkins
Basket, b Darren Sanderlin	Gymnast, b	Softball Padra Spencer
Basket, g R. Berry, A. Garner	Gymnast, g	Swim, b Courtney Dziagwa
Cheer Janet Dennis	Ind Track, b Steve Couther	Swim, g Not Filled
Cr Writing	Ind Track, g Alexis Rogers	Tennis, b Columbus Grant III
Crew, b	Lacrosse, b	Tennis, g Victoria Horton
Crew, g	Lacrosse, g	Theatre Not Filled
CrossC, b Yolanda Penn	Magazine	Volley, b Darren Sanderlin
CrossC, g Yolanda Penn	Newspaper Not Filled	Volley, g Anthony Garner
Debate Not Filled	Out Track, b Steve Couther	Wrestling Gaskins Reynolds
F Hockey Racheal Joyce	Out Track, g Alexis Rogers	Yearbook Tressy White
Film Fest		

George Washington**(GWAS)****School Phone:** 434-799-6410

701 Broad Street / Danville, VA 24541-2627

Athletics Office:**EMail:** jfain@mail.dps.k12.va.us**School Fax:** 434-799-5251**Principal:** Randall Stokes**Assistant Principal:** Gayle Breakley, Angela Ramsey, Carolyn Stephens**Guidance Counselors:** Genevieve Lyons, Boyd Pearson**Athletic/Activities Director:** Jonathan Fain**Superintendent:** Dr. Stanely B. Jones (Danville)

Assistant AD:		Students	1400	Group:	4A	Conference:	23
Colors:	Silver/Navy Blue	Gym Cap.	1200	Region:	4A West	District:	Piedmont
Mascot:	Eagles	Stad. Cap.	8000				

Ath Trainer	Tim Torborg	Football	Nick Anderson	Scholastic	Ruby Hovatter
Band	Reginald Purvis	Forensics	Dana Tickle	Soccer, b	Cary Wright
Baseball	Barry Powell	Golf	Robert Q. Jones	Soccer, g	Shannon Dudley
Basket, b	Ronald Parson	Gymnast, b		Softball	Kevin Miller
Basket, g	Deauti Harris	Gymnast, g		Swim, b	Julio Rojas
Cheer	A. Adams, T. McLaughlin	Ind Track, b	Robert Marshall	Swim, g	Julio Rojas
Cr Writing	Sharon Leigg	Ind Track, g	Ettie Collins	Tennis, b	Not Filled
Crew, b		Lacrosse, b		Tennis, g	Alora Kissee
Crew, g		Lacrosse, g		Theatre	Dana Tickle
CrossC, b	Robert Marshall	Magazine	Sharon Leigg	Volley, b	
CrossC, g	Ettie Collins	Newspaper	Pam Jones	Volley, g	Gwyndolyn Stone
Debate	Dana Tickle	Out Track, b	Robert Marshall	Wrestling	Rodney James
F Hockey		Out Track, g	Keith Douglas	Yearbook	Eva Cassada
Film Fest					

Washington-Lee**(WLEE)****School Phone:** 703-228-6200

1301 N. Stafford Street / Arlington, VA 22201-4698

Athletics Office: 703-228-6207**EMail:** / carol.callaway@apsva.us**School Fax:** 703-841-1047**Principal:** Gregg Robertson**Assistant Principal:** Marleny Perdomo, Tony Hall, Claire Peters, Paul Jamelske, Julie Cantor**Guidance Counselors:****Athletic/Activities Director:** Carol Callaway (CMAA)**Superintendent:** Dr. Patrick K. Murphy (Arlington)

Assistant AD:	Justin Bolfek	Students	2300	Group:	6A	Conference:	6
Colors:	Blue/Gray	Gym Cap.	2000	Region:	6A North	District:	Liberty
Mascot:	Generals	Stad. Cap.	5000				

Ath Trainer	Mike Harrington	Football	Joshua Shapiro	Scholastic	Jennifer Scher
Band	Alex Robinson	Forensics	Rosa Reyes	Soccer, b	Jimmy Carrasquillo
Baseball	Doug Grove	Golf	Michael Kelly	Soccer, g	Eddy Matos
Basket, b	Robert Dobson	Gymnast, b		Softball	Courtney Ward
Basket, g	Angie Kelly	Gymnast, g	Joe D'Emidio	Swim, b	Kristina Dorville
Cheer	Jennie Blasioli	Ind Track, b	Warren Gillus	Swim, g	Kristina Dorville
Cr Writing		Ind Track, g	Warren Gillus	Tennis, b	Russell Alexander
Crew, b	Derek Parsons	Lacrosse, b	Alex White	Tennis, g	Laura Hale
Crew, g	Craig Spraggins	Lacrosse, g	Katie Aird	Theatre	Keith Cassidy
CrossC, b	William Drake	Magazine	Catherine Misar	Volley, b	
CrossC, g	William Drake	Newspaper	Catherine Misar	Volley, g	Aubrey Mosley
Debate	Paul Bui	Out Track, b	Warren Gillus	Wrestling	Dan Morreale
F Hockey	Beth Prange	Out Track, g	Warren Gillus	Yearbook	Catherine Misar
Film Fest	Rosa Reyes				

Waynesboro**(WAYN)****School Phone:** 540-946-4616

1200 West Main Street / Waynesboro, VA 22980-4393

Athletics Office: 540-946-4629**EMail:** tteachey@waynesboro.k12.va.us / dmcdaniel@waynesboro.k12.va.us**School Fax:** 540-946-4621**Principal:** William "Tim" Teachey**Assistant Principal:** Brian Stamm, Kendra Jones**Guidance Counselors:****Athletic/Activities Director:** Derek McDaniel**Superintendent:** Dr. Jeffrey D. Cassell (Waynesboro)

Assistant AD:	P. Martin, J. Stevens	Students	840	Group:	3A	Conference:	29
Colors:	Purple/Gold	Gym Cap.	1200	Region:	3A West	District:	Valley
Mascot:	Little Giants	Stad. Cap.	3000				

Ath Trainer	Rita Nelson	Football	Derek McDaniel	Scholastic	
Band	Keith Smith	Forensics	Erin Widener	Soccer, b	Dale O'Steen
Baseball	Josh Coffey	Golf	Charlie Cox	Soccer, g	
Basket, b	Sidney Diggs	Gymnast, b		Softball	John Hull
Basket, g	Kevin Loker	Gymnast, g		Swim, b	
Cheer	Annette Brown	Ind Track, b	Michael Freeman	Swim, g	
Cr Writing		Ind Track, g	Michael Freeman	Tennis, b	C. J Dewitt
Crew, b		Lacrosse, b		Tennis, g	Ann Valerio
Crew, g		Lacrosse, g		Theatre	Diane Wade
CrossC, b	Julie Stevens	Magazine		Volley, b	
CrossC, g	Julie Stevens	Newspaper	Laura Riggan	Volley, g	Lori Aleshire
Debate	Not Filled	Out Track, b	Michael Freeman	Wrestling	Richard Palmer
F Hockey		Out Track, g	Michael Freeman	Yearbook	Wendy Teeter
Film Fest					

West Point**(WPNT)****School Phone:** 804-843-3630

2700 Mattaponi Avenue / West Point, VA 23181-9304

Athletics Office: 804-843-3630**Email:** mdorsey@wpschools.net / alayne@wpschools.net**School Fax:** 804-843-3406**Principal:** Mark Dorsey**Assistant Principal:** Suzy Aunspach**Guidance Counselors:****Athletic/Activities Director:** Andrew Layne**Superintendent:** Laura K. Abel (West Point)**Assistant AD:** Kenneth Newsome**Students** 248**Group:** 1A**Conference:** 42**Colors:** Orange/Navy Blue**Gym Cap.** 950**Region:** 1A East**District:** Tidewater**Mascot:** Pointers**Stad. Cap.** 1500

Ath Trainer	Dreanna Wallace	Football	Lewis Briggs
Band	Mitchell Reed	Forensics	Joanna Blevins
Baseball	Kenneth Newsome	Golf	
Basket, b	James Montgomery	Gymnast, b	
Basket, g	K. Newsome, P. Vlaming	Gymnast, g	
Cheer	Susan Harlow	Ind Track, b	
Cr Writing	Joanna Blevins	Ind Track, g	
Crew, b		Lacrosse, b	
Crew, g		Lacrosse, g	
CrossC, b	John Heath	Magazine	
CrossC, g	John Heath	Newspaper	
Debate		Out Track, b	Kristine Young
F Hockey		Out Track, g	Kristine Young
Film Fest	Mark Redden		

Scholastic	Douglas Hagen
Soccer, b	Simon Gemerek
Soccer, g	
Softball	Arthur Anderson
Swim, b	
Swim, g	
Tennis, b	
Tennis, g	Douglas Hagen
Theatre	Bev Hammond
Volley, b	
Volley, g	Maury Brown
Wrestling	
Yearbook	Mary Borinsky

West Potomac**(WPOT)****School Phone:** 703-718-2500

6500 Quander Road / Alexandria, VA 22307

Athletics Office: 703-718-2560**Email:** dsrumberger@fcps.edu / abhelmick@fcps.edu**School Fax:** 703-718-2661**Principal:** Dale Rumberger (Interim)**Assistant Principal:** Laura Moore, Janice Monroe, Kevin McMahon, Maria Faz, Michelle Lyttle, Drew Hamlin**Guidance Counselors:****Athletic/Activities Director:** Aaron Helmick (RAA)**Superintendent:** Not Filled (Fairfax)**Assistant AD:** K. Morrissey, B. Mahony**Students** 2451**Group:** 6A**Conference:** 7**Colors:** Royal Blue/Silver/White**Gym Cap.** 2000**Region:** 6A North**District:** Patriot**Mascot:** Wolverines**Stad. Cap.** 5000

Ath Trainer	A. Zamudio, J. Ponton Jr.	Football	Jeremiah Ross
Band	Stephen Rice	Forensics	Mercedes Frost
Baseball	Jim Sullivan	Golf	Sue Thompson
Basket, b	David Houston	Gymnast, b	
Basket, g	Brian Colligan	Gymnast, g	Linda Fisher
Cheer	Alexis Wilkins	Ind Track, b	Dena McCraith
Cr Writing	Whitney Huntington	Ind Track, g	Dena McCraith
Crew, b	Leslie Shinnars	Lacrosse, b	Walter Bagwell
Crew, g	Leslie Shinnars	Lacrosse, g	Cindy Lopez-Yusuf
CrossC, b	Jenn Dietz	Magazine	
CrossC, g	Jenn Dietz	Newspaper	Whitney Huntington
Debate	Kelsey McGlynn	Out Track, b	Dena McCraith
F Hockey	Dana Hubbard	Out Track, g	Dena McCraith
Film Fest	Ian Guch, Birgit Buhleier		

Scholastic	
Soccer, b	Ahmed Sasso
Soccer, g	Ed Thomas
Softball	Craig Maniglia
Swim, b	Not Filled
Swim, g	Not Filled
Tennis, b	Not Filled
Tennis, g	Jeff Levy
Theatre	Philip Clark
Volley, b	
Volley, g	Nancy Nixon
Wrestling	James Hargrove
Yearbook	Whitney Huntington

West Springfield**(WSPR)****School Phone:** 703-913-3800

6100 Rolling Road / Springfield, VA 22152

Athletics Office: 703-913-3860**Email:** mgmukai@fcps.edu / andy.muir@fcps.edu**School Fax:** 703-913-3897**Principal:** Michael Mukai**Assistant Principal:** Johnny Pope, Kay Rizzuto, Betsy Fawsett, Shannon Matheny, Tara Charity**Guidance Counselors:****Athletic/Activities Director:** Andy Muir**Superintendent:** Not Filled (Fairfax)**Assistant AD:** R. Donaldson, J. Eldredge, C**Students** 2242**Group:** 6A**Conference:** 8**Colors:** Orange/Blue**Gym Cap.** 1200**Region:** 6A North**District:** Patriot**Mascot:** Spartans**Stad. Cap.** 5000

Ath Trainer	D. Zecca, E. Stanford	Football	Jason Eldredge
Band	Eric Houng	Forensics	Marie Bakke
Baseball	Jason Olms	Golf	Steve Bantle
Basket, b	Durmia Marshall	Gymnast, b	
Basket, g	Bill Gibson	Gymnast, g	Diana Edgell
Cheer	Mike Cooper	Ind Track, b	Chris Pelligrini
Cr Writing	Not Filled	Ind Track, g	Chris Pelligrini
Crew, b	Matthew Petty	Lacrosse, b	Not Filled
Crew, g	Mark Hemphill	Lacrosse, g	Brian Puhlick
CrossC, b	Chris Pelligrini	Magazine	Not Filled
CrossC, g	Chris Pelligrini	Newspaper	Brooke Nelson
Debate	Michael Dutcher	Out Track, b	Chris Pelligrini
F Hockey	Tina Nham	Out Track, g	Chris Pelligrini
Film Fest			

Scholastic	Elizabeth Jackson Pettine
Soccer, b	Josh Harris
Soccer, g	JT Alukonis
Softball	Robbie Benton
Swim, b	Kristy Kellogg
Swim, g	Kristy Kellogg
Tennis, b	Steve Myers
Tennis, g	Not Filled
Theatre	Bernie DeLeo
Volley, b	
Volley, g	Stephanie Noriega
Wrestling	Ben Fiacco
Yearbook	Brooke Nelson

Western Albemarle**(WALB)****School Phone:** 434-823-8700

5941 Rockfish Gap Turnpike / Crozet, VA 22932-9734

Athletics Office: 434-823-8705**Email:** dbonham@k12albemarle.org / sheon@k12albemarle.org**School Fax:** 434-823-8712**Principal:** Darah Bonham**Assistant Principal:** Bobbi Hughes, Jennifer Sublette-Williamson, Tim Driver**Guidance Counselors:** Heather Lindsay, Erin Rittenhouse, Shelby Poole**Athletic/Activities Director:** Steve Heon (CAA)**Superintendent:** Dr. Pamela R. Moran (Albemarle)

Assistant AD:		Students	1070	Group:	3A	Conference:	29
Colors:	Royal Blue/Gold	Gym Cap.	2500	Region:	3A West	District:	Jefferson
Mascot:	Warriors	Stad. Cap.	3500				

Ath Trainer	Zachary Hunt	Football	Ed Redmond	Scholastic	Eric Strzepek
Band	Joel Hartshorn	Forensics		Soccer, b	Milo Oakland
Baseball	Skip Hudgins	Golf	Darren Maynard	Soccer, g	Jacob Desch
Basket, b	Darren Maynard	Gymnast, b		Softball	Greg Shifflett
Basket, g	Kris Wright	Gymnast, g		Swim, b	Dan Bledsoe
Cheer	Chris Stutsman	Ind Track, b	Linden Bain	Swim, g	Dan Bledsoe
Cr Writing		Ind Track, g	Marie Whitten	Tennis, b	Seth Heller
Crew, b	Myriam Pitts	Lacrosse, b	Alex Whitten	Tennis, g	Ellen Markowitz
Crew, g	Myriam Pitts	Lacrosse, g	Tara Hohenshelt	Theatre	Caitlin Pitts
CrossC, b	Linden Bain	Magazine		Volley, b	
CrossC, g	Kate Pugh	Newspaper	Jill Williams	Volley, g	Ron Pack
Debate		Out Track, b	Linden Bain	Wrestling	Adam Mulcahy
F Hockey	Milo Oakland	Out Track, g	Marie Whitten	Yearbook	William Hughes
Film Fest					

Western Branch**(WBRN)****School Phone:** 757-638-7900

1968 Bruin Place / Chesapeake, VA 23321-4598

Athletics Office: 757-494-8072**Email:** Thomas.Whitley@cpschools.com / Mark.didawick@cpschools.com**School Fax:** 757-638-7904**Principal:** Thomas Whitley**Assistant Principal:** Al Alexander, John Close, Amanda Biittner, David Grady**Guidance Counselors:** Eve Bell, Tammy Strek**Athletic/Activities Director:** Mark Didawick (CAA)**Superintendent:** Dr. James T. Roberts (Chesapeake)

Assistant AD:		Students	2300	Group:	6A	Conference:	2
Colors:	Navy Blue/Old Gold	Gym Cap.	1400	Region:	6A South	District:	Southeastern
Mascot:	Bruins	Stad. Cap.	8000				

Ath Trainer	Alissa Siemers	Football	Greg Gibson	Scholastic	Brett Riordan
Band	Jason Taylor	Forensics	Molly Hood	Soccer, b	
Baseball	Roland Wright	Golf	Karl Quinn	Soccer, g	Becky Journigan
Basket, b	Paul Hall	Gymnast, b		Softball	Sarah Wright
Basket, g	Troy Terry	Gymnast, g	Taylor Robinson	Swim, b	Mike Salpeter
Cheer	Ashley Williamson	Ind Track, b	Claude Toukene	Swim, g	Mike Salpeter
Cr Writing	Becky Hinton	Ind Track, g	Claude Toukene	Tennis, b	Tom Andersen
Crew, b		Lacrosse, b		Tennis, g	Justin Smith
Crew, g		Lacrosse, g		Theatre	Chris Wells
CrossC, b	Claude Toukene	Magazine	Becky Hinton	Volley, b	Jason Parker
CrossC, g	Claude Toukene	Newspaper	Becky Hinton	Volley, g	Bob Arnette
Debate		Out Track, b	Claude Toukene	Wrestling	Brandon Hardy
F Hockey	James Johnson	Out Track, g	Claude Toukene	Yearbook	Jennifer Settar
Film Fest					

Westfield**(WFLD)****School Phone:** 703-488-6300

4700 Stonecroft Blvd. / Chantilly, VA 20151

Athletics Office: 703-488-6400**Email:** aecopeland@fcps.edu / tktowle@fcps.edu**School Fax:** 703-488-6405**Principal:** Anthony Copeland**Assistant Principal:** Scott Davies, Pete Bendorf, Harry VanTrees, Pat Williams, Meredith Norris, Patty Lee**Guidance Counselors:****Athletic/Activities Director:** Terri Towle (RAA)**Superintendent:** Not Filled (Fairfax)

Assistant AD:	Jamie Shepherd, Kyle Simmon	Students	2650	Group:	6A	Conference:	5
Colors:	Black/Gold	Gym Cap.	2400	Region:	6A North	District:	Concorde
Mascot:	Bulldogs	Stad. Cap.	5000				

Ath Trainer	S. Partner, L. Mettinger	Football	Kyle Simmons	Scholastic	MaryEllen Webb
Band	Alan Johnson	Forensics	Ted Penton	Soccer, b	Keith Osbourne
Baseball	Rob Hahne	Golf	Chuck Welch	Soccer, g	Patrick Barthold
Basket, b	Doug Ewell	Gymnast, b		Softball	Dean Ferington
Basket, g	Noel Klippenstein	Gymnast, g	Not Filled	Swim, b	Bruce Andersen
Cheer	Beka Fredrickson	Ind Track, b	Kelly Deegan	Swim, g	Bruce Andersen
Cr Writing	Kimberly Watkins	Ind Track, g	Kelly Deegan	Tennis, b	Tracy Castleberry
Crew, b	Tom Moulén	Lacrosse, b	Phil Polizzotti	Tennis, g	Steve Lombard
Crew, g	Tom Moulén	Lacrosse, g	Katie Ruch	Theatre	Susie Pike
CrossC, b	Kelly Deegan	Magazine	Kerry Johanson	Volley, b	
CrossC, g	Kelly Deegan	Newspaper	Bill Goldsmith	Volley, g	Jack Skym
Debate	Ted Penton	Out Track, b	Kelly Deegan	Wrestling	Keith Sholders
F Hockey	Starr Karl	Out Track, g	Kelly Deegan	Yearbook	Jessica Naeve
Film Fest	Stephen Paugh				

T. C. Williams**(TCWM)****School Phone:** 703-824-6800

3330 King Street / Alexandria, VA 22302-3099

Athletics Office: 703-824-6860**Email:** peter.balas@acps.k12.va.us / meisenho@acps.k12.va.us**School Fax:** 703-824-6826**Principal:** Peter Balas**Assistant Principal:** Pierrette Hall, Kathy Taylor, Jessica Hillery, Bill McGreevy, David Serensitte**Guidance Counselors:****Athletic/Activities Director:** Mark Eisenhour**Superintendent:** Dr. Alvin Crawley (Alexandria)**Assistant AD:** Dennis Randolph**Colors:** Red/White/Blue**Mascot:** Titan**Students** 3000**Gym Cap.** 3000**Stad. Cap.** 4500**Group:** 6A**Region:** 6A North**Conference:** 7**District:** Patriot

Ath Trainer	T. Hecox, D. Nansel	Football	Dennis Randolph	Scholastic	
Band	Brian Thomas	Forensics		Soccer, b	Martin Nickley
Baseball	Jim Blair	Golf	Phil Engle	Soccer, g	Bill Heresniak
Basket, b	Julian King	Gymnast, b		Softball	Jennifer Moshier
Basket, g	Nakesha Walton	Gymnast, g		Swim, b	Brett Eanes
Cheer	Lucresha Murphy	Ind Track, b	Patrick DeVille	Swim, g	Brett Eanes
Cr Writing		Ind Track, g	Patrick DeVille	Tennis, b	Julia Wescott
Crew, b	Peter Stramese	Lacrosse, b	Michael Mulherin	Tennis, g	Aatur Kalil
Crew, g	Mercedes Kiss	Lacrosse, g	Don West	Theatre	Leslie Jones
CrossC, b	Mike Hughes	Magazine	Taki Sidley	Volley, b	
CrossC, g	Mike Hughes	Newspaper	Mark Eaton	Volley, g	Mike Burch
Debate	Laurel Taylor	Out Track, b	Patrick DeVille	Wrestling	Chris Marshall
F Hockey	Bill Heresniak	Out Track, g	Patrick DeVille	Yearbook	Peter Reddington
Film Fest					

Wilson Memorial**(WMEM)****School Phone:** 540-886-4286

189 Hornet Road / Fishersville, VA 22939

Athletics Office: 540-886-4286**Email:** troxell.kf@augusta.k12.va.us / flesher.cp@augusta.k12.va.us**School Fax:** 540-886-4611**Principal:** Kelly Troxell**Assistant Principal:** Vanessa Mundie, Tim Harrison, Craig Flesher**Guidance Counselors:** Kimberley Long, Jodi Myers, Mikhal Salzberg**Athletic/Activities Director:** Craig Flesher**Superintendent:** Dr. Eric W. Bond (Augusta)**Assistant AD:****Colors:** Forest Green/Vegas Gold**Mascot:** Green Hornets**Students** 752**Gym Cap.** 1500**Stad. Cap.** 2500**Group:** 2A**Region:** 2A East**Conference:** 36**District:** Shenandoah

Ath Trainer	Susanna Larner	Football	Jeremiah Major	Scholastic	Daniel Grant
Band	Matt Baraclough	Forensics	D. Beam, J. Johnson	Soccer, b	Brad Wygant
Baseball	Rodney Cullen	Golf	Jeff Jordan	Soccer, g	Scott Crist
Basket, b	Scott Crist	Gymnast, b		Softball	Not Filled
Basket, g	Jackie Bryan	Gymnast, g		Swim, b	
Cheer	Alli Capriotti	Ind Track, b	Gary Kessler	Swim, g	
Cr Writing		Ind Track, g	Gary Kessler	Tennis, b	Scott Steele
Crew, b		Lacrosse, b		Tennis, g	Chad Reed
Crew, g		Lacrosse, g		Theatre	Diana Beam
CrossC, b	Steve Geiman	Magazine		Volley, b	
CrossC, g	Gary Kessler	Newspaper		Volley, g	Lauren Grove
Debate	D. Beam, J. Morris	Out Track, b	Steve Geiman	Wrestling	Chris Robinson
F Hockey		Out Track, g	Gary Kessler	Yearbook	Rachel Lind
Film Fest					

Woodrow Wilson**(WWIL)****School Phone:** 757-465-2907

1401 Elmhurst Lane / Portsmouth, VA 23701-1798

Athletics Office: 757-465-2966**Email:** timothy.johnson@pps.k12.va.us / ronald.cabbler@pps.k12.va.us**School Fax:** 757-405-1335**Principal:** Timothy Johnson**Assistant Principal:** Vivian J. Pharr, Mike Hillinch, Sonji Harrington**Guidance Counselors:****Athletic/Activities Director:** Ronald Cabbler**Superintendent:** Dr. Elie Bracy, III (Portsmouth)**Assistant AD:****Colors:** Royal/Orange/White**Mascot:** Presidents**Students** 1228**Gym Cap.** 2000**Stad. Cap.** 5000**Group:** 4A**Region:** 4A East**Conference:** 17**District:** Eastern

Ath Trainer		Football	Curtis Williams	Scholastic	John Brown
Band	John Jenkins	Forensics	Kathryn Stevens	Soccer, b	Bill O'Donnell
Baseball	Jerry Cohehi	Golf	James Deans	Soccer, g	
Basket, b		Gymnast, b		Softball	Angela Archer
Basket, g	Rodger Smith	Gymnast, g		Swim, b	
Cheer	Angela Baker	Ind Track, b	Donald Bond	Swim, g	Angela Archer
Cr Writing	Delores Dudley	Ind Track, g	Donald Bond	Tennis, b	Roy White
Crew, b		Lacrosse, b		Tennis, g	James Deans
Crew, g		Lacrosse, g		Theatre	Carol Jackson
CrossC, b	Donald Bond	Magazine		Volley, b	William O'Donnell
CrossC, g	Depriest Carr	Newspaper	Not Filled	Volley, g	William O'Donnell
Debate	Tamona Baldwin	Out Track, b	Donald Bond	Wrestling	Tony Reynolds
F Hockey	Not Filled	Out Track, g	Depriest Carr	Yearbook	Ross Creecy
Film Fest					

Windsor

(WIND)

School Phone: 757-242-6172

Athletics Office: 757-242-6172

School Fax: 757-242-4948

24 Church Street / Windsor, VA 23487

EMail: dsoderholm@iwcs.k12.va.us / cparrish@iwcs.k12.va.us

Principal: Danny Soderholm

Assistant Principal: Nicole Stephens

Guidance Counselors: Terri Krohn, Elizabeth Addison

Athletic/Activities Director: Charles Parrish (RAA)

Superintendent: Dr. James Thornton (Isle of Wight)

Assistant AD:

Colors: Blue/Gold

Mascot: Dukes

Students 463

Gym Cap. 500

Stad. Cap. 1200

Group: 1A

Region: 1A East

Conference: 41

District: Tri-Rivers

Ath Trainer	Jenifer Linza	Football	Charles Parrish (RAA)	Scholastic	Debbie McManaway
Band	Broc Smith	Forensics	Ginger Beatty-Riffle	Soccer, b	Dana McKnight
Baseball	Elijah McEathron	Golf	Ryan Pringle	Soccer, g	Ryan Pringle
Basket, b	Brandon Bossick	Gymnast, b		Softball	Sean Wade
Basket, g	Sherry Ashburn	Gymnast, g		Swim, b	
Cheer	Not Filled	Ind Track, b		Swim, g	
Cr Writing		Ind Track, g		Tennis, b	Elizabeth Addison
Crew, b		Lacrosse, b		Tennis, g	Sherry Garris
Crew, g		Lacrosse, g		Theatre	Ginger Beatty-Riffle
CrossC, b		Magazine		Volley, b	
CrossC, g		Newspaper	Not Filled	Volley, g	Brandii Brinkley
Debate		Out Track, b	Roland Downing	Wrestling	Not Filled
F Hockey		Out Track, g	Kara Haltiwanger	Yearbook	Cassandra Presson
Film Fest					

James Wood

(JWOD)

School Phone: 540-667-5226

Athletics Office: Ext. 84238

School Fax: 540-667-3154

161 Apple Pie Ridge Road / Winchester, VA 22603-4118

EMail: salyerj@fcpsk12.net

Principal: Joseph Salyer

Assistant Principal: Elizabeth Fout, Monty Loving, Michael Bolin

Guidance Counselors:

Athletic/Activities Director: Craig Woshner

Superintendent: Dr. David T. Sovine (Frederick)

Assistant AD: Richard Moore

Colors: Navy/Vegas Gold

Mascot: Colonels

Students 1244

Gym Cap. 2000

Stad. Cap. 6000

Group: 4A

Region: 4A West

Conference: 21

District: Northwestern

Ath Trainer	Jessica Kotelnicki	Football	Mark McHale	Scholastic	Mark Reddy
Band	Jeff Rutherford	Forensics	Krista Hartenbach	Soccer, b	Brian Sullivan
Baseball	Brent Lockhart	Golf	David Oates	Soccer, g	Jim Carden
Basket, b	Tim Wygant	Gymnast, b		Softball	Todd Baker
Basket, g	Krista Crites	Gymnast, g		Swim, b	Elizabeth Mumaw
Cheer	Tracy Copley	Ind Track, b	Matt Stegmaier	Swim, g	Elizabeth Mumaw
Cr Writing	Rhonda Lancaster	Ind Track, g	Matt Stegmaier	Tennis, b	Bryan Levi
Crew, b		Lacrosse, b		Tennis, g	Sharon Sweetl
Crew, g		Lacrosse, g		Theatre	Shelbi Maietta
CrossC, b	Mike Onda	Magazine	Rhonda Lancaster	Volley, b	
CrossC, g	Mike Onda	Newspaper	MaryBeth Reeves	Volley, g	Paul W. Hillyard, Jr.
Debate	Barry Bailey	Out Track, b	Matt Stegmaier	Wrestling	Not Filled
F Hockey		Out Track, g	Matt Stegmaier	Yearbook	MaryBeth Reeves
Film Fest	Rhonda Lancaster				

Woodbridge Senior

(WDBR)

School Phone: 703-497-8000

Athletics Office: 703-497-8107

School Fax: 703-497-8115

3001 Old Bridge Road / Woodbridge, VA 22192-3299

EMail: abneyhl@pwcs.edu / washinga@pwcs.edu

Principal: Heather Abney

Assistant Principal: Ryan Ferrera, Shelia Coleman, Michele Sullivan

Guidance Counselors: Rebekah Schlatter, Christina Langley, Charmelle Ackins

Athletic/Activities Director: George Washington (RAA)

Superintendent: Dr. Steven L. Walts (Prince William)

Assistant AD:

Colors: Green/Gold/White

Mascot: Vikings

Students 2852

Gym Cap. 2071

Stad. Cap. 4825

Group: 6A

Region: 6A South

Conference: 4

District: Cardinal

Ath Trainer	Sara Pittelkau	Football	Gary Wortham	Scholastic	Paul Dugas
Band	Mark Carder	Forensics	Michele LaRosa	Soccer, b	Timothy Miller
Baseball	Travis Turgeon	Golf	Not Filled	Soccer, g	Scott Kerns
Basket, b	George Porcha	Gymnast, b		Softball	Andy Naples
Basket, g	Tamika Dudley	Gymnast, g		Swim, b	Cynthia Woll
Cheer	Bailey Garretson	Ind Track, b	Kelly McGreal	Swim, g	Cynthia Woll
Cr Writing	Cathy Hailey	Ind Track, g	Kelly McGreal	Tennis, b	John Mabry
Crew, b	Mike Cox	Lacrosse, b	Chad Kinslow	Tennis, g	Not Filled
Crew, g	John Meehan	Lacrosse, g	Emily Griese	Theatre	Terri Caretti
CrossC, b	Kelly McGreal	Magazine	Cathy Hailey	Volley, b	
CrossC, g	Kelly McGreal	Newspaper	Melissa Williams	Volley, g	Jean Morrissey
Debate	S. Nicole O'Dell	Out Track, b	Kelly McGreal	Wrestling	Ty Knepp
F Hockey	Michelle Hogan	Out Track, g	Kelly McGreal	Yearbook	Kathleen LaPlant
Film Fest					

Woodgrove**(WDGR)****School Phone:** 540-751-2600**Athletics Office:** 540-751-2610**School Fax:** 540-751-2612

36811 Alder School Road / Purcellville, VA 20132

Email: william.shipp@lcps.org / theodore.lowery@lcps.org**Principal:** William Shipp**Assistant Principal:** Daryl Cummings, Tim Panagos, Renee Dawson**Guidance Counselors:** Geri Fiore, Astrid Willems, Donna Kelly**Athletic/Activities Director:** Theodore Lowery**Superintendent:** Dr. Eric Williams (Loudoun)

Assistant AD: Vernon Mathews	Students 1452	Group: 4A	Conference: 21
Colors: Navy Blue/Kelly Green	Gym Cap. 1600	Region: 4A West	District: Dulles
Mascot: Wolverines	Stad. Cap. 3000		

Ath Trainer Paul Peterson	Football Mike Skinner	Scholastic Robert Kane
Band William Strickler	Forensics David Noland	Soccer, b Addison Bender
Baseball Russell Smith	Golf Jason Lutman	Soccer, g Erin Barrett
Basket, b Stephen Douglas	Gymnast, b	Softball Joe Spicer
Basket, g Kevin Copley	Gymnast, g Margie Barnes	Swim, b Not Filled
Cheer Melanie Badillo	Ind Track, b	Swim, g Not Filled
Cr Writing	Ind Track, g	Tennis, b Steven Cohen
Crew, b	Lacrosse, b Devin Pinkston	Tennis, g Lou Sharp
Crew, g	Lacrosse, g Bob Fuller	Theatre David Nolan
CrossC, b Scott Burns	Magazine Not Filled	Volley, b
CrossC, g Scott Burns	Newspaper Tammy Pyle	Volley, g Carmel Keilty
Debate Samantha Purvis	Out Track, b Scott Burns	Wrestling Scott Fortney
F Hockey	Out Track, g Kent Stanear	Yearbook Tammy Pyle
Film Fest David Noland		

Woodside**(WDSO)****School Phone:** 757-886-7530**Athletics Office:** Ext. 61660**School Fax:** 757-877-0480

13450 Woodside Lane / Newport News, VA 23608-1364

Email: john.hockman@nn.k12.va.us / robert.robbins@nn.k12.va.us**Principal:** John Hockman**Assistant Principal:** Michele Newcomb, Whitney Cataldo, Ade Brayboy, Carl Williams, Ramona Palmer, John Boyles**Guidance Counselors:****Athletic/Activities Director:** Robert Robbins**Superintendent:** Dr. Ashby C. Kilgore (Newport News)

Assistant AD: Teal/Purple	Students 2100	Group: 6A	Conference: 2
Colors: Teal/Purple	Gym Cap. 2000	Region: 6A South	District: Peninsula
Mascot: Wolverines	Stad. Cap. 8000		

Ath Trainer Christine Berg	Football Danny Dodson	Scholastic Kate McGaw
Band Bryan Austin	Forensics Kate McGaw	Soccer, b Galen Small
Baseball Kevin Hare	Golf Chris Trotter	Soccer, g Ed Timas
Basket, b Erick Mays	Gymnast, b	Softball Mike Tallon
Basket, g Mike Tallon	Gymnast, g	Swim, b Dave Reed
Cheer Lanita Knight	Ind Track, b Derrel Johnson	Swim, g Dave Reed
Cr Writing Not Filled	Ind Track, g Derrel Johnson	Tennis, b John Peterson
Crew, b	Lacrosse, b	Tennis, g David Gary
Crew, g	Lacrosse, g	Theatre Patricia Quinn
CrossC, b Derrel Johnson	Magazine	Volley, b Dorian Hart
CrossC, g Shawn Cotter	Newspaper Not Filled	Volley, g Greg Maynard
Debate Kate McGaw	Out Track, b Derrel Johnson	Wrestling Doug Camp
F Hockey Susan Pimblett	Out Track, g Derrel Johnson	Yearbook Chris Montgomery
Film Fest		

W. T. Woodson**(WTWD)****School Phone:** 703-503-4600**Athletics Office:** 703-503-4681**School Fax:** 703-503-4685

9525 Main Street / Fairfax, VA 22031-4099

Email: sfpoole@fcps.edu / Daniel.Checkosky@fcps.edu**Principal:** Scott Poole**Assistant Principal:** Amanda Burke, Paula Disalvo, Tom Maher, Shashi Madan, Adam Entenberg, Kathy Martin**Guidance Counselors:****Athletic/Activities Director:** Dan Checkosky (CAA)**Superintendent:** Not Filled (Fairfax)

Assistant AD: Rich Gaul, Mike Dougherty	Students 2400	Group: 6A	Conference: 7
Colors: Blue/White	Gym Cap. 1200	Region: 6A North	District: Patriot
Mascot: Cavaliers	Stad. Cap. 12000		

Ath Trainer D. Vandagriff, K. Fickes	Football Mike Dougherty	Scholastic Not Filled
Band Not Filled	Forensics Not Filled	Soccer, b Andrew Peck
Baseball Brett McColley	Golf George Malenich	Soccer, g Warren Williams
Basket, b Doug Craig	Gymnast, b	Softball Jason Lee
Basket, g Aseem Rastogi	Gymnast, g Kelsie Garin	Swim, b Susie Hamrock
Cheer Marissa Gaines	Ind Track, b Katarina Zuber	Swim, g Susie Hamrock
Cr Writing	Ind Track, g Katarina Zuber	Tennis, b Not Filled
Crew, b Bryan Tylander	Lacrosse, b Ryan Hilliard	Tennis, g Quinn Hollomon
Crew, g Bryan Tylander	Lacrosse, g Bill Lewis	Theatre Terri Hobson
CrossC, b David Ohara	Magazine Ron Shapiro	Volley, b
CrossC, g David Ohara	Newspaper Andrew Springer	Volley, g Len Palaschak
Debate Sam Gee	Out Track, b Katarina Zuber	Wrestling Robert McCarthy
F Hockey Meg Jarrell	Out Track, g Katarina Zuber	Yearbook Annie Pierce
Film Fest		

George Wythe (Richmond)**(GWYR)****School Phone:** 804-780-5037**Athletics Office:** Ext. 149**School Fax:** 804-780-5043

4314 Crutchfield Street / Richmond, VA 23225-4767

Email: rgreen@richmond.k12.va.us / sbarne@richmond.k12.va.us**Principal:** Reva Green**Assistant Principal:** Anita Harper, Derek Mason, Kelly Gardner**Guidance Counselors:** Rita Richardson, Lisa Coles, Dominga Cofield, Rebecca Wooden**Athletic/Activities Director:** Shervi Barnes (RAA)**Superintendent:** Dr. Dana Bedden (Richmond City)

Assistant AD:		Students	985	Group:	3A	Conference:	26
Colors:	Red/White/Navy Blue	Gym Cap.	1000	Region:	3A East	District:	Dominion
Mascot:	Bulldogs	Stad. Cap.	3000				

Ath Trainer	Meisha Harris	Football	Dionn Foxx	Scholastic	
Band	Nathaniel Boyd	Forensics	Angela Cannady	Soccer, b	Not Filled
Baseball	Willard Coker	Golf	Not Filled	Soccer, g	Not Filled
Basket, b	Willard Coker	Gymnast, b		Softball	Not Filled
Basket, g	Not Filled	Gymnast, g		Swim, b	
Cheer	Mikeisha Robinson	Ind Track, b	Jimmy Hart	Swim, g	
Cr Writing		Ind Track, g	Jimmy Hart	Tennis, b	
Crew, b		Lacrosse, b		Tennis, g	
Crew, g		Lacrosse, g		Theatre	
CrossC, b	Wayde Fleming	Magazine		Volley, b	Willard Coker
CrossC, g	Wayde Fleming	Newspaper		Volley, g	Not Filled
Debate		Out Track, b	Jimmy Hart	Wrestling	Not Filled
F Hockey		Out Track, g	Jimmy Hart	Yearbook	Sheila Spann-Chang
Film Fest					

George Wythe (Wytheville)**(GWYW)****School Phone:** 276-228-3157**Athletics Office:** 276-228-3157**School Fax:** 276-228-4124

#1 Maroon Way / Wytheville, VA 24382-1598

Email: dante.lee@wythek12.org / rusty.beamer@wythek12.org**Principal:** Dante Lee**Assistant Principal:** Russell Street**Guidance Counselors:** Catherine Baker**Athletic/Activities Director:** Rusty Beamer**Superintendent:** Dr. Charles Jeff Perry (Wythe)

Assistant AD:		Students	456	Group:	1A	Conference:	46
Colors:	Maroon/Gray	Gym Cap.	1040	Region:	1A West	District:	Hogoheegee
Mascot:	Maroons	Stad. Cap.	4000				

Ath Trainer		Football	Brandon Harner	Scholastic	Jennifer Ferguson
Band	Dan Wilnert	Forensics	Lorna King	Soccer, b	Matt Lamrouex
Baseball	Kevin Dalton	Golf	Johnny Beamer	Soccer, g	Mark Boenke
Basket, b	Pat Burns	Gymnast, b		Softball	Amber Faulkner
Basket, g	Doug Campbell	Gymnast, g		Swim, b	Kim Aker
Cheer	Kelli Hedrick	Ind Track, b	Trey Johnson	Swim, g	Kim Aker
Cr Writing	Lorna King	Ind Track, g	Brandon Blankenship	Tennis, b	Robert Shelton
Crew, b		Lacrosse, b		Tennis, g	Not Filled
Crew, g		Lacrosse, g		Theatre	Lorna King
CrossC, b	Steve Gollither	Magazine		Volley, b	
CrossC, g	Steve Gollither	Newspaper		Volley, g	Jo Repass
Debate		Out Track, b	Trey Johnson	Wrestling	Matt Lamerioux
F Hockey		Out Track, g	Branden Blankenship	Yearbook	Lorna King
Film Fest	Lorna King				

York**(YORK)****School Phone:** 757-898-0354**Athletics Office:** 757-898-0421**School Fax:** 855-369-2614

9300 George Washington Highway / Yorktown, VA 23692-4066

Email: sbutler@ycsd.york.va.us / jashley@ycsd.york.va.us**Principal:** Shannon Butler**Assistant Principal:** Paul Rice, Tianna Anthony**Guidance Counselors:** Michelle Williams**Athletic/Activities Director:** John Ashley**Superintendent:** Dr. Victor D. Shandor (York)

Assistant AD:	M. Wintermental, J. Keyes	Students	1050	Group:	3A	Conference:	27
Colors:	Blue/Gray	Gym Cap.	1187	Region:	3A East	District:	Bay Rivers
Mascot:	Falcons	Stad. Cap.	4000				

Ath Trainer	Anna Ristow	Football	Douglas Pereira	Scholastic	Mary Mastin
Band	Richard Purvis	Forensics	Jaime Miller	Soccer, b	Ryan Hagerty
Baseball	Brett Moore	Golf	Jerry Turner	Soccer, g	Tom Finley
Basket, b	Bobby Pearce	Gymnast, b		Softball	Ashley Meredith
Basket, g	Michelle Wintermantel	Gymnast, g		Swim, b	Steve Fisher
Cheer	Melissa Morris	Ind Track, b	Jim Bradley	Swim, g	Courtney Kelley
Cr Writing		Ind Track, g	Jim Bradley	Tennis, b	Justin Keyes
Crew, b		Lacrosse, b		Tennis, g	Steve Fisher
Crew, g		Lacrosse, g		Theatre	Amy Insley
CrossC, b	Jim Bradley	Magazine		Volley, b	
CrossC, g	Jim Bradley	Newspaper	Ashley Via	Volley, g	Sharon Grunthaner
Debate	Amy Insley	Out Track, b	Scott Gingery	Wrestling	Ryan Vottero
F Hockey	Talyr Janus	Out Track, g	Jim Bradley	Yearbook	Ashley Via
Film Fest					

Yorktown

(YTWN)

School Phone: 703-228-5400

5200 Yorktown Boulevard / Arlington, VA 22207-1799

Athletics Office: 703-228-5388

EMail: michael.kruffeld@apsva.us

School Fax: 703-228-5409

Principal: Ray Pasi

Assistant Principal: William Lomax, Laura Porter, Suzanne Evans, John Doll

Guidance Counselors:

Athletic/Activities Director: Michael Kruffeld (CAA)

Superintendent: Dr. Patrick K. Murphy (Arlington)

Assistant AD: Cheryl Stotler	Students 1750	Group: 6A	Conference: 6
Colors: Columbia Blue/White	Gym Cap. 1500	Region: 6A North	District: Liberty
Mascot: Patriots	Stad. Cap. 2500		

Ath Trainer Lanay Coleman Burke	Football Bruce Hanson	Scholastic Charles Obetts
Band Brian Bersh	Forensics Millie Solomon	Soccer, b Carlos Aranda
Baseball John Skaggs	Golf Christopher Williams	Soccer, g Mariano Alonso
Basket, b Joe Reed	Gymnast, b	Softball Julia Iudicello
Basket, g Devaughn Drayton	Gymnast, g Joanne Price	Swim, b Claire Shreeve
Cheer Miranda Trohon	Ind Track, b Mark Stripe	Swim, g Claire Shreeve
Cr Writing	Ind Track, g Mark Stripe	Tennis, b Chris Seeger
Crew, b Steve Cauffman	Lacrosse, b Greg Beer	Tennis, g Natalie Roy
Crew, g Ken Shuster	Lacrosse, g Crystal Morgan Fraser	Theatre Carol Cadby
CrossC, b Mark Stripe	Magazine Melanie McCabe	Volley, b
CrossC, g Mark Stripe	Newspaper Chrissy Wiedemann	Volley, g Sheena Eldred
Debate Millie Solomon	Out Track, b Mark Stripe	Wrestling Matt Gavin
F Hockey Sylvia Guerrieri	Out Track, g Mark Stripe	Yearbook Millie Solomon
Film Fest		