



## VHSL CALENDAR 2011-12 thru 2015-16

SUMMER DEAD PERIOD	Week 1	Mon.	Does not apply	Jul. 2-8, 2012	Jul.8-14, 2013	Jul.7-13, 2014	Jul. 6-12, 2015
FALL SEASON	WEEK	DAY	2011-12 <sup>L</sup>	2012-13	2013-14	2014-15	2015-16 <sup>L</sup>
Fall Dead Period			Aug. 1-10	Jul.30-Aug. 8	Aug. 5-14	Aug. 4-13	Aug. 3-12
<b>SIDELINE CHEER</b> 20-day Minimum Practice Requirement (MPR) for each individual							
First Practice	Week 5	Mon.	Aug. 1	Jul. 30	Aug. 5	Aug. 4	Aug. 3
Stunting at games	Week 8	20-day Ind.PR	Aug. 24	Aug. 22	Aug. 28	Aug. 27	Aug. 26
Season Ends	<b>End of school year</b>						
<b>COMPETITION CHEER***</b> 20-day MPR per individual; Contest Limits = 5							
First Practice	Week 5	Mon.	Aug. 1	Jul. 30	Aug. 5	Aug. 4	Aug. 3
First Contest	Week 8	20-day Ind.PR	Aug. 24	Aug. 22	Aug. 28	Aug. 27	Aug. 26
District Deadline	Week 17	Sat.	Oct. 29	Oct. 27	Nov. 2	Nov. 1	Oct. 31
Region Deadline	Week 18	Sat.	Nov. 5	Nov. 3	Nov. 9	Nov. 8	Nov. 7
VHSL Championships	Week 19	Sat.	Nov. 12	Nov. 10	Nov. 16	Nov. 15	Nov. 14
<b>CROSS COUNTRY</b> 20-day MPR; Contest Limits = 10							
First Practice	Week 5	Mon.	Aug. 1	Jul. 30	Aug. 5	Aug. 4	Aug. 3
First Contest	Week 8	20-day MPR	Aug. 24	Aug. 22	Aug. 28	Aug. 27	Aug. 26
District Deadline	Week 17	Sat.	Oct. 29	Oct. 27	Nov. 2	Nov. 1	Oct. 31
Region Deadline	Week 18	Sat.	Nov. 5	Nov. 3	Nov. 9	Nov. 8	Nov. 7
VHSL Championships	Week 19	Sat.	Nov. 12	Nov. 10	Nov. 16	Nov. 15	Nov. 14
<b>FIELD HOCKEY</b> 14-day MPR; Contest Limits = 16							
First Practice	Week 5	Mon.	Aug. 1	Jul. 30	Aug. 5	Aug. 4	Aug. 3
First Contest	Week 8	14-day MPR	Aug. 22	Aug. 20	Aug. 26	Aug. 25	Aug. 24
District Deadline	Week 17	Sat.	Oct. 29	Oct. 27	Nov. 2	Nov. 1	Oct. 31
Region Deadline	Week 18	Sat.	Nov. 5	Nov. 3	Nov. 9	Nov. 8	Nov. 7
VHSL Quarterfinal	Week 19	Tues.	Nov. 8	Nov. 6	Nov. 12	Nov. 11	Nov. 10
VHSL Championships	Week 19	Fri.-Sat.	Nov. 11-12	Nov. 9-10	Nov. 15-16	Nov. 14-15	Nov. 13-14
<b>FOOTBALL</b> 15-day MPR; 20-day Maximum prior to first contest; 18 practices required for 2nd scrimmage; Contests = 10							
First Practice	Week 5	Mon.	Aug. 1	Jul. 30	Aug. 5	Aug. 4	Aug. 3
First Contest	Week 8	Any day (Mon. - Sat.) of week 8 as long as MPR has been met					
District Deadline	Week 19	Sat.	Nov. 12	Nov. 10	Nov. 16	Nov. 15	Nov. 14
Region Deadline	Week 21	Sat.	Nov. 26	Nov. 24	Nov. 30	Nov. 29	Nov. 28
VHSL Championships	Week 23	Sat.	Dec. 10	Dec. 8	Dec. 14	Dec. 13	Dec. 12
<b>GOLF (Boys)</b> No MPR; Contest Limits = 12							
First Practice	Week 5	Mon.	Aug. 1	Jul. 30	Aug. 5	Aug. 4	Aug. 3
First Contest	Week 5	Wed.	Aug. 3	Aug. 1	Aug. 7	Aug. 6	Aug. 5
District Deadline	Week 13	Tues.	Sept. 27	Sept. 25	Oct. 1	Sept. 30	Sept. 29
Region Deadline	Week 14	Tues.	Oct. 4	Oct. 2	Oct. 8	Oct. 7	Oct. 6
VHSL Championships	Week 15	Mon.-Tues.	Oct. 10-11	Oct. 8-9	Oct. 14-15	Oct. 13-14	Oct. 12-13
<b>GOLF (Girls)</b> No MPR; Contest Limits = 12 (If on boys team, 3 additional girls only events permitted)							
First Practice	Week 5	Mon.	Aug. 1	Jul. 30	Aug. 5	Aug. 4	Aug. 3
First Contest	Week 5	Wed.	Aug. 3	Aug. 15	Aug. 7	Aug. 6	Aug. 5
Zone Qualifiers	Week 16	Mon.-Thurs.	Oct. 17-20	Oct. 15-18	Oct. 21-24	Oct. 20-23	Oct. 19-22
VHSL Championships	Week 17	Mon.-Tues.	Oct. 24-25	Oct. 22-23	Oct. 28-29	Oct. 27-28	Oct. 26-27
<b>VOLLEYBALL</b> 14-Day MPR; Contest Limits = 20 OR 18+1 Tournament OR 16+2 Tournaments; 15 set max. per tournament.							
First Practice	Week 5	Mon.	Aug. 1	Jul. 30	Aug. 5	Aug. 4	Aug. 3
First Contest	Week 8	14-day MPR	Aug. 22	Aug. 22	Aug. 20	Aug. 25	Aug. 24
District Deadline	Week 18	Sat.	Nov. 5	Nov. 3	Nov. 9	Nov. 8	Nov. 7
Region Deadline	Week 19	Sat.	Nov. 12	Nov. 10	Nov. 16	Nov. 15	Nov. 14
VHSL Quarterfinals	Week 20	Tues.	Nov. 15	Nov. 13	Nov. 19	Nov. 18	Nov. 17
VHSL Championships	Week 20	Thurs.-Sat.	Nov. 17-19	Nov. 15-17	Nov. 21-23	Nov. 20-22	Nov. 19-21

4/11/11 - Volleyball dates corrected

6/7/11 - removed erroneous reference to summer dead period for 2011 (dead periods do not begin until Aug. 1, 2011)

6/20/11 - corrected cheer championship date



## VHSL CALENDAR 2011-12 thru 2015-16

WINTER SEASON	WEEK	DAY	2011-12	2012-13	2013-14	2014-15	2015-16
<b>WINTER DEAD PERIOD</b>			<b>Nov. 7-16</b>	<b>Nov. 5-14</b>	<b>Nov. 11-20</b>	<b>Nov. 10-19</b>	<b>Nov. 9-18</b>
<b>BASKETBALL</b> No Minimum Practice Requirement (MPR); Contest Limits = 22							
First Practice	Week 19	Mon.	Nov. 7	Nov. 5	Nov. 11	Nov. 10	Nov. 9
First Contest	Week 22		Nov. 28	Nov. 26	Dec. 2	Dec. 1	Nov. 30
District Deadline	Week 33	Sat.	Feb. 18	Feb. 16	Feb. 22	Feb. 21	Feb. 20
Region Deadline	Week 34	Sat.	Feb. 25	Feb. 23	Mar. 1	Feb. 28	Feb. 27
VHSL Quarterfinals	Week 35	Fri./Sat.	Mar. 2-3	Mar. 1-2	Mar. 7-8	Mar. 6-7	Mar. 4-5
VHSL Championships	Week 36	Tues.-Sat.	Mar. 6-10	Mar. 5-9	Mar. 11-15	Mar. 10-14	Mar. 8-12
<b>GYMNASTICS</b> No Minimum Practice Requirement (MPR); Contest Limits = 10 Meets							
First Practice	Week 19	Mon.	Nov. 7	Nov. 5	Nov. 11	Nov. 10	Nov. 9
First Contest	Week 22		Nov. 28	Nov. 26	Dec. 2	Dec. 1	Nov. 30
District Deadline	Week 31	Sat.	Feb. 4	Feb. 2	Feb. 8	Feb. 7	Feb. 6
Region Deadline	Week 32	Sat.	Feb. 11	Feb. 9	Feb. 15	Feb. 14	Feb. 13
VHSL Championships	Week 33	Fri.-Sat.	Feb. 17-18	Feb. 15-16	Feb. 21-22	Feb. 20-21	Feb. 19-20
<b>INDOOR TRACK</b> 14-day MPR; Contest Limits = 10 Meets							
First Practice	Week 19	Mon.	Nov. 7	Nov. 5	Nov. 11	Nov. 10	Nov. 9
First Contest	Week 22	14-day MPR	Nov. 28	Nov. 26	Dec. 2	Dec. 1	Nov. 30
District Deadline	Week 32	Sat.	Feb. 11	Feb. 9	Feb. 15	Feb. 14	Feb. 13
Region Deadline	Week 33	Sat.	Feb. 18	Feb. 16	Feb. 22	Feb. 21	Feb. 20
VHSL Championships (A&AA)	Week 34	Sat.	Feb. 25	Feb. 23	Mar. 1	Feb. 28	Feb. 27
VHSL Championships (AAA)	Week 34	Fri.-Sat.	Feb. 24-25	Feb. 22-23	Feb. 28-Mar. 1	Feb. 27-28	Feb. 26-27
<b>SWIM &amp; DIVE</b> No MPR; Contest Limits = 10 Meets - Change to A/AA Schedule for 2011-12 school year approved May 2011							
First Practice A/AA/AAA	Week 19	Mon.	Nov. 7	Nov. 5	Nov. 11	Nov. 10	Nov. 9
First Contest AAA	Week 22		Nov. 28	Nov. 26	Dec. 2	Dec. 1	Nov. 30
First Contest A/AA	Week 21		Nov. 21	Nov. 26	Dec. 2	Dec. 1	Nov. 30
District Deadline AAA	Week 31	Sat.	Feb. 4	Feb. 2	Feb. 8	Feb. 7	Feb. 6
District Deadline A/AA	Week 30	Sat.	Jan. 28	Feb. 2	Feb. 8	Feb. 7	Feb. 6
Region Deadline AAA	Week 32	Sat.	Feb. 11	Feb. 9	Feb. 15	Feb. 14	Feb. 13
Region Deadline A/AA	Week 31	Sat.	Feb. 4	Feb. 9	Feb. 15	Feb. 14	Feb. 13
VHSL Championships AAA	Week 33	Fri./Sat.	Feb. 17-18	Feb. 15-16	Feb. 21-22	Feb. 20-21	Feb. 19-20
VHSL Championships A/AA	Week 32	Th/Fri/Sa	Feb. 9-11	Feb. 14-16	Feb. 20-22	Feb. 19-21	Feb. 18-20
<b>WRESTLING</b> No MPR; Contest Limits = 12; Individuals limited to 60 mat appearances; Must follow WCP							
First Practice	Week 19	Mon.	Nov. 7	Nov. 5	Nov. 11	Nov. 10	Nov. 9
First Contest	Week 22		Nov. 28	Nov. 26	Dec. 2	Dec. 1	Nov. 30
District Deadline	Week 31	Sat.	Feb. 4	Feb. 2	Feb. 8	Feb. 7	Feb. 6
Region Deadline	Week 32	Sat.	Feb. 11	Feb. 9	Feb. 15	Feb. 14	Feb. 13
VHSL Championships	Week 33	Fri.-Sat.	Feb. 17-18	Feb. 15-16	Feb. 21-22	Feb. 20-21	Feb. 19-20



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SPRING SEASON	WEEK	DAY	2011-12	2012-13	2013-14	2014-15	2015-16
<b>SPRING DEAD PERIOD</b>			Feb. 20-29	Feb. 18-27	Feb. 24-Mar. 5	Feb. 23-Mar. 4	Feb. 22-Mar. 2
<b>BASEBALL*</b>	No Minimum Practice Requirement (MPR); Contest Limits = 20						
First Practice	Week 34	Mon.	Feb. 20	Feb. 18	Feb. 24	Feb. 23	Feb. 22
First Contest	Week 37		Mar. 12	Mar. 11	Mar. 17	Mar. 16	Mar. 14
District Deadline	Week 47	Sat.	May 26	May 25	May 31	May 30	May 28
Region Deadline	Week 48	Sat.	June 2	June 1	June 7	June 6	June 4
VHSL Quarterfinals	Week 49	Tues.	June 5	June 4	June 10	June 9	June 7
VHSL Championships	Week 49	Wed.-Sat.	June 6-9	June 5-8	June 11-14	June 10-13	June 8-11
<b>LACROSSE*</b>	No MPR; Contest Limits = 14						
First Practice	Week 34	Mon.	Feb. 20	Feb. 18	Feb. 24	Feb. 23	Feb. 22
First Contest	Week 37	Mon.	Mar. 12	Mar. 11	Mar. 17	Mar. 16	Mar. 14
District Deadline	Week 47	Sat.	May 19	May 18	May 24	May 23	May 21
Region Deadline	Week 48	Sat.	May 26	May 25	May 31	May 30	May 28
VHSL Quarterfinals	Week 49	Fri.-Sat.	June 1-2	May 31-June 1	June 6-7	June 5-6	June 3-4
VHSL Championships	Week 49	Tues.-Sat.	June 5-9	June 4-8	June 10-14	June 9-13	June 7-11
<b>SOCCER*</b>	No MPR; Contest Limits = 16						
First Practice	Week 34	Mon.	Feb. 20	Feb. 18	Feb. 24	Feb. 23	Feb. 22
First Contest	Week 37	Mon.	Mar. 12	Mar. 11	Mar. 17	Mar. 16	Mar. 14
District Deadline	Week 47	Sat.	May 26	May 25	May 31	May 30	May 28
Region Deadline	Week 48	Sat.	June 2	June 1	June 7	June 6	June 4
VHSL Quarterfinals	Week 49	Tues.	June 5	June 4	June 10	June 9	June 7
VHSL Championships	Week 49	Sat.	June 6-9	June 5-8	June 11-14	June 10-13	June 8-11
<b>SOFTBALL*</b>	No MPR; Contest Limits = 20						
First Practice	Week 34	Mon.	Feb. 20	Feb. 18	Feb. 24	Feb. 23	Feb. 22
First Contest	Week 37	Mon.	Mar. 12	Mar. 11	Mar. 17	Mar. 16	Mar. 14
District Deadline	Week 47	Sat.	May 26	May 25	May 31	May 30	May 28
Region Deadline	Week 48	Sat.	June 2	June 1	June 7	June 6	June 4
VHSL Quarterfinals	Week 49	Tues.	June 5	June 4	June 10	June 9	June 7
VHSL Championships	Week 49	Fri.-Sat.	June 8-9	June 7-8	June 11-14	June 10-13	June 8-11
<b>TENNIS (AAA TEAM)</b>	No MPR; Contest Limits = 16; Players limited to 3 "traditional" or 4 "pro-sets" per day.						
First Practice	Week 34	Mon.	Feb. 20	Feb. 18	Feb. 24	Feb. 23	Feb. 22
First Contest	Week 37	Mon.	Mar. 12	Mar. 11	Mar. 17	Mar. 16	Mar. 14
District Deadline	Week 46	Wed.	May 16	May 15	May 21	May 20	May 18
Region Deadline	Week 47	Wed.	May 23	May 22	May 28	May 27	May 25
VHSL Quarterfinals	Week 48	Tues.	May 29	May 28	June 3	June 2	May 31
VHSL Championships	Week 48	Fri.-Sat.	June 1-2	May 31-June 1	June 6-7	June 5-6	June 3-4
<b>TENNIS (A&amp;AA; AAA INDIV)*</b>	No MPR; Contest Limits = 16; Players limited to 3 "traditional" or four (4) 8-game "pro-sets" per day.						
First Practice	Week 34	Mon.	Feb. 20	Feb. 18	Feb. 24	Feb. 23	Feb. 22
First Contest	Week 37	Mon.	Mar. 12	Mar. 11	Mar. 17	Mar. 16	Mar. 14
District Deadline	Week 47	Sat.	May 26	May 25	May 31	May 30	May 28
Region Deadline	Week 48	Sat.	June 2	June 1	June 7	June 6	June 4
VHSL Championships	Week 49	Thurs.-Sat.	June 7-9	June 6-8	June 12-14	June 11-13	June 9-11
<b>TRACK &amp; FIELD</b>	14-day Minimum Practice Requirement; Contest Limits = 10						
First Practice	Week 34	Mon.	Feb. 20	Feb. 18	Feb. 24	Feb. 23	Feb. 22
First Contest	Week 37	14-day MPR	Mar. 7	Mar. 6	Mar. 17	Mar. 16	Mar. 14
District Deadline	Week 46	Sat.	May 19	May 18	May 24	May 23	May 21
Region Deadline	Week 47	Sat.	May 26	May 25	May 31	May 30	May 28
VHSL Championships	Week 48	Fri.-Sat.	June 1-2	May 31-June 1	June 6-7	June 5-6	June 3-4

5/20/2011 - Corrected District, Region and Championship dates for Lacrosse

\* denotes events that are part of the Jubilee



## VHSL CALENDAR 2011-12 thru 2015-16

ACTIVITIES	WEEK	DAY	2011-12 <sup>L</sup>	2012-13	2013-14	2014-15	2015-16 <sup>L</sup>
<b>THEATRE - GROUP A</b>							
District Deadline	Week 18	Sat.	Nov. 5	Nov. 3	Nov. 9		
Region Deadline	Week 20	Sat.	Nov. 19	Nov. 17	Nov. 23		
VHSL Championships	Week 23	Mon.-Wed.	Dec. 5	Dec. 5	Dec. 10		
<b>THEATRE - GROUP AA</b>							
District Deadline	Week 18	Sat.	Nov. 5	Nov. 3	Nov. 9		
Region Deadline	Week 20	Sat.	Nov. 19	Nov. 17	Nov. 23		
VHSL Championships	Week 23	Mon.-Wed.	Dec. 6	Dec. 3	Dec. 11		
<b>SCHOLASTIC BOWL</b>							
District Deadline	Week 30	Sat.	Jan. 28	Jan. 26	Feb. 1		
Region Deadline	Week 32	Sat.	Feb. 11	Feb. 9	Feb. 15		
VHSL Championships	Week 34	Sat.	Feb. 25	Feb. 23	Mar. 1		
<b>THEATRE - GROUP AAA</b>							
District Deadline	Week 31	Sat.	Feb. 4	Feb. 2	Feb. 8		
Region Deadline	Week 33	Sat.	Feb. 18	Feb. 16	Feb. 22		
VHSL Championships	Week 35	Sat.	Mar. 3	Mar. 2	Mar. 8		
<b>FORENSICS</b>							
District Deadline	Week 33	Sat.	Feb. 18	Feb. 16	Feb. 22		
Region Deadline	Week 35	Sat.	Mar. 3	Mar. 2	Mar. 8		
VHSL Championships	Week 38	Sat.	Mar. 24	Mar. 23	Mar. 29		
<b>DEBATE</b>							
District Deadline	<b>Week 38</b>	<b>Sat.</b>	<b>Mar. 24</b>	<b>Mar. 23</b>	<b>Mar. 29</b>	<b>Mar. 28</b>	<b>Mar. 26</b>
Region Deadline	<b>Week 40</b>	<b>Sat.</b>	<b>Apr. 7</b>	<b>Apr. 6</b>	<b>Apr. 11</b>	<b>Apr. 10</b>	<b>Apr. 9</b>
VHSL Championships	<b>Week 42</b>	<b>Fri.-Sat.</b>	<b>Apr. 20-21</b>	<b>Apr. 19-20</b>	<b>Apr. 25-26</b>	<b>Apr. 24-25</b>	<b>Apr. 22-23</b>

5/20/11 - Changed deadlines for Debate