

THE ALLSTATE FOUNDATION/VHSL ACHIEVEMENT AWARD

The Process

Ten \$1,000 scholarships will be awarded during the school year, honoring one male athlete, one female athlete and one academic activities participant in each of the VHSL's group classifications plus one student from any group who has overcome incredible odds to make significant contributions to athletic and/or academic activities. Only students graduating during the school year will be eligible for the awards.

VHSL has expanded the program to also recognize a total of 39 regional winners as finalists for the state awards.

Each VHSL member school is encouraged to nominate four students, one student per category (male athlete, female athlete, academic activities participant and courageous achievement) for the scholarships.

Applications must be submitted by the member school. Independent submissions will not be considered.

The Andrew Mullins Courageous Achievement Award recognizes a male or female student representing a school in any of VHSL's three enrollment groups. The award goes to a student who has made significant contributions to one or more VHSL athletic and/or academic activity and who 1) either currently has or has overcome a serious illness, injury or disability; 2) has overcome great adversity, such as challenging social or home situations, in a positive way; or 3) other extraordinary situations, where the student has displayed tremendous courage against overwhelming odds. The nominee must meet all other requirements for Achievement Award selections. At least one of the letters of support must document the unusual circumstances the student has overcome.

Nominations will be reviewed by a committee of education, business and media professionals which will select one student from each region as the outstanding participant in boys and girls sports and academic activities. The best of the regional winners will

win the state awards. The committee will also select one student from each group for courageous achievement, one of whom will win the state award.

Candidates must have previously won a varsity letter or the equivalent in one of the following sports: baseball, boys or girls basketball, cheer, boys or girls cross country, field hockey, football, boys or girls golf, gymnastics, boys or girls indoor track, lacrosse, boys or girls outdoor track, boys or girls soccer, softball, boys or girls swimming, boys or girls tennis, boys or girls volleyball and wrestling; or the academic activities of debate, drama, forensics, creative writing, newspaper, yearbook, magazine or scholastic bowl to be eligible for the award.

All applications must be postmarked or delivered in person to the VHSL office no later than March 15. Applications that fail to meet that deadline will not be considered.

Students with an immediate family member (spouse, mother, father, sister, brother, ward, daughter or son and their respective spouses, regardless of where they reside) employed by The Allstate Foundation ("Sponsor"), Allstate Insurance Company, any Allstate insurance agency and persons living in their same households, whether or not related, are not eligible to enter or win this scholarship. An eligible minor must have his/her parent's or legal guardian's permission to enter. Void where prohibited by law. Program is subject to all applicable federal, state and local laws.

Awards will be presented on the following criteria:

- A minimum cumulative grade point average of 3.0 on a 4.0 scale.
- Students must have previously won at least one varsity letter or the equivalent in the VHSL sport/academic activity in which they are applying for the award.
- Involvement in other school-sponsored activities.
- Involvement in activities outside of school (work, charities, etc.)
- Two letters of support

- A maximum 500-word typed student essay describing how extracurricular activities have enhanced his/her educational experience.
- A head and shoulders photograph.

The Awards

State winners will receive silver bowls and \$1,000 scholarships at a luncheon. State winners' high schools will also receive commemorative bowls.

All scholarship money will be paid directly to the institution of higher learning selected by the winner for the first year of course work. Scholarship winners must be enrolled at the institution by Oct. 1 of the current year, to receive the award.

In addition to the state and regional recognition, schools are encouraged to recognize their nominees in the same way they would honor their valedictorian and salutatorian. All school nominees will be presented VHSL certificates.

Virginia High School League

Virginia's public high schools, through their alliance as the Virginia High School League, serve their youth by establishing and maintaining standards for student activities and competitions that promote education, personal growth, sportsmanship, leadership and citizenship.

Allstate

The Allstate Corporation (NYSE: ALL) is the nation's largest publicly held personal lines insurer. Widely known through the "You're In Good Hands With Allstate®" slogan, Allstate helps individuals in approximately 17 million households protect what they have today and better prepare for tomorrow through approximately 14,600 exclusive agencies and financial representatives in the U.S. and Canada.

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Application Form (To be submitted to VHSL by high school principal and postmarked no later than March 15)

<p>Category of Application (check one)</p> <p>Male Athlete _____ Female Athlete _____ Academic Activity _____ Courageous Achievement _____</p> <p>Circle School Classification</p> <p>Group: A AA AAA</p> <p>VHSL Region: _____</p>

Student's Name: _____

Social Security Number: _____

High School: _____

School Address: _____ Email: _____

City, Zip Code: _____ School Phone: _____

Parents' Names: _____

Home Address: _____ Email: _____

City, Zip Code: _____ Home Phone: _____

Sport(s) Letters (please list each sport in which you participate and the number of varsity letters won in each sport): _____

VHSL Academic Activities (debate, drama, forensics, newspaper, yearbook, magazine, creative writing, scholastic bowl): _____

On a separate form, please submit specific information on leadership roles and personal achievement on district, region, state and/or national levels in VHSL SPORTS or ACTIVITIES.

College/School Student Plans to Attend: _____

Planned Course of Study: _____

Weighted High School GPA/scale (minimum 3.0 on 4.0 scale): _____

Unweighted High School GPA/scale (minimum 3.0 on 4.0 scale): _____

Other School-Related Activities (attach a separate sheet if needed): _____

Outside Activities, Volunteer Organizations, Jobs, Church Groups, etc.: _____

Remember to include your essay, letters of support and photograph before submitting this application to VHSL. Candidates for the Courageous Achievement Award must document in at least one letter of support the unusual circumstances they have overcome.

I, the principal of the above named high school, verify the eligibility of this student for consideration of the Allstate Foundation/VHSL Achievement Award scholarship, based on senior status, at least 3.0 GPA, VHSL sport/activity participation and completion of all requirements listed in the rules and regulations. I recommend this student based on the character and attributes the student has shown at this high school and the community.

Principal's Name: _____ Signature: _____

Mail to: The Allstate Foundation/VHSL Achievement Program, VHSL, 1642 State Farm Boulevard, Charlottesville, VA 22911
(In making its selection, the scholarship committee does not discriminate on the basis of race, color, religion, national origin, sex or handicap.)