

Dear Families,

We want to share an exciting upcoming event called Adapted Sports Day for middle school and high school students as well as any college-eligible individuals with ALL types of disabilities/limitations. Adapted Sports Day is an event geared toward encouraging the idea that anything is possible, from involvement in sports to participating in a college education. During this event, students will engage in adventure and soccer activities and also get an opportunity to experience life as a college student.

Some of the events include having a current JMU student mentor to hang out with during a pizza party and JMU women's soccer game; having the opportunity to try various adventure challenges/ropes course; and participating in a sport on JMU's campus. Our focus is EMPOWERMENT THROUGH SPORT. Dr. Joshua Pate and Dr. Thomas Moran, co-directors of this event, are experts in disability sport but are also individuals with cerebral palsy. Each has a passion for empowering individuals with disabilities to overcome the obstacles and barriers they face and realize that ANYTHING IS POSSIBLE.

The event is October 24-25 and will include many opportunities for all levels of involvement. We will highlight power soccer (power chairs), Kinball soccer (a game created for students in manual chairs), as well as Paralympic ambulatory soccer (for participants who can move independent or use walking aids). Each participant will have a one-on-one mentor in addition to the individuals who are facilitating activities. This means we are able to accommodate a wide range of involvement/disability as well as ability.

The event itself is FREE OF CHARGE. Donations are accepted to cover food/equipment expenses. Attached is the weekend's schedule.

If you are interested in registering/attending or learning more about the event, contact Sarah Miller ([adaptedsportsdayjmu@gmail.com](mailto:adaptedsportsdayjmu@gmail.com)) with the attached Participant Form completed. Please RSVP by Friday, October 17.

You may follow news about Adapted Sports Day through our Twitter account @JMUAdaptedSport or on Facebook at [facebook.com/adapted.sport](https://www.facebook.com/adapted.sport). Also we ask that you help in sharing this event with others across your community, across the state, or across the mid-Atlantic region as we hope to EMPOWER many individuals with disabilities through this event and let them know that ALL THINGS ARE POSSIBLE!

THANK YOU AND WE LOOK FORWARD TO SEEING YOU AT JMU!

Josh Pate & Tom Moran, Co-Directors of Adapted Sports Day  
Sarah Miller, Director of Outreach  
Aaron Dunn, Assistant Director of Outreach